2021 Central Minnesota Community Health Survey

Central MN Alliance
Strengthening Partnerships for Change

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Acknowledgements

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Survey Methodology Overview

The electronic *Central Minnesota Community Health Survey* of adults was conducted between May and September 2021 in Benton, Sherburne, and Stearns counties.

Survey Instrument

For the 2021 survey, a number of changes were made to the content of a survey conducted in the region in 2016. Staff from each of the participating public health agencies and from CentraCare Health System selected and developed the questions for the 2016 and 2021 survey instruments, with technical assistance from the Minnesota Department of Health Center for Health Statistics. The 2021 survey was formatted by a survey vendor, Survey Systems, Inc. of Shoreview, MN, as a scannable, self-administered English-language questionnaire that was used in the separate, mailed, disproportionate stratified design sample process.

> A disproportionate stratified design was employed for the mailed sample. Six sampling strata were defined by county and ZIP code boundaries. Within each stratum, a two-stage sampling strategy was used for obtaining a probability sample of adults. For the first stage of sampling, a random sample of residential addresses within each stratum was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA).
> Address-based sampling was used so that all households would have an equal chance of being sampled for the survey. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service. For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey.

This scannable document was then printed as hard copy surveys and made available for completion. The survey instrument was also translated into Somali and Spanish and built into ArcGIS Survey123 by the Stearns County GIS Department, resulting in a link that could be shared electronically.

Survey Administration

The electronic link to the survey was distributed by public health staff in Benton, Sherburne, and Stearns Counties as well as CentraCare staff via email, social media, newsletters, and websites from May through September 2021. Paid social media ads and boosting was employed. The opportunity to take the survey was shared in meetings at which staff attended. A distribution list was maintained. The paper copies of the scannable document were available for Central Minnesota Alliance staff to use; a handful of paper copies were completed verbally with staff and manually entered by staff into the electronic link.

Survey Response

Reporting area	Number of completed surveys
St. Cloud metro (56301, 56303, 56304, 56374, 56377, 56379, and 56387)	415
Stearns County whole	460
Stearns County "rural" (Stearns excluding 56301, 56303, 56374, 56377, and 56387)	173
Benton County whole	179
Benton County "rural" (Benton excluding 56304, 56379 and 56377)	73
Sherburne County whole	100
Three county region	**739**

About the Data Tables

For every table in this data book, results are displayed for sub-groups of respondents based on:

- Gender: male and female

- Age: 18-34, 35-44, 45-54, 55-64, 65-74, and 75+

- Highest level of education: high school graduate/GED or less, trade or vocational school/some college/Associate degree, bachelor's degree, and graduate or professional degree

- Poverty status: Less than or equal to 200% of poverty level, and more than 200% of poverty level. (example: In 2020, a family of 4 with annual income of $52,500 = 200% of poverty level)

- The columns in each table correspond to the response options respondents were given on the survey; eachcolumn indicates the percentage of respondents who gave that response to the question. Some questions apply only to certain types of respondents (due to skip patterns in the survey).

Two different types of tables are included in this report:

- Some tables include all response options for a particular question in one table. Each table contains the Region level results, as well as gender, age, education, and poverty status. In addition, each table includes "Local Comparisons" as a quick reference to the other geographic area totals for that question.

- Some tables display results for the sub-questions included in a multi-question. These tables only include aggregate data.

Data in each row is rounded to the nearest tenth of a percentage; therefore, some rows may equal 99% rather than 100%.

Data Suppressed (DS): For statistical validity purposes, data is suppressed when the number of respondents to the question is less than 30. At times, only specific breakdowns in the data tables are suppressed if there are less than 30 respondents from a demographic subgroup (Gender, Age groups, Education, and Poverty status). All suppressed data will be indicated on the table with DS. This assures respondents cannot be identified and the survey remains anonymous.

Collection of Sex, Gender Identity, and Sexual Orientation

To respect the dignity and diversity of our region's residents, for the first time on the Central Minnesota Community Health Survey, an expanded sex (male, female) question was offered by asking "What best describes your gender identity?" and offered six categories and an open-ended text option, and a separate question regarding sexual orientation was added also with six categories and an open-ended text option.

Survey respondents that selected categories of transgender male, transgender female, non-binary, or described their identity via a narrative response, are not represented in the Gender filter of each of the data book pages for this electronic survey data. We acknowledge that this is an imperfect solution. Measurement in survey research faces increasing statistical and ethical challenges as we move toward a more diverse recognition of sex and gender constructs, with no currently recognized single best solution.[1]

The survey results by gender identity are included in the Sample Characteristics section of this methodology section. As survey science evolves to fully embrace the complexities of sex and gender characteristics, our hope is that both ethical and statistical solutions for measurement will be developed and universally applied to advance health equity.

About the Survey Methods

- This is primarily an electronic survey. Any paper surveys that were collected, were entered into the electronic link by staff.

- The survey was distributed and available via an electronic link.

- This method produces a final sample that can be attributed to the survey respondents.

[1] - Kennedy, L., Khanna, K., Simpson, D. & Gelman, A. (2020). Using Sex and Gender in Survey Adjustment. Unpublished, September 30, 2020. Retrieved April 20, 2021 from, http://www.stat.columbia.edu/~gelman/research/unpublished/Using_gender_in_surveys.pdf

Sample Characteristics

		Unweighted Frequency	Unweighted Percent
Region Total			
Gender	Male	123	16.6
	Female	610	82.5
	Transgender male	1	0.1
	Transgender female	0	0.0
	Non-binary	2	0.3
	Other gender identity	1	0.1
Sexual Orientation	Straight/heterosexual	675	91.3
	Gay/lesbian	21	2.8
	Bisexual	24	3.2
	Pansexual	8	1.1
	Queer	3	0.4
	Asexual	11	1.5
	Other sexual orientation	4	0.5
Age Group	18-34	121	16.6
	35-44	153	20.9
	45-54	167	22.8
	55-64	163	22.3
	65-74	99	13.5
	75+	28	3.8
Race/Ethnicity	White	689	93.2
	BIMPOC*	50	6.8
	Hispanic/Latino/a	9	1.2
	Somali	13	1.8
	American Indian/Alaska Native	10	1.4
	Asian or Asian American	14	1.9
	Black or African American	2	0.3
	African Native	4	0.5
	Native Hawaiian or Pacific Islander	2	0.3
	Other race	2	0.3
Education	High school/GED or less	56	7.6
	Some college/Trade or vocational school/Associate degree	267	36.1
	Bachelor's degree	247	33.4
	Graduate/professional degree	169	22.9

*BIMPOC (Black, Indigenous, Multiracial, People(s) of Color)

Sample Characteristics

		Unweighted Frequency	Unweighted Percent
Region Total			
Income	$25,000 or less	34	4.8
	$25,501-$34,500	49	6.9
	$34,501-$43,500	38	5.3
	$43,501-$52,500	45	6.3
	$52,501-$61,500	59	8.3
	$61,501-$70,000	38	5.3
	$61,501-$70,000	59	8.3
	$79,001-$88,000	47	6.6
	$88,001-$100,000	99	13.8
	More than $100,000	247	34.5
Poverty Status	<Less than 200%	82	11.5
	200% or more	633	88.5

General Health and Health Care

1. In general, would you say that your health is excellent, very good, good, fair or poor?

		Poor	Fair	Good	Very good	Excellent
Region Total		**1.0%**	**8.3%**	**35.5%**	**44.1%**	**11.2%**
Gender	Male	0.9%	12.2%	33.9%	40.0%	13.0%
	Female	0.9%	7.6%	35.9%	45.1%	10.6%
Age groups	18-34	2.6%	9.6%	34.2%	44.7%	8.8%
	35-44	0.0%	7.9%	37.4%	46.8%	7.9%
	45-54	1.3%	8.3%	34.0%	44.2%	12.2%
	55-64	1.3%	9.7%	34.4%	38.3%	16.2%
	65-74	0.0%	4.3%	36.2%	50.0%	9.6%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	1.9%	13.5%	34.6%	36.5%	13.5%
	Trade/Voc, Associate degree or some college	1.2%	8.1%	42.1%	40.5%	8.1%
	Bachelor's degree	1.3%	10.9%	31.7%	45.2%	10.9%
	Graduate or professional degree	0.0%	3.1%	31.1%	50.3%	15.5%
Poverty status	200% poverty or less	DS	DS	DS	DS	DS
	Greater than 200% poverty	0.5%	7.0%	34.5%	45.9%	12.1%
Local Comparisons	Benton	1.8%	10.6%	38.8%	40.0%	8.8%
	Sherburne	0.0%	12.0%	34.8%	44.6%	8.7%
	Stearns	0.9%	6.5%	34.3%	45.6%	12.6%
	St. Cloud	1.0%	8.2%	34.5%	44.5%	11.8%

2. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following health conditions?

	No	Yes	Yes, during pregnancy
Region (Benton, Sherburne, and Stearns Counties)			
Diabetes	89.0%	8.7%	2.3%
Pre-diabetes	83.5%	15.6%	0.9%
High blood pressure/hypertension	68.6%	28.1%	3.2%
Pre-hypertension	89.2%	9.6%	1.2%
Depression	62.8%	36.7%	0.5%
Anxiety or panic attacks	64.5%	35.5%	
Memory loss, Alzheimer's disease or another form of dementia	98.5%	1.5%	
Post-traumatic stress disorder (PTSD)	88.8%	11.2%	
Other mental health issues	84.4%	15.6%	
Sleep-related disorders (such as insomnia, restless leg syndrome or sleep apnea)	74.7%	25.3%	
Cancer	88.2%	11.8%	
Heart trouble or angina	91.9%	8.1%	
Stroke or stroke-related health issues	97.2%	2.8%	
High cholesterol or triglycerides	66.8%	33.2%	
Chronic lung disease (including COPD, chronic bronchitis or emphysema)	97.2%	2.8%	
Asthma	85.1%	14.9%	
Arthritis	75.5%	24.5%	
Risk of falling	94.5%	5.5%	
Sexually transmitted diseases/infections (Chlamydia, HIV, etc.)	95.4%	4.6%	

3. Have you ever been told by a doctor, nurse, or other health professional that you had <u>diabetes</u>?

		No	Yes	Yes, during pregnancy
Region Total		**89.0%**	**8.7%**	**2.3%**
Gender	Male	87.0%	13.0%	0.0%
	Female	89.3%	7.9%	2.8%
Age groups	18-34	96.7%	0.8%	2.5%
	35-44	88.2%	5.9%	5.9%
	45-54	88.0%	9.6%	2.4%
	55-64	87.1%	12.9%	0.0%
	65-74	84.8%	14.1%	1.0%
	75+	DS	DS	DS
Education	High school graduate/GED or less	87.5%	12.5%	0.0%
	Trade/Voc, Associate degree or some college	86.1%	11.2%	2.6%
	Bachelor's degree	92.7%	4.9%	2.4%
	Graduate or professional degree	88.8%	8.9%	2.4%
Poverty 200%	200% poverty or less	87.8%	7.3%	4.9%
	Greater than 200% poverty	89.4%	8.5%	2.1%
Local Comparisons	Benton	86.6%	8.9%	4.5%
	Sherburne	86.0%	12.0%	2.0%
	Stearns	90.7%	7.8%	1.5%
	St. Cloud	89.2%	8.7%	2.2%

4. Have you ever been told by a doctor, nurse, or other health professional that you had <u>pre-diabetes</u>?

		No	Yes	Yes, during pregnancy
Region Total		**83.5%**	**15.6%**	**0.9%**
Gender	Male	81.3%	18.7%	0.0%
	Female	83.7%	15.1%	1.1%
Age groups	18-34	93.4%	6.6%	0.0%
	35-44	88.2%	11.1%	0.7%
	45-54	85.0%	13.2%	1.8%
	55-64	78.5%	20.9%	0.6%
	65-74	74.7%	24.2%	1.0%
	75+	DS	DS	DS
Education	High school graduate/GED or less	76.8%	23.2%	0.0%
	Trade/Voc, Associate degree or some college	81.6%	17.6%	0.7%
	Bachelor's degree	87.0%	11.7%	1.2%
	Graduate or professional degree	83.4%	15.4%	1.2%
Poverty 200%	200% poverty or less	78.0%	20.7%	1.2%
	Greater than 200% poverty	84.4%	14.7%	0.9%
Local Comparisons	Benton	84.9%	12.8%	2.2%
	Sherburne	81.0%	19.0%	0.0%
	Stearns	83.5%	15.9%	0.7%
	St. Cloud	82.7%	16.6%	0.7%

5. Have you ever been told by a doctor, nurse, or other health professional that you had <u>high blood pressure/hypertension?</u>

		No	Yes	Yes, during pregnancy
Region Total		**68.6%**	**28.1%**	**3.2%**
Gender	Male	59.3%	40.7%	0.0%
	Female	70.3%	25.8%	3.9%
Age groups	18-34	90.1%	5.0%	5.0%
	35-44	75.2%	15.7%	9.2%
	45-54	70.1%	28.7%	1.2%
	55-64	56.4%	42.9%	0.6%
	65-74	55.6%	44.4%	0.0%
	75+	DS	DS	DS
Education	High school graduate/GED or less	66.1%	32.1%	1.8%
	Trade/Voc, Associate degree or some college	67.8%	28.1%	4.1%
	Bachelor's degree	72.5%	25.5%	2.0%
	Graduate or professional degree	65.1%	30.8%	4.1%
Poverty 200%	200% poverty or less	67.1%	29.3%	3.7%
	Greater than 200% poverty	69.2%	27.5%	3.3%
Local Comparisons	Benton	73.2%	22.9%	3.9%
	Sherburne	71.0%	24.0%	5.0%
	Stearns	66.3%	31.1%	2.6%
	St. Cloud	69.2%	28.9%	1.9%

6. Have you ever been told by a doctor, nurse, or other health professional that you had <u>pre-hypertension</u>?

		No	Yes	Yes, during pregnancy
Region Total		**89.2%**	**9.6%**	**1.2%**
Gender	Male	87.0%	13.0%	0.0%
	Female	89.7%	8.9%	1.5%
Age groups	18-34	95.0%	4.1%	0.8%
	35-44	90.2%	7.8%	2.0%
	45-54	86.2%	12.0%	1.8%
	55-64	90.2%	9.8%	0.0%
	65-74	84.8%	14.1%	1.0%
	75+	DS	DS	DS
Education	High school graduate/GED or less	83.9%	16.1%	0.0%
	Trade/Voc, Associate degree or some college	89.1%	9.0%	1.9%
	Bachelor's degree	89.1%	10.1%	0.8%
	Graduate or professional degree	91.1%	7.7%	1.2%
Poverty 200%	200% poverty or less	87.8%	11.0%	1.2%
	Greater than 200% poverty	89.4%	9.3%	1.3%
Local Comparisons	Benton	88.8%	8.4%	2.8%
	Sherburne	90.0%	9.0%	1.0%
	Stearns	89.1%	10.2%	0.7%
	St. Cloud	89.9%	9.4%	0.7%

7. Have you ever been told by a doctor, nurse, or other health professional that you had <u>depression</u>?

		No	Yes	Yes, during pregnancy
Region Total		**62.8%**	**36.7%**	**0.5%**
Gender	Male	75.6%	24.4%	0.0%
	Female	59.9%	39.4%	0.7%
Age groups	18-34	63.6%	36.4%	0.0%
	35-44	57.5%	41.2%	1.3%
	45-54	63.5%	35.9%	0.6%
	55-64	63.2%	36.8%	0.0%
	65-74	64.6%	35.4%	0.0%
	75+	DS	DS	DS
Education	High school graduate/GED or less	66.1%	33.9%	0.0%
	Trade/Voc, Associate degree or some college	56.2%	43.1%	0.7%
	Bachelor's degree	63.6%	36.0%	0.4%
	Graduate or professional degree	71.0%	28.4%	0.6%
Poverty 200%	200% poverty or less	50.0%	48.8%	1.2%
	Greater than 200% poverty	63.8%	35.7%	0.5%
Local Comparisons	Benton	56.4%	42.5%	1.1%
	Sherburne	62.0%	38.0%	0.0%
	Stearns	65.4%	34.1%	0.4%
	St. Cloud	62.4%	37.1%	0.5%

8. Have you ever been told by a doctor, nurse, or other health professional that you had <u>anxiety or panic attacks</u>?

		No	Yes
Region Total		**64.5%**	**35.5%**
Gender	Male	72.4%	27.6%
	Female	62.7%	37.3%
Age groups	18-34	57.0%	43.0%
	35-44	50.3%	49.7%
	45-54	65.9%	34.1%
	55-64	68.7%	31.3%
	65-74	81.8%	18.2%
	75+	DS	DS
Education	High school graduate/GED or less	66.1%	33.9%
	Trade/Voc, Associate degree or some college	56.9%	43.1%
	Bachelor's degree	64.8%	35.2%
	Graduate or professional degree	75.7%	24.3%
Poverty 200%	200% poverty or less	43.9%	56.1%
	Greater than 200% poverty	66.7%	33.3%
Local Comparisons	Benton	54.7%	45.3%
	Sherburne	64.0%	36.0%
	Stearns	68.5%	31.5%
	St. Cloud	63.6%	36.4%

9. Have you ever been told by a doctor, nurse, or other health professional that you had <u>memory loss, Alzheimer's disease or another form of dementia</u>?

		No	Yes
Region Total		**98.5%**	**1.5%**
Gender	Male	97.6%	2.4%
	Female	98.7%	1.3%
Age groups	18-34	100.0%	0.0%
	35-44	98.0%	2.0%
	45-54	98.8%	1.2%
	55-64	99.4%	0.6%
	65-74	98.0%	2.0%
	75+	DS	DS
Education	High school graduate/GED or less	100.0%	0.0%
	Trade/Voc, Associate degree or some college	97.8%	2.2%
	Bachelor's degree	98.8%	1.2%
	Graduate or professional degree	98.8%	1.2%
Poverty 200%	200% poverty or less	98.8%	1.2%
	Greater than 200% poverty	98.4%	1.6%
Local Comparisons	Benton	98.3%	1.7%
	Sherburne	100.0%	0.0%
	Stearns	98.3%	1.7%
	St. Cloud	98.6%	1.4%

10. Have you ever been told by a doctor, nurse, or other health professional that you had post-traumatic stress disorder (PTSD)?

		No	Yes
Region Total		**88.8%**	**11.2%**
Gender	Male	88.6%	11.4%
	Female	89.0%	11.0%
Age groups	18-34	88.4%	11.6%
	35-44	90.2%	9.8%
	45-54	85.0%	15.0%
	55-64	89.0%	11.0%
	65-74	90.9%	9.1%
	75+	DS	DS
Education	High school graduate/GED or less	83.9%	16.1%
	Trade/Voc, Associate degree or some college	87.3%	12.7%
	Bachelor's degree	89.1%	10.9%
	Graduate or professional degree	92.3%	7.7%
Poverty 200%	200% poverty or less	67.1%	32.9%
	Greater than 200% poverty	91.2%	8.8%
Local Comparisons	Benton	83.8%	16.2%
	Sherburne	90.0%	10.0%
	Stearns	90.4%	9.6%
	St. Cloud	87.2%	12.8%

11. Have you ever been told by a doctor, nurse, or other health professional that you had <u>other mental health issues</u>?

		No	Yes
Region Total		**84.4%**	**15.6%**
Gender	Male	87.8%	12.2%
	Female	83.7%	16.3%
Age groups	18-34	81.8%	18.2%
	35-44	82.4%	17.6%
	45-54	82.6%	17.4%
	55-64	85.9%	14.1%
	65-74	88.9%	11.1%
	75+	DS	DS
Education	High school graduate/GED or less	78.6%	21.4%
	Trade/Voc, Associate degree or some college	82.0%	18.0%
	Bachelor's degree	82.6%	17.4%
	Graduate or professional degree	92.9%	7.1%
Poverty 200%	200% poverty or less	72.0%	28.0%
	Greater than 200% poverty	85.8%	14.2%
Local Comparisons	Benton	82.1%	17.9%
	Sherburne	79.0%	21.0%
	Stearns	86.5%	13.5%
	St. Cloud	85.1%	14.9%

12. Have you ever been told by a doctor, nurse, or other health professional that you had <u>sleep-related disorders (such as insomnia, restless leg syndrome or sleep apnea)</u>?

		No	Yes
Region Total		**74.7%**	**25.3%**
Gender	Male	69.9%	30.1%
	Female	75.7%	24.3%
Age groups	18-34	88.4%	11.6%
	35-44	78.4%	21.6%
	45-54	71.9%	28.1%
	55-64	70.6%	29.4%
	65-74	66.7%	33.3%
	75+	DS	DS
Education	High school graduate/GED or less	80.4%	19.6%
	Trade/Voc, Associate degree or some college	63.7%	36.3%
	Bachelor's degree	82.2%	17.8%
	Graduate or professional degree	79.3%	20.7%
Poverty 200%	200% poverty or less	63.4%	36.6%
	Greater than 200% poverty	75.8%	24.2%
Local Comparisons	Benton	68.2%	31.8%
	Sherburne	76.0%	24.0%
	Stearns	77.0%	23.0%
	St. Cloud	73.7%	26.3%

13. Have you ever been told by a doctor, nurse, or other health professional that you had <u>cancer</u>?

		No	Yes
Region Total		**88.2%**	**11.8%**
Gender	Male	78.0%	22.0%
	Female	90.1%	9.9%
Age groups	18-34	97.5%	2.5%
	35-44	96.1%	3.9%
	45-54	88.6%	11.4%
	55-64	87.7%	12.3%
	65-74	71.7%	28.3%
	75+	DS	DS
Education	High school graduate/GED or less	85.7%	14.3%
	Trade/Voc, Associate degree or some college	90.3%	9.7%
	Bachelor's degree	88.3%	11.7%
	Graduate or professional degree	85.8%	14.2%
Poverty 200%	200% poverty or less	92.7%	7.3%
	Greater than 200% poverty	87.7%	12.3%
Local Comparisons	Benton	88.8%	11.2%
	Sherburne	88.0%	12.0%
	Stearns	88.0%	12.0%
	St. Cloud	87.0%	13.0%

14. Have you ever been told by a doctor, nurse, or other health professional that you had <u>heart trouble or angina</u>?

		No	Yes
Region Total		**91.9%**	**8.1%**
Gender	Male	84.6%	15.4%
	Female	93.3%	6.7%
Age groups	18-34	96.7%	3.3%
	35-44	94.8%	5.2%
	45-54	94.6%	5.4%
	55-64	91.4%	8.6%
	65-74	85.9%	14.1%
	75+	DS	DS
Education	High school graduate/GED or less	96.4%	3.6%
	Trade/Voc, Associate degree or some college	90.3%	9.7%
	Bachelor's degree	93.1%	6.9%
	Graduate or professional degree	91.1%	8.9%
Poverty 200%	200% poverty or less	92.7%	7.3%
	Greater than 200% poverty	92.1%	7.9%
Local Comparisons	Benton	92.7%	7.3%
	Sherburne	93.0%	7.0%
	Stearns	91.3%	8.7%
	St. Cloud	91.3%	8.7%

15. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>stroke or stroke-related health issues</u>?

		No	Yes
Region Total		**97.2%**	**2.8%**
Gender	Male	96.7%	3.3%
	Female	97.2%	2.8%
Age groups	18-34	99.2%	0.8%
	35-44	98.7%	1.3%
	45-54	97.6%	2.4%
	55-64	97.5%	2.5%
	65-74	94.9%	5.1%
	75+	DS	DS
Education	High school graduate/GED or less	96.4%	3.6%
	Trade/Voc, Associate degree or some college	95.9%	4.1%
	Bachelor's degree	98.4%	1.6%
	Graduate or professional degree	97.6%	2.4%
Poverty 200%	200% poverty or less	95.1%	4.9%
	Greater than 200% poverty	97.5%	2.5%
Local Comparisons	Benton	97.8%	2.2%
	Sherburne	95.0%	5.0%
	Stearns	97.4%	2.6%
	St. Cloud	97.6%	2.4%

16. Have you ever been told by a doctor, nurse, or other health professional that you had <u>high cholesterol or triglycerides</u>?

		No	Yes
Region Total		**66.8%**	**33.2%**
Gender	Male	56.9%	43.1%
	Female	68.8%	31.2%
Age groups	18-34	91.7%	8.3%
	35-44	84.3%	15.7%
	45-54	64.1%	35.9%
	55-64	50.9%	49.1%
	65-74	45.5%	54.5%
	75+	DS	DS
Education	High school graduate/GED or less	75.0%	25.0%
	Trade/Voc, Associate degree or some college	64.0%	36.0%
	Bachelor's degree	68.4%	31.6%
	Graduate or professional degree	66.3%	33.7%
Poverty 200%	200% poverty or less	74.4%	25.6%
	Greater than 200% poverty	66.5%	33.5%
Local Comparisons	Benton	70.4%	29.6%
	Sherburne	67.0%	33.0%
	Stearns	65.4%	34.6%
	St. Cloud	65.8%	34.2%

17. Have you ever been told by a doctor, nurse, or other health professional that you had <u>chronic lung disease (including COPD, chronic bronchitis or emphysema)</u>?

		No	Yes
Region Total		**97.2%**	**2.8%**
Gender	Male	91.9%	8.1%
	Female	98.2%	1.8%
Age groups	18-34	100.0%	0.0%
	35-44	97.4%	2.6%
	45-54	98.8%	1.2%
	55-64	97.5%	2.5%
	65-74	94.9%	5.1%
	75+	DS	DS
Education	High school graduate/GED or less	98.2%	1.8%
	Trade/Voc, Associate degree or some college	97.8%	2.2%
	Bachelor's degree	98.8%	1.2%
	Graduate or professional degree	93.5%	6.5%
Poverty 200%	200% poverty or less	92.7%	7.3%
	Greater than 200% poverty	97.6%	2.4%
Local Comparisons	Benton	97.2%	2.8%
	Sherburne	98.0%	2.0%
	Stearns	97.0%	3.0%
	St. Cloud	97.6%	2.4%

18. Have you ever been told by a doctor, nurse, or other health professional that you had <u>asthma</u>?

		No	Yes
Region Total		**85.1%**	**14.9%**
Gender	Male	84.6%	15.4%
	Female	85.2%	14.8%
Age groups	18-34	88.4%	11.6%
	35-44	82.4%	17.6%
	45-54	86.2%	13.8%
	55-64	86.5%	13.5%
	65-74	83.8%	16.2%
	75+	DS	DS
Education	High school graduate/GED or less	87.5%	12.5%
	Trade/Voc, Associate degree or some college	85.0%	15.0%
	Bachelor's degree	86.6%	13.4%
	Graduate or professional degree	82.2%	17.8%
Poverty 200%	200% poverty or less	85.4%	14.6%
	Greater than 200% poverty	84.8%	15.2%
Local Comparisons	Benton	83.2%	16.8%
	Sherburne	85.0%	15.0%
	Stearns	85.9%	14.1%
	St. Cloud	86.5%	13.5%

19. Have you ever been told by a doctor, nurse, or other health professional that you had <u>arthritis</u>?

		No	Yes
Region Total		**75.5%**	**24.5%**
Gender	Male	72.4%	27.6%
	Female	76.0%	24.0%
Age groups	18-34	96.7%	3.3%
	35-44	90.8%	9.2%
	45-54	76.0%	24.0%
	55-64	64.4%	35.6%
	65-74	51.5%	48.5%
	75+	DS	DS
Education	High school graduate/GED or less	64.3%	35.7%
	Trade/Voc, Associate degree or some college	74.5%	25.5%
	Bachelor's degree	80.2%	19.8%
	Graduate or professional degree	74.0%	26.0%
Poverty 200%	200% poverty or less	69.5%	30.5%
	Greater than 200% poverty	76.0%	24.0%
Local Comparisons	Benton	79.9%	20.1%
	Sherburne	76.0%	24.0%
	Stearns	73.7%	26.3%
	St. Cloud	74.9%	25.1%

20. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>risk of falling</u>?

		No	Yes
Region Total		**94.5%**	**5.5%**
Gender	Male	92.7%	7.3%
	Female	94.7%	5.3%
Age groups	18-34	96.7%	3.3%
	35-44	96.1%	3.9%
	45-54	98.2%	1.8%
	55-64	93.9%	6.1%
	65-74	90.9%	9.1%
	75+	DS	DS
Education	High school graduate/GED or less	89.3%	10.7%
	Trade/Voc, Associate degree or some college	94.8%	5.2%
	Bachelor's degree	96.0%	4.0%
	Graduate or professional degree	93.5%	6.5%
Poverty 200%	200% poverty or less	85.4%	14.6%
	Greater than 200% poverty	95.4%	4.6%
Local Comparisons	Benton	93.9%	6.1%
	Sherburne	96.0%	4.0%
	Stearns	94.3%	5.7%
	St. Cloud	94.5%	5.5%

21. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>sexually transmitted diseases/infections (Chlamydia, HIV, etc.)</u>?

		No	**Yes**
Region Total		**95.4%**	**4.6%**
Gender	Male	94.3%	5.7%
	Female	95.6%	4.4%
Age groups	18-34	93.4%	6.6%
	35-44	92.8%	7.2%
	45-54	96.4%	3.6%
	55-64	97.5%	2.5%
	65-74	99.0%	1.0%
	75+	DS	DS
Education	High school graduate/GED or less	98.2%	1.8%
	Trade/Voc, Associate degree or some college	95.5%	4.5%
	Bachelor's degree	96.0%	4.0%
	Graduate or professional degree	93.5%	6.5%
Poverty 200%	200% poverty or less	93.9%	6.1%
	Greater than 200% poverty	95.4%	4.6%
Local Comparisons	Benton	96.1%	3.9%
	Sherburne	96.0%	4.0%
	Stearns	95.0%	5.0%
	St. Cloud	94.9%	5.1%

22. Is there a place that you <u>usually</u> go to when you are sick or need medical care?

		No	Yes
Region Total		**2.9%**	**97.1%**
Gender	Male	4.1%	95.9%
	Female	2.5%	97.5%
Age groups	18-34	5.0%	95.0%
	35-44	3.9%	96.1%
	45-54	2.4%	97.6%
	55-64	1.8%	98.2%
	65-74	1.0%	99.0%
	75+	DS	DS
Education	High school graduate/GED or less	5.8%	94.2%
	Trade/Voc, Associate degree or some college	2.2%	97.8%
	Bachelor's degree	2.8%	97.2%
	Graduate or professional degree	3.0%	97.0%
Poverty 200%	200% poverty or less	3.8%	96.2%
	Greater than 200% poverty	2.8%	97.2%
Local Comparisons	Benton	2.2%	97.8%
	Sherburne	2.0%	98.0%
	Stearns	3.3%	96.7%
	St. Cloud	3.2%	96.8%

23. Is there a place that you <u>usually</u> go to when you are sick or need medical care? (check one)

	Checked
Region Total	**97.1%**
A doctor's office	79.3%
A hospital outpatient clinic	2.3%
Public health	0.0%
A chiropractor's office	1.4%
An urgent care center	4.4%
An emergency room	0.3%
Some other health center	0.7%
Schedule an e-visit	4.0%
Call nurse line	2.7%
Traditional healer	0.0%
Religious healer	0.0%
Google/Internet	1.2%
Trusted family or friends	0.3%
Some other place	0.7%

24. Is there a place that you usually go to when you are sick or need medical care?
A doctor's office

		Checked
Region Total		**79.3%**
Gender	Male	30.3%
	Female	18.7%
Age groups	18-34	37.2%
	35-44	25.0%
	45-54	15.2%
	55-64	14.7%
	65-74	14.3%
	75+	DS
Education	High school graduate/GED or less	36.5%
	Trade/Voc, Associate degree or some college	16.9%
	Bachelor's degree	21.5%
	Graduate or professional degree	20.7%
Poverty 200%	200% poverty or less	30.8%
	Greater than 200% poverty	19.6%
Local Comparisons	Benton	78.7%
	Sherburne	79.8%
	Stearns	79.4%
	St. Cloud	77.9%

25. Is there a place that you usually go to when you are sick or need medical care?
A hospital outpatient clinic

		Checked
Region Total		**2.3%**
Gender	Male	6.6%
	Female	1.5%
Age groups	18-34	5.8%
	35-44	0.7%
	45-54	1.8%
	55-64	1.2%
	65-74	3.1%
	75+	DS
Education	High school graduate/GED or less	3.8%
	Trade/Voc, Associate degree or some college	1.5%
	Bachelor's degree	1.6%
	Graduate or professional degree	4.1%
Poverty 200%	200% poverty or less	5.1%
	Greater than 200% poverty	2.1%
Local Comparisons	Benton	3.4%
	Sherburne	1.0%
	Stearns	2.2%
	St. Cloud	1.7%

26. Is there a place that you usually go to when you are sick or need medical care?
Public health

Checked

Region Total		0.0%
Gender	Male	0.0%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.0%
	St. Cloud	0.0%

27. Is there a place that you usually go to when you are sick or need medical care?
A chiropractor's office

		Checked
Region Total		**1.4%**
Gender	Male	0.0%
	Female	1.7%
Age groups	18-34	0.8%
	35-44	2.0%
	45-54	1.2%
	55-64	1.8%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	2.2%
	Bachelor's degree	1.2%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	2.6%
	Greater than 200% poverty	1.3%
Local Comparisons	Benton	1.1%
	Sherburne	2.0%
	Stearns	1.3%
	St. Cloud	1.5%

28. Is there a place that you usually go to when you are sick or need medical care?
An urgent care center

		Checked
Region Total		**4.4%**
Gender	Male	8.2%
	Female	3.6%
Age groups	18-34	9.9%
	35-44	4.6%
	45-54	2.4%
	55-64	2.5%
	65-74	4.1%
	75+	DS
Education	High school graduate/GED or less	7.7%
	Trade/Voc, Associate degree or some college	3.4%
	Bachelor's degree	5.3%
	Graduate or professional degree	3.6%
Poverty 200%	200% poverty or less	11.5%
	Greater than 200% poverty	3.6%
Local Comparisons	Benton	5.6%
	Sherburne	4.0%
	Stearns	3.9%
	St. Cloud	5.1%

29. Is there a place that you usually go to when you are sick or need medical care?
An emergency room

		Checked
Region Total		**0.3%**
Gender	Male	0.0%
	Female	0.3%
Age groups	18-34	1.7%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.6%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	0.2%
Local Comparisons	Benton	0.6%
	Sherburne	1.0%
	Stearns	0.0%
	St. Cloud	0.2%

30. Is there a place that you usually go to when you are sick or need medical care?
Some other health center

		Checked
Region Total		**0.7%**
Gender	Male	2.5%
	Female	0.3%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	1.2%
	55-64	0.0%
	65-74	3.1%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	0.4%
	Bachelor's degree	0.4%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	0.5%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	1.1%
	St. Cloud	0.7%

31. Is there a place that you usually go to when you are sick or need medical care?
Schedule an e-visit

		Checked
Region Total		**4.0%**
Gender	Male	2.5%
	Female	4.1%
Age groups	18-34	5.8%
	35-44	8.6%
	45-54	3.6%
	55-64	1.2%
	65-74	1.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	3.7%
	Bachelor's degree	5.3%
	Graduate or professional degree	3.6%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	4.3%
Local Comparisons	Benton	3.9%
	Sherburne	4.0%
	Stearns	3.9%
	St. Cloud	5.1%

32. Is there a place that you usually go to when you are sick or need medical care?
Call Nurse line

		Checked
Region Total		**2.7%**
Gender	Male	1.6%
	Female	3.0%
Age groups	18-34	5.0%
	35-44	2.6%
	45-54	1.8%
	55-64	3.7%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	3.8%
	Trade/Voc, Associate degree or some college	2.2%
	Bachelor's degree	2.8%
	Graduate or professional degree	3.0%
Poverty 200%	200% poverty or less	2.6%
	Greater than 200% poverty	2.8%
Local Comparisons	Benton	2.2%
	Sherburne	1.0%
	Stearns	3.3%
	St. Cloud	2.4%

33. Is there a place that you usually go to when you are sick or need medical care?
Traditional healer

		Checked
Region Total		**0.0%**
Gender	Male	0.0%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.0%
	St. Cloud	0.0%

34. Is there a place that you usually go to when you are sick or need medical care?
Religious healer

		Checked
Region Total		**0.0%**
Gender	Male	0.0%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.0%
	St. Cloud	0.0%

35. Is there a place that you usually go to when you are sick or need medical care?
Google/Internet

		Checked
Region Total		**1.2%**
Gender	Male	2.5%
	Female	1.0%
Age groups	18-34	1.7%
	35-44	2.0%
	45-54	0.6%
	55-64	1.2%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	0.7%
	Bachelor's degree	1.6%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	1.3%
Local Comparisons	Benton	1.7%
	Sherburne	1.0%
	Stearns	1.1%
	St. Cloud	1.0%

36. Is there a place that you usually go to when you are sick or need medical care?
Trusted family or friends

		Checked
Region Total		**0.3%**
Gender	Male	0.0%
	Female	0.3%
Age groups	18-34	0.8%
	35-44	0.0%
	45-54	0.0%
	55-64	0.6%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.6%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	1.0%
	Stearns	0.2%
	St. Cloud	0.5%

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38. Is there a place that you usually go to when you are sick or need medical care?
Some other place

		Checked
Region Total		**0.7%**
Gender	Male	2.5%
	Female	0.3%
Age groups	18-34	0.8%
	35-44	0.7%
	45-54	0.0%
	55-64	0.6%
	65-74	2.0%
	75+	DS
Education	High school graduate/GED or less	5.8%
	Trade/Voc, Associate degree or some college	0.4%
	Bachelor's degree	0.4%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.8%
Local Comparisons	Benton	0.6%
	Sherburne	3.0%
	Stearns	0.2%
	St. Cloud	0.7%

39. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?

	Checked
Region Total	
Within the past year	79.8%
Within the past 2 years	11.6%
Within the past 5 years	5.5%
5 of more years ago	3.0%
Never	0.1%

40. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?
Within the past year

		Checked
Region Total		**79.8%**
Gender	Male	74.8%
	Female	80.9%
Age groups	18-34	69.4%
	35-44	73.0%
	45-54	76.2%
	55-64	87.0%
	65-74	92.8%
	75+	DS
Education	High school graduate/GED or less	66.1%
	Trade/Voc, Associate degree or some college	83.3%
	Bachelor's degree	78.2%
	Graduate or professional degree	81.1%
Poverty 200%	200% poverty or less	77.8%
	Greater than 200% poverty	79.9%
Local Comparisons	Benton	74.0%
	Sherburne	77.8%
	Stearns	82.4%
	St. Cloud	79.0%

41. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?
Within the past 2 years

		Checked
Region Total		**11.6%**
Gender	Male	13.8%
	Female	11.3%
Age groups	18-34	19.0%
	35-44	13.2%
	45-54	14.6%
	55-64	6.2%
	65-74	6.2%
	75+	DS
Education	High school graduate/GED or less	19.6%
	Trade/Voc, Associate degree or some college	8.4%
	Bachelor's degree	13.2%
	Graduate or professional degree	11.8%
Poverty 200%	200% poverty or less	12.3%
	Greater than 200% poverty	11.8%
Local Comparisons	Benton	14.1%
	Sherburne	11.1%
	Stearns	10.8%
	St. Cloud	11.2%

42. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?
Within the past 5 years

		Checked
Region Total		**5.5%**
Gender	Male	5.7%
	Female	5.3%
Age groups	18-34	7.4%
	35-44	8.6%
	45-54	6.7%
	55-64	3.7%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	5.4%
	Trade/Voc, Associate degree or some college	4.9%
	Bachelor's degree	6.6%
	Graduate or professional degree	4.7%
Poverty 200%	200% poverty or less	4.9%
	Greater than 200% poverty	5.4%
Local Comparisons	Benton	7.9%
	Sherburne	7.1%
	Stearns	4.2%
	St. Cloud	6.1%

43. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?
5 or more years ago

		Checked
Region Total		**3.0%**
Gender	Male	5.7%
	Female	2.3%
Age groups	18-34	4.1%
	35-44	4.6%
	45-54	2.4%
	55-64	3.1%
	65-74	1.0%
	75+	DS
Education	High school graduate/GED or less	8.9%
	Trade/Voc, Associate degree or some college	3.0%
	Bachelor's degree	2.1%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	3.7%
	Greater than 200% poverty	2.9%
Local Comparisons	Benton	4.0%
	Sherburne	4.0%
	Stearns	2.4%
	St. Cloud	3.4%

44. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?
Never

		Checked
Region Total		**0.1%**
Gender	Male	0.0%
	Female	0.2%
Age groups	18-34	0.0%
	35-44	0.7%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.4%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.2%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.2%
	St. Cloud	0.2%

45. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

		Yes	No
Region Total		**33.9%**	**66.1%**
Gender	Male	31.7%	68.3%
	Female	34.0%	66.0%
Age groups	18-34	34.7%	65.3%
	35-44	43.1%	56.9%
	45-54	37.1%	62.9%
	55-64	26.4%	73.6%
	65-74	21.4%	78.6%
	75+	DS	DS
Education	High school graduate/GED or less	42.9%	57.1%
	Trade/Voc, Associate degree or some college	36.7%	63.3%
	Bachelor's degree	35.2%	64.8%
	Graduate or professional degree	24.4%	75.6%
Poverty 200%	200% poverty or less	50.0%	50.0%
	Greater than 200% poverty	32.0%	68.0%
Local Comparisons	Benton	38.8%	61.2%
	Sherburne	34.0%	66.0%
	Stearns	32.0%	68.0%
	St. Cloud	31.6%	68.4%

46. Why did you not get or delay getting the medical care you thought you needed?

	Checked
Region Total	
The care I needed cost too much	29.6%
My co-pay was too expensive	17.2%
My deductible was too expensive	30.8%
My insurance did not cover it	12.4%
I did not have insurance	3.6%
I could not get an appointment	16.0%
I had transportation problems	2.0%
I did not think it was serious enough	35.2%
I was too nervous or afraid	15.6%
I don't trust the health care system	4.0%
The clinic cancelled my appointment due to COVID-19	5.2%
I cancelled my appointment due to COVID-19	11.2%
I did not have access to telehealth or a virtual visit	1.2%
Other reason	14.8%

47. Why did you not get or delay getting the medical care you thought you needed?
The care I needed cost too much

		Checked
Region Total		**29.6%**
Gender	Male	30.8%
	Female	29.0%
Age groups	18-34	47.6%
	35-44	30.3%
	45-54	25.8%
	55-64	27.9%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	31.6%
	Bachelor's degree	28.7%
	Graduate or professional degree	26.8%
Poverty 200%	200% poverty or less	34.1%
	Greater than 200% poverty	29.2%
Local Comparisons	Benton	29.0%
	Sherburne	17.6%
	Stearns	32.7%
	St. Cloud	30.5%

48. Why did you not get or delay getting the medical care you thought you needed?
My co-pay was too expensive

		Checked
Region Total		**17.2%**
Gender	Male	23.1%
	Female	15.5%
Age groups	18-34	16.7%
	35-44	15.2%
	45-54	19.4%
	55-64	20.9%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	15.3%
	Bachelor's degree	17.2%
	Graduate or professional degree	22.0%
Poverty 200%	200% poverty or less	17.1%
	Greater than 200% poverty	17.3%
Local Comparisons	Benton	8.7%
	Sherburne	17.6%
	Stearns	21.1%
	St. Cloud	16.0%

49. Why did you not get or delay getting the medical care you thought you needed?
My deductible was too expensive

		Checked
Region Total		**30.8%**
Gender	Male	33.3%
	Female	29.5%
Age groups	18-34	23.8%
	35-44	31.8%
	45-54	38.7%
	55-64	37.2%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	27.6%
	Bachelor's degree	34.5%
	Graduate or professional degree	34.1%
Poverty 200%	200% poverty or less	19.5%
	Greater than 200% poverty	33.2%
Local Comparisons	Benton	21.7%
	Sherburne	20.6%
	Stearns	37.4%
	St. Cloud	31.3%

50. Why did you not get or delay getting the medical care you thought you needed?
My insurance did not cover it

		Checked
Region Total		**12.4%**
Gender	Male	10.3%
	Female	12.6%
Age groups	18-34	16.7%
	35-44	9.1%
	45-54	14.5%
	55-64	7.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	9.2%
	Bachelor's degree	13.8%
	Graduate or professional degree	14.6%
Poverty 200%	200% poverty or less	9.8%
	Greater than 200% poverty	13.4%
Local Comparisons	Benton	10.1%
	Sherburne	11.8%
	Stearns	13.6%
	St. Cloud	14.5%

51. Why did you not get or delay getting the medical care you thought you needed?
I did not have insurance

		Checked
Region Total		**3.6%**
Gender	Male	2.6%
	Female	3.4%
Age groups	18-34	7.1%
	35-44	4.5%
	45-54	1.6%
	55-64	2.3%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.0%
	Bachelor's degree	2.3%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	7.3%
	Greater than 200% poverty	3.0%
Local Comparisons	Benton	5.8%
	Sherburne	0.0%
	Stearns	3.4%
	St. Cloud	4.6%

52. Why did you not get or delay getting the medical care you thought you needed?
I could not get an appointment

		Checked
Region Total		**16.0%**
Gender	Male	17.9%
	Female	15.5%
Age groups	18-34	19.0%
	35-44	13.6%
	45-54	14.5%
	55-64	11.6%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	19.4%
	Bachelor's degree	14.9%
	Graduate or professional degree	7.3%
Poverty 200%	200% poverty or less	14.6%
	Greater than 200% poverty	16.3%
Local Comparisons	Benton	11.6%
	Sherburne	26.5%
	Stearns	15.6%
	St. Cloud	15.3%

53. Why did you not get or delay getting the medical care you thought you needed?
I had transportation problems

		Checked
Region Total		**2.0%**
Gender	Male	0.0%
	Female	1.9%
Age groups	18-34	2.4%
	35-44	1.5%
	45-54	3.2%
	55-64	0.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.0%
	Bachelor's degree	2.3%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	9.8%
	Greater than 200% poverty	0.5%
Local Comparisons	Benton	1.4%
	Sherburne	0.0%
	Stearns	2.7%
	St. Cloud	3.8%

54. Why did you not get or delay getting the medical care you thought you needed?
I did not think it was serious enough

		Checked
Region Total		**35.2%**
Gender	Male	43.6%
	Female	32.9%
Age groups	18-34	52.4%
	35-44	45.5%
	45-54	30.6%
	55-64	18.6%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	35.7%
	Bachelor's degree	34.5%
	Graduate or professional degree	31.7%
Poverty 200%	200% poverty or less	51.2%
	Greater than 200% poverty	32.2%
Local Comparisons	Benton	42.0%
	Sherburne	44.1%
	Stearns	29.9%
	St. Cloud	34.4%

55. Why did you not get or delay getting the medical care you thought you needed?
I was too nervous or afraid

		Checked
Region Total		**15.6%**
Gender	Male	23.1%
	Female	13.5%
Age groups	18-34	28.6%
	35-44	16.7%
	45-54	16.1%
	55-64	7.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	14.3%
	Bachelor's degree	17.2%
	Graduate or professional degree	12.2%
Poverty 200%	200% poverty or less	19.5%
	Greater than 200% poverty	15.3%
Local Comparisons	Benton	8.7%
	Sherburne	20.6%
	Stearns	17.7%
	St. Cloud	16.8%

56. Why did you not get or delay getting the medical care you thought you needed?
I don't trust the health care system

		Checked
Region Total		**4.0%**
Gender	Male	5.1%
	Female	3.4%
Age groups	18-34	7.1%
	35-44	3.0%
	45-54	1.6%
	55-64	4.7%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	3.1%
	Bachelor's degree	4.6%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	9.8%
	Greater than 200% poverty	3.0%
Local Comparisons	Benton	4.3%
	Sherburne	0.0%
	Stearns	4.8%
	St. Cloud	3.8%

57. Why did you not get or delay getting the medical care you thought you needed?
The clinic cancelled my appointment due to COVID-19

		Checked
Region Total		**5.2%**
Gender	Male	5.1%
	Female	4.8%
Age groups	18-34	4.8%
	35-44	6.1%
	45-54	3.2%
	55-64	4.7%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	6.1%
	Bachelor's degree	6.9%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	7.3%
	Greater than 200% poverty	5.0%
Local Comparisons	Benton	7.2%
	Sherburne	0.0%
	Stearns	5.4%
	St. Cloud	7.6%

58. Why did you not get or delay getting the medical care you thought you needed?
I cancelled my appointment due to COVID-19

		Checked
Region Total		**11.2%**
Gender	Male	17.9%
	Female	10.1%
Age groups	18-34	2.4%
	35-44	16.7%
	45-54	11.3%
	55-64	9.3%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	6.1%
	Bachelor's degree	18.4%
	Graduate or professional degree	14.6%
Poverty 200%	200% poverty or less	7.3%
	Greater than 200% poverty	10.9%
Local Comparisons	Benton	8.7%
	Sherburne	17.6%
	Stearns	10.9%
	St. Cloud	10.7%

59. Why did you not get or delay getting the medical care you thought you needed?
I did not have access to telehealth or a virtual visit

		Checked
Region Total		**1.2%**
Gender	Male	0.0%
	Female	1.4%
Age groups	18-34	2.4%
	35-44	0.0%
	45-54	1.6%
	55-64	0.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	1.5%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	2.0%
	St. Cloud	1.5%

60. Why did you not get or delay getting the medical care you thought you needed?
Other reason

		Checked
Region Total		**14.8%**
Gender	Male	10.3%
	Female	15.0%
Age groups	18-34	14.3%
	35-44	10.6%
	45-54	11.3%
	55-64	18.6%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.2%
	Bachelor's degree	14.9%
	Graduate or professional degree	29.3%
Poverty 200%	200% poverty or less	9.8%
	Greater than 200% poverty	16.3%
Local Comparisons	Benton	8.7%
	Sherburne	8.8%
	Stearns	19.0%
	St. Cloud	16.8%

61. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

		Yes	No
Region Total		**28.8%**	**71.2%**
Gender	Male	30.9%	69.1%
	Female	28.3%	71.7%
Age groups	18-34	37.2%	62.8%
	35-44	34.6%	65.4%
	45-54	28.1%	71.9%
	55-64	25.9%	74.1%
	65-74	16.2%	83.8%
	75+	DS	DS
Education	High school graduate/GED or less	41.1%	58.9%
	Trade/Voc, Associate degree or some college	32.8%	67.2%
	Bachelor's degree	24.7%	75.3%
	Graduate or professional degree	24.3%	75.7%
Poverty 200%	200% poverty or less	50.6%	49.4%
	Greater than 200% poverty	26.4%	73.6%
Local Comparisons	Benton	33.5%	66.5%
	Sherburne	28.3%	71.7%
	Stearns	27.0%	73.0%
	St. Cloud	29.3%	70.7%

62. Why did you not get or delay getting the dental care you thought you needed? (mark all that apply)

	Checked
Region Total	**28.8%**
The care I needed cost too much	42.5%
My co-pay was too expensive	14.6%
My deductible was too expensive	17.5%
My insurance did not cover it	18.4%
I did not have insurance	8.5%
The dentist would not accept my insurance	8.0%
I could not get an appointment	9.9%
I had transportation problems	1.4%
I did not think it was serious enough	12.7%
I was too nervous or afraid	20.3%
I don't trust the health care system	1.4%
The office cancelled my appointment due to COVID-19	9.4%
I cancelled my appointment due to COVID-19	15.1%
I did not have access to telehealth or a virtual visit	0.0%
Other reason	13.7%

63. Why did you not get or delay getting the dental care you thought you needed?
The care I needed cost too much

		Checked
Region Total		**42.5%**
Gender	Male	44.7%
	Female	41.3%
Age groups	18-34	35.6%
	35-44	52.8%
	45-54	34.0%
	55-64	50.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	44.8%
	Bachelor's degree	42.6%
	Graduate or professional degree	31.7%
Poverty 200%	200% poverty or less	36.6%
	Greater than 200% poverty	44.9%
Local Comparisons	Benton	53.3%
	Sherburne	35.7%
	Stearns	41.9%
	St. Cloud	36.4%

64. Why did you not get or delay getting the dental care you thought you needed?
My co-pay was too expensive

		Checked
Region Total		**14.6%**
Gender	Male	18.4%
	Female	12.8%
Age groups	18-34	15.6%
	35-44	15.1%
	45-54	12.8%
	55-64	16.7%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	12.6%
	Bachelor's degree	16.4%
	Graduate or professional degree	17.1%
Poverty 200%	200% poverty or less	12.2%
	Greater than 200% poverty	15.6%
Local Comparisons	Benton	90.0%
	Sherburne	14.3%
	Stearns	16.9%
	St. Cloud	13.2%

65. Why did you not get or delay getting the dental care you thought you needed?
My deductible was too expensive

		Checked
Region Total		**17.5%**
Gender	Male	13.2%
	Female	17.4%
Age groups	18-34	15.6%
	35-44	17.0%
	45-54	21.3%
	55-64	23.8%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	14.9%
	Bachelor's degree	23.0%
	Graduate or professional degree	19.5%
Poverty 200%	200% poverty or less	12.2%
	Greater than 200% poverty	19.2%
Local Comparisons	Benton	16.7%
	Sherburne	10.7%
	Stearns	19.4%
	St. Cloud	17.4%

66. Why did you not get or delay getting the dental care you thought you needed?
My insurance did not cover it

		Checked
Region Total		**18.4%**
Gender	Male	18.4%
	Female	18.0%
Age groups	18-34	15.6%
	35-44	22.6%
	45-54	14.9%
	55-64	16.7%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	13.8%
	Bachelor's degree	23.0%
	Graduate or professional degree	12.2%
Poverty 200%	200% poverty or less	31.7%
	Greater than 200% poverty	15.6%
Local Comparisons	Benton	10.0%
	Sherburne	14.3%
	Stearns	23.4%
	St. Cloud	15.7%

67. Why did you not get or delay getting the dental care you thought you needed?
I did not have insurance

		Checked
Region Total		**8.5%**
Gender	Male	13.2%
	Female	7.0%
Age groups	18-34	8.9%
	35-44	5.7%
	45-54	6.4%
	55-64	9.5%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.3%
	Bachelor's degree	4.9%
	Graduate or professional degree	7.3%
Poverty 200%	200% poverty or less	9.8%
	Greater than 200% poverty	8.4%
Local Comparisons	Benton	6.7%
	Sherburne	3.6%
	Stearns	10.5%
	St. Cloud	7.4%

68. Why did you not get or delay getting the dental care you thought you needed?
My dentist would not accept my insurance

		Checked
Region Total		**8.0%**
Gender	Male	15.8%
	Female	6.4%
Age groups	18-34	8.9%
	35-44	9.4%
	45-54	12.8%
	55-64	2.4%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	4.6%
	Bachelor's degree	6.6%
	Graduate or professional degree	9.8%
Poverty 200%	200% poverty or less	22.0%
	Greater than 200% poverty	4.8%
Local Comparisons	Benton	6.7%
	Sherburne	14.3%
	Stearns	7.3%
	St. Cloud	7.4%

69. Why did you not get or delay getting the dental care you thought you needed?
I could not get an appointment

		Checked
Region Total		**9.9%**
Gender	Male	5.3%
	Female	10.5%
Age groups	18-34	20.0%
	35-44	9.4%
	45-54	12.8%
	55-64	0.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.3%
	Bachelor's degree	6.6%
	Graduate or professional degree	12.2%
Poverty 200%	200% poverty or less	17.1%
	Greater than 200% poverty	7.8%
Local Comparisons	Benton	10.0%
	Sherburne	17.9%
	Stearns	8.1%
	St. Cloud	9.1%

70. Why did you not get or delay getting the dental care you thought you needed?
I had transportation problems

		Checked
Region Total		**1.4%**
Gender	Male	0.0%
	Female	1.2%
Age groups	18-34	2.2%
	35-44	0.0%
	45-54	2.1%
	55-64	0.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	3.3%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	4.9%
	Greater than 200% poverty	0.6%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	2.4%
	St. Cloud	2.5%

71. Why did you not get or delay getting the dental care you thought you needed?
I did not think it was serious enough

		Checked
Region Total		**12.7%**
Gender	Male	15.8%
	Female	12.2%
Age groups	18-34	22.2%
	35-44	20.8%
	45-54	6.4%
	55-64	4.8%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.3%
	Bachelor's degree	16.4%
	Graduate or professional degree	9.8%
Poverty 200%	200% poverty or less	17.1%
	Greater than 200% poverty	12.0%
Local Comparisons	Benton	13.3%
	Sherburne	7.1%
	Stearns	13.7%
	St. Cloud	18.2%

72. Why did you not get or delay getting the dental care you thought you needed?
I was too nervous or afraid

		Checked
Region Total		**20.3%**
Gender	Male	13.2%
	Female	21.5%
Age groups	18-34	28.9%
	35-44	20.8%
	45-54	23.4%
	55-64	11.9%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	26.4%
	Bachelor's degree	18.0%
	Graduate or professional degree	14.6%
Poverty 200%	200% poverty or less	29.3%
	Greater than 200% poverty	18.6%
Local Comparisons	Benton	28.3%
	Sherburne	21.4%
	Stearns	16.1%
	St. Cloud	22.3%

73. Why did you not get or delay getting the dental care you thought you needed?
I don't trust the health care system

		Checked
Region Total		**1.4%**
Gender	Male	0.0%
	Female	1.7%
Age groups	18-34	2.2%
	35-44	0.0%
	45-54	2.1%
	55-64	2.4%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	1.6%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	1.8%
Local Comparisons	Benton	1.7%
	Sherburne	3.6%
	Stearns	0.8%
	St. Cloud	0.8%

74. Why did you not get or delay getting the dental care you thought you needed?
The clinic cancelled my appointment due to COVID-19

		Checked
Region Total		**9.4%**
Gender	Male	5.3%
	Female	10.5%
Age groups	18-34	8.9%
	35-44	5.7%
	45-54	10.6%
	55-64	9.5%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.3%
	Bachelor's degree	9.8%
	Graduate or professional degree	9.8%
Poverty 200%	200% poverty or less	2.4%
	Greater than 200% poverty	10.8%
Local Comparisons	Benton	6.7%
	Sherburne	10.7%
	Stearns	10.5%
	St. Cloud	11.6%

75. Why did you not get or delay getting the dental care you thought you needed?
I cancelled my appointment due to COVID-19

		Checked
Region Total		**15.1%**
Gender	Male	15.8%
	Female	15.1%
Age groups	18-34	8.9%
	35-44	17.0%
	45-54	12.8%
	55-64	14.3%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.3%
	Bachelor's degree	18.0%
	Graduate or professional degree	29.3%
Poverty 200%	200% poverty or less	4.9%
	Greater than 200% poverty	16.8%
Local Comparisons	Benton	11.7%
	Sherburne	10.7%
	Stearns	17.7%
	St. Cloud	19.0%

76. Why did you not get or delay getting the dental care you thought you needed?
I did not have access to telehealth or a virtual visit

		Checked
Region Total		**0.0%**
Gender	Male	0.0%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.0%
	St. Cloud	0.0%

77. Why did you not get or delay getting the dental care you thought you needed?
Other reason

		Checked
Region Total		**13.7%**
Gender	Male	13.2%
	Female	12.8%
Age groups	18-34	28.9%
	35-44	7.5%
	45-54	19.1%
	55-64	4.8%
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	9.2%
	Bachelor's degree	16.4%
	Graduate or professional degree	22.0%
Poverty 200%	200% poverty or less	12.2%
	Greater than 200% poverty	13.8%
Local Comparisons	Benton	8.3%
	Sherburne	10.7%
	Stearns	16.9%
	St. Cloud	15.7%

78. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues such as stress, depression, excess worrying, troubling thoughts or emotional problems, but did not or delayed talking with someone?

		Yes	No
Region Total		**23.4%**	**76.6%**
Gender	Male	21.1%	78.9%
	Female	24.0%	76.0%
Age groups	18-34	33.3%	66.7%
	35-44	33.3%	66.7%
	45-54	21.6%	78.4%
	55-64	14.7%	85.3%
	65-74	18.2%	81.8%
	75+	DS	DS
Education	High school graduate/GED or less	30.4%	69.6%
	Trade/Voc, Associate degree or some college	22.9%	77.1%
	Bachelor's degree	26.3%	73.7%
	Graduate or professional degree	17.8%	82.2%
Poverty 200%	200% poverty or less	29.3%	70.7%
	Greater than 200% poverty	22.6%	77.4%
Local Comparisons	Benton	26.3%	73.7%
	Sherburne	24.0%	76.0%
	Stearns	22.2%	77.8%
	St. Cloud	24.1%	75.9%

79. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply)

	Checked
Region Total	**23.4%**
The care I needed cost too much	28.3%
My co-pay was too expensive	11.0%
My deductible was too expensive	19.1%
My insurance did not cover it	8.7%
I did not have insurance	3.5%
I could not get an appointment	12.7%
I had transportation problems	1.2%
I did not think it was serious enough	30.6%
I was too nervous or afraid	32.9%
I was afraid someone I know would see me	9.8%
I don't trust the health care system	4.6%
The office cancelled my appointment due to COVID-19	2.9%
I cancelled my appointment due to COVID-19	1.2%
I did not have access to telehealth or a virtual visit	0.6%
Other reason	19.1%

80. Why did you not get or delay getting the mental health care you thought you needed?
The care I needed cost too much

		Checked
Region Total		**28.3%**
Gender	Male	DS
	Female	27.4%
Age groups	18-34	42.5%
	35-44	33.3%
	45-54	19.4%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	36.1%
	Bachelor's degree	26.2%
	Graduate or professional degree	23.3%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	30.1%
Local Comparisons	Benton	36.2%
	Sherburne	16.7%
	Stearns	27.5%
	St. Cloud	27.0%

81. Why did you not get or delay getting the mental health care you thought you needed?
My co-pay was too expensive

		Checked
Region Total		**11.0%**
Gender	Male	DS
	Female	11.6%
Age groups	18-34	7.5%
	35-44	17.6%
	45-54	8.3%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	13.1%
	Bachelor's degree	10.8%
	Graduate or professional degree	10.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	11.2%
Local Comparisons	Benton	8.5%
	Sherburne	12.5%
	Stearns	11.8%
	St. Cloud	9.0%

82. Why did you not get or delay getting the mental health care you thought you needed?
My deductible was too expensive

		Checked
Region Total		**19.1%**
Gender	Male	DS
	Female	19.9%
Age groups	18-34	20.0%
	35-44	29.4%
	45-54	19.4%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	21.3%
	Bachelor's degree	23.1%
	Graduate or professional degree	13.3%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	18.9%
Local Comparisons	Benton	17.0%
	Sherburne	8.3%
	Stearns	22.5%
	St. Cloud	16.0%

83. Why did you not get or delay getting the mental health care you thought you needed?
My insurance did not cover it

		Checked
Region Total		**8.7%**
Gender	Male	DS
	Female	8.9%
Age groups	18-34	15.0%
	35-44	13.7%
	45-54	2.8%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	9.8%
	Bachelor's degree	9.2%
	Graduate or professional degree	10.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	9.1%
Local Comparisons	Benton	10.6%
	Sherburne	8.3%
	Stearns	7.8%
	St. Cloud	9.0%

84. Why did you not get or delay getting the mental health care you thought you needed?
I did not have insurance

		Checked
Region Total		**3.5%**
Gender	Male	DS
	Female	3.4%
Age groups	18-34	0.0%
	35-44	7.8%
	45-54	2.8%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	4.9%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	2.1%
Local Comparisons	Benton	4.3%
	Sherburne	0.0%
	Stearns	3.9%
	St. Cloud	6.0%

85. Why did you not get or delay getting the mental health care you thought you needed?
I could not get an appointment

		Checked
Region Total		**12.7%**
Gender	Male	DS
	Female	13.7%
Age groups	18-34	15.0%
	35-44	5.9%
	45-54	25.0%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	16.4%
	Bachelor's degree	12.3%
	Graduate or professional degree	10.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	12.6%
Local Comparisons	Benton	8.5%
	Sherburne	20.8%
	Stearns	12.7%
	St. Cloud	14.0%

86. Why did you not get or delay getting the mental health care you thought you needed?
I had transportation problems

		Checked
Region Total		**1.2%**
Gender	Male	DS
	Female	1.4%
Age groups	18-34	0.0%
	35-44	3.9%
	45-54	0.0%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	1.6%
	Bachelor's degree	1.5%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.7%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	2.0%
	St. Cloud	1.0%

87. Why did you not get or delay getting the mental health care you thought you needed?
I did not think it was serious enough

		Checked
Region Total		**30.6%**
Gender	Male	DS
	Female	29.5%
Age groups	18-34	25.0%
	35-44	33.3%
	45-54	16.7%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	24.6%
	Bachelor's degree	33.8%
	Graduate or professional degree	40.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	33.6%
Local Comparisons	Benton	29.8%
	Sherburne	25.0%
	Stearns	32.4%
	St. Cloud	31.0%

88. Why did you not get or delay getting the mental health care you thought you needed?
I was too nervous or afraid

		Checked
Region Total		**32.9%**
Gender	Male	DS
	Female	32.9%
Age groups	18-34	57.5%
	35-44	27.5%
	45-54	33.3%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	31.1%
	Bachelor's degree	32.3%
	Graduate or professional degree	26.7%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	32.2%
Local Comparisons	Benton	34.0%
	Sherburne	41.7%
	Stearns	30.4%
	St. Cloud	30.0%

89. Why did you not get or delay getting the mental health care you thought you needed?
I was afraid someone I know would see me

		Checked
Region Total		**9.8%**
Gender	Male	DS
	Female	8.9%
Age groups	18-34	12.5%
	35-44	9.8%
	45-54	16.7%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	6.6%
	Bachelor's degree	10.8%
	Graduate or professional degree	6.7%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	9.8%
Local Comparisons	Benton	8.5%
	Sherburne	16.7%
	Stearns	8.8%
	St. Cloud	9.0%

90. Why did you not get or delay getting the mental health care you thought you needed?
I don't trust the health care system

		Checked
Region Total		**4.6%**
Gender	Male	DS
	Female	3.4%
Age groups	18-34	10.0%
	35-44	0.0%
	45-54	2.8%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	4.9%
	Bachelor's degree	3.1%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	3.5%
Local Comparisons	Benton	2.1%
	Sherburne	8.3%
	Stearns	4.9%
	St. Cloud	2.0%

91. Why did you not get or delay getting the mental health care you thought you needed?
The clinic cancelled my appointment due to COVID-19

		Checked
Region Total		**2.9%**
Gender	Male	DS
	Female	2.7%
Age groups	18-34	2.5%
	35-44	2.0%
	45-54	2.8%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	3.3%
	Bachelor's degree	3.1%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	2.1%
Local Comparisons	Benton	4.3%
	Sherburne	4.2%
	Stearns	2.0%
	St. Cloud	3.0%

92. Why did you not get or delay getting the mental health care you thought you needed?
I cancelled my appointment due to COVID-19

		Checked
Region Total		**1.2%**
Gender	Male	DS
	Female	1.4%
Age groups	18-34	0.0%
	35-44	2.0%
	45-54	0.0%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	1.5%
	Graduate or professional degree	3.3%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	2.1%
	Sherburne	0.0%
	Stearns	1.0%
	St. Cloud	1.0%

DS: Data suppressed due to < 30 responses

93. Why did you not get or delay getting the mental health care you thought you needed?
I did not have access to telehealth or a virtual visit

		Checked
Region Total		**0.6%**
Gender	Male	DS
	Female	0.7%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	1.6%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.7%
Local Comparisons	Benton	2.1%
	Sherburne	0.0%
	Stearns	0.0%
	St. Cloud	1.0%

DS: Data suppressed due to < 30 responses

94. Why did you not get or delay getting the mental health care you thought you needed? Other reason

		Checked
Region Total		**19.1%**
Gender	Male	DS
	Female	21.2%
Age groups	18-34	5.0%
	35-44	23.5%
	45-54	25.0%
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	21.3%
	Bachelor's degree	18.5%
	Graduate or professional degree	20.0%
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	19.6%
Local Comparisons	Benton	25.5%
	Sherburne	20.8%
	Stearns	15.7%
	St. Cloud	19.0%

95. During the past 30 days, about how many days have you felt sad, blue, or depressed?

		0 days	1-9 days	10-19 days	20-29 days	All 30 days
Region Total		**36.5%**	**42.5%**	**12.6%**	**5.5%**	**2.9%**
Gender	Male	44.8%	35.3%	10.3%	6.9%	2.6%
	Female	34.6%	44.1%	13.2%	5.2%	2.9%
Age groups	18-34	30.8%	39.2%	20.0%	4.2%	5.8%
	35-44	28.5%	49.7%	12.6%	7.3%	2.0%
	45-54	31.3%	38.8%	18.8%	10.0%	1.3%
	55-64	40.5%	46.8%	7.6%	1.9%	3.2%
	65-74	57.0%	34.4%	2.2%	3.2%	3.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	33.3%	37.0%	14.8%	7.4%	7.4%
	Trade/Voc, Associate degree or some college	38.1%	39.3%	14.4%	4.3%	3.9%
	Bachelor's degree	33.1%	43.4%	14.0%	6.6%	2.9%
	Graduate or professional degree	40.1%	48.1%	6.8%	4.9%	0.0%
Poverty 200%	200% poverty or less	18.4%	43.4%	21.1%	9.2%	7.9%
	Greater than 200% poverty	38.5%	42.2%	12.0%	4.9%	2.4%
Local Comparisons	Benton	29.1%	48.3%	11.6%	7.0%	4.1%
	Sherburne	38.8%	40.8%	13.3%	4.1%	3.1%
	Stearns	38.9%	40.7%	12.8%	5.2%	2.5%
	St. Cloud	34.4%	42.4%	13.5%	6.7%	3.0%

96. Which statement best describes the medications prescribed for you in the past 6 months?

		No prescriptions	Had prescriptions and filled them all	Had prescriptions and did not fill at least one
Region Total		**27.1%**	**68.6%**	**4.3%**
Gender	Male	31.1%	67.2%	1.6%
	Female	26.3%	69.0%	4.8%
Age groups	18-34	38.0%	57.0%	5.0%
	35-44	30.1%	65.4%	4.6%
	45-54	31.1%	63.5%	5.4%
	55-64	21.5%	76.1%	2.5%
	65-74	16.2%	78.8%	5.1%
	75+	DS	DS	DS
Education	High school graduate/GED or less	41.1%	48.2%	10.7%
	Trade/Voc, Associate degree or some college	21.8%	76.3%	1.9%
	Bachelor's degree	29.6%	64.8%	5.7%
	Graduate or professional degree	27.2%	68.6%	4.1%
Poverty 200%	200% poverty or less	18.3%	70.7%	11.0%
	Greater than 200% poverty	28.2%	68.4%	3.5%
Local Comparisons	Benton	24.7%	69.7%	5.6%
	Sherburne	27.0%	70.0%	3.0%
	Stearns	28.0%	67.8%	4.1%
	St. Cloud	28.4%	67.0%	4.6%

97. Why did you not fill at least one prescription? (mark all that apply)

	Checked
Region Total	
The medication I needed cost too much	37.5%
My co-pay was too expensive	18.8%
My deductible was too expensive	6.3%
My insurance did not cover it	21.9%
I did not have insurance	3.1%
I do not like taking medications	9.4%
I did not like the side effects	21.9%
I had transportation problems	3.1%
Pharmacy services are not available in my community	0.0%
Other reason	25.0%

**The number of respondents who did not fill a Rx was too small to be able to break out the reasons by the demographic factors, so only the overall percentages can be shown. County specific tables are also not available due to insufficient data.

98. Current insurance status

		Currently uninsured	Currently insured
Region Total		**1.9%**	**98.1%**
Gender	Male	3.3%	96.7%
	Female	1.6%	98.4%
Age groups	18-34	0.8%	99.2%
	35-44	2.6%	97.4%
	45-54	1.2%	98.8%
	55-64	1.8%	98.2%
	65-74	1.0%	99.0%
	75+	DS	DS
Education	High school graduate/GED or less	10.7%	89.3%
	Trade/Voc, Associate degree or some college	3.0%	97.0%
	Bachelor's degree	0.0%	100.0%
	Graduate or professional degree	0.0%	100.0%
Poverty 200%	200% poverty or less	6.1%	93.9%
	Greater than 200% poverty	1.4%	98.6%
Local Comparisons	Benton	2.8%	97.2%
	Sherburne	2.0%	98.0%
	Stearns	1.5%	98.5%
	St. Cloud	2.4%	97.6%

99. A serving of fruit is a medium-sized fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
Region Total		**19.6%**	**50.3%**	**24.8%**	**5.3%**
Gender	Male	26.9%	49.6%	17.6%	5.9%
	Female	17.9%	50.8%	26.0%	5.3%
Age groups	18-34	24.0%	47.9%	23.1%	5.0%
	35-44	23.7%	45.4%	27.0%	3.9%
	45-54	17.0%	55.8%	20.6%	6.7%
	55-64	20.0%	46.9%	28.1%	5.0%
	65-74	16.5%	52.6%	27.8%	3.1%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	26.8%	48.2%	17.9%	7.1%
	Trade/Voc, Associate degree or some college	21.3%	50.2%	24.7%	3.8%
	Bachelor's degree	20.1%	46.7%	28.7%	4.5%
	Graduate or professional degree	13.8%	56.3%	21.6%	8.4%
Poverty 200%	200% poverty or less	29.6%	48.1%	14.8%	7.4%
	Greater than 200% poverty	18.6%	51.2%	25.1%	5.1%
Local Comparisons	Benton	25.8%	48.3%	23.6%	2.2%
	Sherburne	17.0%	46.0%	31.0%	6.0%
	Stearns	17.7%	52.0%	23.9%	6.4%
	St. Cloud	20.2%	52.6%	22.4%	4.9%

100. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
Region Total		79.3%	19.3%	1.1%	0.3%
Gender	Male	60.8%	38.3%	0.8%	0.0%
	Female	83.1%	15.4%	1.2%	0.3%
Age groups	18-34	75.0%	22.5%	2.5%	0.0%
	35-44	80.4%	17.0%	2.0%	0.7%
	45-54	86.7%	12.7%	0.6%	0.0%
	55-64	82.0%	18.0%	0.0%	0.0%
	65-74	73.2%	26.8%	0.0%	0.0%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	58.2%	40.0%	1.8%	0.0%
	Trade/Voc, Associate degree or some college	81.4%	17.4%	0.8%	0.4%
	Bachelor's degree	83.3%	15.0%	1.6%	0.0%
	Graduate or professional degree	77.1%	21.7%	0.6%	0.6%
Poverty 200%	200% poverty or less	58.5%	36.6%	3.7%	1.2%
	Greater than 200% poverty	81.8%	17.3%	0.8%	0.2%
Local Comparisons	Benton	82.5%	16.9%	0.6%	0.0%
	Sherburne	78.8%	19.2%	2.0%	0.0%
	Stearns	78.2%	20.2%	1.1%	0.4%
	St. Cloud	77.8%	20.3%	1.4%	0.5%

101. A serving of vegetables-not including french fries- is one cup of salad greens or half cup of vegetables. How many servings did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
Region Total		**12.7%**	**54.4%**	**26.2%**	**6.7%**
Gender	Male	14.8%	58.2%	20.5%	6.6%
	Female	12.3%	53.6%	27.3%	6.8%
Age groups	18-34	14.5%	56.4%	23.1%	6.0%
	35-44	15.8%	51.3%	25.0%	7.9%
	45-54	13.3%	53.9%	24.2%	8.5%
	55-64	12.9%	52.8%	28.8%	5.5%
	65-74	8.2%	57.1%	30.6%	4.1%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	12.5%	58.9%	25.0%	3.6%
	Trade/Voc, Associate degree or some college	16.3%	55.1%	22.8%	5.7%
	Bachelor's degree	11.0%	55.5%	24.9%	8.6%
	Graduate or professional degree	9.6%	50.0%	33.7%	6.6%
Poverty 200%	200% poverty or less	26.8%	50.0%	14.6%	8.5%
	Greater than 200% poverty	11.1%	55.1%	27.2%	6.6%
Local Comparisons	Benton	15.3%	54.8%	20.3%	9.6%
	Sherburne	18.2%	47.5%	25.3%	9.1%
	Stearns	10.6%	55.7%	28.6%	5.1%
	St. Cloud	12.4%	52.9%	26.3%	8.3%

102. How many servings of fruits and vegetables did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
Region Total		**6.0%**	**19.2%**	**29.7%**	**45.0%**
Gender	Male	7.7%	21.4%	30.8%	40.2%
	Female	5.7%	18.7%	29.3%	46.2%
Age groups	18-34	6.9%	22.4%	28.4%	42.2%
	35-44	6.0%	23.2%	23.8%	47.0%
	45-54	6.7%	14.6%	37.2%	41.5%
	55-64	7.0%	20.3%	26.6%	46.2%
	65-74	4.3%	17.0%	31.9%	46.8%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	9.1%	21.8%	27.3%	41.8%
	Trade/Voc, Associate degree or some college	8.1%	22.1%	29.1%	40.7%
	Bachelor's degree	4.6%	19.9%	29.0%	46.5%
	Graduate or professional degree	3.7%	12.9%	32.5%	50.9%
Poverty 200%	200% poverty or less	12.3%	22.2%	27.2%	38.3%
	Greater than 200% poverty	5.4%	18.8%	30.4%	45.4%
Local Comparisons	Benton	8.6%	24.1%	25.9%	41.4%
	Sherburne	7.1%	19.4%	23.5%	50.0%
	Stearns	4.7%	17.3%	32.6%	45.4%
	St. Cloud	5.7%	20.2%	27.2%	46.9%

103. How often did you drink the following beverages in the past week?

	Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Region Total							
Fruit drinks (such as Snapple, flavored teas, Capri Sun or Kool-Aid)	81.2%	8.4%	6.0%	1.4%	1.4%	0.8%	0.8%
Sports drinks (such as Gatorade or Powerade); these drinks usually do not have caffeine	81.9%	10.2%	6.1%	0.8%	0.5%	0.1%	0.3%
Regular soda or pop (include all kinds such as Coke, Pepsi, 7-Up, Sprite or root beer)	56.5%	14.3%	14.0%	2.6%	6.3%	4.9%	1.4%
Energy drinks (such as Rockstar, Red Bull, Monster or Full Throttle); these drinks usually have caffeine	89.1%	4.1%	4.1%	1.5%	0.8%	0.1%	0.3%

104. How often did you drink <u>fruit drinks</u> in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Region Total		**81.2%**	**8.4%**	**6.0%**	**1.4%**	**1.4%**	**0.8%**	**0.8%**
Gender	Male	71.1%	11.6%	7.4%	3.3%	3.3%	1.7%	1.7%
	Female	83.0%	7.9%	5.8%	1.0%	1.0%	0.7%	0.7%
Age groups	18-34	73.9%	10.1%	13.4%	0.8%	1.7%	0.0%	0.0%
	35-44	84.2%	7.2%	3.9%	2.0%	1.3%	0.0%	1.3%
	45-54	80.2%	10.2%	6.0%	1.2%	0.0%	1.2%	1.2%
	55-64	83.3%	8.0%	4.9%	1.2%	0.6%	1.9%	0.0%
	65-74	82.7%	6.1%	2.0%	1.0%	5.1%	1.0%	2.0%
	75+	DS	DS	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	71.4%	8.9%	10.7%	1.8%	1.8%	3.6%	1.8%
	Trade/Voc, Associate degree or some college	80.7%	8.3%	5.3%	2.7%	1.5%	0.8%	0.8%
	Bachelor's degree	80.8%	10.2%	6.1%	0.8%	1.2%	0.4%	0.4%
	Graduate or professional degree	85.8%	5.9%	5.3%	0.0%	1.2%	0.6%	1.2%
Poverty 200%	200% poverty or less	68.8%	11.3%	12.5%	3.8%	1.3%	1.3%	1.3%
	Greater than 200% poverty	82.5%	8.1%	5.2%	1.1%	1.4%	0.8%	0.8%
Local Comparisons	Benton	78.2%	10.6%	6.1%	2.2%	1.7%	0.6%	0.6%
	Sherburne	81.8%	7.1%	11.1%	0.0%	0.0%	0.0%	0.0%
	Stearns	82.2%	7.9%	4.8%	1.3%	1.5%	1.1%	1.1%
	St. Cloud	80.1%	9.7%	5.1%	1.9%	1.2%	1.0%	1.0%

105. How often did you drink <u>sports drinks</u> in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Region Total		**81.9%**	**10.2%**	**6.1%**	**0.8%**	**0.5%**	**0.1%**	**0.3%**
Gender	Male	69.7%	18.9%	6.6%	3.3%	0.8%	0.0%	0.8%
	Female	84.5%	8.3%	6.1%	0.3%	0.5%	0.2%	0.2%
Age groups	18-34	73.3%	15.8%	9.2%	1.7%	0.0%	0.0%	0.0%
	35-44	73.0%	13.8%	9.2%	1.3%	0.7%	0.7%	1.3%
	45-54	83.1%	11.4%	4.2%	0.6%	0.6%	0.0%	0.0%
	55-64	90.7%	3.7%	5.0%	0.6%	0.0%	0.0%	0.0%
	65-74	87.9%	5.1%	5.1%	0.0%	2.0%	0.0%	0.0%
	75+	DS	DS	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	73.2%	14.3%	8.9%	1.8%	0.0%	0.0%	1.8%
	Trade/Voc, Associate degree or some college	82.1%	9.5%	6.8%	1.1%	0.4%	0.0%	0.0%
	Bachelor's degree	78.9%	12.6%	6.9%	0.4%	0.8%	0.4%	0.0%
	Graduate or professional degree	88.8%	6.5%	3.0%	0.6%	0.6%	0.0%	0.6%
Poverty 200%	200% poverty or less	72.5%	18.8%	7.5%	1.3%	0.0%	0.0%	0.0%
	Greater than 200% poverty	83.2%	9.0%	5.9%	0.8%	0.6%	0.2%	0.3%
Local Comparisons	Benton	81.0%	10.1%	6.7%	1.7%	0.6%	81.0%	10.1%
	Sherburne	77.6%	15.3%	5.1%	1.0%	1.0%	77.6%	0.0%
	Stearns	83.2%	9.2%	6.1%	0.7%	0.4%	0.0%	0.4%
	St. Cloud	83.0%	9.5%	6.1%	0.7%	0.2%	0.0%	0.5%

106. How often did you drink <u>regular soda/pop</u> in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Region Total		**56.5%**	**14.3%**	**14.0%**	**2.6%**	**6.3%**	**4.9%**	**1.4%**
Gender	Male	48.4%	13.9%	16.4%	4.9%	5.7%	8.2%	2.5%
	Female	58.0%	14.4%	13.6%	2.1%	6.4%	4.3%	1.2%
Age groups	18-34	52.9%	17.6%	14.3%	2.5%	5.0%	5.9%	1.7%
	35-44	54.6%	11.8%	16.4%	2.0%	9.2%	3.9%	2.0%
	45-54	56.0%	13.3%	18.1%	1.8%	4.8%	6.0%	0.0%
	55-64	60.5%	15.4%	8.6%	1.9%	7.4%	3.7%	2.5%
	65-74	60.6%	11.1%	12.1%	6.1%	6.1%	4.0%	0.0%
	75+	DS	DS	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	46.4%	21.4%	10.7%	7.1%	1.8%	8.9%	3.6%
	Trade/Voc, Associate degree or some college	51.5%	13.6%	17.8%	2.3%	7.6%	5.7%	1.5%
	Bachelor's degree	58.0%	14.7%	13.9%	2.4%	5.7%	4.9%	0.4%
	Graduate or professional degree	65.7%	12.4%	9.5%	1.8%	6.5%	2.4%	1.8%
Poverty 200%	200% poverty or less	40.0%	17.5%	16.3%	2.5%	6.3%	13.8%	3.8%
	Greater than 200% poverty	58.6%	13.8%	13.7%	2.7%	6.3%	3.8%	1.1%
Local Comparisons	Benton	48.9%	11.8%	18.0%	1.7%	11.2%	7.3%	1.1%
	Sherburne	55.6%	14.1%	14.1%	2.0%	5.1%	8.1%	1.0%
	Stearns	59.7%	15.3%	12.5%	3.1%	4.6%	3.3%	1.5%
	St. Cloud	57.9%	13.6%	13.6%	2.2%	6.6%	4.1%	1.9%

107. How often did you drink <u>energy drinks</u> in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
Region Total		**89.1%**	**4.1%**	**4.1%**	**1.5%**	**0.8%**	**0.1%**	**0.3%**
Gender	Male	81.1%	7.4%	9.0%	0.8%	0.8%	0.8%	0.0%
	Female	90.9%	3.5%	3.0%	1.7%	0.7%	0.0%	0.3%
Age groups	18-34	76.7%	10.0%	9.2%	2.5%	0.8%	0.0%	0.8%
	35-44	84.2%	5.9%	4.6%	2.0%	2.6%	0.7%	0.0%
	45-54	87.3%	4.8%	4.8%	2.4%	0.6%	0.0%	0.0%
	55-64	97.5%	0.0%	1.9%	0.6%	0.0%	0.0%	0.0%
	65-74	98.0%	1.0%	1.0%	0.0%	0.0%	0.0%	0.0%
	75+	DS	DS	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	87.5%	7.1%	1.8%	1.8%	0.0%	0.0%	1.8%
	Trade/Voc, Associate degree or some college	87.5%	3.4%	6.1%	1.5%	1.1%	0.0%	0.4%
	Bachelor's degree	87.8%	6.1%	4.1%	1.6%	0.4%	0.0%	0.0%
	Graduate or professional degree	94.1%	1.2%	1.8%	1.2%	1.2%	0.6%	0.0%
Poverty 200%	200% poverty or less	78.8%	8.8%	6.3%	2.5%	1.3%	0.0%	2.5%
	Greater than 200% poverty	90.2%	3.6%	3.8%	1.4%	0.8%	0.2%	0.0%
Local Comparisons	Benton	85.5%	6.1%	5.0%	2.2%	1.1%	0.0%	0.0%
	Sherburne	87.9%	3.0%	4.0%	4.0%	0.0%	0.0%	1.0%
	Stearns	90.8%	3.5%	3.7%	0.7%	0.9%	0.2%	0.2%
	St. Cloud	87.6%	5.3%	4.4%	1.2%	0.7%	0.2%	0.5%

108. During the past 12 months, have you used a community food shelf program or a community food box program?

		Yes	No
Region Total		**5.8%**	**94.2%**
Gender	Male	7.3%	92.7%
	Female	5.3%	94.7%
Age groups	18-34	4.1%	95.9%
	35-44	5.9%	94.1%
	45-54	8.5%	91.5%
	55-64	4.3%	95.7%
	65-74	6.1%	93.9%
	75+	DS	DS
Education	High school graduate/GED or less	11.1%	88.9%
	Trade/Voc, Associate degree or some college	6.4%	93.6%
	Bachelor's degree	5.3%	94.7%
	Graduate or professional degree	4.1%	95.9%
Poverty 200%	200% poverty or less	20.0%	80.0%
	Greater than 200% poverty	4.3%	95.7%
Local Comparisons	Benton	6.1%	93.9%
	Sherburne	7.0%	93.0%
	Stearns	5.5%	94.5%
	St. Cloud	5.6%	94.4%

109. How often do you or others in your household buy or get food from the following places?

	Never or less than 1 time per month	About 1 time per month	About 2 or 3 times per month	About 1 time per week	2 or more times per week
Region Total					
Supermarket or large grocery store	1.4%	7.2%	21.4%	48.8%	21.1%
Small grocery store	36.8%	22.4%	16.6%	19.6%	4.5%
Convenience store or gas station	49.0%	23.8%	12.6%	10.9%	3.7%
Food shelf, food pantry or community food box program	96.3%	3.0%	0.1%	0.1%	0.4%
Some other place	77.4%	7.9%	6.4%	4.8%	3.5%

110. How often do you or others in your household buy or get food from a <u>supermarket or large grocery store</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
Region Total		**1.4%**	**7.2%**	**21.4%**	**48.8%**	**21.1%**
Gender	Male	1.7%	2.5%	21.5%	52.1%	22.3%
	Female	1.0%	8.1%	21.3%	48.4%	21.2%
Age groups	18-34	3.3%	8.3%	27.3%	49.6%	11.6%
	35-44	0.0%	6.5%	17.0%	52.3%	24.2%
	45-54	2.4%	3.6%	18.1%	48.2%	27.7%
	55-64	1.3%	12.0%	25.3%	41.1%	20.3%
	65-74	0.0%	7.1%	17.2%	56.6%	19.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	3.7%	14.8%	31.5%	31.5%	18.5%
	Trade/Voc, Associate degree or some college	1.5%	6.8%	22.7%	41.7%	27.3%
	Bachelor's degree	0.4%	6.9%	17.8%	55.5%	19.4%
	Graduate or professional degree	1.8%	6.0%	21.4%	56.0%	14.9%
Poverty 200%	200% poverty or less	2.4%	15.9%	25.6%	36.6%	19.5%
	Greater than 200% poverty	1.3%	6.2%	20.7%	50.6%	21.2%
Local Comparisons	Benton	0.6%	5.6%	24.3%	53.1%	16.4%
	Sherburne	1.0%	4.0%	21.0%	47.0%	27.0%
	Stearns	1.8%	8.6%	20.4%	47.6%	21.7%
	St. Cloud	1.5%	6.6%	19.7%	50.2%	22.1%

111. How often do you or others in your household buy or get food from a <u>small grocery store</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
Region Total		**36.8%**	**22.4%**	**16.6%**	**19.6%**	**4.5%**
Gender	Male	41.3%	17.4%	15.6%	21.1%	4.6%
	Female	36.2%	23.0%	16.8%	19.4%	4.6%
Age groups	18-34	34.5%	25.9%	14.7%	21.6%	3.4%
	35-44	36.7%	21.8%	15.6%	20.4%	5.4%
	45-54	36.3%	19.7%	15.9%	22.9%	5.1%
	55-64	36.3%	21.9%	21.9%	15.8%	4.1%
	65-74	41.7%	19.0%	16.7%	19.0%	3.6%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	25.0%	35.4%	18.8%	14.6%	6.3%
	Trade/Voc, Associate degree or some college	40.1%	21.5%	14.5%	19.8%	4.1%
	Bachelor's degree	38.1%	21.6%	15.3%	19.5%	5.5%
	Graduate or professional degree	33.3%	21.2%	21.2%	21.2%	3.2%
Poverty 200%	200% poverty or less	40.0%	22.7%	20.0%	12.0%	5.3%
	Greater than 200% poverty	36.6%	22.3%	16.1%	20.5%	4.5%
Local Comparisons	Benton	45.6%	18.9%	11.8%	19.5%	4.1%
	Sherburne	41.9%	25.8%	11.8%	12.9%	7.5%
	Stearns	32.1%	23.1%	19.5%	21.2%	4.0%
	St. Cloud	43.0%	20.1%	17.6%	16.3%	2.9%

112. How often do you or others in your household buy or get food from a <u>convenience store or gas station</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
Region Total		**49.0%**	**23.8%**	**12.6%**	**10.9%**	**3.7%**
Gender	Male	43.5%	27.8%	11.1%	14.8%	2.8%
	Female	49.9%	22.9%	13.0%	10.3%	3.9%
Age groups	18-34	41.9%	17.1%	20.5%	16.2%	4.3%
	35-44	45.9%	30.4%	8.1%	9.5%	6.1%
	45-54	44.2%	27.3%	12.3%	13.6%	2.6%
	55-64	58.7%	21.0%	9.8%	7.7%	2.8%
	65-74	51.8%	22.9%	15.7%	7.2%	2.4%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	48.0%	20.0%	20.0%	10.0%	2.0%
	Trade/Voc, Associate degree or some college	43.6%	24.3%	11.9%	16.0%	4.1%
	Bachelor's degree	48.1%	26.8%	12.1%	8.7%	4.3%
	Graduate or professional degree	59.5%	19.6%	11.8%	6.5%	2.6%
Poverty 200%	200% poverty or less	35.1%	27.3%	15.6%	14.3%	7.8%
	Greater than 200% poverty	50.5%	23.5%	12.1%	10.7%	3.1%
Local Comparisons	Benton	50.3%	21.8%	10.9%	13.3%	3.6%
	Sherburne	51.1%	24.4%	11.1%	8.9%	4.4%
	Stearns	48.1%	24.4%	13.5%	10.4%	3.6%
	St. Cloud	48.7%	23.4%	13.6%	11.7%	2.7%

113. How often do you or others in your household buy or get food from a <u>food shelf or food pantry</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
Region Total		**96.3%**	**3.0%**	**0.1%**	**0.1%**	**0.4%**
Gender	Male	96.2%	3.8%	0.0%	0.0%	0.0%
	Female	96.4%	2.7%	0.2%	0.2%	0.5%
Age groups	18-34	96.6%	1.7%	0.9%	0.9%	0.0%
	35-44	100.0%	0.0%	0.0%	0.0%	0.0%
	45-54	91.6%	7.8%	0.0%	0.0%	0.6%
	55-64	97.2%	2.8%	0.0%	0.0%	0.0%
	65-74	96.4%	2.4%	0.0%	0.0%	1.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	85.1%	10.6%	2.1%	0.0%	2.1%
	Trade/Voc, Associate degree or some college	95.9%	3.3%	0.0%	0.4%	0.4%
	Bachelor's degree	97.4%	2.2%	0.0%	0.0%	0.4%
	Graduate or professional degree	98.7%	1.3%	0.0%	0.0%	0.0%
Poverty 200%	200% poverty or less	87.8%	9.5%	0.0%	1.4%	1.4%
	Greater than 200% poverty	97.4%	2.1%	0.2%	0.0%	0.3%
Local Comparisons	Benton	97.5%	2.5%	0.0%	0.0%	0.0%
	Sherburne	94.6%	4.3%	1.1%	0.0%	0.0%
	Stearns	96.2%	2.9%	0.0%	0.2%	0.7%
	St. Cloud	96.5%	3.2%	0.0%	0.0%	0.3%

114. How often do you or others in your household buy or get food from <u>some other place</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
Region Total		**77.4%**	**7.9%**	**6.4%**	**4.8%**	**3.5%**
Gender	Male	84.7%	7.1%	4.7%	1.2%	2.4%
	Female	76.1%	8.1%	6.8%	5.3%	3.7%
Age groups	18-34	82.6%	7.6%	6.5%	0.0%	3.3%
	35-44	78.5%	8.3%	7.4%	1.7%	4.1%
	45-54	77.7%	9.1%	1.7%	9.1%	2.5%
	55-64	76.0%	7.4%	6.6%	7.4%	2.5%
	65-74	73.0%	6.3%	11.1%	4.8%	4.8%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	78.9%	2.6%	10.5%	2.6%	5.3%
	Trade/Voc, Associate degree or some college	80.1%	7.3%	4.2%	3.7%	4.7%
	Bachelor's degree	73.4%	12.2%	6.9%	4.8%	2.7%
	Graduate or professional degree	78.9%	3.9%	7.8%	7.0%	2.3%
Poverty 200%	200% poverty or less	83.6%	3.3%	4.9%	0.0%	8.2%
	Greater than 200% poverty	76.9%	8.8%	6.4%	5.4%	2.6%
Local Comparisons	Benton	80.9%	6.9%	2.3%	5.3%	4.6%
	Sherburne	85.1%	5.4%	1.4%	5.4%	2.7%
	Stearns	74.4%	8.8%	9.1%	4.4%	3.2%
	St. Cloud	74.0%	8.2%	8.2%	6.9%	2.6%

115. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

		Often	Sometimes	Rarely	Never
Region Total		**1.8%**	**6.2%**	**10.2%**	**81.8%**
Gender	Male	1.6%	7.4%	5.7%	85.2%
	Female	1.7%	6.0%	10.9%	81.4%
Age groups	18-34	3.3%	6.6%	13.2%	76.9%
	35-44	0.7%	5.3%	11.3%	82.8%
	45-54	1.9%	10.5%	12.3%	75.3%
	55-64	3.1%	4.9%	6.8%	85.2%
	65-74	0.0%	3.1%	9.4%	87.5%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	7.3%	18.2%	21.8%	52.7%
	Trade/Voc, Associate degree or some college	2.7%	7.6%	11.7%	78.0%
	Bachelor's degree	0.8%	4.5%	7.9%	86.8%
	Graduate or professional degree	0.0%	2.4%	7.2%	90.4%
Poverty 200%	200% poverty or less	10.0%	25.0%	21.3%	43.8%
	Greater than 200% poverty	0.8%	4.0%	8.7%	86.5%
Local Comparisons	Benton	2.2%	7.3%	14.6%	75.8%
	Sherburne	0.0%	7.3%	8.3%	84.4%
	Stearns	2.0%	5.5%	8.8%	83.7%
	St. Cloud	2.2%	6.4%	10.0%	81.4%

116. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening or walking for exercise?

		Yes	No
Region Total		**84.1%**	**15.9%**
Gender	Male	80.5%	19.5%
	Female	84.9%	15.1%
Age groups	18-34	87.6%	12.4%
	35-44	84.3%	15.7%
	45-54	85.5%	14.5%
	55-64	84.0%	16.0%
	65-74	81.8%	18.2%
	75+	DS	DS
Education	High school graduate/GED or less	73.2%	26.8%
	Trade/Voc, Associate degree or some college	77.5%	22.5%
	Bachelor's degree	90.2%	9.8%
	Graduate or professional degree	89.3%	10.7%
Poverty 200%	200% poverty or less	59.8%	40.2%
	Greater than 200% poverty	87.0%	13.0%
Local Comparisons	Benton	77.0%	23.0%
	Sherburne	88.0%	12.0%
	Stearns	86.1%	13.9%
	St. Cloud	82.9%	17.1%

117. During an average week, other than your regular job, on how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

		0 days	1-4 days	5-7 days
Region Total		**12.2%**	**57.3%**	**30.5%**
Gender	Male	16.7%	44.2%	39.2%
	Female	11.4%	60.3%	28.3%
Age groups	18-34	10.2%	69.5%	20.3%
	35-44	11.3%	59.6%	29.1%
	45-54	12.0%	59.0%	28.9%
	55-64	11.7%	54.0%	34.4%
	65-74	11.3%	48.5%	40.2%
	75+	DS	DS	DS
Education	High school graduate/GED or less	19.6%	51.8%	28.6%
	Trade/Voc, Associate degree or some college	14.3%	60.4%	25.3%
	Bachelor's degree	8.6%	58.0%	33.3%
	Graduate or professional degree	11.4%	53.0%	35.5%
Poverty 200%	200% poverty or less	30.0%	50.0%	20.0%
	Greater than 200% poverty	9.9%	58.5%	31.6%
Local Comparisons	Benton	18.0%	55.6%	26.4%
	Sherburne	8.1%	64.6%	27.3%
	Stearns	10.8%	56.3%	32.9%
	St. Cloud	13.8%	56.2%	30.0%

118. During an average week, other than your regular job, on how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

		0 days	1-2 days	3-7 days
Region Total		**32.6%**	**36.7%**	**30.8%**
Gender	Male	29.7%	25.4%	44.9%
	Female	33.1%	39.1%	27.8%
Age groups	18-34	37.5%	36.7%	25.8%
	35-44	34.4%	36.4%	29.1%
	45-54	26.7%	39.4%	33.9%
	55-64	32.1%	35.8%	32.1%
	65-74	30.6%	36.7%	32.7%
	75+	DS	DS	DS
Education	High school graduate/GED or less	37.5%	32.1%	30.4%
	Trade/Voc, Associate degree or some college	36.9%	37.6%	25.5%
	Bachelor's degree	29.4%	38.8%	31.8%
	Graduate or professional degree	28.7%	33.5%	37.8%
Poverty 200%	200% poverty or less	52.5%	31.3%	16.3%
	Greater than 200% poverty	30.6%	37.3%	32.2%
Local Comparisons	Benton	35.4%	35.4%	29.1%
	Sherburne	29.0%	37.0%	34.0%
	Stearns	32.2%	37.1%	30.7%
	St. Cloud	35.7%	35.9%	28.4%

119. Meets physical activity guideline (moderate activity for 30 minutes for 5+ days per week or vigorous activity for 20 minutes for 3+ days per week or both)

		Does not meet guideline	Meets guideline
Region Total		**57.5%**	**42.5%**
Gender	Male	45.5%	54.5%
	Female	60.3%	39.7%
Age groups	18-34	67.8%	32.2%
	35-44	57.3%	42.7%
	45-54	57.8%	42.2%
	55-64	53.7%	46.3%
	65-74	52.5%	47.5%
	75+	DS	DS
Education	High school graduate/GED or less	62.5%	37.5%
	Trade/Voc, Associate degree or some college	63.0%	37.0%
	Bachelor's degree	54.3%	45.7%
	Graduate or professional degree	51.5%	48.5%
Poverty 200%	200% poverty or less	70.9%	29.1%
	Greater than 200% poverty	56.0%	44.0%
Local Comparisons	Benton	60.8%	39.2%
	Sherburne	56.6%	43.4%
	Stearns	56.4%	43.6%
	St. Cloud	60.0%	40.0%

120. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
Region Total			
Lack of programs or facilities	72.4%	22.9%	4.7%
Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	79.1%	14.4%	6.5%
Distance I have to travel to a fitness or community center, parks or walking trails	71.2%	19.6%	9.2%
No safe place to be physically active	83.5%	12.3%	4.1%
Not having sidewalks or walking paths/trails	72.2%	18.2%	9.6%
Poor maintenance of sidewalks or walking paths/trails	80.9%	13.1%	6.1%
Other reason	75.6%	6.9%	17.4%

121. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Lack of programs or facilities

		Not a problem	A small problem	A big problem
Region Total		**72.4%**	**22.9%**	**4.7%**
Gender	Male	74.6%	22.1%	3.3%
	Female	72.0%	23.2%	4.8%
Age groups	18-34	69.2%	22.5%	8.3%
	35-44	72.4%	23.0%	4.6%
	45-54	73.6%	21.5%	4.9%
	55-64	71.3%	25.6%	3.1%
	65-74	75.5%	20.4%	4.1%
	75+	DS	DS	DS
Education	High school graduate/GED or less	60.0%	32.7%	7.3%
	Trade/Voc, Associate degree or some college	69.1%	24.4%	6.5%
	Bachelor's degree	74.5%	21.8%	3.7%
	Graduate or professional degree	78.6%	19.0%	2.4%
Poverty 200%	200% poverty or less	47.5%	40.0%	12.5%
	Greater than 200% poverty	75.1%	21.1%	3.8%
Local Comparisons	Benton	71.0%	22.2%	6.8%
	Sherburne	68.8%	25.0%	6.3%
	Stearns	73.7%	22.8%	3.5%
	St. Cloud	78.7%	18.6%	2.7%

122. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Public facilities are not open or available the times I want to use them

		Not a problem	A small problem	A big problem
Region Total		**79.1%**	**14.4%**	**6.5%**
Gender	Male	84.3%	12.4%	3.3%
	Female	78.0%	14.9%	7.0%
Age groups	18-34	78.3%	11.7%	10.0%
	35-44	80.4%	11.8%	7.8%
	45-54	81.3%	15.0%	3.8%
	55-64	73.8%	18.1%	8.1%
	65-74	82.3%	15.6%	2.1%
	75+	DS	DS	DS
Education	High school graduate/GED or less	72.2%	20.4%	7.4%
	Trade/Voc, Associate degree or some college	78.1%	13.1%	8.8%
	Bachelor's degree	79.3%	14.0%	6.6%
	Graduate or professional degree	82.7%	14.9%	2.4%
Poverty 200%	200% poverty or less	65.4%	24.4%	10.3%
	Greater than 200% poverty	80.4%	13.5%	6.1%
Local Comparisons	Benton	79.7%	11.3%	9.0%
	Sherburne	82.3%	11.5%	6.3%
	Stearns	78.3%	16.2%	5.5%
	St. Cloud	82.5%	13.5%	3.9%

123. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Distance I have to travel to a fitness or community center, parks or walking trails

		Not a problem	A small problem	A big problem
Region Total		**71.2%**	**19.6%**	**9.2%**
Gender	Male	77.5%	15.8%	6.7%
	Female	69.9%	20.4%	9.7%
Age groups	18-34	61.7%	24.2%	14.2%
	35-44	70.6%	19.6%	9.8%
	45-54	74.7%	19.1%	6.2%
	55-64	73.4%	20.3%	6.3%
	65-74	75.3%	12.4%	12.4%
	75+	DS	DS	DS
Education	High school graduate/GED or less	74.5%	16.4%	9.1%
	Trade/Voc, Associate degree or some college	71.8%	19.3%	8.9%
	Bachelor's degree	67.9%	21.0%	11.1%
	Graduate or professional degree	73.8%	19.0%	7.1%
Poverty 200%	200% poverty or less	65.8%	16.5%	17.7%
	Greater than 200% poverty	72.0%	19.9%	8.2%
Local Comparisons	Benton	70.3%	19.4%	10.3%
	Sherburne	66.7%	24.0%	9.4%
	Stearns	72.5%	18.7%	8.8%
	St. Cloud	78.9%	15.7%	5.4%

124. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
No safe place to be physically active

		Not a problem	A small problem	A big problem
Region Total		**83.5%**	**12.3%**	**4.1%**
Gender	Male	90.2%	4.9%	4.9%
	Female	82.3%	13.8%	3.9%
Age groups	18-34	76.7%	14.2%	9.2%
	35-44	81.0%	15.0%	3.9%
	45-54	88.8%	8.1%	3.1%
	55-64	85.0%	12.5%	2.5%
	65-74	84.4%	12.5%	3.1%
	75+	DS	DS	DS
Education	High school graduate/GED or less	74.5%	16.4%	9.1%
	Trade/Voc, Associate degree or some college	82.6%	13.5%	3.9%
	Bachelor's degree	84.4%	11.9%	3.7%
	Graduate or professional degree	86.7%	9.6%	3.6%
Poverty 200%	200% poverty or less	70.9%	16.5%	12.7%
	Greater than 200% poverty	84.9%	12.1%	3.1%
Local Comparisons	Benton	81.4%	14.7%	4.0%
	Sherburne	85.4%	12.5%	2.1%
	Stearns	84.0%	11.3%	4.7%
	St. Cloud	83.7%	11.4%	4.9%

125. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Not having sidewalks or walking paths/trails

		Not a problem	A small problem	A big problem
Region Total		**72.2%**	**18.2%**	**9.6%**
Gender	Male	85.2%	9.0%	5.7%
	Female	69.3%	20.3%	10.3%
Age groups	18-34	63.3%	26.7%	10.0%
	35-44	70.6%	19.6%	9.8%
	45-54	70.4%	18.5%	11.1%
	55-64	76.4%	15.5%	8.1%
	65-74	76.5%	14.3%	9.2%
	75+	DS	DS	DS
Education	High school graduate/GED or less	80.4%	8.9%	10.7%
	Trade/Voc, Associate degree or some college	74.3%	14.9%	10.7%
	Bachelor's degree	67.2%	23.0%	9.8%
	Graduate or professional degree	73.2%	19.6%	7.1%
Poverty 200%	200% poverty or less	58.2%	25.3%	16.5%
	Greater than 200% poverty	73.4%	17.6%	8.9%
Local Comparisons	Benton	69.5%	18.6%	11.9%
	Sherburne	60.8%	26.8%	12.4%
	Stearns	75.6%	16.3%	8.1%
	St. Cloud	74.6%	18.1%	7.3%

126. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Poor maintenance of sidewalks or walking paths/trails

		Not a problem	A small problem	A big problem
Region Total		**80.9%**	**13.1%**	**6.1%**
Gender	Male	83.6%	13.1%	3.3%
	Female	80.3%	13.2%	6.5%
Age groups	18-34	81.7%	11.7%	6.7%
	35-44	78.3%	15.8%	5.9%
	45-54	81.4%	12.4%	6.2%
	55-64	78.9%	16.1%	5.0%
	65-74	83.7%	9.2%	7.1%
	75+	DS	DS	DS
Education	High school graduate/GED or less	81.5%	9.3%	9.3%
	Trade/Voc, Associate degree or some college	84.0%	9.9%	6.1%
	Bachelor's degree	79.0%	15.6%	5.3%
	Graduate or professional degree	78.6%	15.5%	6.0%
Poverty 200%	200% poverty or less	74.4%	14.1%	11.5%
	Greater than 200% poverty	81.2%	13.2%	5.6%
Local Comparisons	Benton	82.5%	11.3%	6.2%
	Sherburne	76.0%	18.8%	5.2%
	Stearns	81.3%	12.6%	6.2%
	St. Cloud	79.4%	13.7%	6.9%

127. How much of a problem are the following factors for you in terms of preventing you from being more physically active?
Other reasons

		Not a problem	A small problem	A big problem
Region Total		**75.6%**	**6.9%**	**17.4%**
Gender	Male	78.2%	5.1%	16.7%
	Female	75.3%	7.3%	17.4%
Age groups	18-34	74.2%	7.9%	18.0%
	35-44	72.0%	5.9%	22.0%
	45-54	74.8%	8.1%	17.1%
	55-64	75.2%	6.9%	17.8%
	65-74	88.7%	1.6%	9.7%
	75+	DS	DS	DS
Education	High school graduate/GED or less	68.6%	11.4%	20.0%
	Trade/Voc, Associate degree or some college	76.5%	4.5%	19.0%
	Bachelor's degree	74.6%	5.2%	20.2%
	Graduate or professional degree	78.0%	11.9%	10.2%
Poverty 200%	200% poverty or less	63.8%	8.6%	27.6%
	Greater than 200% poverty	77.6%	6.5%	15.9%
Local Comparisons	Benton	71.9%	5.0%	23.1%
	Sherburne	77.1%	7.1%	15.7%
	Stearns	76.8%	7.6%	15.6%
	St. Cloud	72.6%	7.1%	20.3%

128. How often do you feel safe in your community?

		Often	Sometimes	Rarely	Never
Region Total		**77.3%**	**19.7%**	**2.3%**	**0.7%**
Gender	Male	79.7%	17.1%	2.4%	0.8%
	Female	76.9%	20.3%	2.3%	0.5%
Age groups	18-34	66.1%	27.3%	4.1%	2.5%
	35-44	70.6%	28.1%	1.3%	0.0%
	45-54	79.6%	17.4%	3.0%	0.0%
	55-64	82.8%	15.3%	0.6%	1.2%
	65-74	84.8%	11.1%	4.0%	0.0%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	69.6%	19.6%	7.1%	3.6%
	Trade/Voc, Associate degree or some college	75.6%	22.2%	1.9%	0.4%
	Bachelor's degree	75.3%	21.5%	2.4%	0.8%
	Graduate or professional degree	85.7%	13.1%	1.2%	0.0%
Poverty 200%	200% poverty or less	56.1%	37.8%	2.4%	3.7%
	Greater than 200% poverty	79.9%	17.7%	2.1%	0.3%
Local Comparisons	Benton	72.6%	24.6%	2.2%	0.6%
	Sherburne	80.0%	18.0%	2.0%	0.0%
	Stearns	78.6%	18.1%	2.4%	0.9%
	St. Cloud	72.9%	24.0%	2.7%	0.5%

129. If you were to experience or witness a crime or harassment in your community, how safe would you feel calling the police or sheriff for help?

		Very safe	Fairly safe	Not very safe	Not at all safe
Region Total		**73.8%**	**21.2%**	**3.1%**	**1.9%**
Gender	Male	78.7%	15.6%	2.5%	3.3%
	Female	73.0%	22.2%	3.3%	1.5%
Age groups	18-34	67.8%	24.0%	5.0%	3.3%
	35-44	70.2%	25.2%	4.0%	0.7%
	45-54	71.3%	21.6%	5.4%	1.8%
	55-64	77.6%	19.9%	1.2%	1.2%
	65-74	80.8%	16.2%	0.0%	3.0%
	75+	DS	DS	DS	DS
Education	High school graduate/GED or less	58.9%	25.0%	7.1%	8.9%
	Trade/Voc, Associate degree or some college	73.4%	22.8%	1.9%	1.9%
	Bachelor's degree	72.7%	23.3%	2.9%	1.2%
	Graduate or professional degree	81.0%	14.3%	4.2%	0.6%
Poverty 200%	200% poverty or less	60.5%	25.9%	3.7%	9.9%
	Greater than 200% poverty	75.4%	20.4%	3.2%	1.0%
Local Comparisons	Benton	73.6%	23.0%	2.8%	0.6%
	Sherburne	76.8%	20.2%	2.0%	1.0%
	Stearns	73.2%	20.7%	3.5%	2.6%
	St. Cloud	70.5%	22.7%	4.4%	2.4%

130. During the past 12 months, have you <u>applied for a job</u>?
If yes, have you felt you were discriminated against when you <u>applied for a job</u>?

		Experienced the situation	Experienced discrimination
Region Total		**15.5%**	**23.0%**
Gender	Male	10.9%	DS
	Female	16.5%	22.2%
Age groups	18-34	33.9%	9.8%
	35-44	14.5%	DS
	45-54	18.0%	36.7%
	55-64	8.8%	DS
	65-74	4.4%	DS
	75+	DS	DS
Education	High school graduate/GED or less	18.5%	DS
	Trade/Voc, Associate degree or some college	16.1%	28.6%
	Bachelor's degree	14.3%	26.9%
	Graduate or professional degree	15.6%	DS
Poverty 200%	200% poverty or less	20.7%	DS
	Greater than 200% poverty	15.0%	30.8%
Local Comparisons	Benton	16.6%	20.7%
	Sherburne	16.3%	DS
	Stearns	15.0%	26.5%
	St. Cloud	13.4%	27.3%

131. During the past 12 months, have you <u>worked at a job</u>?
If yes, have you felt you were discriminated against when you <u>worked at a job</u>?

		Experienced the situation	Experienced discrimination
Region Total		**58.5%**	**12.5%**
Gender	Male	48.7%	12.1%
	Female	60.1%	12.8%
Age groups	18-34	76.0%	15.2%
	35-44	62.9%	11.7%
	45-54	63.3%	16.2%
	55-64	59.4%	10.6%
	65-74	31.2%	3.4%
	75+	DS	DS
Education	High school graduate/GED or less	51.9%	DS
	Trade/Voc, Associate degree or some college	57.3%	12.1%
	Bachelor's degree	58.8%	11.2%
	Graduate or professional degree	61.9%	12.5%
Poverty 200%	200% poverty or less	55.6%	24.4%
	Greater than 200% poverty	59.4%	11.4%
Local Comparisons	Benton	62.3%	8.3%
	Sherburne	61.2%	6.7%
	Stearns	56.4%	15.7%
	St. Cloud	58.9%	14.9%

132. During the past 12 months, have you <u>received medical care</u>?
If yes, have you felt you were discriminated against when you <u>received medical care</u>?

		Experienced the situation	Experienced discrimination
Region Total		**57.4%**	**8.8%**
Gender	Male	50.0%	8.2%
	Female	59.2%	9.0%
Age groups	18-34	60.3%	12.5%
	35-44	55.6%	14.1%
	45-54	59.6%	4.0%
	55-64	54.0%	6.9%
	65-74	62.9%	8.2%
	75+	DS	DS
Education	High school graduate/GED or less	40.7%	DS
	Trade/Voc, Associate degree or some college	55.3%	4.8%
	Bachelor's degree	58.7%	11.0%
	Graduate or professional degree	63.9%	9.3%
Poverty 200%	200% poverty or less	58.5%	14.6%
	Greater than 200% poverty	57.6%	8.3%
Local Comparisons	Benton	59.3%	3.8%
	Sherburne	59.6%	8.5%
	Stearns	56.1%	10.9%
	St. Cloud	58.8%	11.5%

133. During the past 12 months, have you <u>looked for a different house or apartment</u>?
If yes, have you felt you were discriminated against when you <u>looked for a different house or apartment</u>?

		Experienced the situation	Experienced discrimination
Region Total		**10.8%**	**14.1%**
Gender	Male	11.8%	DS
	Female	10.7%	12.5%
Age groups	18-34	28.9%	11.4%
	35-44	9.3%	DS
	45-54	6.6%	DS
	55-64	7.0%	DS
	65-74	6.7%	DS
	75+	DS	DS
Education	High school graduate/GED or less	13.2%	DS
	Trade/Voc, Associate degree or some college	12.7%	DS
	Bachelor's degree	9.8%	DS
	Graduate or professional degree	8.4%	DS
Poverty 200%	200% poverty or less	15.9%	DS
	Greater than 200% poverty	10.2%	11.1%
Local Comparisons	Benton	6.4%	0.0%
	Sherburne	11.3%	DS
	Stearns	12.4%	16.1%
	St. Cloud	11.0%	11.1%

134. During the past 12 months, have you <u>applied for a credit card, bank loan or a mortgage</u>?
If yes, have you felt you were discriminated against when you <u>applied for a credit card, bank loan or a mortgage</u>?

		Experienced the situation	Experienced discrimination
Region Total		**22.4%**	**6.2%**
Gender	Male	18.3%	DS
	Female	23.3%	6.5%
Age groups	18-34	31.4%	10.5%
	35-44	28.3%	4.7%
	45-54	23.6%	2.6%
	55-64	16.5%	7.7%
	65-74	8.7%	DS
	75+	DS	DS
Education	High school graduate/GED or less	11.3%	DS
	Trade/Voc, Associate degree or some college	19.5%	4.0%
	Bachelor's degree	26.4%	3.1%
	Graduate or professional degree	24.4%	12.2%
Poverty 200%	200% poverty or less	15.9%	DS
	Greater than 200% poverty	23.6%	6.2%
Local Comparisons	Benton	23.7%	2.4%
	Sherburne	33.7%	9.1%
	Stearns	19.4%	6.8%
	St. Cloud	22.9%	5.4%

135. During the past 12 months, have you <u>shopped at a store or eaten at a restaurant</u>?
If yes, have you felt you were discriminated against when you <u>shopped at a store or eaten at a restaurant</u>?

		Experienced the situation	Experienced discrimination
Region Total		**68.8%**	**6.5%**
Gender	Male	56.6%	7.2%
	Female	71.0%	6.5%
Age groups	18-34	77.7%	9.6%
	35-44	68.0%	10.6%
	45-54	69.3%	4.4%
	55-64	65.4%	2.9%
	65-74	66.3%	6.2%
	75+	DS	DS
Education	High school graduate/GED or less	64.3%	11.4%
	Trade/Voc, Associate degree or some college	66.0%	6.3%
	Bachelor's degree	69.9%	5.8%
	Graduate or professional degree	72.8%	6.6%
Poverty 200%	200% poverty or less	69.5%	17.9%
	Greater than 200% poverty	69.4%	5.3%
Local Comparisons	Benton	73.6%	5.3%
	Sherburne	68.4%	6.0%
	Stearns	67.0%	7.2%
	St. Cloud	71.1%	7.2%

136. During the past 12 months, have you <u>applied for social services or public assistance</u>?
If yes, have you felt you were discriminated against when you <u>applied for social services or public assistance</u>?

		Experienced the situation	Experienced discrimination
Region Total		**3.3%**	**39.1%**
Gender	Male	3.3%	DS
	Female	3.2%	DS
Age groups	18-34	4.1%	DS
	35-44	2.6%	DS
	45-54	5.4%	DS
	55-64	1.3%	DS
	65-74	4.3%	DS
	75+	DS	DS
Education	High school graduate/GED or less	11.1%	DS
	Trade/Voc, Associate degree or some college	3.9%	DS
	Bachelor's degree	2.0%	DS
	Graduate or professional degree	1.8%	DS
Poverty 200%	200% poverty or less	15.9%	DS
	Greater than 200% poverty	1.8%	DS
Local Comparisons	Benton	3.5%	DS
	Sherburne	2.1%	DS
	Stearns	3.5%	DS
	St. Cloud	3.4%	DS

137. During the past 12 months, have you <u>dealt with the police</u>?
If yes, have you felt you were discriminated against when you <u>dealt with the police</u>?

		Experienced the situation	Experienced discrimination
Region Total		**16.8%**	**14.9%**
Gender	Male	20.0%	DS
	Female	16.2%	14.6%
Age groups	18-34	26.7%	15.6%
	35-44	21.9%	12.1%
	45-54	16.3%	DS
	55-64	10.0%	DS
	65-74	12.8%	DS
	75+	DS	DS
Education	High school graduate/GED or less	16.4%	DS
	Trade/Voc, Associate degree or some college	14.5%	10.2%
	Bachelor's degree	20.1%	15.4%
	Graduate or professional degree	15.8%	DS
Poverty 200%	200% poverty or less	17.1%	DS
	Greater than 200% poverty	16.6%	16.7%
Local Comparisons	Benton	18.6%	6.1%
	Sherburne	15.3%	DS
	Stearns	16.4%	19.2%
	St. Cloud	16.8%	15.9%

138. During the past 12 months, have you <u>appeared in court</u>?
If yes, have you felt you were discriminated against when you <u>appeared in court</u>?

		Experienced the situation	Experienced discrimination
Region Total		**2.8%**	**15%**
Gender	Male	2.5%	DS
	Female	2.9%	DS
Age groups	18-34	1.7%	DS
	35-44	4.7%	DS
	45-54	3.7%	DS
	55-64	1.3%	DS
	65-74	2.2%	DS
	75+	DS	DS
Education	High school graduate/GED or less	5.6%	DS
	Trade/Voc, Associate degree or some college	2.3%	DS
	Bachelor's degree	2.5%	DS
	Graduate or professional degree	3.0%	DS
Poverty 200%	200% poverty or less	3.7%	DS
	Greater than 200% poverty	2.8%	DS
Local Comparisons	Benton	5.2%	DS
	Sherburne	5.2%	DS
	Stearns	1.3%	DS
	St. Cloud	2.5%	DS

139. Experienced discrimination during any of the following situations:
applying for a job, working at a job, receiving medical care, looking for a different house or apartment, applying for a credit card, bank loan or a mortgage, shopping at a store or eating at a restaurant, applying for social services or public assistance, dealing with the police

		Experienced discrimination	Did not experience discrimination
Region Total		**20.7%**	**79.3%**
Gender	Male	14.8%	85.2%
	Female	21.8%	78.2%
Age groups	18-34	28.3%	71.7%
	35-44	21.9%	78.1%
	45-54	20.8%	79.2%
	55-64	19.7%	80.3%
	65-74	15.2%	84.8%
	75+	DS	DS
Education	High school graduate/GED or less	38.8%	61.2%
	Trade/Voc, Associate degree or some college	18.1%	81.9%
	Bachelor's degree	20.3%	79.7%
	Graduate or professional degree	19.6%	80.4%
Poverty 200%	200% poverty or less	38.6%	61.4%
	Greater than 200% poverty	18.8%	81.2%
Local Comparisons	Benton	17.7%	82.3%
	Sherburne	17.2%	82.8%
	Stearns	22.7%	77.3%
	St. Cloud	22.4%	77.6%

140. If you felt discriminated against in any of the above situations, what was the reason(s)? (mark all that apply)

	Checked
Region Total	
I did not experience any discrimination	79.3%
Race, color, ethnicity, or country of origin	5.4%
Age	7.4%
Gender	6.0%
Sexual orientation	1.5%
Gender identity	0.2%
Disability	2.6%
Religion	2.8%
Being overweight or obese	5.3%
Other	5.0%

141. If you felt discriminated against in any of the above situations, what was the reason(s)?
Race, color, ethnicity or country of origin

		Checked
Region Total		**5.4%**
Gender	Male	5.6%
	Female	5.5%
Age groups	18-34	7.1%
	35-44	7.3%
	45-54	5.4%
	55-64	2.9%
	65-74	5.1%
	75+	DS
Education	High school graduate/GED or less	20.4%
	Trade/Voc, Associate degree or some college	3.4%
	Bachelor's degree	5.5%
	Graduate or professional degree	3.4%
Poverty 200%	200% poverty or less	15.7%
	Greater than 200% poverty	4.3%
Local Comparisons	Benton	4.4%
	Sherburne	2.3%
	Stearns	6.5%
	St. Cloud	6.2%

142. If you felt discriminated against in any of the above situations, what was the reason(s)?
Age

		Checked
Region Total		**7.4%**
Gender	Male	5.6%
	Female	7.9%
Age groups	18-34	11.5%
	35-44	2.2%
	45-54	6.7%
	55-64	10.2%
	65-74	8.9%
	75+	DS
Education	High school graduate/GED or less	8.2%
	Trade/Voc, Associate degree or some college	7.8%
	Bachelor's degree	6.5%
	Graduate or professional degree	8.1%
Poverty 200%	200% poverty or less	11.4%
	Greater than 200% poverty	7.0%
Local Comparisons	Benton	3.8%
	Sherburne	8.0%
	Stearns	8.7%
	St. Cloud	8.1%

**143. If you felt discriminated against in any of the above situations, what was the reason(s)?
Gender**

		Checked
Region Total		**6.0%**
Gender	Male	1.9%
	Female	6.8%
Age groups	18-34	11.5%
	35-44	5.8%
	45-54	4.0%
	55-64	5.8%
	65-74	5.1%
	75+	DS
Education	High school graduate/GED or less	4.1%
	Trade/Voc, Associate degree or some college	3.9%
	Bachelor's degree	6.0%
	Graduate or professional degree	10.1%
Poverty 200%	200% poverty or less	10.0%
	Greater than 200% poverty	5.7%
Local Comparisons	Benton	3.2%
	Sherburne	5.7%
	Stearns	7.2%
	St. Cloud	7.0%

144. If you felt discriminated against in any of the above situations, what was the reason(s)?
Sexual orientation

		Checked
Region Total		**1.5%**
Gender	Male	2.8%
	Female	1.1%
Age groups	18-34	5.3%
	35-44	0.7%
	45-54	1.3%
	55-64	0.7%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	2.0%
	Trade/Voc, Associate degree or some college	0.9%
	Bachelor's degree	1.8%
	Graduate or professional degree	2.0%
Poverty 200%	200% poverty or less	4.3%
	Greater than 200% poverty	1.3%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	2.5%
	St. Cloud	2.4%

145. If you felt discriminated against in any of the above situations, what was the reason(s)?
Gender identity

		Checked
Region Total		**0.2%**
Gender	Male	0.0%
	Female	0.2%
Age groups	18-34	0.9%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	2.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.4%
	Greater than 200% poverty	0.0%
Local Comparisons	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.2%
	St. Cloud	0.3%

146. If you felt discriminated against in any of the above situations, what was the reason(s)?
Disability

		Checked
Region Total		**2.6%**
Gender	Male	1.9%
	Female	2.6%
Age groups	18-34	3.5%
	35-44	2.9%
	45-54	2.7%
	55-64	1.5%
	65-74	2.5%
	75+	DS
Education	High school graduate/GED or less	4.1%
	Trade/Voc, Associate degree or some college	2.6%
	Bachelor's degree	3.2%
	Graduate or professional degree	1.4%
Poverty 200%	200% poverty or less	5.7%
	Greater than 200% poverty	2.3%
Local Comparisons	Benton	2.5%
	Sherburne	4.6%
	Stearns	2.2%
	St. Cloud	2.7%

**147. If you felt discriminated against in any of the above situations, what was the reason(s)?
Religion**

		Checked
Region Total		**2.8%**
Gender	Male	3.7%
	Female	2.6%
Age groups	18-34	4.4%
	35-44	3.6%
	45-54	2.7%
	55-64	1.5%
	65-74	1.3%
	75+	DS
Education	High school graduate/GED or less	14.3%
	Trade/Voc, Associate degree or some college	1.3%
	Bachelor's degree	1.4%
	Graduate or professional degree	3.4%
Poverty 200%	200% poverty or less	10.0%
	Greater than 200% poverty	2.0%
Local Comparisons	Benton	1.3%
	Sherburne	0.0%
	Stearns	4.0%
	St. Cloud	3.5%

**148. If you felt discriminated against in any of the above situations, what was the reason(s)?
Being overweight or obese**

		Checked
Region Total		**5.3%**
Gender	Male	1.9%
	Female	5.8%
Age groups	18-34	4.4%
	35-44	9.5%
	45-54	4.7%
	55-64	5.8%
	65-74	1.3%
	75+	DS
Education	High school graduate/GED or less	10.2%
	Trade/Voc, Associate degree or some college	4.7%
	Bachelor's degree	5.1%
	Graduate or professional degree	4.7%
Poverty 200%	200% poverty or less	15.7%
	Greater than 200% poverty	3.9%
Local Comparisons	Benton	5.7%
	Sherburne	3.4%
	Stearns	5.5%
	St. Cloud	6.8%

149. If you felt discriminated against in any of the above situations, what was the reason(s)? Other

		Checked
Region Total		**5.0%**
Gender	Male	2.8%
	Female	5.5%
Age groups	18-34	6.2%
	35-44	4.4%
	45-54	6.0%
	55-64	5.1%
	65-74	2.5%
	75+	DS
Education	High school graduate/GED or less	12.2%
	Trade/Voc, Associate degree or some college	5.2%
	Bachelor's degree	5.1%
	Graduate or professional degree	2.0%
Poverty 200%	200% poverty or less	8.6%
	Greater than 200% poverty	4.7%
Local Comparisons	Benton	5.7%
	Sherburne	9.2%
	Stearns	3.7%
	St. Cloud	3.2%

150. Do you use any of the following products?

	Current user
Region Total	**9.4%**
Cigarettes	6.5%
Cigars, cigarillos or little cigars	1.9%
Pipe	0.1 %
Snuff, snus or chewing tobacco	0.1%
E-cigarettes or vaping devices to smoke nicotine products	2.7%
A hookah water pipe	0.4%
Any other type of tobacco product	2.9%

151. Cigarette smoking status

		Current smoker	Former smoker	Never smoked
Region Total		**6.5%**	**26.1%**	**67.4%**
Gender	Male	8.1%	35.8%	56.1%
	Female	6.3%	24.0%	69.7%
Age groups	18-34	5.8%	12.4%	81.8%
	35-44	7.2%	26.8%	66.0%
	45-54	7.2%	25.9%	66.9%
	55-64	8.0%	24.1%	67.9%
	65-74	5.2%	41.2%	53.6%
	75+	DS	DS	DS
Education	High school graduate/GED or less	9.1%	25.5%	65.5%
	Trade/Voc, Associate degree or some college	9.9%	32.7%	57.4%
	Bachelor's degree	6.1%	25.2%	68.7%
	Graduate or professional degree	1.2%	17.2%	81.7%
Poverty 200%	200% poverty or less	6.1%	34.1%	59.8%
	Greater than 200% poverty	6.7%	25.2%	68.1%
Local Comparisons	Benton	8.4%	29.1%	62.6%
	Sherburne	6.0%	29.0%	65.0%
	Stearns	5.9%	24.2%	69.8%
	St. Cloud	6.3%	26.7%	67.0%

152. Quit cigarette smoking for one day or more during the past 12 months, among current smokers

		Yes
Region Total		**42.6%**
Gender	Male	DS
	Female	37.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	60.0%
Local Comparisons	Benton	42.9%
	Sherburne	DS
	Stearns	37.0%
	St. Cloud	36.0%

153. Cigar smoking status

		Non-smoker	Current smoker
Region Total		**98.1%**	**1.9%**
Gender	Male	95.1%	4.9%
	Female	98.7%	1.3%
Age groups	18-34	97.5%	2.5%
	35-44	98.7%	1.3%
	45-54	97.6%	2.4%
	55-64	97.5%	2.5%
	65-74	99.0%	1.0%
	75+	DS	DS
Education	High school graduate/GED or less	96.3%	3.7%
	Trade/Voc, Associate degree or some college	97.3%	2.7%
	Bachelor's degree	98.4%	1.6%
	Graduate or professional degree	99.4%	0.6%
Poverty 200%	200% poverty or less	96.3%	3.7%
	Greater than 200% poverty	98.4%	1.6%
Local Comparisons	Benton	97.8%	2.2%
	Sherburne	99.0%	1.0%
	Stearns	98.0%	2.0%
	St. Cloud	98.3%	1.7%

154. Pipe smoking status

		Non-smoker	Current smoker
Region Total		**99.9%**	**0.1%**
Gender	Male	100.0%	0.0%
	Female	99.8%	0.2%
Age groups	18-34	100.0%	0.0%
	35-44	99.3%	0.7%
	45-54	100.0%	0.0%
	55-64	100.0%	0.0%
	65-74	100.0%	0.0%
	75+	DS	DS
Education	High school graduate/GED or less	100.0%	0.0%
	Trade/Voc, Associate degree or some college	99.6%	0.4%
	Bachelor's degree	100.0%	0.0%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	98.8%	1.2%
	Greater than 200% poverty	100.0%	0.0%
Local Comparisons	Benton	100.0%	0.0%
	Sherburne	100.0%	0.0%
	Stearns	99.8%	0.2%
	St. Cloud	99.8%	0.2%

155. Smokeless tobacco use status (snuff, snus or chewing tobacco)

		Non-user	Current user
Region Total		**99.9%**	**0.1%**
Gender	Male	100.0%	0.0%
	Female	99.8%	0.2%
Age groups	18-34	99.2%	0.8%
	35-44	100.0%	0.0%
	45-54	100.0%	0.0%
	55-64	100.0%	0.0%
	65-74	100.0%	0.0%
	75+	DS	DS
Education	High school graduate/GED or less	100.0%	0.0%
	Trade/Voc, Associate degree or some college	100.0%	0.0%
	Bachelor's degree	99.6%	0.4%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	98.8%	1.2%
	Greater than 200% poverty	100.0%	0.0%
Local Comparisons	Benton	100.0%	0.0%
	Sherburne	100.0%	0.0%
	Stearns	99.8%	0.2%
	St. Cloud	100.0%	0.0%

156. E-cigarette use status (e-cigarettes or vaping devices to smoke nicotine products)

		Non-smoker	Current smoker
Region Total		**97.3%**	**2.7%**
Gender	Male	94.3%	5.7%
	Female	97.8%	2.2%
Age groups	18-34	89.9%	10.1%
	35-44	98.0%	2.0%
	45-54	98.8%	1.2%
	55-64	98.1%	1.9%
	65-74	100.0%	0.0%
	75+	DS	DS
Education	High school graduate/GED or less	92.6%	7.4%
	Trade/Voc, Associate degree or some college	96.6%	3.4%
	Bachelor's degree	97.2%	2.8%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	91.4%	8.6%
	Greater than 200% poverty	97.9%	2.1%
Local Comparisons	Benton	96.6%	3.4%
	Sherburne	97.0%	3.0%
	Stearns	97.6%	2.4%
	St. Cloud	97.8%	2.2%

157. Hookah use status

		Non-user	Current user
Region Total		**99.6%**	**0.4%**
Gender	Male	100.0%	0.0%
	Female	99.5%	0.5%
Age groups	18-34	99.2%	0.8%
	35-44	99.3%	0.7%
	45-54	99.4%	0.6%
	55-64	100.0%	0.0%
	65-74	100.0%	0.0%
	75+	DS	DS
Education	High school graduate/GED or less	98.2%	1.8%
	Trade/Voc, Associate degree or some college	99.6%	0.4%
	Bachelor's degree	99.6%	0.4%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	96.3%	3.7%
	Greater than 200% poverty	100.0%	0.0%
		100.0%	0.0%
Local Comparisons	Benton	100.0%	0.0%
	Sherburne	100.0%	0.0%
	Stearns	99.3%	0.7%
	St. Cloud	99.5%	0.5%

158. Other tobacco use

		Non-user	Current user
Region Total		**97.1%**	**2.9%**
Gender	Male	99.2%	0.8%
	Female	96.7%	3.3%
Age groups	18-34	97.5%	2.5%
	35-44	95.4%	4.6%
	45-54	97.0%	3.0%
	55-64	98.7%	1.3%
	65-74	95.9%	4.1%
	75+	DS	DS
Education	High school graduate/GED or less	98.1%	1.9%
	Trade/Voc, Associate degree or some college	95.5%	4.5%
	Bachelor's degree	97.1%	2.9%
	Graduate or professional degree	99.4%	0.6%
Poverty 200%	200% poverty or less	98.7%	1.3%
	Greater than 200% poverty	96.8%	3.2%
Local Comparisons	Benton	96.6%	3.4%
	Sherburne	95.9%	4.1%
	Stearns	97.6%	2.4%
	St. Cloud	97.3%	2.7%

159. Any tobacco use (including e-cigarettes)

		Non-user	Current user
Region Total		**90.6%**	**9.4%**
Gender	Male	85.4%	14.6%
	Female	91.5%	8.5%
Age groups	18-34	85.7%	14.3%
	35-44	90.8%	9.2%
	45-54	91.0%	9.0%
	55-64	90.1%	9.9%
	65-74	92.9%	7.1%
	75+	DS	DS
Education	High school graduate/GED or less	85.2%	14.8%
	Trade/Voc, Associate degree or some college	85.7%	14.3%
	Bachelor's degree	91.5%	8.5%
	Graduate or professional degree	98.8%	1.2%
Poverty 200%	200% poverty or less	87.7%	12.3%
	Greater than 200% poverty	90.9%	9.1%
Local Comparisons	Benton	89.4%	10.6%
	Sherburne	89.9%	10.1%
	Stearns	91.2%	8.8%
	St. Cloud	91.5%	8.5%

160. How often do you feel lonely or isolated from those around you?

		Always	Often	Sometimes	Rarely	Never
Region Total		**1.9%**	**10.5%**	**26.4%**	**36.8%**	**24.2%**
Gender	Male	2.5%	14.0%	16.5%	31.4%	35.5%
	Female	1.7%	10.0%	28.4%	38.1%	21.9%
Age groups	18-34	5.0%	10.8%	30.0%	33.3%	20.8%
	35-44	2.0%	12.8%	30.9%	38.3%	16.1%
	45-54	1.2%	13.3%	31.3%	33.1%	21.1%
	55-64	1.2%	6.7%	20.9%	44.2%	27.0%
	65-74	0.0%	8.2%	17.5%	35.1%	39.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	3.6%	14.3%	30.4%	32.1%	19.6%
	Trade/Voc, Associate degree or some college	2.6%	10.2%	24.8%	36.5%	25.9%
	Bachelor's degree	1.7%	14.0%	27.3%	36.4%	20.7%
	Graduate or professional degree	0.6%	4.8%	26.5%	39.8%	28.3%
Poverty 200%	200% poverty or less	4.9%	15.9%	35.4%	29.3%	14.6%
	Greater than 200% poverty	1.6%	9.8%	25.8%	37.8%	25.1%
Local Comparisons	Benton	2.3%	13.6%	27.1%	37.3%	19.8%
	Sherburne	3.0%	8.0%	21.0%	41.0%	27.0%
	Stearns	1.5%	9.9%	27.4%	35.8%	25.4%
	St. Cloud	1.7%	13.2%	27.6%	34.4%	23.2%

161. Have you ever considered attempting suicide? (mark ALL that apply)

	Checked
Region Total	
No	80.8%
Yes, during the last 6 months	3.2%
Yes, during the last year	3.1%
Yes, more than a year ago	16.0%

162. Have you ever considered attempting suicide?
No

		Checked
Region Total		**80.8%**
Gender	Male	80.5%
	Female	81.0%
Age groups	18-34	77.7%
	35-44	82.4%
	45-54	73.1%
	55-64	83.4%
	65-74	85.9%
	75+	DS
Education	High school graduate/GED or less	75.0%
	Trade/Voc, Associate degree or some college	78.3%
	Bachelor's degree	78.9%
	Graduate or professional degree	89.3%
Poverty 200%	200% poverty or less	67.1%
	Greater than 200% poverty	82.3%
Local Comparisons	Benton	82.7%
	Sherburne	79.0%
	Stearns	80.4%
	St. Cloud	79.5%

163. Have you ever considered attempting suicide?
Yes, during the last 6 months

		Checked
Region Total		**3.2%**
Gender	Male	4.1%
	Female	3.1%
Age groups	18-34	5.8%
	35-44	1.3%
	45-54	5.4%
	55-64	2.5%
	65-74	1.0%
	75+	DS
Education	High school graduate/GED or less	1.8%
	Trade/Voc, Associate degree or some college	5.2%
	Bachelor's degree	2.8%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	6.1%
	Greater than 200% poverty	2.8%
Local Comparisons	Benton	3.9%
	Sherburne	5.0%
	Stearns	2.6%
	St. Cloud	3.4%

164. Have you ever considered attempting suicide?
Yes, during the last year

		Checked
Region Total		**3.1%**
Gender	Male	2.4%
	Female	3.3%
Age groups	18-34	4.1%
	35-44	2.0%
	45-54	4.8%
	55-64	2.5%
	65-74	2.0%
	75+	DS
Education	High school graduate/GED or less	1.8%
	Trade/Voc, Associate degree or some college	4.9%
	Bachelor's degree	2.8%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	4.9%
	Greater than 200% poverty	2.8%
Local Comparisons	Benton	4.5%
	Sherburne	5.0%
	Stearns	2.2%
	St. Cloud	2.7%

165. Have you ever considered attempting suicide?
Yes, more than a year ago

		Checked
Region Total		**16.0%**
Gender	Male	16.3%
	Female	15.8%
Age groups	18-34	19.0%
	35-44	15.7%
	45-54	19.8%
	55-64	13.5%
	65-74	15.2%
	75+	DS
Education	High school graduate/GED or less	25.0%
	Trade/Voc, Associate degree or some college	18.4%
	Bachelor's degree	16.6%
	Graduate or professional degree	8.3%
Poverty 200%	200% poverty or less	28.0%
	Greater than 200% poverty	14.7%
Local Comparisons	Benton	13.4%
	Sherburne	14.0%
	Stearns	17.4%
	St. Cloud	17.8%

166. Have you experienced any losses related to the COVID-19 pandemic? (mark ALL that apply)

	Checked
Region Total	
None	22.6%
Job (layoff, furlough, hours reduction)	12.8%
Income	17.9%
Housing	0.3%
Health Insurance	1.9%
Transportation	0.8%
Child care	4.6%
Regular school routine	21.1%
Social connectedness	55.8%
Social support	23.5%
Sense of wellness	25.6%
Recreation or entertainment	51.7%
Exercise opportunities	27.3%
Death of a family member or friend	25.5%
Other	4.0%

167. Have you experienced any losses related to the COVID-19 pandemic?

		No losses due to COVID	Any losses due to COVID
Region Total		**22.6%**	**77.4%**
Gender	Male	31.7%	68.3%
	Female	20.6%	79.4%
Age groups	18-34	21.7%	78.3%
	35-44	16.4%	83.6%
	45-54	21.1%	78.9%
	55-64	25.9%	74.1%
	65-74	28.3%	71.7%
	75+	DS	DS
Education	High school graduate/GED or less	33.3%	66.7%
	Trade/Voc, Associate degree or some college	30.6%	69.4%
	Bachelor's degree	15.4%	84.6%
	Graduate or professional degree	17.3%	82.7%
Poverty 200%	200% poverty or less	22.5%	77.5%
	Greater than 200% poverty	21.9%	78.1%
Local Comparisons	Benton	25.3%	74.7%
	Sherburne	19.0%	81.0%
	Stearns	22.4%	77.6%
	St. Cloud	20.9%	79.1%

168. Have you experienced any losses related to the COVID-19 pandemic?
Job (lay off, furlough, hours reduction)

		Checked
Region Total		**12.8%**
Gender	Male	14.2%
	Female	12.5%
Age groups	18-34	17.5%
	35-44	11.8%
	45-54	15.1%
	55-64	11.1%
	65-74	12.1%
	75+	DS
Education	High school graduate/GED or less	13.0%
	Trade/Voc, Associate degree or some college	13.6%
	Bachelor's degree	11.8%
	Graduate or professional degree	13.1%
Poverty 200%	200% poverty or less	16.3%
	Greater than 200% poverty	12.4%
Local Comparisons	Benton	16.3%
	Sherburne	8.0%
	Stearns	12.5%
	St. Cloud	12.9%

169. Have you experienced any losses related to the COVID-19 pandemic?
Income

		Checked
Region Total		**17.9%**
Gender	Male	19.2%
	Female	17.3%
Age groups	18-34	18.3%
	35-44	16.4%
	45-54	25.3%
	55-64	17.3%
	65-74	14.1%
	75+	DS
Education	High school graduate/GED or less	16.7%
	Trade/Voc, Associate degree or some college	17.0%
	Bachelor's degree	15.9%
	Graduate or professional degree	22.6%
Poverty 200%	200% poverty or less	16.3%
	Greater than 200% poverty	18.3%
Local Comparisons	Benton	18.5%
	Sherburne	14.0%
	Stearns	18.5%
	St. Cloud	18.7%

170. Have you experienced any losses related to the COVID-19 pandemic?
Housing

		Checked
Region Total		**0.3%**
Gender	Male	0.0%
	Female	0.3%
Age groups	18-34	0.8%
	35-44	0.7%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.4%
	Bachelor's degree	0.4%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	0.2%
Local Comparisons	Benton	0.6%
	Sherburne	0.0%
	Stearns	0.2%
	St. Cloud	0.2%

171. Have you experienced any losses related to the COVID-19 pandemic?
Health insurance

		Checked
Region Total		**1.9%**
Gender	Male	0.8%
	Female	2.1%
Age groups	18-34	1.7%
	35-44	2.0%
	45-54	3.6%
	55-64	1.2%
	65-74	1.0%
	75+	DS
Education	High school graduate/GED or less	1.9%
	Trade/Voc, Associate degree or some college	2.3%
	Bachelor's degree	1.2%
	Graduate or professional degree	2.4%
Poverty 200%	200% poverty or less	3.8%
	Greater than 200% poverty	1.6%
Local Comparisons	Benton	3.9%
	Sherburne	3.0%
	Stearns	0.9%
	St. Cloud	1.5%

172. Have you experienced any losses related to the COVID-19 pandemic?
Transportation

		Checked
Region Total		**0.8%**
Gender	Male	1.7%
	Female	0.5%
Age groups	18-34	0.8%
	35-44	1.3%
	45-54	0.6%
	55-64	0.6%
	65-74	1.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	1.1%
	Bachelor's degree	1.2%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	3.8%
	Greater than 200% poverty	0.5%
Local Comparisons	Benton	1.1%
	Sherburne	0.0%
	Stearns	0.9%
	St. Cloud	1.0%

173. Have you experienced any losses related to the COVID-19 pandemic?
Child care

		Checked
Region Total		**4.6%**
Gender	Male	3.3%
	Female	5.0%
Age groups	18-34	11.7%
	35-44	8.6%
	45-54	3.6%
	55-64	0.0%
	65-74	0.0%
	75+	DS
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	5.3%
	Bachelor's degree	3.3%
	Graduate or professional degree	7.1%
Poverty 200%	200% poverty or less	6.3%
	Greater than 200% poverty	4.3%
Local Comparisons	Benton	3.4%
	Sherburne	6.0%
	Stearns	4.8%
	St. Cloud	4.1%

174. Have you experienced any losses related to the COVID-19 pandemic?
Regular school routine

		Checked
Region Total		**21.1%**
Gender	Male	15.0%
	Female	22.6%
Age groups	18-34	21.7%
	35-44	46.7%
	45-54	25.3%
	55-64	5.6%
	65-74	5.1%
	75+	DS
Education	High school graduate/GED or less	7.4%
	Trade/Voc, Associate degree or some college	17.7%
	Bachelor's degree	28.9%
	Graduate or professional degree	19.6%
Poverty 200%	200% poverty or less	27.5%
	Greater than 200% poverty	20.8%
Local Comparisons	Benton	28.7%
	Sherburne	23.0%
	Stearns	17.8%
	St. Cloud	19.7%

175. Have you experienced any losses related to the COVID-19 pandemic?
Social connectedness

		Checked
Region Total		**55.8%**
Gender	Male	50.8%
	Female	57.1%
Age groups	18-34	56.7%
	35-44	63.8%
	45-54	57.8%
	55-64	46.9%
	65-74	51.5%
	75+	DS
Education	High school graduate/GED or less	35.2%
	Trade/Voc, Associate degree or some college	44.9%
	Bachelor's degree	64.2%
	Graduate or professional degree	67.3%
Poverty 200%	200% poverty or less	48.8%
	Greater than 200% poverty	57.7%
Local Comparisons	Benton	54.5%
	Sherburne	57.0%
	Stearns	56.0%
	St. Cloud	59.2%

176. Have you experienced any losses related to the COVID-19 pandemic?
Social support

		Checked
Region Total		**23.5%**
Gender	Male	12.5%
	Female	25.6%
Age groups	18-34	25.8%
	35-44	30.3%
	45-54	22.3%
	55-64	18.5%
	65-74	17.2%
	75+	DS
Education	High school graduate/GED or less	14.8%
	Trade/Voc, Associate degree or some college	18.9%
	Bachelor's degree	30.9%
	Graduate or professional degree	22.6%
Poverty 200%	200% poverty or less	25.0%
	Greater than 200% poverty	24.0%
Local Comparisons	Benton	21.9%
	Sherburne	24.0%
	Stearns	24.0%
	St. Cloud	26.0%

177. Have you experienced any losses related to the COVID-19 pandemic?
Sense of wellness

		Checked
Region Total		**25.6%**
Gender	Male	24.2%
	Female	25.9%
Age groups	18-34	30.8%
	35-44	27.6%
	45-54	33.1%
	55-64	18.5%
	65-74	14.1%
	75+	DS
Education	High school graduate/GED or less	16.7%
	Trade/Voc, Associate degree or some college	21.9%
	Bachelor's degree	30.1%
	Graduate or professional degree	28.0%
Poverty 200%	200% poverty or less	30.0%
	Greater than 200% poverty	25.4%
Local Comparisons	Benton	28.1%
	Sherburne	29.0%
	Stearns	24.0%
	St. Cloud	28.4%

178. Have you experienced any losses related to the COVID-19 pandemic?
Recreation or entertainment

		Checked
Region Total		**51.7%**
Gender	Male	45.0%
	Female	53.1%
Age groups	18-34	52.5%
	35-44	58.6%
	45-54	59.0%
	55-64	43.8%
	65-74	40.4%
	75+	DS
Education	High school graduate/GED or less	25.9%
	Trade/Voc, Associate degree or some college	46.8%
	Bachelor's degree	61.0%
	Graduate or professional degree	54.2%
Poverty 200%	200% poverty or less	47.5%
	Greater than 200% poverty	53.1%
Local Comparisons	Benton	44.9%
	Sherburne	56.0%
	Stearns	53.4%
	St. Cloud	54.1%

179. Have you experienced any losses related to the COVID-19 pandemic?
Exercise opportunities

		Checked
Region Total		**27.3%**
Gender	Male	20.8%
	Female	28.7%
Age groups	18-34	30.8%
	35-44	28.9%
	45-54	30.7%
	55-64	23.5%
	65-74	21.2%
	75+	DS
Education	High school graduate/GED or less	14.8%
	Trade/Voc, Associate degree or some college	21.1%
	Bachelor's degree	35.8%
	Graduate or professional degree	28.6%
Poverty 200%	200% poverty or less	28.8%
	Greater than 200% poverty	28.0%
Local Comparisons	Benton	23.0%
	Sherburne	23.0%
	Stearns	29.9%
	St. Cloud	31.3%

180. Have you experienced any losses related to the COVID-19 pandemic?
Death of a family member or friend

		Checked
Region Total		**25.2%**
Gender	Male	18.3%
	Female	26.7%
Age groups	18-34	16.7%
	35-44	25.7%
	45-54	27.1%
	55-64	23.5%
	65-74	30.3%
	75+	DS
Education	High school graduate/GED or less	33.3%
	Trade/Voc, Associate degree or some college	21.5%
	Bachelor's degree	26.0%
	Graduate or professional degree	27.4%
Poverty 200%	200% poverty or less	30.0%
	Greater than 200% poverty	24.6%
Local Comparisons	Benton	22.5%
	Sherburne	25.0%
	Stearns	26.4%
	St. Cloud	25.5%

181. Have you experienced any losses related to the COVID-19 pandemic?
Other

		Checked
Region Total		**4.0%**
Gender	Male	1.7%
	Female	4.3%
Age groups	18-34	1.7%
	35-44	3.3%
	45-54	4.2%
	55-64	4.3%
	65-74	6.1%
	75+	DS
Education	High school graduate/GED or less	5.6%
	Trade/Voc, Associate degree or some college	1.5%
	Bachelor's degree	4.9%
	Graduate or professional degree	6.0%
Poverty 200%	200% poverty or less	2.5%
	Greater than 200% poverty	4.1%
Local Comparisons	Benton	3.9%
	Sherburne	2.0%
	Stearns	4.4%
	St. Cloud	4.1%

182. Where do you usually get health, wellness, and medical information?
(Please mark UP TO 3 sources)

	Checked
Region Total	
E-mail alert or e-newsletter	26.8%
Newspaper (print or online)	15.3%
Brochure, newsletter, magazine or other print material	11.2%
Text message	3.4%
Social media such as Facebook or Twitter	19.4%
Websites or internet	59.7%
Phone apps	8.4%
Nurse or other health professional at a church, synagogue, mosque, etc.	7.6%
Television	16.4%
Radio	7.3%
Medical professionals	70.6%
Pharmacy	19.7%
Community Health Worker	1.7%
Family and Friends	26.8%
Health fairs or other health-related community events	5.1%
Other	4.1%

183. Where do you usually get health, wellness, and medical information?
E-mail alert or e-newsletter

		Checked
Region Total		**26.8%**
Gender	Male	20.2%
	Female	28.2%
Age groups	18-34	19.8%
	35-44	21.5%
	45-54	30.3%
	55-64	31.1%
	65-74	27.6%
	75+	DS
Education	High school graduate/GED or less	29.1%
	Trade/Voc, Associate degree or some college	27.7%
	Bachelor's degree	25.0%
	Graduate or professional degree	27.1%
Poverty 200%	200% poverty or less	23.1%
	Greater than 200% poverty	26.6%
Local Comparisons	Benton	23.9%
	Sherburne	27.0%
	Stearns	27.8%
	St. Cloud	29.2%

184. Where do you usually get health, wellness, and medical information?
Newspaper (print or online)

		Checked
Region Total		**15.3%**
Gender	Male	18.5%
	Female	14.8%
Age groups	18-34	9.5%
	35-44	16.1%
	45-54	10.3%
	55-64	14.3%
	65-74	27.6%
	75+	DS
Education	High school graduate/GED or less	7.3%
	Trade/Voc, Associate degree or some college	14.4%
	Bachelor's degree	14.6%
	Graduate or professional degree	20.5%
Poverty 200%	200% poverty or less	11.5%
	Greater than 200% poverty	15.2%
Local Comparisons	Benton	8.5%
	Sherburne	11.0%
	Stearns	18.9%
	St. Cloud	15.7%

185. Where do you usually get health, wellness, and medical information?
Brochure, newsletter, magazine or other print material

		Checked
Region Total		**11.2%**
Gender	Male	10.9%
	Female	11.2%
Age groups	18-34	4.3%
	35-44	8.7%
	45-54	7.9%
	55-64	13.7%
	65-74	20.4%
	75+	DS
Education	High school graduate/GED or less	5.5%
	Trade/Voc, Associate degree or some college	12.1%
	Bachelor's degree	10.8%
	Graduate or professional degree	12.0%
Poverty 200%	200% poverty or less	7.7%
	Greater than 200% poverty	11.7%
Local Comparisons	Benton	7.4%
	Sherburne	11.0%
	Stearns	12.7%
	St. Cloud	10.8%

186. Where do you usually get health, wellness, and medical information?
Text message

		Checked
Region Total		**3.4%**
Gender	Male	3.4%
	Female	3.5%
Age groups	18-34	0.9%
	35-44	4.0%
	45-54	3.6%
	55-64	2.5%
	65-74	6.1%
	75+	DS
Education	High school graduate/GED or less	5.5%
	Trade/Voc, Associate degree or some college	1.9%
	Bachelor's degree	4.2%
	Graduate or professional degree	4.2%
Poverty 200%	200% poverty or less	7.7%
	Greater than 200% poverty	3.0%
Local Comparisons	Benton	2.8%
	Sherburne	3.0%
	Stearns	3.8%
	St. Cloud	3.2%

187. Where do you usually get health, wellness, and medical information?
Social media such as Facebook or Twitter

		Checked
Region Total		**19.4%**
Gender	Male	16.0%
	Female	20.3%
Age groups	18-34	33.6%
	35-44	22.1%
	45-54	24.2%
	55-64	8.1%
	65-74	13.3%
	75+	DS
Education	High school graduate/GED or less	16.4%
	Trade/Voc, Associate degree or some college	20.5%
	Bachelor's degree	20.0%
	Graduate or professional degree	18.1%
Poverty 200%	200% poverty or less	16.7%
	Greater than 200% poverty	20.1%
Local Comparisons	Benton	26.7%
	Sherburne	11.0%
	Stearns	18.5%
	St. Cloud	17.9%

188. Where do you usually get health, wellness, and medical information?
Websites or internet

		Checked
Region Total		**59.7%**
Gender	Male	58.0%
	Female	60.3%
Age groups	18-34	56.9%
	35-44	61.1%
	45-54	62.4%
	55-64	56.5%
	65-74	61.2%
	75+	DS
Education	High school graduate/GED or less	38.2%
	Trade/Voc, Associate degree or some college	55.3%
	Bachelor's degree	68.3%
	Graduate or professional degree	61.4%
Poverty 200%	200% poverty or less	39.7%
	Greater than 200% poverty	62.6%
Local Comparisons	Benton	60.8%
	Sherburne	62.0%
	Stearns	58.8%
	St. Cloud	58.5%

189. Where do you usually get health, wellness, and medical information?
Phone apps

		Checked
Region Total		**8.4%**
Gender	Male	9.2%
	Female	8.2%
Age groups	18-34	12.1%
	35-44	12.8%
	45-54	8.5%
	55-64	3.1%
	65-74	4.1%
	75+	DS
Education	High school graduate/GED or less	1.8%
	Trade/Voc, Associate degree or some college	9.8%
	Bachelor's degree	7.9%
	Graduate or professional degree	9.0%
Poverty 200%	200% poverty or less	7.7%
	Greater than 200% poverty	8.8%
Local Comparisons	Benton	10.2%
	Sherburne	9.0%
	Stearns	7.6%
	St. Cloud	7.6%

190. Where do you usually get health, wellness, and medical information?
Nurse or other health professional at a church, synagogue, mosque, etc.

		Checked
Region Total		**7.6%**
Gender	Male	4.2%
	Female	8.3%
Age groups	18-34	6.0%
	35-44	8.1%
	45-54	9.1%
	55-64	6.8%
	65-74	7.1%
	75+	DS
Education	High school graduate/GED or less	7.3%
	Trade/Voc, Associate degree or some college	7.6%
	Bachelor's degree	9.6%
	Graduate or professional degree	4.8%
Poverty 200%	200% poverty or less	7.7%
	Greater than 200% poverty	7.7%
Local Comparisons	Benton	6.3%
	Sherburne	7.0%
	Stearns	8.2%
	St. Cloud	8.6%

191. Where do you usually get health, wellness, and medical information?
Television

		Checked
Region Total		**16.4%**
Gender	Male	17.6%
	Female	16.3%
Age groups	18-34	8.6%
	35-44	14.1%
	45-54	17.0%
	55-64	18.6%
	65-74	24.5%
	75+	DS
Education	High school graduate/GED or less	12.7%
	Trade/Voc, Associate degree or some college	16.7%
	Bachelor's degree	17.9%
	Graduate or professional degree	15.1%
Poverty 200%	200% poverty or less	17.9%
	Greater than 200% poverty	15.7%
Local Comparisons	Benton	13.6%
	Sherburne	14.0%
	Stearns	18.0%
	St. Cloud	15.7%

192. Where do you usually get health, wellness, and medical information?
Radio

		Checked
Region Total		**7.3%**
Gender	Male	10.1%
	Female	6.8%
Age groups	18-34	6.0%
	35-44	4.0%
	45-54	10.3%
	55-64	5.6%
	65-74	10.2%
	75+	DS
Education	High school graduate/GED or less	9.1%
	Trade/Voc, Associate degree or some college	5.7%
	Bachelor's degree	7.5%
	Graduate or professional degree	9.0%
Poverty 200%	200% poverty or less	9.0%
	Greater than 200% poverty	7.1%
Local Comparisons	Benton	5.1%
	Sherburne	4.0%
	Stearns	8.9%
	St. Cloud	6.9%

193. Where do you usually get health, wellness, and medical information?
Medical professionals

		Checked
Region Total		**70.6%**
Gender	Male	68.9%
	Female	71.0%
Age groups	18-34	69.0%
	35-44	69.8%
	45-54	65.5%
	55-64	72.0%
	65-74	79.6%
	75+	DS
Education	High school graduate/GED or less	50.9%
	Trade/Voc, Associate degree or some college	68.6%
	Bachelor's degree	73.8%
	Graduate or professional degree	75.9%
Poverty 200%	200% poverty or less	66.7%
	Greater than 200% poverty	71.3%
Local Comparisons	Benton	64.8%
	Sherburne	76.0%
	Stearns	71.7%
	St. Cloud	70.3%

194. Where do you usually get health, wellness, and medical information?
Pharmacy

		Checked
Region Total		**19.7%**
Gender	Male	21.8%
	Female	19.2%
Age groups	18-34	17.2%
	35-44	16.8%
	45-54	16.4%
	55-64	19.9%
	65-74	27.6%
	75+	DS
Education	High school graduate/GED or less	21.8%
	Trade/Voc, Associate degree or some college	21.6%
	Bachelor's degree	17.9%
	Graduate or professional degree	18.7%
Poverty 200%	200% poverty or less	25.6%
	Greater than 200% poverty	18.8%
Local Comparisons	Benton	19.9%
	Sherburne	25.0%
	Stearns	18.5%
	St. Cloud	19.2%

195. Where do you usually get health, wellness, and medical information?
Community Health Worker

		Checked
Region Total		**1.7%**
Gender	Male	0.8%
	Female	1.8%
Age groups	18-34	1.7%
	35-44	2.0%
	45-54	1.8%
	55-64	1.2%
	65-74	2.0%
	75+	DS
Education	High school graduate/GED or less	7.3%
	Trade/Voc, Associate degree or some college	0.8%
	Bachelor's degree	1.7%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	5.1%
	Greater than 200% poverty	1.3%
Local Comparisons	Benton	1.1%
	Sherburne	1.0%
	Stearns	2.0%
	St. Cloud	2.5%

196. Where do you usually get health, wellness, and medical information?
Family or friends

		Checked
Region Total		**26.8%**
Gender	Male	21.0%
	Female	27.7%
Age groups	18-34	33.6%
	35-44	29.5%
	45-54	25.5%
	55-64	21.1%
	65-74	27.6%
	75+	DS
Education	High school graduate/GED or less	36.4%
	Trade/Voc, Associate degree or some college	20.8%
	Bachelor's degree	30.8%
	Graduate or professional degree	27.1%
Poverty 200%	200% poverty or less	21.8%
	Greater than 200% poverty	27.3%
Local Comparisons	Benton	26.1%
	Sherburne	19.0%
	Stearns	28.7%
	St. Cloud	26.3%

197. Where do you usually get health, wellness, and medical information?
Health fairs or other health-related community events

		Checked
Region Total		**5.1%**
Gender	Male	3.4%
	Female	5.5%
Age groups	18-34	4.3%
	35-44	5.4%
	45-54	4.8%
	55-64	5.6%
	65-74	6.1%
	75+	DS
Education	High school graduate/GED or less	5.5%
	Trade/Voc, Associate degree or some college	3.8%
	Bachelor's degree	6.7%
	Graduate or professional degree	4.8%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	5.8%
Local Comparisons	Benton	6.3%
	Sherburne	7.0%
	Stearns	4.2%
	St. Cloud	4.4%

198. Where do you usually get health, wellness, and medical information?
Other

		Checked
Region Total		**4.1%**
Gender	Male	4.2%
	Female	4.2%
Age groups	18-34	1.7%
	35-44	4.0%
	45-54	6.1%
	55-64	4.3%
	65-74	4.1%
	75+	DS
Education	High school graduate/GED or less	5.5%
	Trade/Voc, Associate degree or some college	3.0%
	Bachelor's degree	5.0%
	Graduate or professional degree	4.2%
Poverty 200%	200% poverty or less	5.1%
	Greater than 200% poverty	3.7%
Local Comparisons	Benton	3.4%
	Sherburne	4.0%
	Stearns	4.5%
	St. Cloud	3.7%

199. Weight status according to BMI

		Not overweight	Overweight but not obese	Obese
Region Total		**28.3%**	**30.6%**	**41.2%**
Gender	Male	22.5%	45.8%	31.7%
	Female	29.0%	27.6%	43.4%
Age groups	18-34	39.0%	28.0%	33.1%
	35-44	27.7%	23.0%	49.3%
	45-54	20.3%	38.5%	41.2%
	55-64	30.1%	29.5%	40.4%
	65-74	24.7%	34.4%	40.9%
	75+	DS	DS	DS
Education	High school graduate/GED or less	38.9%	29.6%	31.5%
	Trade/Voc, Associate degree or some college	18.7%	30.3%	51.0%
	Bachelor's degree	30.9%	29.7%	39.4%
	Graduate or professional degree	35.9%	32.7%	31.4%
Poverty 200%	200% poverty or less	18.8%	23.8%	57.5%
	Greater than 200% poverty	29.6%	31.3%	39.1%
Local Comparisons	Benton	22.1%	25.6%	52.3%
	Sherburne	21.5%	35.5%	43.0%
	Stearns	32.2%	31.5%	36.3%
	St. Cloud	28.6%	31.4%	39.9%

Community Concerns

200. In your opinion, how much of a problem is each of these issues in your county?

	No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total					
A. Issues for Families					
Families experiencing financial stress	6.2%	16.6%	47.5%	22.6%	7.0%
Parents with inadequate or poor parenting skills	7.6%	11.4%	42.2%	30.9%	8.0%
Childhood trauma	10.7%	22.5%	37.2%	17.1%	12.5%
Bullying	6.9%	17.2%	38.4%	28.1%	9.4%
Abuse and neglect of children	9.8%	23.3%	39.0%	16.7%	11.2%
Abuse and neglect of vulnerable adults	11.5%	29.7%	32.3%	12.8%	13.7%
B. Social Experience					
Racism	15.0%	17.7%	28.4%	32.3%	6.6%
White privilege (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)	23.2%	16.5%	22.5%	28.4%	9.3%
Police brutality	44.4%	27.7%	10.6%	7.7%	9.6%
C. Discrimination					
Discrimination based on race, color, ethnicity or country of origin	17.5%	21.6%	26.2%	27.5%	7.2%
Discrimination based on age	24.8%	36.0%	22.6%	6.7%	10.0%
Discrimination based on gender	23.4%	30.8%	27.1%	9.5%	9.2%
Discrimination based on sexual orientation	22.0%	23.1%	25.1%	18.7%	11.1%
Discrimination based on gender identity	22.1%	23.0%	21.3%	21.4%	12.2%
Discrimination based on disability	22.3%	33.3%	23.2%	9.5%	11.7%
Discrimination based on religion	26.0%	29.1%	20.8%	14.4%	9.7%
Discrimination based on being overweight or obese	21.9%	33.6%	23.7%	10.2%	10.6%
Discrimination based on something else	48.8%	7.4%	3.9%	4.1%	35.7%
D. Tobacco and Other Drug Use					
Smoking or other tobacco use	15.2%	28.5%	33.7%	14.0%	8.6%
Use of e-cigarettes/vaping for nicotine products	14.8%	20.5%	31.2%	23.8%	9.8%
Abuse of prescription drugs	12.8%	14.8%	33.8%	25.5%	13.0%

Illegal drug use among youth	10.3%	15.7%	34.5%	27.5%	12.1%
Illegal drug use among adults	9.8%	14.0%	35.2%	30.0%	11.0%
E. Mental Health					
Depression among youth	6.7%	12.5%	32.8%	39.2%	8.8%
Depression among adults	6.0%	12.7%	38.5%	34.1%	8.7%
Suicide among youth	9.5%	21.3%	27.4%	31.4%	10.4%
Suicide among adults	9.3%	23.8%	31.4%	24.4%	11.2%
Other mental health issues, such as anxiety or panic attacks, memory loss, Alzheimer's or another form of dementia, etc.	6.5%	11.4%	33.4%	40.9%	7.8%
Difficulty obtaining mental health services for youth	10.1%	11.7%	21.9%	44.4%	11.9%
Difficulty obtaining mental health services for adults	10.4%	12.3%	25.1%	42.2%	10.1%

201. In your opinion, how much of a problem is <u>families experiencing financial stress</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**6.2%**	**16.6%**	**47.5%**	**22.6%**	**7.0%**
Gender	Male	13.0%	19.5%	38.2%	19.5%	9.8%
	Female	4.8%	16.1%	49.8%	23.0%	6.4%
Age groups	18-34	3.3%	22.3%	48.8%	21.5%	4.1%
	35-44	8.5%	17.0%	47.1%	22.2%	5.2%
	45-54	6.0%	12.0%	55.7%	22.8%	3.6%
	55-64	7.4%	18.4%	42.9%	21.5%	9.8%
	65-74	4.0%	13.1%	46.5%	22.2%	14.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	3.6%	23.2%	37.5%	17.9%	17.9%
	Trade/Voc, Associate degree or some college	8.6%	19.5%	44.6%	18.7%	8.6%
	Bachelor's degree	6.1%	16.2%	50.2%	22.7%	4.9%
	Graduate or professional degree	3.6%	10.7%	51.5%	30.2%	4.1%
Poverty 200%	200% poverty or less	6.1%	15.9%	35.4%	31.7%	11.0%
	Greater than 200% poverty	6.2%	16.6%	49.3%	21.5%	6.5%
Local Comparisons	Benton	6.7%	16.2%	50.3%	19.6%	7.3%
	Sherburne	7.0%	20.0%	41.0%	24.0%	8.0%
	Stearns	5.9%	16.1%	47.8%	23.5%	6.7%
	St. Cloud	5.8%	15.9%	47.2%	26.0%	5.1%

202. In your opinion, how much of a problem is <u>parents with inadequate or poor parenting skills</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**7.6%**	**11.4%**	**42.2%**	**30.9%**	**8.0%**
Gender	Male	13.0%	10.6%	31.7%	35.0%	9.8%
	Female	6.6%	11.7%	44.5%	29.7%	7.6%
Age groups	18-34	8.3%	11.6%	48.8%	26.4%	5.0%
	35-44	8.5%	14.4%	46.4%	24.2%	6.5%
	45-54	8.4%	10.8%	44.3%	31.7%	4.8%
	55-64	6.7%	9.8%	36.8%	35.6%	11.0%
	65-74	5.1%	11.1%	35.4%	36.4%	12.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	8.9%	23.2%	32.1%	17.9%	17.9%
	Trade/Voc, Associate degree or some college	8.2%	14.2%	37.8%	29.2%	10.5%
	Bachelor's degree	7.7%	7.3%	47.8%	32.4%	4.9%
	Graduate or professional degree	5.9%	8.9%	44.4%	35.5%	5.3%
Poverty 200%	200% poverty or less	8.5%	14.6%	32.9%	34.1%	9.8%
	Greater than 200% poverty	7.6%	10.9%	43.4%	30.3%	7.7%
Local Comparisons	Benton	7.8%	14.0%	41.9%	29.6%	6.7%
	Sherburne	8.0%	17.0%	45.0%	23.0%	7.0%
	Stearns	7.4%	9.1%	41.7%	33.0%	8.7%
	St. Cloud	6.5%	9.6%	44.3%	33.0%	6.5%

203. In your opinion, how much of a problem is <u>childhood trauma</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		10.7%	22.5%	37.2%	17.1%	12.5%
Gender	Male	20.5%	23.0%	29.5%	14.8%	12.3%
	Female	8.9%	22.4%	39.0%	17.6%	12.2%
Age groups	18-34	10.7%	17.4%	43.0%	19.0%	9.9%
	35-44	13.7%	24.8%	37.9%	13.7%	9.8%
	45-54	10.2%	25.1%	34.7%	21.0%	9.0%
	55-64	10.4%	22.7%	33.7%	17.2%	16.0%
	65-74	7.1%	21.4%	40.8%	13.3%	17.3%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	16.1%	21.4%	23.2%	14.3%	25.0%
	Trade/Voc, Associate degree or some college	12.0%	25.8%	32.2%	15.4%	14.6%
	Bachelor's degree	11.8%	20.3%	39.8%	16.7%	11.4%
	Graduate or professional degree	5.4%	20.8%	45.8%	21.4%	6.5%
Poverty 200%	200% poverty or less	13.4%	18.3%	35.4%	23.2%	9.8%
	Greater than 200% poverty	10.5%	23.0%	37.4%	16.5%	12.7%
Local Comparisons	Benton	14.0%	21.2%	41.3%	12.8%	10.6%
	Sherburne	12.0%	28.0%	32.0%	17.0%	11.0%
	Stearns	9.2%	21.8%	36.7%	18.8%	13.5%
	St. Cloud	10.9%	21.5%	36.7%	20.8%	10.1%

204. In your opinion, how much of a problem is <u>bullying</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**6.9%**	**17.2%**	**38.4%**	**28.1%**	**9.4%**
Gender	Male	12.3%	22.1%	33.6%	22.1%	9.8%
	Female	5.9%	16.3%	39.5%	29.3%	9.0%
Age groups	18-34	5.8%	15.0%	43.3%	25.8%	10.0%
	35-44	10.5%	18.3%	35.3%	29.4%	6.5%
	45-54	5.4%	19.2%	40.1%	29.3%	6.0%
	55-64	7.4%	16.0%	39.3%	25.2%	12.3%
	65-74	5.1%	16.3%	33.7%	32.7%	12.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	3.6%	20.0%	30.9%	23.6%	21.8%
	Trade/Voc, Associate degree or some college	8.6%	16.5%	36.3%	28.5%	10.1%
	Bachelor's degree	6.1%	17.0%	40.5%	28.3%	8.1%
	Graduate or professional degree	6.5%	17.9%	41.1%	28.6%	6.0%
Poverty 200%	200% poverty or less	9.8%	7.3%	36.6%	35.4%	11.0%
	Greater than 200% poverty	6.7%	18.7%	38.4%	27.4%	8.9%
Local Comparisons	Benton	7.8%	19.6%	39.1%	24.0%	9.5%
	Sherburne	8.0%	23.0%	30.0%	31.0%	8.0%
	Stearns	6.3%	15.1%	40.0%	29.0%	9.6%
	St. Cloud	5.8%	16.7%	40.9%	29.1%	7.5%

205. In your opinion, how much of a problem is <u>abuse or neglect of children</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**9.8%**	**23.3%**	**39.0%**	**16.7%**	**11.2%**
Gender	Male	15.7%	25.6%	31.4%	15.7%	11.6%
	Female	8.7%	22.7%	40.5%	17.1%	10.9%
Age groups	18-34	10.8%	19.2%	42.5%	17.5%	10.0%
	35-44	13.1%	29.4%	32.7%	15.7%	9.2%
	45-54	7.8%	24.7%	44.0%	16.9%	6.6%
	55-64	10.5%	21.0%	36.4%	17.3%	14.8%
	65-74	7.1%	20.4%	45.9%	13.3%	13.3%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	20.0%	16.4%	27.3%	12.7%	23.6%
	Trade/Voc, Associate degree or some college	11.2%	26.6%	31.8%	17.6%	12.7%
	Bachelor's degree	8.5%	22.0%	45.5%	14.6%	9.3%
	Graduate or professional degree	6.0%	22.2%	44.9%	19.8%	7.2%
Poverty 200%	200% poverty or less	13.4%	17.1%	37.8%	22.0%	9.8%
	Greater than 200% poverty	9.5%	23.5%	39.4%	16.2%	11.3%
Local Comparisons	Benton	10.7%	25.3%	39.3%	14.0%	10.7%
	Sherburne	11.0%	29.0%	33.0%	18.0%	9.0%
	Stearns	9.2%	21.2%	40.3%	17.5%	11.8%
	St. Cloud	9.0%	22.3%	41.3%	18.2%	9.2%

206. In your opinion, how much of a problem is <u>abuse and neglect of vulnerable adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**11.5%**	**29.7%**	**32.3%**	**12.8%**	**13.7%**
Gender	Male	19.8%	27.3%	28.1%	10.7%	14.0%
	Female	10.0%	30.2%	33.0%	13.3%	13.5%
Age groups	18-34	14.9%	27.3%	27.3%	17.4%	13.2%
	35-44	15.0%	34.6%	30.1%	9.2%	11.1%
	45-54	6.6%	35.9%	36.5%	12.0%	9.0%
	55-64	12.3%	25.2%	33.7%	11.0%	17.8%
	65-74	10.3%	24.7%	34.0%	15.5%	15.5%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	19.6%	23.2%	17.9%	12.5%	26.8%
	Trade/Voc, Associate degree or some college	15.0%	29.6%	26.6%	13.5%	15.4%
	Bachelor's degree	9.3%	30.9%	36.2%	11.8%	11.8%
	Graduate or professional degree	6.5%	30.4%	40.5%	13.1%	9.5%
Poverty 200%	200% poverty or less	17.1%	24.4%	28.0%	17.1%	13.4%
	Greater than 200% poverty	11.1%	30.6%	32.2%	12.5%	13.6%
Local Comparisons	Benton	10.6%	31.8%	32.4%	10.6%	14.5%
	Sherburne	12.0%	34.0%	26.0%	17.0%	11.0%
	Stearns	11.8%	27.9%	33.6%	12.7%	14.0%
	St. Cloud	9.7%	28.3%	36.5%	13.3%	12.3%

207. In your opinion, how much of a problem is <u>racism</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**15.0%**	**17.7%**	**28.4%**	**32.3%**	**6.6%**
Gender	Male	16.7%	18.3%	25.8%	35.0%	4.2%
	Female	14.3%	17.6%	29.1%	31.9%	7.1%
Age groups	18-34	12.6%	18.5%	27.7%	35.3%	5.9%
	35-44	18.1%	12.1%	26.2%	34.9%	8.7%
	45-54	15.2%	16.5%	29.9%	34.1%	4.3%
	55-64	13.4%	22.3%	30.6%	23.6%	10.2%
	65-74	12.4%	24.7%	25.8%	33.0%	4.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	16.4%	23.6%	12.7%	29.1%	18.2%
	Trade/Voc, Associate degree or some college	19.3%	21.2%	28.6%	23.2%	7.7%
	Bachelor's degree	13.2%	16.0%	28.0%	37.4%	5.3%
	Graduate or professional degree	10.3%	12.7%	33.9%	40.0%	3.0%
Poverty 200%	200% poverty or less	14.3%	15.6%	23.4%	40.3%	6.5%
	Greater than 200% poverty	15.1%	17.4%	29.1%	31.9%	6.4%
Local Comparisons	Benton	18.0%	19.2%	29.7%	26.2%	7.0%
	Sherburne	21.9%	19.8%	25.0%	27.1%	6.3%
	Stearns	12.3%	16.7%	28.6%	35.7%	6.6%
	St. Cloud	10.9%	15.8%	31.9%	37.4%	4.0%

208. In your opinion, how much of a problem is <u>white privilege</u> in your county? (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**23.2%**	**16.5%**	**22.5%**	**28.4%**	**9.3%**
Gender	Male	29.3%	13.0%	22.8%	26.8%	8.1%
	Female	21.8%	17.4%	22.6%	28.7%	9.5%
Age groups	18-34	22.5%	16.7%	24.2%	30.0%	6.7%
	35-44	23.0%	15.8%	20.4%	32.2%	8.6%
	45-54	27.1%	11.4%	23.5%	30.7%	7.2%
	55-64	22.7%	20.2%	22.1%	21.5%	13.5%
	65-74	21.9%	19.8%	26.0%	26.0%	6.3%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	25.0%	10.7%	14.3%	21.4%	28.6%
	Trade/Voc, Associate degree or some college	32.1%	19.2%	19.6%	18.5%	10.6%
	Bachelor's degree	20.8%	15.1%	22.9%	34.7%	6.5%
	Graduate or professional degree	12.0%	16.3%	29.5%	37.3%	4.8%
Poverty 200%	200% poverty or less	23.2%	12.2%	15.9%	35.4%	13.4%
	Greater than 200% poverty	23.2%	16.9%	23.3%	28.1%	8.5%
Local Comparisons	Benton	25.8%	19.7%	23.0%	23.6%	7.9%
	Sherburne	27.3%	18.2%	23.2%	23.2%	8.1%
	Stearns	21.3%	14.9%	22.2%	31.4%	10.1%
	St. Cloud	19.3%	15.9%	24.7%	34.0%	6.1%

209. In your opinion, how much of a problem is <u>police brutality</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**44.4%**	**27.7%**	**10.6%**	**7.7%**	**9.6%**
Gender	Male	54.5%	22.8%	8.1%	9.8%	4.9%
	Female	42.2%	29.0%	10.9%	7.2%	10.7%
Age groups	18-34	39.7%	24.0%	11.6%	13.2%	11.6%
	35-44	42.5%	30.1%	9.2%	7.2%	11.1%
	45-54	42.8%	28.3%	11.4%	9.6%	7.8%
	55-64	44.2%	28.2%	10.4%	4.3%	12.9%
	65-74	54.1%	25.5%	12.2%	5.1%	3.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	51.8%	16.1%	1.8%	16.1%	14.3%
	Trade/Voc, Associate degree or some college	48.1%	26.3%	7.5%	8.3%	9.8%
	Bachelor's degree	44.1%	28.7%	11.7%	5.7%	9.7%
	Graduate or professional degree	36.3%	32.1%	16.7%	7.1%	7.7%
Poverty 200%	200% poverty or less	40.2%	30.5%	6.1%	17.1%	6.1%
	Greater than 200% poverty	43.9%	27.3%	11.6%	6.8%	10.5%
Local Comparisons	Benton	53.9%	23.0%	6.7%	7.9%	8.4%
	Sherburne	48.0%	27.0%	14.0%	4.0%	7.0%
	Stearns	39.9%	29.6%	11.3%	8.5%	10.7%
	St. Cloud	39.7%	29.3%	13.3%	10.2%	7.5%

210. In your opinion, how much of a problem is <u>discrimination based on race, color, ethnicity or country of origin</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**17.5%**	**21.6%**	**26.2%**	**27.5%**	**7.2%**
Gender	Male	21.3%	22.1%	23.0%	27.0%	6.6%
	Female	16.6%	21.6%	26.9%	27.5%	7.5%
Age groups	18-34	15.7%	23.1%	23.1%	32.2%	5.8%
	35-44	17.2%	17.9%	31.1%	26.5%	7.3%
	45-54	18.2%	23.0%	22.4%	30.9%	5.5%
	55-64	17.4%	23.0%	28.0%	19.3%	12.4%
	65-74	16.2%	23.2%	28.3%	29.3%	3.0%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	21.4%	23.2%	14.3%	19.6%	21.4%
	Trade/Voc, Associate degree or some college	24.4%	25.6%	21.8%	19.5%	8.6%
	Bachelor's degree	13.5%	20.0%	30.2%	31.8%	4.5%
	Graduate or professional degree	10.9%	17.0%	31.5%	36.4%	4.2%
Poverty 200%	200% poverty or less	15.9%	23.2%	17.1%	36.6%	7.3%
	Greater than 200% poverty	17.7%	20.6%	28.0%	26.4%	7.3%
Local Comparisons	Benton	21.7%	22.9%	27.4%	21.7%	6.3%
	Sherburne	27.6%	20.4%	19.4%	25.5%	7.1%
	Stearns	13.7%	21.4%	27.2%	30.1%	7.6%
	St. Cloud	13.7%	20.3%	29.1%	32.5%	4.4%

211. In your opinion, how much of a problem is <u>discrimination based on age</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**24.8%**	**36.0%**	**22.6%**	**6.7%**	**10.0%**
Gender	Male	23.0%	37.7%	27.0%	3.3%	9.0%
	Female	25.1%	35.5%	21.8%	7.3%	10.3%
Age groups	18-34	30.6%	38.0%	13.2%	8.3%	9.9%
	35-44	26.3%	43.4%	15.8%	3.9%	10.5%
	45-54	24.8%	32.7%	29.7%	5.5%	7.3%
	55-64	24.4%	32.5%	21.9%	7.5%	13.8%
	65-74	16.3%	37.8%	29.6%	10.2%	6.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	27.3%	34.5%	7.3%	12.7%	18.2%
	Trade/Voc, Associate degree or some college	34.3%	30.6%	18.1%	4.9%	12.1%
	Bachelor's degree	21.6%	35.5%	28.2%	6.1%	8.6%
	Graduate or professional degree	13.3%	45.8%	26.5%	8.4%	6.0%
Poverty 200%	200% poverty or less	28.0%	39.0%	15.9%	8.5%	8.5%
	Greater than 200% poverty	24.5%	34.9%	23.8%	6.7%	10.1%
Local Comparisons	Benton	33.5%	31.8%	18.8%	5.7%	10.2%
	Sherburne	27.6%	37.8%	19.4%	5.1%	10.2%
	Stearns	20.8%	37.2%	24.7%	7.4%	9.8%
	St. Cloud	22.0%	37.7%	24.7%	8.1%	7.6%

212. In your opinion, how much of a problem is <u>discrimination based on gender</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**23.4%**	**30.8%**	**27.1%**	**9.5%**	**9.2%**
Gender	Male	27.9%	27.9%	27.9%	8.2%	8.2%
	Female	22.5%	31.6%	27.0%	9.7%	9.3%
Age groups	18-34	24.0%	28.1%	32.2%	9.1%	6.6%
	35-44	25.0%	30.3%	27.6%	7.9%	9.2%
	45-54	23.8%	33.5%	28.7%	7.9%	6.1%
	55-64	20.0%	31.3%	23.8%	9.4%	15.6%
	65-74	22.4%	32.7%	25.5%	14.3%	5.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	27.3%	27.3%	14.5%	9.1%	21.8%
	Trade/Voc, Associate degree or some college	32.6%	31.4%	19.7%	5.7%	10.6%
	Bachelor's degree	19.6%	31.0%	32.2%	9.8%	7.3%
	Graduate or professional degree	13.3%	30.7%	35.5%	15.1%	5.4%
Poverty 200%	200% poverty or less	28.0%	29.3%	22.0%	12.2%	8.5%
	Greater than 200% poverty	23.4%	29.9%	28.0%	9.3%	9.4%
Local Comparisons	Benton	25.6%	33.5%	23.9%	6.8%	10.2%
	Sherburne	26.5%	29.6%	25.5%	10.2%	8.2%
	Stearns	21.9%	30.0%	28.7%	10.3%	9.0%
	St. Cloud	20.5%	30.1%	30.6%	12.0%	6.8%

213. In your opinion, how much of a problem is <u>discrimination based on sexual orientation</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**22.0%**	**23.1%**	**25.1%**	**18.7%**	**11.1%**
Gender	Male	23.8%	23.8%	25.4%	15.6%	11.5%
	Female	21.6%	23.1%	25.2%	19.2%	10.9%
Age groups	18-34	26.4%	21.5%	25.6%	20.7%	5.8%
	35-44	21.7%	23.7%	24.3%	19.7%	10.5%
	45-54	21.8%	22.4%	26.1%	21.8%	7.9%
	55-64	20.5%	21.7%	24.2%	13.7%	19.9%
	65-74	18.4%	27.6%	28.6%	17.3%	8.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	26.8%	21.4%	16.1%	14.3%	21.4%
	Trade/Voc, Associate degree or some college	29.4%	27.9%	18.5%	12.1%	12.1%
	Bachelor's degree	19.2%	20.4%	27.8%	22.9%	9.8%
	Graduate or professional degree	12.7%	19.9%	34.9%	24.7%	7.8%
Poverty 200%	200% poverty or less	24.4%	29.3%	13.4%	23.2%	9.8%
	Greater than 200% poverty	22.0%	21.4%	26.5%	18.8%	11.2%
Local Comparisons	Benton	23.3%	22.7%	23.9%	18.2%	11.9%
	Sherburne	29.6%	19.4%	25.5%	15.3%	10.2%
	Stearns	19.9%	24.0%	25.5%	19.7%	10.9%
	St. Cloud	17.4%	25.7%	26.9%	21.0%	9.0%

214. In your opinion, how much of a problem is <u>discrimination based on gender identity</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**22.1%**	**23.0%**	**21.3%**	**21.4%**	**12.2%**
Gender	Male	24.6%	23.8%	19.7%	20.5%	11.5%
	Female	21.6%	22.9%	21.7%	21.6%	12.3%
Age groups	18-34	25.6%	20.7%	23.1%	24.0%	6.6%
	35-44	23.7%	21.7%	20.4%	23.0%	11.2%
	45-54	21.8%	24.2%	17.6%	27.9%	8.5%
	55-64	19.9%	24.2%	22.4%	13.0%	20.5%
	65-74	18.4%	25.5%	26.5%	18.4%	11.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	25.0%	28.6%	8.9%	16.1%	21.4%
	Trade/Voc, Associate degree or some college	30.6%	25.7%	17.0%	14.3%	12.5%
	Bachelor's degree	18.8%	20.4%	24.1%	25.7%	11.0%
	Graduate or professional degree	12.7%	20.5%	28.3%	28.3%	10.2%
Poverty 200%	200% poverty or less	26.8%	26.8%	13.4%	23.2%	9.8%
	Greater than 200% poverty	21.7%	21.9%	22.2%	21.9%	12.3%
Local Comparisons	Benton	26.1%	22.2%	17.6%	21.0%	13.1%
	Sherburne	28.6%	22.4%	18.4%	20.4%	10.2%
	Stearns	19.2%	23.4%	23.4%	21.8%	12.2%
	St. Cloud	17.8%	24.7%	24.2%	23.2%	10.0%

215. In your opinion, how much of a problem is <u>discrimination based on disability</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**22.3%**	**33.3%**	**23.2%**	**9.5%**	**11.7%**
Gender	Male	24.0%	30.6%	23.1%	9.1%	13.2%
	Female	21.9%	34.1%	23.2%	9.5%	11.4%
Age groups	18-34	25.0%	34.2%	18.3%	13.3%	9.2%
	35-44	22.4%	33.6%	27.6%	5.3%	11.2%
	45-54	23.0%	35.2%	24.2%	10.3%	7.3%
	55-64	22.0%	29.6%	21.4%	6.3%	20.8%
	65-74	18.6%	35.1%	25.8%	12.4%	8.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	21.4%	28.6%	14.3%	12.5%	23.2%
	Trade/Voc, Associate degree or some college	31.9%	32.7%	16.0%	6.1%	13.3%
	Bachelor's degree	18.4%	35.2%	27.5%	9.4%	9.4%
	Graduate or professional degree	12.8%	32.9%	31.7%	14.0%	8.5%
Poverty 200%	200% poverty or less	22.2%	34.6%	16.0%	16.0%	11.1%
	Greater than 200% poverty	22.3%	32.3%	24.6%	9.0%	11.7%
Local Comparisons	Benton	23.0%	34.5%	20.1%	10.9%	11.5%
	Sherburne	28.1%	33.3%	20.8%	7.3%	10.4%
	Stearns	20.8%	32.8%	24.9%	9.4%	12.0%
	St. Cloud	17.7%	34.2%	27.3%	11.3%	9.4%

216. In your opinion, how much of a problem is <u>discrimination based on religion</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**26.0%**	**29.1%**	**20.8%**	**14.4%**	**9.7%**
Gender	Male	26.2%	28.7%	20.5%	13.1%	11.5%
	Female	25.9%	29.4%	20.8%	14.6%	9.3%
Age groups	18-34	23.1%	35.5%	14.0%	19.8%	7.4%
	35-44	23.0%	25.0%	24.3%	19.7%	7.9%
	45-54	28.5%	27.9%	22.4%	14.5%	6.7%
	55-64	26.1%	29.8%	19.9%	6.8%	17.4%
	65-74	27.6%	28.6%	22.4%	13.3%	8.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	25.0%	25.0%	12.5%	16.1%	21.4%
	Trade/Voc, Associate degree or some college	33.6%	28.7%	17.4%	8.7%	11.7%
	Bachelor's degree	23.7%	29.0%	22.9%	17.6%	6.9%
	Graduate or professional degree	17.6%	31.5%	26.1%	18.2%	6.7%
Poverty 200%	200% poverty or less	22.0%	28.0%	15.9%	25.6%	8.5%
	Greater than 200% poverty	26.4%	28.5%	21.8%	13.4%	9.9%
Local Comparisons	Benton	26.7%	30.1%	21.0%	11.4%	10.8%
	Sherburne	38.8%	30.6%	15.3%	7.1%	8.2%
	Stearns	23.0%	28.4%	21.9%	17.1%	9.6%
	St. Cloud	20.1%	30.1%	23.8%	18.9%	7.1%

217. In your opinion, how much of a problem is <u>discrimination based on being overweight or obese</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**21.9%**	**33.6%**	**23.7%**	**10.2%**	**10.6%**
Gender	Male	25.6%	36.4%	19.8%	7.4%	10.7%
	Female	21.1%	33.3%	24.5%	10.6%	10.5%
Age groups	18-34	27.7%	33.6%	19.3%	12.6%	6.7%
	35-44	23.7%	30.9%	27.0%	8.6%	9.9%
	45-54	23.0%	34.5%	24.8%	9.7%	7.9%
	55-64	18.0%	36.0%	21.7%	6.8%	17.4%
	65-74	17.5%	35.1%	25.8%	13.4%	8.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	21.4%	28.6%	8.9%	17.9%	23.2%
	Trade/Voc, Associate degree or some college	26.5%	36.0%	18.9%	7.2%	11.4%
	Bachelor's degree	21.6%	31.8%	27.3%	11.0%	8.2%
	Graduate or professional degree	15.2%	34.1%	31.1%	11.0%	8.5%
Poverty 200%	200% poverty or less	24.4%	32.9%	15.9%	19.5%	7.3%
	Greater than 200% poverty	22.2%	32.6%	24.9%	9.3%	11.1%
Local Comparisons	Benton	25.0%	31.8%	19.9%	13.1%	10.2%
	Sherburne	29.6%	33.7%	19.4%	9.2%	8.2%
	Stearns	19.1%	34.3%	26.2%	9.2%	11.2%
	St. Cloud	17.4%	34.4%	27.8%	11.5%	8.8%

218. In your opinion, how much of a problem is <u>discrimination based on something else</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**48.8%**	**7.4%**	**3.9%**	**4.1%**	**35.7%**
Gender	Male	50.0%	5.6%	5.6%	4.6%	34.3%
	Female	48.8%	7.7%	3.6%	3.8%	36.1%
Age groups	18-34	54.9%	6.2%	2.7%	2.7%	33.6%
	35-44	46.3%	13.2%	2.2%	2.9%	35.3%
	45-54	51.5%	8.2%	4.5%	4.5%	31.3%
	55-64	44.9%	6.5%	4.3%	3.6%	40.6%
	65-74	54.2%	2.4%	2.4%	4.8%	36.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	48.1%	1.9%	3.8%	13.5%	32.7%
	Trade/Voc, Associate degree or some college	58.3%	8.5%	2.1%	2.1%	28.9%
	Bachelor's degree	46.3%	6.9%	3.9%	4.4%	38.4%
	Graduate or professional degree	37.2%	8.3%	6.9%	3.4%	44.1%
Poverty 200%	200% poverty or less	60.0%	5.3%	1.3%	12.0%	21.3%
	Greater than 200% poverty	47.5%	7.8%	4.3%	3.1%	37.3%
Local Comparisons	Benton	56.2%	9.2%	2.0%	2.0%	30.7%
	Sherburne	57.5%	8.0%	1.1%	3.4%	29.9%
	Stearns	44.1%	6.6%	5.3%	5.1%	39.0%
	St. Cloud	45.1%	6.9%	3.7%	5.1%	39.1%

219. In your opinion, how much of a problem is <u>smoking or other tobacco use</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**15.2%**	**28.5%**	**33.7%**	**14.0%**	**8.6%**
Gender	Male	26.0%	22.0%	32.5%	8.9%	10.6%
	Female	13.1%	29.6%	33.9%	15.0%	8.3%
Age groups	18-34	15.7%	25.6%	38.8%	13.2%	6.6%
	35-44	17.2%	28.5%	34.4%	13.2%	6.6%
	45-54	12.1%	32.7%	30.9%	16.4%	7.9%
	55-64	13.2%	28.3%	35.2%	12.6%	10.7%
	65-74	18.2%	29.3%	29.3%	14.1%	9.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	25.0%	23.2%	26.8%	8.9%	16.1%
	Trade/Voc, Associate degree or some college	18.9%	29.1%	31.3%	10.2%	10.6%
	Bachelor's degree	12.8%	30.2%	35.5%	16.5%	5.0%
	Graduate or professional degree	9.6%	26.9%	37.1%	18.0%	8.4%
Poverty 200%	200% poverty or less	20.7%	25.6%	26.8%	12.2%	14.6%
	Greater than 200% poverty	14.9%	28.0%	34.9%	14.1%	8.0%
Local Comparisons	Benton	14.7%	30.5%	36.2%	13.6%	5.1%
	Sherburne	19.4%	22.4%	35.7%	15.3%	7.1%
	Stearns	14.5%	29.0%	32.3%	13.8%	10.3%
	St. Cloud	13.0%	30.9%	34.1%	14.2%	7.8%

220. In your opinion, how much of a problem is the <u>use of e-cigarettes/vaping for nicotine products</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**14.8%**	**20.5%**	**31.2%**	**23.8%**	**9.8%**
Gender	Male	24.4%	22.0%	28.5%	15.4%	9.8%
	Female	13.0%	20.0%	31.7%	25.4%	9.8%
Age groups	18-34	14.9%	16.5%	28.9%	30.6%	9.1%
	35-44	15.9%	21.2%	35.1%	19.9%	7.9%
	45-54	12.7%	20.0%	29.7%	29.1%	8.5%
	55-64	15.8%	25.3%	31.0%	17.7%	10.1%
	65-74	15.2%	19.2%	30.3%	23.2%	12.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	23.6%	23.6%	25.5%	12.7%	14.5%
	Trade/Voc, Associate degree or some college	18.9%	20.8%	27.2%	21.9%	11.3%
	Bachelor's degree	12.8%	21.9%	32.2%	25.6%	7.4%
	Graduate or professional degree	8.4%	16.9%	38.0%	27.7%	9.0%
Poverty 200%	200% poverty or less	20.7%	17.1%	29.3%	19.5%	13.4%
	Greater than 200% poverty	14.3%	20.3%	31.4%	24.6%	9.5%
Local Comparisons	Benton	14.7%	20.3%	34.5%	24.9%	5.6%
	Sherburne	17.3%	20.4%	29.6%	23.5%	9.2%
	Stearns	14.3%	20.5%	30.2%	23.4%	11.5%
	St. Cloud	13.3%	20.9%	32.2%	25.1%	8.6%

221. In your opinion, how much of a problem is the <u>abuse of prescription drugs</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**12.8%**	**14.8%**	**33.8%**	**25.5%**	**13.0%**
Gender	Male	19.5%	15.4%	33.3%	18.7%	13.0%
	Female	11.5%	14.9%	33.6%	26.9%	13.2%
Age groups	18-34	10.8%	13.3%	35.0%	29.2%	11.7%
	35-44	14.6%	15.2%	31.8%	29.1%	9.3%
	45-54	12.7%	17.6%	26.7%	30.9%	12.1%
	55-64	14.6%	11.4%	38.6%	19.0%	16.5%
	65-74	10.1%	18.2%	38.4%	20.2%	13.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	20.0%	18.2%	21.8%	21.8%	18.2%
	Trade/Voc, Associate degree or some college	17.7%	14.3%	27.2%	25.3%	15.5%
	Bachelor's degree	10.8%	16.6%	34.4%	29.0%	9.1%
	Graduate or professional degree	5.4%	12.0%	47.3%	22.2%	13.2%
Poverty 200%	200% poverty or less	19.8%	8.6%	23.5%	34.6%	13.6%
	Greater than 200% poverty	12.0%	15.4%	35.3%	24.2%	13.0%
Local Comparisons	Benton	15.3%	13.0%	32.8%	30.5%	8.5%
	Sherburne	18.4%	20.4%	25.5%	22.4%	13.3%
	Stearns	10.6%	14.3%	36.0%	24.3%	14.8%
	St. Cloud	11.3%	12.3%	33.8%	30.1%	12.5%

222. In your opinion, how much of a problem is <u>illegal drug use among youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**10.3%**	**15.7%**	**34.5%**	**27.5%**	**12.1%**
Gender	Male	17.9%	15.4%	33.3%	19.5%	13.8%
	Female	8.8%	15.9%	34.4%	29.0%	11.9%
Age groups	18-34	9.9%	17.4%	34.7%	30.6%	7.4%
	35-44	12.6%	15.9%	36.4%	23.8%	11.3%
	45-54	7.9%	17.1%	29.3%	34.1%	11.6%
	55-64	10.8%	13.9%	40.5%	20.9%	13.9%
	65-74	10.1%	16.2%	30.3%	28.3%	15.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	14.5%	14.5%	27.3%	23.6%	20.0%
	Trade/Voc, Associate degree or some college	14.0%	15.8%	30.6%	27.9%	11.7%
	Bachelor's degree	8.3%	14.9%	36.9%	29.9%	10.0%
	Graduate or professional degree	6.0%	16.8%	39.5%	24.6%	13.2%
Poverty 200%	200% poverty or less	15.9%	14.6%	24.4%	35.4%	9.8%
	Greater than 200% poverty	9.6%	16.1%	35.4%	26.5%	12.4%
Local Comparisons	Benton	11.3%	18.6%	30.5%	28.8%	10.7%
	Sherburne	15.3%	17.3%	36.7%	19.4%	11.2%
	Stearns	8.8%	14.1%	35.5%	28.7%	12.8%
	St. Cloud	8.8%	14.2%	35.5%	30.9%	10.5%

223. In your opinion, how much of a problem is <u>illegal drug use in adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**9.8%**	**14.0%**	**35.2%**	**30.0%**	**11.0%**
Gender	Male	17.2%	17.2%	31.1%	22.1%	12.3%
	Female	8.3%	13.5%	35.7%	31.6%	10.9%
Age groups	18-34	7.4%	11.6%	42.1%	32.2%	6.6%
	35-44	11.9%	13.2%	35.8%	28.5%	10.6%
	45-54	8.5%	14.6%	28.7%	37.8%	10.4%
	55-64	10.2%	12.1%	40.1%	24.2%	13.4%
	65-74	10.1%	20.2%	30.3%	27.3%	12.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	14.5%	20.0%	23.6%	25.5%	16.4%
	Trade/Voc, Associate degree or some college	12.8%	14.0%	30.6%	30.9%	11.7%
	Bachelor's degree	8.7%	12.9%	38.6%	31.5%	8.3%
	Graduate or professional degree	4.8%	13.9%	41.6%	27.7%	12.0%
Poverty 200%	200% poverty or less	13.4%	13.4%	24.4%	39.0%	9.8%
	Greater than 200% poverty	9.3%	14.0%	36.6%	29.0%	11.1%
Local Comparisons	Benton	9.0%	15.3%	35.0%	31.6%	9.0%
	Sherburne	14.3%	13.3%	38.8%	23.5%	10.2%
	Stearns	9.1%	13.7%	34.5%	30.8%	11.9%
	St. Cloud	9.1%	12.3%	34.6%	33.8%	10.3%

224. In your opinion, how much of a problem is <u>depression among youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**6.7%**	**12.5%**	**32.8%**	**39.2%**	**8.8%**
Gender	Male	14.6%	18.7%	31.7%	19.5%	15.4%
	Female	5.1%	11.1%	33.0%	43.2%	7.6%
Age groups	18-34	5.0%	9.1%	31.4%	47.9%	6.6%
	35-44	8.6%	7.9%	35.1%	42.4%	6.0%
	45-54	6.0%	12.0%	28.3%	48.8%	4.8%
	55-64	7.4%	13.6%	37.0%	28.4%	13.6%
	65-74	6.1%	20.2%	34.3%	26.3%	13.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	5.4%	19.6%	37.5%	21.4%	16.1%
	Trade/Voc, Associate degree or some college	9.4%	14.6%	30.7%	34.8%	10.5%
	Bachelor's degree	5.3%	9.4%	34.7%	44.5%	6.1%
	Graduate or professional degree	4.8%	11.4%	31.7%	44.3%	7.8%
Poverty 200%	200% poverty or less	9.8%	12.2%	34.1%	37.8%	6.1%
	Greater than 200% poverty	6.4%	12.2%	32.1%	40.1%	9.2%
Local Comparisons	Benton	5.6%	11.2%	36.0%	40.4%	6.7%
	Sherburne	8.1%	13.1%	32.3%	38.4%	8.1%
	Stearns	6.8%	12.9%	31.7%	38.9%	9.8%
	St. Cloud	5.6%	10.9%	31.6%	43.9%	8.0%

225. In your opinion, how much of a problem is <u>depression among adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**6.0%**	**12.7%**	**38.5%**	**34.1%**	**8.7%**
Gender	Male	13.0%	19.5%	35.8%	17.9%	13.8%
	Female	4.6%	11.2%	39.1%	37.3%	7.8%
Age groups	18-34	4.1%	8.3%	34.7%	44.6%	8.3%
	35-44	7.9%	9.9%	36.4%	38.4%	7.3%
	45-54	4.8%	9.6%	39.2%	41.6%	4.8%
	55-64	7.4%	14.2%	45.1%	21.6%	11.7%
	65-74	5.1%	23.2%	38.4%	21.2%	12.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	3.6%	19.6%	41.1%	17.9%	17.9%
	Trade/Voc, Associate degree or some college	7.9%	15.0%	36.0%	31.1%	10.1%
	Bachelor's degree	5.3%	9.8%	41.6%	38.0%	5.3%
	Graduate or professional degree	4.8%	10.8%	37.1%	38.9%	8.4%
Poverty 200%	200% poverty or less	9.8%	8.5%	41.5%	34.1%	6.1%
	Greater than 200% poverty	5.6%	12.9%	37.8%	34.7%	9.1%
Local Comparisons	Benton	6.2%	13.5%	39.3%	33.1%	7.9%
	Sherburne	7.1%	10.1%	38.4%	36.4%	8.1%
	Stearns	5.7%	12.9%	38.2%	34.1%	9.2%
	St. Cloud	5.1%	11.9%	37.4%	37.9%	7.8%

226. In your opinion, how much of a problem is <u>suicide among youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**9.5%**	**21.3%**	**27.4%**	**31.4%**	**10.4%**
Gender	Male	17.9%	22.0%	27.6%	17.1%	15.4%
	Female	7.9%	20.9%	27.5%	34.3%	9.4%
Age groups	18-34	9.9%	24.8%	24.0%	34.7%	6.6%
	35-44	10.7%	18.7%	28.7%	34.0%	8.0%
	45-54	9.0%	18.7%	27.7%	36.1%	8.4%
	55-64	9.9%	19.3%	26.7%	28.0%	16.1%
	65-74	8.1%	27.3%	32.3%	22.2%	10.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	10.7%	23.2%	28.6%	21.4%	16.1%
	Trade/Voc, Associate degree or some college	12.8%	22.9%	24.4%	27.8%	12.0%
	Bachelor's degree	8.2%	17.2%	28.3%	38.5%	7.8%
	Graduate or professional degree	6.0%	24.0%	30.5%	29.9%	9.6%
Poverty 200%	200% poverty or less	11.0%	25.6%	29.3%	26.8%	7.3%
	Greater than 200% poverty	9.6%	20.3%	27.0%	32.2%	11.0%
Local Comparisons	Benton	9.7%	23.3%	30.1%	28.4%	8.5%
	Sherburne	10.1%	20.2%	26.3%	33.3%	10.1%
	Stearns	9.4%	20.7%	26.6%	32.1%	11.1%
	St. Cloud	7.5%	17.5%	29.9%	35.5%	9.5%

227. In your opinion, how much of a problem is <u>suicide among adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**9.3%**	**23.8%**	**31.4%**	**24.4%**	**11.2%**
Gender	Male	16.3%	28.5%	30.1%	10.6%	14.6%
	Female	7.9%	22.8%	31.8%	26.9%	10.6%
Age groups	18-34	9.9%	25.6%	27.3%	28.9%	8.3%
	35-44	10.6%	21.9%	27.2%	31.8%	8.6%
	45-54	9.0%	20.5%	31.3%	29.5%	9.6%
	55-64	9.3%	22.8%	37.0%	15.4%	15.4%
	65-74	8.1%	28.3%	36.4%	15.2%	12.1%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	8.9%	26.8%	25.0%	21.4%	17.9%
	Trade/Voc, Associate degree or some college	12.7%	24.7%	28.1%	22.5%	12.0%
	Bachelor's degree	7.8%	21.6%	32.2%	29.8%	8.6%
	Graduate or professional degree	6.0%	24.6%	37.7%	20.4%	11.4%
Poverty 200%	200% poverty or less	9.8%	20.7%	35.4%	26.8%	7.3%
	Greater than 200% poverty	9.4%	24.0%	30.5%	24.2%	11.9%
Local Comparisons	Benton	10.7%	27.5%	30.3%	21.3%	10.1%
	Sherburne	10.1%	21.2%	32.3%	26.3%	10.1%
	Stearns	8.5%	22.9%	31.7%	25.1%	11.8%
	St. Cloud	7.5%	19.9%	34.2%	27.7%	10.7%

228. In your opinion, how much of a problem are <u>other mental health issues, such as anxiety or panic attacks, memory loss, Alzheimer's or another form of dementia, etc.</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**6.5%**	**11.4%**	**33.4%**	**40.9%**	**7.8%**
Gender	Male	12.2%	20.3%	30.9%	23.6%	13.0%
	Female	5.5%	9.6%	34.0%	44.1%	6.8%
Age groups	18-34	4.1%	14.9%	24.8%	50.4%	5.8%
	35-44	9.3%	8.6%	32.5%	43.7%	6.0%
	45-54	5.4%	10.8%	28.3%	49.4%	6.0%
	55-64	6.8%	9.3%	42.6%	30.9%	10.5%
	65-74	8.2%	13.3%	39.8%	28.6%	10.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	7.1%	19.6%	30.4%	26.8%	16.1%
	Trade/Voc, Associate degree or some college	7.9%	12.8%	31.2%	38.0%	10.2%
	Bachelor's degree	5.7%	11.0%	34.7%	44.9%	3.7%
	Graduate or professional degree	5.4%	7.2%	35.9%	44.3%	7.2%
Poverty 200%	200% poverty or less	9.8%	11.0%	31.7%	41.5%	6.1%
	Greater than 200% poverty	6.2%	11.6%	33.3%	40.9%	8.0%
Local Comparisons	Benton	4.5%	10.1%	36.5%	41.6%	7.3%
	Sherburne	9.1%	12.1%	24.2%	46.5%	8.1%
	Stearns	6.8%	11.8%	34.1%	39.4%	7.9%
	St. Cloud	5.1%	10.0%	35.8%	42.3%	6.8%

229. In your opinion, how much of a problem is <u>difficulty obtaining mental health services for youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**10.1%**	**11.7%**	**21.9%**	**44.4%**	**11.9%**
Gender	Male	18.9%	16.4%	22.1%	24.6%	18.0%
	Female	8.3%	10.9%	21.9%	48.2%	10.8%
Age groups	18-34	10.8%	10.0%	26.7%	45.0%	7.5%
	35-44	10.6%	12.6%	18.5%	48.3%	9.9%
	45-54	8.4%	9.0%	21.1%	50.6%	10.8%
	55-64	10.5%	9.3%	25.9%	37.0%	17.3%
	65-74	12.4%	19.6%	18.6%	37.1%	12.4%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	17.9%	14.3%	17.9%	28.6%	21.4%
	Trade/Voc, Associate degree or some college	12.4%	13.9%	22.1%	37.5%	14.2%
	Bachelor's degree	8.6%	9.9%	22.2%	50.6%	8.6%
	Graduate or professional degree	6.0%	10.2%	22.3%	51.8%	9.6%
Poverty 200%	200% poverty or less	14.8%	13.6%	24.7%	39.5%	7.4%
	Greater than 200% poverty	9.7%	11.3%	21.5%	45.1%	12.3%
Local Comparisons	Benton	10.2%	14.7%	22.0%	40.1%	13.0%
	Sherburne	9.1%	18.2%	21.2%	39.4%	12.1%
	Stearns	10.3%	9.2%	21.9%	47.1%	11.4%
	St. Cloud	9.2%	10.2%	24.3%	45.6%	10.7%

230. In your opinion, how much of a problem is <u>difficulty obtaining mental health services for adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
Region Total		**10.4%**	**12.3%**	**25.1%**	**42.2%**	**10.1%**
Gender	Male	19.0%	18.2%	23.1%	23.1%	16.5%
	Female	8.6%	11.2%	25.6%	45.7%	8.9%
Age groups	18-34	11.7%	10.8%	29.2%	42.5%	5.8%
	35-44	12.6%	12.6%	19.2%	47.0%	8.6%
	45-54	7.2%	10.2%	25.3%	48.2%	9.0%
	55-64	11.1%	9.3%	27.8%	37.0%	14.8%
	65-74	11.2%	19.4%	25.5%	32.7%	11.2%
	75+	DS	DS	DS	DS	DS
Education	High school graduate/GED or less	17.9%	14.3%	21.4%	28.6%	17.9%
	Trade/Voc, Associate degree or some college	13.2%	14.7%	22.6%	36.2%	13.2%
	Bachelor's degree	9.0%	9.8%	28.2%	46.1%	6.9%
	Graduate or professional degree	5.4%	11.4%	25.7%	50.3%	7.2%
Poverty 200%	200% poverty or less	13.6%	11.1%	25.9%	42.0%	7.4%
	Greater than 200% poverty	10.2%	12.3%	25.5%	41.9%	10.2%
Local Comparisons	Benton	10.7%	15.2%	26.4%	37.6%	10.1%
	Sherburne	9.2%	13.3%	24.5%	40.8%	12.2%
	Stearns	10.5%	10.9%	24.7%	44.2%	9.6%
	St. Cloud	9.0%	10.7%	28.0%	43.2%	9.0%

Appendices

Central Minnesota Community Health Survey Tool

CENTRAL MINNESOTA COMMUNITY HEALTH SURVEY

INSTRUCTION: Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

GENERAL HEALTH AND HEALTH CARE

1. In general, would you say that your health is:

○ Excellent   ○ Very good   ○ Good   ○ Fair   ○ Poor

2. Have you <u>ever</u> been told by a doctor, nurse or other health care professional that you had any of the following health conditions?

	No	Yes	Yes, but only related to pregnancy
a. Diabetes	○	○	○
b. Pre-diabetes	○	○	○
c. High blood pressure/hypertension	○	○	○
d. Pre-hypertension	○	○	○
e. Depression	○	○	○
f. Anxiety or panic attacks	○	○	
g. Memory loss, Alzheimer's disease or another form of dementia	○	○	
h. Post-traumatic stress disorder (PTSD)	○	○	
i. Other mental health issues	○	○	
j. Sleep-related disorders (such as insomnia, restless leg syndrome or sleep apnea)	○	○	
k. Cancer	○	○	
l. Heart trouble or angina	○	○	
m. Stroke or stroke-related health issues	○	○	
n. High cholesterol or triglycerides	○	○	
o. Chronic lung disease (including COPD, chronic bronchitis or emphysema)	○	○	
p. Asthma	○	○	
q. Arthritis	○	○	
r. Risk of falling	○	○	
s. Sexually transmitted diseases/infections (Chlamydia, HIV, etc.)	○	○	

3. Is there a place that you <u>usually</u> go to when you are sick or need medical care?
(Mark only ONE answer)

○ I do not have a place I usually go when I need medical care
○ A doctor's office   ○ An emergency room   ○ Religious healer
○ A hospital outpatient clinic   ○ Some other health center   ○ Google/Internet
○ Public health   ○ Schedule an e-visit   ○ Trusted family or friends
○ A chiropractor's office   ○ Call a nurse line   ○ Some other place:
○ An urgent care center   ○ Traditional healer   _____

DO NOT WRITE IN THIS BOX

▣○○○○○○○○○○○○○○○○○○○○○○○○○

1

CONTINUE SURVEY ➤

4. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?

○ Within the past year   ○ Within the past 5 years   ○ Never
○ Within the past 2 years   ○ 5 or more years ago

5. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 7**

6. Why did you not get or delay getting the medical care you thought you needed?
(Mark ALL that apply)

○ The care I needed cost too much   ○ I did not think it was serious enough
○ My co-pay was too expensive   ○ I was too nervous or afraid
○ My deductible was too expensive   ○ I don't trust the health care system
○ My insurance did not cover it   ○ The clinic cancelled my appointment due to COVID-19
○ I did not have insurance   ○ I cancelled my appointment due to COVID-19
○ I could not get an appointment   ○ I did not have access to telehealth or a virtual visit
○ I had transportation problems   ○ Other reason _____

7. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 9**

8. Why did you not get or delay getting the dental care you thought you needed?
(Mark ALL that apply)

○ The care I needed cost too much   ○ I did not think it was serious enough
○ My co-pay was too expensive   ○ I was too nervous or afraid
○ My deductible was too expensive   ○ I don't trust the health care system
○ My insurance did not cover it   ○ The office cancelled my appointment due to COVID-19
○ I did not have insurance   ○ I cancelled my appointment due to COVID-19
○ The dentist would not accept my insurance ○ I did not have access to telehealth or a virtual visit
○ I could not get an appointment   ○ Other reason _____
○ I had transportation problems

9. During the past 12 months, was there a time when you wanted to talk with or seek help from a health professional about mental health issues such as stress, depression, excess worrying, troubling thoughts or emotional problems, but did not or delayed talking with someone?

○ Yes   ○ No ▶ **IF NO, GO TO QUESTION 11**

10. Why did you not get or delay getting the mental health care you thought you needed?
(Mark ALL that apply)

○ The care I needed cost too much   ○ I was too nervous or afraid
○ My co-pay was too expensive   ○ I was afraid someone I know would see me
○ My deductible was too expensive   ○ I don't trust the health care system
○ My insurance did not cover it   ○ The office cancelled my appointment due to COVID-19
○ I did not have insurance   ○ I cancelled my appointment due to COVID-19
○ I could not get an appointment   ○ I did not have access to telehealth or a virtual visit
○ I had transportation problems   ○ Other reason _____
○ I did not think it was serious enough

2

11. During the past 30 days, for about how many days have you felt sad, blue, or depressed? → **Days**

⓪⓪
①①
②②
③③
④
⑤
⑥
⑦
⑧
⑨

12. Which statement best describes the medications prescribed for you in the past 6 months?

○ I had no medications prescribed for me ▶ **GO TO QUESTION 14**

○ I had medications prescribed for me and I filled them all ▶ **GO TO QUESTION 14**

○ I had medications prescribed for me and I did not fill at least one of them ▶ **GO TO QUESTION 13**

13. Why did you not fill at least one prescription?
(Mark ALL that apply)

○ The medication I needed cost too much
○ My co-pay was too expensive
○ My deductible was too expensive
○ My insurance did not cover it
○ I did not have insurance

○ I do not like taking medications
○ I did not like the side effects
○ I had transportation problems
○ Pharmacy services are not available in my community
○ Other reason _____

14. Which of the following types of health insurance do you have?
(Please mark yes or no for each.)

	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or someone else's employer	○	○
b. Health insurance or coverage bought directly by you or your family	○	○
c. Indian or Tribal Health Service	○	○
d. Medicare or Medicare Supplement (such as Part D)	○	○
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	○	○
f. MinnesotaCare	○	○
g. Health Insurance through MnSure	○	○
h. CHAMPUS, TRICARE, or Veteran's benefits	○	○
i. Other health insurance or coverage (please specify) _____	○	○
j. I don't have health insurance	○	○

15. A serving of fruit is a medium-sized fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have yesterday?

Number of Servings:
⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

16. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

Number of Servings:
⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

17. A serving of vegetables-not including french fries- is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have yesterday?

Number of Servings:
⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

3

18. How often did you drink the following beverages in the past week?

	Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
a. Fruit drinks (such as Snapple, flavored teas, Capri Sun or Kool-Aid)	○	○	○	○	○	○	○
b. Sports drinks (such as Gatorade or Powerade); these drinks usually do not have caffeine	○	○	○	○	○	○	○
c. Regular soda or pop (include all kinds such as Coke, Pepsi, 7-Up, Sprite or root beer)	○	○	○	○	○	○	○
d. Energy drinks (such as Rockstar, Red Bull, Monster or Full Throttle); these drinks usually have caffeine	○	○	○	○	○	○	○

19. During the past 12 months, have you used a community food shelf program or a community food box program?

○ Yes   ○ No

20. How often do you or others in your household buy or get food from the following places?

	Never or less than 1 time per month	About 1 time per month	About 2 or 3 times per month	About 1 time per week	2 or more times per week
a. Supermarket or large grocery store	○	○	○	○	○
b. Small grocery store	○	○	○	○	○
c. Convenience store or gas station	○	○	○	○	○
d. Food shelf, food pantry or community food box program	○	○	○	○	○
e. Some other place:_____	○	○	○	○	○

21. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

○ Often   ○ Sometimes   ○ Rarely   ○ Never

22. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening or walking for exercise?

○ Yes   ○ No

23. During an average week, other than your regular job, on how many days do you get at least 30 minutes of *moderate* physical activity? *(Moderate activities cause only light sweating and a small increase in breathing or heart rate.)*

○ 0 days   ○ 1 day   ○ 2 days   ○ 3 days   ○ 4 days   ○ 5 days   ○ 6 days   ○ 7 days

24. During an average week, other than your regular job, on how many days do you get at least 20 minutes of *vigorous* physical activity? *(Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)*

○ 0 days   ○ 1 day   ○ 2 days   ○ 3 days   ○ 4 days   ○ 5 days   ○ 6 days   ○ 7 days

25. How much of a problem are the following factors for <u>you</u> in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
a. Lack of programs or facilities	○	○	○
b. Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	○	○	○
c. Distance I have to travel to a fitness or community center, parks or walking trails	○	○	○
d. No safe place to be physically active	○	○	○
e. Not having sidewalks or walking paths/trails	○	○	○
f. Poor maintenance of sidewalks or walking paths/trails	○	○	○
g. Other reason (please specify): _____	○	○	○

26. How often do you feel safe in your community?

○ Often　　○ Sometimes　　○ Rarely　　○ Never

26a. Why do you feel this way? _____

27. If you were to experience or witness a crime or harassment in your community, how safe would you feel calling the police or sheriff for help?

○ Very safe　　○ Fairly safe　　○ Not very safe　　○ Not at all safe

28. During the <u>past 12 months</u>, have you experienced any of the following situations? If yes, have you felt you were discriminated against during the situation?

	Experienced the situation		Felt discriminated against	
a. Applied for a job?	○ No	○ Yes→	○ No	○ Yes
b. Worked at a job?	○ No	○ Yes→	○ No	○ Yes
c. Received medical care?	○ No	○ Yes→	○ No	○ Yes
d. Looked for a different house or apartment?	○ No	○ Yes→	○ No	○ Yes
e. Applied for a credit card, bank loan or a mortgage?	○ No	○ Yes→	○ No	○ Yes
f. Shopped at a store or eaten at a restaurant?	○ No	○ Yes→	○ No	○ Yes
g. Applied for social services or public assistance?	○ No	○ Yes→	○ No	○ Yes
h. Dealt with the police?	○ No	○ Yes→	○ No	○ Yes
i. Appeared in court?	○ No	○ Yes→	○ No	○ Yes

29. If you felt discriminated against in <u>any</u> of the above situations, what was the reason(s)?
(Mark ALL that apply)

○ I did not experience any discrimination　　　○ Disability

○ Race, color, ethnicity or country of origin　　○ Religion

○ Age　　　　　　　　　　　　　　　　　　○ Being overweight or obese

○ Gender　　　　　　　　　　　　　　　　　○ Other, please specify: _____

○ Sexual orientation

○ Gender identity

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30. Have you smoked at least 100 cigarettes in your entire life? (100 cigarettes = 5 packs)

○ Yes

○ No ▶ **GO TO QUESTION 33**

31. Do you now smoke cigarettes every day, some days or not at all?

○ Every day

○ Some days

○ Not at all ▶ **GO TO QUESTION 33**

32. During the <u>past 12 months</u>, have you stopped smoking for one day or longer because you were trying to quit?

○ Yes

○ No

5

33. How often do you use any of the following products?

	Every day	Some days	Not at all
a. Cigars, cigarillos or little cigars	◯	◯	◯
b. Pipes	◯	◯	◯
c. Snuff, snus or chewing tobacco	◯	◯	◯
d. E-cigarettes or vaping devices to smoke nicotine products (do not include marijuana or THC products)	◯	◯	◯
e. A hookah water pipe	◯	◯	◯
f. Any other type of tobacco product	◯	◯	◯

34. How often do you feel lonely or isolated from those around you?

◯ Always   ◯ Rarely
◯ Often   ◯ Never
◯ Sometimes

35. Have you ever considered attempting suicide? *(Mark ALL that apply)*

◯ No
◯ Yes, during the last 6 months
◯ Yes, during the last year
◯ Yes, more than a year ago

36. Have you experienced any <u>losses</u> related to the COVID-19 pandemic? *(Mark ALL that apply)*

◯ None
◯ Job (layoff, furlough, hours reduction)
◯ Income
◯ Housing
◯ Health Insurance
◯ Transportation
◯ Child care
◯ Regular school routine

◯ Social connectedness
◯ Social support
◯ Sense of wellness
◯ Recreation or entertainment
◯ Exercise opportunities
◯ Death of family member or friend
◯ Other: ―――――――――

37. Where do you usually get health, wellness, and medical information?
(Please mark UP TO 3 sources)

◯ E-mail alert or e-newsletter
◯ Newspaper (print or online)
◯ Brochure, newsletter, magazine or other print material
◯ Text message
◯ Social media such as Facebook or Twitter
◯ Websites or internet
◯ Phone apps
◯ Nurse or other health professional at a church, synagogue, mosque, etc.

◯ Television
◯ Radio
◯ Medical professionals
◯ Pharmacy
◯ Community Health Worker
◯ Family or friends
◯ Health fairs or other health-related community events
◯ Other: ―――――――――

COMMUNITY CONCERNS

38. In <u>your opinion</u>, how much of a problem is each of these issues <u>in your county</u>?

	No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
A. ISSUES FOR FAMILIES					
1. Families experiencing financial stress	O	O	O	O	O
2. Parents with inadequate or poor parenting skills	O	O	O	O	O
3. Childhood trauma	O	O	O	O	O
4. Bullying	O	O	O	O	O
5. Abuse and neglect of children	O	O	O	O	O
6. Abuse and neglect of vulnerable adults	O	O	O	O	O
B. SOCIAL EXPERIENCE					
1. Racism	O	O	O	O	O
2. White privilege (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)	O	O	O	O	O
3. Police brutality	O	O	O	O	O
C. DISCRIMINATION					
1. Discrimination based on race, color, ethnicity or country of origin	O	O	O	O	O
2. Discrimination based on age	O	O	O	O	O
3. Discrimination based on gender	O	O	O	O	O
4. Discrimination based on sexual orientation	O	O	O	O	O
5. Discrimination based on gender identity	O	O	O	O	O
6. Discrimination based on disability	O	O	O	O	O
7. Discrimination based on religion	O	O	O	O	O
8. Discrimination based on being overweight or obese	O	O	O	O	O
9. Discrimination based on something else Please specify: _____	O	O	O	O	O
D. TOBACCO AND OTHER DRUG USE					
1. Smoking or other tobacco use	O	O	O	O	O
2. Use of e-cigarettes/vaping for <u>nicotine</u> products	O	O	O	O	O
3. Abuse of prescription drugs	O	O	O	O	O
4. Illegal drug use among youth	O	O	O	O	O
5. Illegal drug use among adults	O	O	O	O	O
E. MENTAL HEALTH					
1. Depression among youth	O	O	O	O	O
2. Depression among adults	O	O	O	O	O
3. Suicide among youth	O	O	O	O	O
4. Suicide among adults	O	O	O	O	O
5. Other mental health issues, such as anxiety or panic attacks, memory loss, Alzheimer's or another form of dementia, etc.	O	O	O	O	O
6. Difficulty obtaining mental health services for youth	O	O	O	O	O
7. Difficulty obtaining mental health services for adults	O	O	O	O	O

39. What best describes your gender identity? *(Mark ALL that apply)*

○ Male   ○ Female   ○ Transgender Male   ○ Transgender Female   ○ Non-Binary
○ Please describe: _____

40. What best describes your sexual orientation? *(Mark ALL that apply)*

○ Straight/Heterosexual   ○ Gay/Lesbian   ○ Bisexual   ○ Pansexual   ○ Queer
○ Asexual   ○ Please describe: _____

41. Your age group:

○ 18-24   ○ 35-44   ○ 55-64   ○ 75 or older
○ 25-34   ○ 45-54   ○ 65-74

42. How many adults (<u>including you</u>) and children live in your household?

Number of adults age 18 or older (<u>including you</u>):
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

Number of children under age 18:
⓪ ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ⑪ ⑫ or more

43. About how tall are you without shoes?

Feet | Inches
⓪ ⓪
① ①
② ②
③ ③
④ ④
⑤ ⑤
⑥ ⑥
⑦ ⑦
⑧
⑨
⑩
⑪

44. About how much do you weigh without shoes?

Pounds
⓪ ⓪ ⓪
① ① ①
② ② ②
③ ③ ③
④ ④ ④
⑤ ⑤ ⑤
⑥ ⑥ ⑥
⑦ ⑦ ⑦
⑧ ⑧ ⑧
⑨ ⑨ ⑨

45. Are you a member of either of the following ethnic or cultural groups?

	Yes	No
a. Hispanic or Latino/Latina	○	○
b. Somali	○	○

46. Which of the following best describe you?
(Mark ALL that apply)

○ American Indian or Alaska Native
○ Asian or Asian American
○ Black or African American
○ African Native
○ Native Hawaiian or Pacific Islander
○ White
○ Other: _____

47. Your education level:

○ Did not complete 8th grade
○ Did not complete high school
○ High school diploma/GED
○ Trade/Vocational school
○ Some college
○ Associate degree
○ Bachelor's degree
○ Graduate/Professional degree

48. What was your household's total income from all earners and all sources in 2020?

○ $25,000 or less
○ $25,501 - $34,500
○ $34,501 - $43,500
○ $43,501 - $52,500
○ $52,501 - $61,500
○ $61,501 - $70,000
○ $70,001 - $79,000
○ $79,001 - $88,000
○ $88,001 - $100,000
○ More than $100,000

Thank you for your participation!