

PATIENT EDUCATION

Preparation Instructions: Manometry Study

Preparations for the manometry study

- You are not sedated so you will be able to drive yourself home.
- Please allow at least one hour for the test.
- If you have any questions regarding these preparation instructions, please call us at (320) 229-4916.

Medication information

- Some of the medicine you take may need to be stopped or adjusted temporarily. You should discuss all blood thinners, insulin, or diabetes medications with the prescribing provider before the manometry study. Do not stop these medications without the consent of your provider.

One (1) week before your manometry study

- You will need to hold your prescription Reglan or Metoclopramide.

The day of your manometry study

- Remember you cannot have anything to eat or drink 4 hours before your test.
- Do not wear jewelry. Please leave valuable objects at home or with family members.
- Dress comfortably.

After the manometry study

- As soon as the manometry study is finished you will be able to either go home or return to work.
- You may resume your usual diet, medications, and activities following the manometry study.

Notes / Other Instructions: