

Plaza GI Scheduling Guide

Registration

• You will also receive a phone call from registration, to fully register you for the procedure to make your check-in process more efficient.

Scheduling

- If you need to cancel or reschedule your appointment, please call us at 320-229-4916 and choose the scheduling options. The Scheduling department is available Monday through Friday between 8:00 a.m. and 4:30 p.m.
- If you are unable to keep your appointment, we request you provide a 48-hour notice.

Pre-Procedure Phone Call

- A nurse will call 5-7 days before your procedure. They will ask questions to help get you ready for your procedure, talk about your health, and help you understand which medications you can or cannot take before the procedure.
- If you have ANY questions regarding the procedure instructions, please call 320-229-4974, Monday through Friday between 8:00 a.m. and 4:00 p.m

Before Your Procedure

• Check with your insurance carrier about coverage for the procedure. The phone number is on the back of your insurance card.

Driver Information

- You must have a driver who is 18 years or older present at check-in and discharge. If you do not have a driver with you at check-in, your appointment may need to be rescheduled.
- You are **not allowed** to drive yourself home. You are **not allowed** to drive, take a taxi or bus, or leave the Endoscopy unit alone.
- You can take a taxi home with a **responsible adult** with you.
- If you do not have a **responsible driver** (family member or friend) with you to take you home, your procedure may be done without sedation or will be rescheduled.
- We strongly recommend that someone stays with you 24 hours after the procedure because the sedation medication can affect your body, your memory, and your ability to make good, safe decisions.
- You will **not** be able to return to work, drive, or operate machinery the day of your procedure. Do not drink alcohol or sign any legal papers for 24 hours after getting sedation.
- Before you can leave your procedure area, your vital signs should be close to normal for you.

Notes / Other instructions:

