

# CENTRA CARE Laboratory Services

## Send Out Specimen Handling Guide

SEND OUT TESTING – Indicated by “-REF” on a majority of primary labels.	CONTAINER TO BE SENT
<ul style="list-style-type: none"> <li>Use for all serum/plasma samples not performed at the SCH site.</li> <li>One tube per send out test. (Exception: RAST testing can be combined in one tube.)</li> <li>½ ml minimum for most individual tests. Tests listed below in green are common tests that take more than ½ ml.</li> </ul> <p> <span style="color: green;">CATP (2.0 ml)</span>   <span style="color: green;">EONE (0.6 ml)</span>   <span style="color: green;">ESTG (0.6 ml)</span>   <span style="color: green;">FSER (3.0 ml)</span>   <span style="color: green;">LIPO (4.0 ml)</span>  <span style="color: green;">MGE (2.0 ml)</span>   <span style="color: green;">PMET (1.1 ml)</span>   <span style="color: green;">PNEO (2.0 ml)</span>   <span style="color: green;">QUAD (1.0 ml)</span>   <span style="color: green;">TSTF (2.0 ml)</span>  <span style="color: blue;">CRY (3.0 ml serum and 1.0 ml plasma)</span> </p> <ul style="list-style-type: none"> <li>Please reference Mayo Access for more information on volume requirements.</li> </ul>	
<ul style="list-style-type: none"> <li><b>Serum Metals:</b> Collect in a metal free “no additive” serum tube. Aliquot serum into Mayo “metal free” plastic tube to the right.</li> <li>All serum metals testing can be combined in one tube.</li> <li>All whole blood heavy metal testing should be sent in the primary metal-free EDTA collection tube shown at the far right.</li> </ul>	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">   <span style="color: green;">Serum</span> </div> <div style="text-align: center;"> <span style="color: green;">or</span> </div> <div style="text-align: center;">   <span style="color: green;">Whole Blood</span> </div> </div>
<ul style="list-style-type: none"> <li>Use for most send out urine samples. Reference the section below for exceptions.</li> </ul>	
<ul style="list-style-type: none"> <li>Use for <span style="color: green;">DOA (60 ml)</span>, <span style="color: green;">UIEP (60 ml)</span>, <span style="color: green;">UPOR (60 ml)</span>, and <span style="color: blue;">UCAT (60 ml)</span> testing per volume requirements.</li> </ul>	
<b>Barcode Placement</b>	
<ul style="list-style-type: none"> <li>With the cap in the left hand, place barcode to read left to right.</li> </ul>	