

Cancer Resources

APPEARANCE

Breast Prosthesis

Rice Home Medical – Women’s Health fittings are held at Coborn Healing Center. To schedule an appointment, call 320-251-2700 ext. 73978.

Rice Home Medical Locations:

Alexandria • 320-762-2439 • 1804 S Broadway, Suite 160 • Alexandria, MN 56308

Willmar • 320-263-1360 • 1033 19th Avenue SW • Willmar, MN 56201

Enhancement Program, Coborn Healing Center

1900 CentraCare Circle • St Cloud, MN 56303

The Enhancement Program provides cancer patients a free private consultation with a cosmetologist for an individualized wig fitting, hat and accessories at no charge. If you are receiving cancer care at Coborn Cancer Center and interested in a consultation, please call 320-229-5100.

Look Good ... Feel Better

Instructional videos are available with simple techniques to help people cope with skin/nail changes and hair loss as a result of their cancer treatment, visit www.lookgoodfeelbetter.org

FERTILITY, INTIMACY AND SEXUAL HEALTH

Fertility Preservation Before Treatment

Many cancer treatments and some types of cancer can cause fertility-related side effects. There are several ways to preserve fertility before cancer treatments. Please ask your provider about options that might be appropriate for you.

Male options include sperm cryopreservation (freezing), testicular tissue cryopreservation for prepubertal boys, or gonadal shielding during radiation therapy.

Female options include:

- Embryo cryopreservation: mature eggs are removed through a surgical procedure and fertilized in the lab with sperm to create embryos. Embryos that develop successfully are then frozen.
- Oocyte cryopreservation (egg freezing): mature eggs are removed through a surgical procedure and frozen.
- Ovarian transposition: ovaries are surgically moved higher in the abdomen away from radiation therapy field.
- Ovarian tissue cryopreservation and transplantation: an experimental method of fertility preservation in which the outer layer of an ovary, which contains many immature eggs, is taken out of the body and frozen.
- Gonadal suppression: GnRH treatment or oral contraceptives, evidence currently insufficient.

Resources:

Center for Reproductive Medicine

612-863-5390 • ivfminnesota.com • 991 Sibley Memorial Highway #100 • St. Paul, MN 55118

Cryogenics • www.cryolab.com

Livestrong Fertility • www.livestrong.org

Cancer Resources

Intimate Connections and Sexual Health

Sexual Medicine Clinic • 320-654-3688 • 1900 CentraCare Circle • St. Cloud, MN 56303

Reproductive Medicine

Reproductive Medicine Clinic • 320-654-3630 ext. 70291 • 1900 CentraCare Circle • St. Cloud, MN 56303

FINANCIAL RESOURCES

Co-Payment Assistance

- **CancerCare** • 800-813-4673 • www.cancercares.org
- **Chronic Disease Fund** • 877-968-7233 • <https://www.mygooddays.org>
- **Health Well Foundation** • 800-675-8416 • www.healthwellfoundation.org
- **Patient Access Network Foundation** • 866-316-7263 • www.panfoundation.org

Financial Counseling

- **Catholic Charities** • 320-650-1660 • www.ccstcloud.org
- **Lutheran Social Services** • 888-577-2227 • www.issmn.org
- **Village Family Service Center** • 320-253-5930 • www.helpwithmoney.org

Insurance

- **Medicare** • 800-633-4227
- **Project Care Mid-Minnesota Legal Aid** • 320-253-0121 or 888-360-2889
- **Senior Linkage Line, Central MN Council on Aging** • 800-333-2433 • www.cmcoa.org
- **Disability Hub** • 866-333-2466 • www.disabilityhubmn.org
- **Social Security Administration** • 800-772-1213 • www.ssa.gov

Living Expenses

- **Benefits.gov** • 800-333-4636
- **Catholic Charities** • 320-650-1660 • www.ccstcloud.org
- **Tri-Cap** • 888-765-5597

Work Leave/FMLA/Legal Rights

- **Cancer Legal Care** • 651-917-9000 • www.CancerLegalCare.org
- **Mid-Minnesota Legal Aid** • 320-253-0121 or 888-360-2889
- **Cancer and Careers** • 646-929-8032 • www.Cancerandcareers.org

Coborn Healing Center offers many free services to help you and your caregiver during and after cancer treatment. **For more information call 320-229-5100.**

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PHYSICAL SYMPTOMS

Nutrition Counseling

- **Coborn Cancer Center** • 320-229-4900 • 1900 CentraCare Circle • St. Cloud, MN 56303

Individual nutrition consultations with an oncology registered dietitian for nutrition education and counseling, therapeutic diets, nutrition support such as tube feeding or IV nutrition therapy and symptom management including appetite, nausea, vomiting, diarrhea or constipation.

Pain Management

- **Coborn Cancer Center** • 320-229-4900 • 1900 CentraCare Circle • St. Cloud, MN 56303

In addition to oncologists, advanced practice providers are available by appointment to help manage symptoms that may arise during and after treatment.

- **Palliative Care at Coborn Healing Center** • 320-656-7117 • 1900 CentraCare Circle
St. Cloud, MN 56303

Palliative Care focuses on providing relief from the symptoms, pain and stress of a serious illness. The goal is to improve quality of life for both the patient and the family. The cost of the services is covered by most health plans.

Rehabilitation Therapy

- **CentraCare – Plaza Rehabilitation** • 320-229-4922 • 1900 CentraCare Circle • St. Cloud, MN 56303
- **Project Care Mid-Minnesota Legal Aid** • 320-253-0121 or 888-360-2889
- **Senior Linkage Line, Central MN Council on Aging** • 800-333-2433 • www.cmcoa.org
- **Disability Hub** • 866-333-2466 • www.disabilityhubmn.org
- **Social Security Administration** • 800-772-1213 • www.ssa.gov

Sleep Medicine

- **CentraCare Sleep Center** • 320-251-0726 • 1586 County Road 134 • St. Cloud, MN 56303

SUPPORTIVE SERVICES

Behavioral Health/Counseling/Psychiatry Services

CentraCare Plaza, 1900 CentraCare Circle, St. Cloud, MN 56303

- **CentraCare – St. Cloud Hospital Behavioral Health** • 320-229-4945
- **Someone To Talk To at Coborn Healing Center** • 320-229-5100

Other

- **Central MN Mental Health Center** • 320-253-1321 • 13th St. N. • St. Cloud, MN 56303

Cancer Resources

Integrative Therapy

Coborn Healing Center at CentraCare Plaza • 1900 CentraCare Circle • St. Cloud, MN 56303

- [Acupuncture, Acupressure](#) • 320-229-5100
- [Art Therapy](#) • 320-229-5100
- [Healing Touch](#) • 320-229-5100
- [Massage Therapy](#) • 320-229-5100
- [Music Therapy](#) • 320-229-5100

CentraCare – Lifestyle Health • 2001 Stockinger Dr. • St. Cloud, MN 56303

- [Acupuncture, Medical Massage](#) • 320-534-3096

Parenting Through Cancer

CentraCare Plaza, 1900 CentraCare Circle, St. Cloud, MN 56303

- [Child Life Specialist](#) • childlife@centracare.com

Other

- [Angel Foundation](#) • 612-627-9000 • www.mnangel.org • 1155 Centre Pointe Drive, Ste. 7 Mendota Heights, MN 55120

Spiritual Care

Coborn Healing Center at CentraCare Plaza • 1900 CentraCare Circle • St. Cloud, MN 56303

- [Mindfulness for Cancer Recovery Series](#) • 320-229-5100
- [Spiritual Wellbeing Series](#) • 320-229-5100

St. Cloud Hospital • 1406 6th Ave N. • St. Cloud, MN 56303

- [Spiritual Care](#) • 320-251-2700, ext. 54621

Support Groups/Mentor Programs/Retreats

Coborn Healing Center at CentraCare Plaza • 1900 CentraCare Circle • St. Cloud, MN 56303

- [Caregivers Art Therapy Support](#) • 320-229-5100
- [Cancer Support Group](#) • 320-229-5100
- [Courage for Caregivers Retreat](#) • 320-229-5100
- [Hematology](#) (blood cancers/disorders, leukemia, multiple myeloma or lymphoma) • HematologySupport@centracare.com • 320-229-5199, ext. 73839
- [Music Therapy Group Support](#) • 320-229-5100
- [Thriving with Cancer Group Support](#) • 320-229-5100
- [Us TOO Prostate Cancer](#) • 320-259-1411

CentraCare Support Groups

- [CentraCare - Monticello](#) • 763-271-2800
- [CentraCare – Sauk Centre](#) • 320-352-2221

Cancer Resources

Other

- **4th Angel Foundation** · www.4thangel@ccf.org · 216-445-8734
- **American Cancer Society** · www.cancer.org
- **CaringBridge** · www.caringbridge.org
- **CancerCare** · www.cancercares.org
- **Imerman Angels** · www.imermanangels.org · 877-274-5529
- **Priceless4Purpose Retreat** · 218-568-4438
- **Reach to Recovery, American Cancer Society** (breast cancer) · 800-227-2345
- **Senior Linkage Line, Central MN Council on Aging** (age 55+) · 800-333-2433 · www.cmcoa.org
- **More Programs:**
 - **American Brain Tumor Association**
 - **Colon Cancer Alliance**
 - **Leukemia and Lymphoma Society**
 - **Living Beyond Breast Cancer**
 - **Lung Cancer Alliance**
 - **Ovarian Cancer Alliance**
 - **PanCan Action Network**
 - **Sarcoma Alliance**
 - **Support for People with Oral and Head and Neck Cancer**
 - **Us TOO International, Inc**