

MEMO

TO: CCLS Clients
FROM: CCLS – Specimen Referral Center
DATE: August 13, 2021
SUBJECT: Cortisol/Cortisone, Free, Random Urine

Effective August 17th, Mayo will be making the following test obsolete:

***CORTISOL/CORTISONE, FREE, RANDOM, URINE, MAYO CODE COCRU
(LABCODE1131)***

The recommended alternative test will be:

CORTISOL/CORTISONE, FREE, RANDOM, URINE, MAYO CODE CCFR

Minimum specimen requirements and temperature storage will change to the following:

Specimen Requirements:

Supplies: Plastic, 10-mL urine tube (T068)
Container/Tube: Clean, plastic aliquot container with no metal cap or glued insert
Preferred: Refrigerated
Specimen Volume: 10 mL
Collection Instructions: Collect a random urine specimen
Minimum Volume: 5 mL

Specimen Stability Information:

Specimen Type	Temperature	Time
Urine	Refrigerated (preferred)	14 days
	Ambient	72 hours
	Frozen	28 days