

Priority 1: Mental Health and Wellness

1. Goal:

Reduce the rate of mental health care delay and number of “not good” mental health days in Wright County by 2022

1. Population Measures [include baseline]:

1a. 27.2% report ever being told by a provider that they had any mental health condition (2018 Wright County Community Health Survey)

1b. 12% delayed or did not get needed mental health care (2018 Wright County Community Health Survey)

1c. 32.8% reported at least one day of “not good” mental health in the past 30 days, 21.8% 1-9 days (2018 Wright County Community Health Survey)

1. ACTION PLAN

<b>[Lead Agency]: Strategy</b>	<b>Target Date</b>	<b>Person / See Contact info on the last page [Partners]</b>	<b>Anticipated Outcome / Result</b>	<b>Progress Notes</b>
1.1 Collective Impact Tactic of Collaborative: Implement coordinated awareness campaign educating the community about mental illness as a medical condition	2020-2022	Wright County Community Health Collaborative	Decrease the stigma of mental illness in Wright County communities	
1.2 CentraCare - Monticello: Address all aspects of the mental wellness continuum, including well-being maintenance, prevention of disease and intervention	2020-2022  Ongoing 2020-2022	Dr. Elizabeth Sikes, Adult Psychiatrist  Melissa Pribyl, MSN RN, Community Health & Wellness Specialist	Continue monthly psychology related lunch and learns for employees  Continue Bounce Back Project work in schools, community and health system partners  Bounce Back Project School	

1. ACTION PLAN				
[Lead Agency]: Strategy	Target Date	Person / See Contact info on the last page [Partners]	Anticipated Outcome / Result	Progress Notes
	July 2019	Steve Schrupp, RN, Manager Emergency Department	Liaison staff to start September 2019 ED Behavioral Health Suite, opening July 2019	
	July 2019	Brandon Pellaton, LICSW, Manager Social Services	Psychiatry consult to see ED patients, starting July 2019	
	By FY2021	Gordy Vosberg, Director of Emergency Management Services	Grow Community Paramedic Program for mental health follow-up	
1.3 CentraCare – Monticello: Increase social connectedness and combat isolation	October 2019	Melissa Pribyl, MSN RN, Community Health & Wellness Specialist	Bounce Back Project/ACEs train the trainer session, scheduled October 2019	
1.4 CentraCare – Monticello: Education around mental illness as a medical condition	FY 2020- 2021	Makenzie Butler, MSN, RN-BC, CHSE, CMSRN Educator and Melissa Pribyl, MSN RN, Community Health & Wellness Specialist	Education to Monticello Care Center and St. Benedict Senior Community staff	
	By FY2021	CentraCare Communications	Awareness campaign on CentraCare social media platforms	
1.5 CentraCare – Monticello: Increase awareness about suicide related issues – suicide prevention	Ongoing 2020-2022	CentraCare Communications	CentraCare system computer screen saver with Suicide, Crisis Line information	
	FY2020			

1. ACTION PLAN				
<b>[Lead Agency]: Strategy</b>	<b>Target Date</b>	<b>Person / See Contact info on the last page [Partners]</b>	<b>Anticipated Outcome / Result</b>	<b>Progress Notes</b>
		Brandon Pellaton, LICSW, Manager Social Services	Connect with Lisa Bershok, Suicide Prevention Program Manager, to facilitate community or school-based presentation	

**Priority 2: Dental Care**

2. Goal:  
Reduce the rate of dental care delay in Wright County

2. Population Measures [include baseline]:

2a. 23.7% delayed or did not get needed dental care (2018 Wright County Community Health Survey)  
2b. 59.1% cited “cost too much” as reason for delayed dental care (2018 Wright County Community Health Survey)

2. ACTION PLAN				
<b>[Lead Agency]: Strategy</b>	<b>Target Date</b>	<b>Person / See Contact info on the last page [Partners]</b>	<b>Anticipated Outcome / Result</b>	<b>Progress Notes</b>
2.1 Collective Impact Tactic of Collaborative: Each organization involved in the Wright County Community Health Collaborative will have an active participant in the Dental Health Work Group – part of the Public Health Task Force to help advance the work around dental access in Wright County	2020-2022	Wright County Community Health Collaborative	Melissa Pribyl, MSN RN, Community Health & Wellness Specialist will continue to be actively participating in work group	

2. ACTION PLAN				
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2.2 CentraCare – Monticello: Increase access to dental care for all, with the focus on underserved populations	July 2021	Brandon Pellaton, LICSW, Manager Social Services	In Reach staff member added to assist ED patients with dental access and resources	
2.3 CentraCare – Monticello: Educate the community about the importance of regular dental care	2020-2022	Big Lake and Becker Clinic providers  Steve Schrupp, RN, Manager Emergency Department	Continue providing fluoride at well child visits  Provide current dental resource list to ED patients with dental emergencies	

**Priority 3: Substance Use and Abuse**

3. Goal:  
Support local prevention efforts and advocate for policy changes to address substance use in Wright County

3. Population Measures [include baseline]:

3a. 10.6% of adults in Wright County report being smokers (2018 Wright County Community Health Survey)  
 3b. 72.8% of adults report any alcohol use in the past 30 days (2018 Wright County Community Health Survey)  
 3c. 9.6% of 9<sup>th</sup> graders and 19.8% of 11<sup>th</sup> graders in Wright County use E-cigarettes (MN Student Survey 2016)

3. ACTION PLAN				
<b>[Lead Agency]: Strategy</b>	<b>Target Date</b>	<b>Person / See Contact info on the last page [Partners]</b>	<b>Anticipated Outcome / Result</b>	<b>Progress Notes</b>
3.1 Collective Impact Tactic of Collaborative: Engage in policy, system and environmental changes that reduce access to e-cigarettes	2020-2022	Wright County Community Health Collaborative		

3. ACTION PLAN				
<b>[Lead Agency]: Strategy</b>	<b>Target Date</b>	<b>Person / See Contact info on the last page [Partners]</b>	<b>Anticipated Outcome / Result</b>	<b>Progress Notes</b>
among youth and adults				
3.2 CentraCare – Monticello: Reduce stigma related to diagnosis and treatment of addictions and substance abuse disorders, and the possible connection to mental health conditions	FY2020-2021	Brandon Pellaton, LICSW, Manager Social Services  Dr. John Hering MD, MBA Co-Administrator/Chief Medical Officer Cindy Maki, CPCS, CPMSM, Medical Staff Coordinator  Tegan Buckley, Pharm-D, Pharmacy Director; Dr. Mark Bonneville, MD	Use ED, Social Services, In-Reach staff and Community Paramedics to create better linkage to available resources, increase awareness of these issues as medical conditions  CentraCare – Monticello social workers Rule 25 certified; assist with treatment opportunities  Medical Executive group to explore a policy to cap prescriptions in surgery and create an algorithm to direct prescribing  Maintain minimum opioid pill count options in Instymed machine	
3.3 CentraCare – Monticello: Provide education and address tobacco and e-cig use and access	Ongoing 2020-2022	Melissa Pribyl, MSN RN, Community Health & Wellness Specialist	Pull EPIC data to have baseline opioid numbers, current smokers and E-cig users  Utilize Feeling Good MN’s Tobacco Prevention Program resources	

3. ACTION PLAN				
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		Big Lake Clinic Providers	to provide education, legislative action  Continue Big Lake Clinic smoking cessation classes	
3.4 CentraCare – Monticello: Identify and create better linkage to appropriate available resources	Ongoing 2020-2022	All providers- ED, Surgery, CC Clinics  Providers, social services team  Garth Gideon, MS RN, Inpatient Services Manager	Share opioid pamphlet with patients receiving an opioid prescription, pre- surgery, support groups  Utilize CentraCare’s Recovery Plus as an option for Chemical Dependency Treatment  CentraCare – Monticello representative continues on Wright County Opioid Action Team	

## Contact List

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