

You're not alone on the journey.

We understand that cancer can be a frightening diagnosis, whether it applies to you or someone you love. We're here to assure you that we have the expertise and the latest treatments close to home to effectively manage or cure a range of cancers. And, because cancer can be so life-changing, we go above and beyond physical treatment, making sure that your practical, emotional and spiritual needs are taken care of throughout. We're passionate about providing care in a way that's personal, welcoming and comforting.

COBORN CANCER CENTER

Coborn Cancer Center is nationally recognized for its dedication to quality. Our professionals are committed to providing patients with exceptional outcomes based on: adherence to best practice standards; multidisciplinary coordination of care with primary care providers, research and clinical trials, and continued adoption of new technologies, services and programming to support you on your journey.

VISIT CENTRACARE.COM

- Search for support groups, events and resources
- Compare our care to regional and national statistics
- Find inspiring stories
- Honor or pay tribute to a loved one by making a gift securely online



We are continually working to improve our service to you. Following your visit, you may receive a patient survey. Please take this opportunity to let us know what we did well and how we can improve.



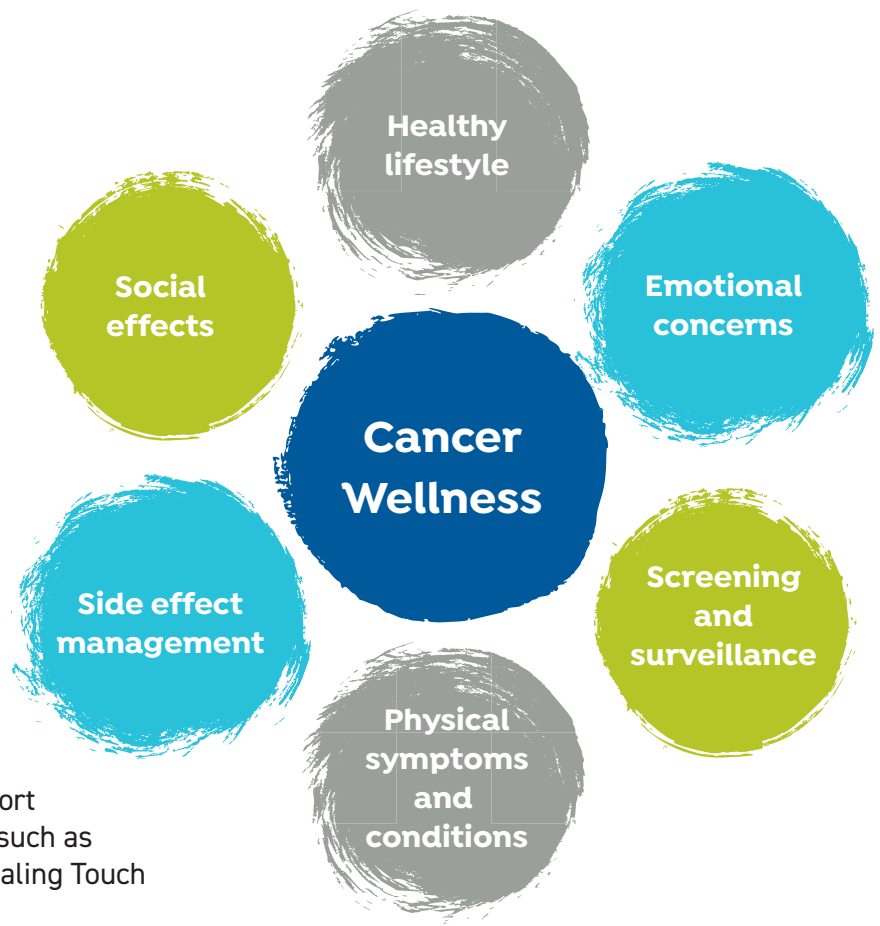
The Reflection Garden at the Coborn Healing Center is a place of hope and healing designed to be a reflective and peaceful place to enjoy the calm of nature.

Cancer Care - Coborn Healing Center

Through the support of CentraCare Foundation, Coborn Healing Center provides a central point of contact for a variety of cancer-related services for the mind, body and spirit.

Here is a sampling of what we offer:

- Art Therapy for self-exploration and healing
- Dietitian's Dish
- Enhancement program for personalized wig-fitting, scarf tying, skin care and make-up tips
- Music Therapy to promote self-expression, symptom management, and relaxation through personalized music experiences
- Personal consultation for post-surgical garment fitting
- Reflection Garden where you can relax, reflect and renew your spirit in nature
- Support groups
- Therapeutic treatments that support the body's natural ability to heal, such as acupuncture, acupressure and Healing Touch



When you're going through cancer treatment and recovery, life can be challenging. Physical healing is just one aspect of the experience. We want to make sure you're doing everything you can to feel whole, and to become strong and resilient.



“If something good came from cancer, it was my experience with the Coborn Cancer Center.”

- Shelly Hudalla

TREATMENT AND CARE

The type of cancer and stage of development will be the determining factors on which therapy treatment to use. Our team will be with you every step of the way. For the convenience of our patients and their families, all outpatient services – from screening, diagnosis and treatment, to imaging and lab – are available under one roof at CentraCare Plaza.

Treatments and services may include:

- Chemotherapy/Immunotherapy/Biotherapy
- Clinical Research Trials
- Hematology
- Image Guided Radiation Therapy (IGRT)
- Infusion Therapy
- Intensity Modulated Radiation Therapy (IMRT)
- Interventional Radiology
- Medical Oncology
- Nuclear Medicine
- Palliative Care
- Portable Treatment for Glioblastoma
- Radiation Oncology
- Reconstructive Surgeons
- Stereotactic Radiation Therapy (SRS, SBRT)
- Surgical Oncologists
- Transfusion Services

RESEARCH AND CLINICAL TRIALS

Cancer clinical trials are research studies that focus on people diagnosed with cancer. Coborn Cancer Center offers a clinical trial research program as part of our commitment to advance the care for cancer patients. The goal of these studies is to find better ways to treat, diagnose and prevent cancers so that people can live better and longer. The studies also give us more information about preventing or reducing cancer risk in healthy people. Patients may volunteer to take part in clinical trials for several reasons, but most hope they will help themselves today and help others in the future.

RN CANCER CARE COORDINATORS

One aspect of our holistic approach to care is our disease-specific registered nurse care coordinators. Care coordinators assist patients with breast, lung, head and neck, brain, central nervous system, gastrointestinal and hematology cancers. They are here to support you and your family throughout your cancer journey. It is their goal to ensure you are informed and receive the best care possible.

- Provide a consistent point of contact for a patient and their family to assist with questions, concerns or needs.
- Are available from diagnosis through treatment and beyond.
- Work with your care team to coordinate appointments.
- Provide education regarding cancer, plan of care, support programs and available resources.
- Provide a link between the patient, their providers and care team.

Our team of doctors and providers offer quality cancer care. [Visit CentraCare.com](http://CentraCare.com) for profiles.

NUTRITION SERVICES

Cancer treatment can make eating well and enjoying food a challenge. It is important to stay nourished to maintain strength, recover from treatment, and help you feel your best. Whether your questions are before, during, or after cancer treatment, there is guidance along the way. At Coborn Cancer Center, a registered dietitian specializing in oncology is available to you at no cost.

Our oncology dietitian can help you manage:

- Appetite loss
- Constipation, diarrhea
- Mouth sores
- Nausea and vomiting
- Taste and smell changes
- Tube feedings
- Weight gain
- Weight loss
- General nutrition guidance

Call nutrition services at 320-229-4900, ext.71734.

SOCIAL WORK SERVICES

Social workers help to provide psychosocial support and guidance to people with cancer, families, and caregivers. They are available to help patients and caregivers cope with the impact and changes to your livelihood that result from a diagnosis of cancer. Coborn Cancer Center Social workers can connect you to resources internally and in the community at any time throughout your cancer experience.

Our social workers can help you in the following areas:

- The impact of cancer on employment
- Transportation options for medical appointments
- In-home care needs
- Disability benefits
- Uninsured, underinsured or concerns that you are going to lose your insurance
- Financial impact of cancer and potential financial assistance programs
- Not feeling safe at home
- Advance care planning
- Temporary lodging during treatment
- Connection to legal support for cancer related issues.
- Caregiver support resources
- Counseling, support groups and online support services

Social Work services are available at no additional cost to you or your family. Talk to your cancer care team today or call one of our social workers at **320-229-4900, ext. 70128 or 75044.**



If you or a loved one has a chronic illness, it's exhausting, but help is available.

Cancer Care - **Services**

PALLIATIVE CARE

Palliative Care focuses on providing relief from the symptoms, pain and stress of a serious illness. The goal is to improve quality of life for both the patient and the family. Palliative care is appropriate at any age and at any stage in a serious illness. The cost of the services is covered by most health plans. Our Palliative Care team will meet with you and your family at Coborn Healing Center. **To schedule an appointment, call 320-656-3117.**

SIGN UP FOR MYCHART

Online access to your medical information:

- Review summaries of your previous appointments and message your provider.
- View your medications and request a refill.
- View new lab results, as well as trends over time.
- Allow your family members' access to your medical records.
- View billing information and review statements.
- Patients can even pay their bill through MyChart.



Please contact your cancer care team if you need assistance to sign up for MyChart.

Ask clinic staff or visit [CentraCare.com/mychart](https://www.centracare.com/mychart) to get started.

For assistance contact the MyChart Help Desk at **320-240-7897** between 8 a.m. - 4:30 p.m., Monday-Friday.