

### How do I know if the quality of my bowel preparation is adequate?

The quality of your bowel preparation significantly affects the ability of the provider to detect polyps during a colonoscopy. Poor or incomplete visualization of the colon reduces the yield of screening colonoscopies. Use the below picture to assess the quality of your bowel preparation. Your goal should be yellow and clear.

#### Dark and murky



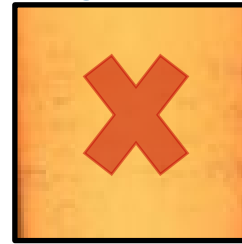
#### Brown and murky



#### Dark orange and semi-clear



#### Light orange and mostly clear



#### Yellow and clear

