



Post-Surgical Follow Up

After surgery, the last thing you will want to worry about is how to care for yourself at home. CentraCare Home Health can ensure you have a smooth transition from hospital to home.

Is Home Health right for you?

If you check one of these boxes, it might suggest a need for Home Health after surgery:

- New diagnosis or flare-up of a long-term health problem
- Complex illnesses
- Living alone
- Caregiver worried about caring for you
- New or multiple medications
- Home safety concerns

What services does Home Health provide?

- Education on what is normal after surgery (such as sleep, bladder, bowel, appetite, diet and activities)
- Monitoring of new or life-long health problems affected by surgery
- Wound care

Sometimes the best place to receive care is at home.

- Pain medications and pain control
- Monitoring of vital signs and general health as you heal
- Infusion therapy, such as IV antibiotics or hydration
- Caregiver support and community resources

We provide services to all age groups, including children. Most Home Health services are covered under Medicare or private insurance.



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