Alzheimer’s Education
Featuring:

Tuesday, September 18, 2018
8:00 a.m. - 12:00 p.m.
and
1:00 p.m. - 4:00 p.m.

Bonn Great Room
St. Benedict’s Senior Community

SPONSORED BY
The Jake and Mary Essen Alzheimer’s Education Fund and
CentraCare Health Foundation

Mission Statement
Our actions are guided by the belief that
“All shall be treated as Christ”

CENTRACARE
St. Benedict’s Senior Community
1810 Minnesota Boulevard S.E.
St. Cloud, MN 56304

For a map, visit www.centracare.com
**“Caregiver Well-Being”**  
Kathy Good

Program Objectives:
- Describe how caregiving impacts caregiver’s time, their job (if employed) and their health
- Have an understanding of the impact Caregivers Center can have on reducing the stress of the caregiver
- Have gained new ideas to apply to their caregiving situation
- Have discovered better ways to interact with medical staff regarding their loved ones

**“Alzheimer’s Disease and Brain Health Update: Recent Research and Innovations”**  
Dr. Terry Barclay

Program Objectives:
- Learn about the risk factors, brain pathology, and increasing prevalence associated with Alzheimer’s Disease and other dementias
- Highlight recent research and what innovations experts are hoping to uncover in the next several years
- Incorporate important brain health strategies that can reduce the risk of Alzheimer’s and other dementias

**Registration**
Pre-registration is required for this event. Registration is limited and taken on a first-come, first-serve basis.

Cancellations must be made by phone or mail at least 24 hours before session starts. It is difficult to maintain room temperature for the comfort of all. Please dress in layers.

In accordance with the Americans with Disabilities Act Amendment Act of 2008, please advise the St. Cloud Hospital Education Department at (320) 255-5642 when registering if you have any disability that requires special materials and/or services so that appropriate personnel can be advised.

**Register for one or both sessions!**

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**“Caregiver Well-Being”**

7:30 – 8:00 a.m.  
Registration and Welcome
8:00 - 12:00 p.m.  
Speaker: Kathy Good, Director, Family Caregivers Center of Mercy
Panel Members: Carole Butz, Christy Rezin, Laura Sagers
Past Caregiver & Caregivers Center Planner and Coach

**“Alzheimer’s Disease and Brain Health Update: Recent Research and Innovations”**

12:30 - 1:00 p.m.  
Registration and Welcome
1:00 - 4:00 p.m.  
Speaker: Dr. Terry Barclay, PhD, LP, Clinical Director, HealthPartners Neuropsychology, Neurosciences Division, Center for Memory and Aging

**Target Audience**
This program is intended for health care providers, community members and direct care providers who are caring for people with dementia.

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**Contact Hour Information**
This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 3.75 contact hours for the first session.

St. Cloud Hospital has been approved as a provider by the State of Minnesota Board of Social Work - CE Provider Approval Number CEP-77. Participants will earn 3.75 contact hours for the first session.

This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 3 contact hours for the second session.

St. Cloud Hospital has been approved as a provider by the State of Minnesota Board of Social Work - CE Provider Approval Number CEP-77. Participants will earn 3 contact hours for the second session.

It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by the licensing organization.

To earn contact hours, participant must attend the entire session and complete an evaluation.

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**REGISTRATION FORM**
Alzheimer’s Education  
Tuesday, September 18, 2018  
St. Benedict’s Senior Community - Bonn Great Room  
1810 Minnesota Boulevard S.E.  
St. Cloud, MN 56304

Name__________________________
Title__________________________
Department____________________
Organization___________________
Home Address__________________
City___________________________
State_______ZIP_______
Home Phone____________________
Work Phone____________________
E-mail________________________

There is no charge for this event. Refreshments will be provided.

CHECK PROGRAM(S) ATTENDING:  
(Register for one or both sessions)
☐ 8:00 -12:00 p.m.  
“Caregiver Well-Being”
☐ 1:00 - 4:00 p.m.  
“Alzheimer’s Disease and Brain Health Update: Recent Research and Innovations”

Registration Deadline: Friday, September 14, 2018

MAIL OR FAX REGISTRATION TO:  
CentraCare Health Education & Professional Development Department  
1406 Sixth Avenue North, St. Cloud, MN 56303  
Fax: (320) 656-7012
E-mail: cch.education@centracare.com

FOR MORE INFORMATION:  
Contact Education & Professional Development, St. Cloud Hospital at (320) 255-5642 or e-mail cch.education@centracare.com