

## Program Aims

The University of Minnesota / Willmar Rural Family Medicine Residency aims to:

1. Provide comprehensive Family Medicine training to create graduates who are exceptional physicians and community members.
2. Provide procedural, obstetric, emergency, hospital and outpatient skills focused on rural primary care.
3. Encourage and model lifelong learning through active inquiry and evidence-based medicine.
4. Provide high quality, compassionate care to our diverse community.
5. Emphasize cultural humility and health equity in all parts of our daily activities.
6. Integrate technology and procedural skills into all aspects of the curriculum.
7. Train physicians to function well in a high reliability healthcare organization.
8. Develop new physicians capable of leading and functioning within a team.

## Program Goals

Our graduates will:

1. Achieve competence in the practice of comprehensive, longitudinal family medicine across multiple health care settings.
2. Be comfortable in the practice of family medicine, especially in rural communities.
3. Identify the unique needs of future practice and community and accomplish training to meet those needs.
4. Optimize the care of patients through performance improvement activities; continuous, life-long learning; and the appropriate application of medical evidence.
5. Identify the health needs of the community and provide services to address health equity and minimize disparities.
6. Provide collaborative leadership of interprofessional health care teams.

## Program Objectives

Our residents will:

1. Participate in continuous ambulatory family medicine of all ages in the CentraCare Willmar Lakeland Family Medicine Clinic in all three years.
2. Participate in the inpatient care of at least 750 acutely ill adults.
3. Participate in the care of at least 250 acutely ill children across emergency and inpatient settings.
4. Participate in the prenatal, intrapartum, and postpartum care of at least 3 continuity patients and perform at least 30 vaginal deliveries. If desiring higher-level competency for future practice of maternity care, participate in the prenatal, intrapartum, and post-partum care for at least 10 continuity patients and perform at least 80 vaginal deliveries.
5. Participate in the care of older patients in the home, the clinic, and skilled nursing and hospice facilities.
6. Achieve competence in the core procedures of family medicine.
7. Participate in rural learning experiences to gain the skills and competencies needed for rural practice.

8. Understand how to develop an individualized learning plan using concepts of place-based learning and competency-based learning.
9. Develop and practice a strategy for life-long learning and keeping current with medical evidence leading to appropriate performance on licensing exams, in-training exams, and the ABFM certifying exam.
10. Develop skills of utilizing and critically appraising medical literature and applying those skills to write a concise summary answering a clinical question.
11. Monitor individual practice performance through regular review of practice data and population health information to develop individualized interventions to optimize practice performance and meet quality goals.
12. Develop competency to lead and participate in an interprofessional team care model.
13. Identify health needs of the community and participate in activities outside of clinic to address those needs.
14. Develop ability to evaluate community and individual patient health through a lens of cultural humility.
15. Understand the challenges of underserved patients and families in order to be an effective advocate of health equity.