Potential Rotations

Adolescent and/or Adult Gender and Sexual Medicine
Faculty: Troy Weber, LMFT; Kayla Bolland-Hillesheim, Ph.D., LP
Description: CentraCare Sexual and Gender Medicine offers inclusive care for our LGBTQ+ patients and families. Fellows will work with staff from Sexual and Gender Medicine to provide psychological support to patients with a wide range of gender and sexual diversities. This includes, but is not limited to, providing mental health services to our LGBTQ+ patients, gender-affirming therapy, partner and family therapy, and support groups. Fellows will be competent in completing culturally sensitive diagnostic assessments for gender dysphoria and any co-occurring mental and chemical health conditions. Fellows will gain an understanding of issues of the formation of gender and sexual identity, the impact of gender and sexual diversity on patient mood, behaviors, and relationships and the impact that this may have on family members. Fellows may have the opportunity to evaluate surgical readiness and/or to help adolescents and their families obtain the eligibility and readiness criteria as outlined in the WPATH Standards of Care, 8th Edition for adolescents seeking hormone therapy.

Adult and/or Pediatric Trauma Intervention
Faculty: Molly Sveum, LMFT, LADC; Cathy Palmer, Ph.D., LP; Kayla Bolland-Hillesheim, Ph.D., LP
Description: Fellows will work with patients who have been exposed to experiences of neglect and/or abuse and/or who have experienced trauma in their lifetime. Fellows will be competent at assessing Adverse Childhood Experiences (ACEs) and understanding the impact of ACEs on an individual, family, and community. Fellows will be competent in basic assessment of trauma symptoms (e.g., TSCC, TSI) and in diagnostic skills related to trauma diagnoses (e.g., PTSD, other specified trauma, and stressor related disorder). Fellows will be competent in providing psychoeducation on the emotional and behavioral sequelae of trauma and treatment interventions that support healing and reduction in distress and/or other symptoms following trauma including treatments such as IFS, TF-CBT, ACT, EMDR, or DBT. Fellows will receive education and support on the impact of vicarious trauma to support them in their work.

Adult Behavioral Sleep Medicine Rotation
Faculty: Jennifer Miller, Ph.D., DMSM, LP
Description: Fellows will work under the supervision of a licensed psychologist who is a Diplomate in Behavioral Sleep Medicine (DBSM) and will have the opportunity to evaluate and treat adult patients with insomnia using CBT-I, the number one treatment option available. Fellows will also be able to learn how to assess and refer for other sleep disorders and will have built-in consultation available with the sleep providers. (Fellows are strongly recommended to attend the training at U. Penn prior to/at the beginning of this rotation and can accrue supervised hours they may use toward becoming a future diplomate in behavioral sleep medicine). This is a high-need treatment area, and an excellent treatment niche area for psychologists.

Adult Eating Disorders Assessment and Intervention
Faculty: Rachel Petersen, PsyD, LP
Description: The Fellow will work with an interdisciplinary team of medical providers, psychotherapists, and dieticians to treat patients experiencing disordered eating (e.g., anorexia nervosa, bulimia nervosa, binge eating, or other problem eating patterns). Fellows will be competent in diagnostic assessment and treatment approaches to include individual and/or group therapy. Therapy approaches include psychoeducation about the functions of food, the importance of meal

planning for symptom management, how to regain normal eating behaviors, and development of body acceptance.

Adult Psychological Assessment
Faculty: Julie Wolke, Psy.D., LP; Rachel Petersen, Psy.D., LP
Description: Based on the Fellow's current assessment skills and areas of interest, the Fellow may conduct psychoeducational, neuropsychological, personality, developmental and/or psychosocial assessments for patients from young adulthood to older adulthood. Fellows will be competent in conducting Diagnostic Assessments and identifying appropriate assessment instruments to answer the referral question. The Fellow will be competent in the administration and scoring of a comprehensive test battery including assessment of cognitive, academic, adaptive, memory, executive, attention, personality, emotional, behavioral, trauma, and/or social functioning. The Fellow will write comprehensive reports summarizing the findings of their evaluations and provide recommendations to patients, families, and others as appropriate (e.g., schools). In addition to traditional outpatient psychological assessments, specialized testing experiences may be available through our Adult Mental Health Partial Hospitalization Program, Adult Mental Health Inpatient Unit, and/or Weight Management Clinic (i.e., Bariatric Evaluations).

Pediatric Autism Assessment and Intervention, including Multidisciplinary Clinic
Faculty: Cathy Palmer, Ph.D., LP
Description: As a member of this multidisciplinary team, Fellows will participate in the assessment of children and adolescents suspected of having an autism spectrum disorder. The Fellow will become competent in the administration and interpretation of standardized assessments and a developmental interview for autism spectrum disorders (including but not limited to ADOS, ASRS, SCQ, BOSA). Fellows will participate in a multidisciplinary assessment clinic, participating in staff meetings with providers from psychology, psychiatry, occupational and speech therapies. The Fellow will write comprehensive reports summarizing the findings of their evaluations and provide recommendations to patients, families, and others as appropriate (e.g., schools). The Fellow may also provide individual, family, or group therapy services for individuals with ASD (broad range of ages and levels of functioning).

Pediatric Fetal Alcohol Spectrum Disorder Assessment Clinic
Faculty: Susan Heidal-Schiltz, Psy.D., LP
Description: Multidisciplinary assessment of pediatric patients with known or suspected prenatal alcohol/substance exposure. Includes administration and scoring of comprehensive test batteries, including cognitive, academic, memory, executive, attention, adaptive, and emotional/behavioral functioning. Results are shared in a multidisciplinary staffing with medical, behavioral health, and rehabilitation clinic (OT, ST) providers. The Fellow will then provide feedback and recommendations to the family. Fellows will be competent in identifying appropriate assessment instruments, administering and scoring tests, consulting with a multidisciplinary team, writing a comprehensive report, and providing feedback. This rotation also includes a substantial focus on childhood trauma, including neglect and attachment disruptions; as well as a chance to work with diverse populations, the foster care system, and adoptive families.

Pediatric Psychological Assessment
Faculty: Susan Heidal-Schiltz, Psy.D., LP, Catherine Palmer, Ph.D., LP; Danae Lund, Ph.D., LP
Description: Based on the Fellow's current assessment skills and areas of interest, the Fellow may conduct psychoeducational, neuropsychological, personality, developmental and psychosocial assessments for patients from preschool to young adulthood. Fellows will be competent in conducting Diagnostic Assessments and identifying appropriate assessment instruments to answer the referral question. The Fellow will be competent in the administration and scoring of a comprehensive test battery including assessment of cognitive, academic, adaptive, memory, executive, attention, personality, emotional, behavioral, trauma, and/or social functioning. The Fellow will write comprehensive reports summarizing the findings of their evaluations and provide recommendations to patients, families, and others as appropriate (e.g., schools). In addition to outpatient psychological assessments, specialized testing experiences may be available through our Child/Adolescent Mental Health Partial Hospitalization Program and/or Adolescent Mental Health Inpatient Unit.