Inpatient Obstetric Nursing Certification

Preparation Course

January 5 & 6, 2017
St. Cloud, MN

Hotels
For those attendees who need lodging information, the following hotels are within close proximity to the conference location:

- St. Cloud Holiday Inn (320) 253-9000 (shuttle available)
- Hampton Inn & Suites by Hilton (800) 430-2692
- Homewood Suites by Hilton St. Cloud (320) 252-5900
- Courtyard by Marriott (320) 654-1661 (shuttle available)
- AmericInn (320) 259-0877
- Best Western Kelly Inn (320) 253-0606

Additional Information

- Daycare is not provided. Please make necessary arrangements.
- Tuition includes lunch, contact hour certificate and program materials.
- It is difficult to maintain room temperature for the comfort of all. Please dress in layers.
- Disclosure Policy: It is the policy of CentraCare Health Education & Professional Development Department to provide balance, independence, objectivity and scientific rigor in all its sponsored educational activities. All faculty participating in sponsored programs are expected to disclose to the program audience any real or apparent conflict(s) of interest related to the content of their presentation.
- In accordance with the Americans with Disabilities Act Amendment Act of 2008, please advise the CentraCare Health Education & Professional Development Department at (320) 255-5642 when registering if you have any disability that requires special materials and/or services so that appropriate personnel can be advised.
- For more information, or if you have special needs, communication requirements, or nutritional requests, please contact CentraCare Health Education & Professional Development Department at (320) 255-5642 or email cch.education@centracare.com.

Location
This program will be held in the Hughes/Mathews Room at the CentraCare Health Plaza Education Center, 1900 CentraCare Circle, St. Cloud, MN 56303. Please park in the Prairie East or Prairie West parking lots and enter the Prairie East or Prairie West entrance. Signs will be posted guiding you to the Education Center.

Getting to CentraCare Health Plaza
From Minnesota Highway 23
Driving east or west on Highway 23 – Go north on Highway 15 to County Road 120. Take the exit ramp for County Road 120 and turn left on County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From Minnesota Highway 15
Driving north on Highway 15 – Take the exit ramp for County Road 120 and turn left on County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From Interstate 94
Driving east or west on I-94 – Exit I-94 at Highway 15. Go north on Highway 15 to County Road 120. Take the exit ramp for County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

From U.S. Highway 10
Driving east on Highway 10 – Take the Highway 15 exit to St. Cloud. Go to County Road 120. Take the exit ramp for County Road 120 west. Turn right at the stoplight and drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.

Driving west on Highway 10 – Take the Highway 23 exit to St. Cloud. Stay on Highway 23 through St. Cloud. Turn right onto Highway 15 north. Go north to County Road 120. Take the exit ramp for County Road 120, and turn left for County Road 120 west. Drive one-quarter mile and enter/exit the roundabout at CentraCare Health Plaza.
Inpatient Obstetric Nursing Certification Preparation Course
January 5 & 6, 2017
7:30 a.m. - 4:30 p.m.
CentraCare Health Plaza, Education Center
Hughes/Mathews Room
St. Cloud, MN

CCH Employees: $125 | Others: $225

Registration is limited and taken on a first-come, first-serve basis.

Sponsored by:
CentraCare Health Education & Professional Development Department

Learning Outcomes
Following the program, the participant will be able to:

- Apply knowledge of maternal factors affecting the fetus and newborn to decisions related to nursing care.
- Appraise various methods for assessing fetal wellbeing.
- Describe routine obstetrical/labor and delivery progress.
- Describe routine nursing care of normally progressing labor and delivery patients.
- Discuss common obstetrical procedures.
- Compare various methods of pain management for the laboring patient.
- Describe common obstetrical complications in the antepartum, intrapartum, and postpartum periods.
- Identify evidence-based care of the mother/baby couplet.
- Explain common postpartum and newborn complications.
- Propose practice changes to decrease liability in obstetrical nursing.

Target Audience
This course is intended for the inpatient obstetric nurse wanting to prepare for the RNC-OB certification examination.

Purpose
The Inpatient Obstetrics course prepares the experienced labor and delivery nurse for success on the National Certification Corporation (NCC) examination. The course follows the test outline as published and provided by the NCC and provides an opportunity to answer practice questions throughout the course.

Planning Committee
- Katie Schulz, MSN, RN-BNC, OCN, Educator, Medical Care Unit 1, CentraCare - St. Cloud Hospital
- Cathy Jones, BSN, RNC-OB, C-EFM, Quest for Nursing Knowledge
- Vickie Ruegemer, BS, Director, Learning and Professional Development, CentraCare Health

Contact Hour Information
Participants earn 15 contact hours.

St. Cloud Hospital/CentraCare Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

*It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by their licensing organization.

To earn contact hours, participant must attend all sessions and complete an evaluation form.

Faculty
Cathy Jones, BSN, RNC-OB, C-EFM, is a professional development specialist for the perinatal service line of a large private hospital system in Georgia where she serves as the lead for the AWHONN Perinatal Orientation and Education Program preparing new graduate nurses and those new to obstetrics for independent practice. She has been in nursing for 24 years with 22 of those years in obstetrics and has served as a staff nurse, charge nurse, assistant nurse manager, clinical educator, and now a professional development specialist. Cathy received her BSN from Liberty University and is back at her alma mater working on her MSN in Nursing Education. Cathy is an instructor for both the AWHONN Fetal Heart Monitoring and Advanced Life Support in Obstetrics programs. She authored and teaches certification review courses for both the Inpatient Obstetrics and Electronic Fetal Monitoring certifications. Cathy serves as the AWHONN GA Section Secretary/Treasurer and is a charter member of Journey Through Bereavement, a perinatal palliative care effort.

Her nursing passions include simulation training, TeamSTEPPS, patient safety, and perinatal bereavement.

Testing Information
For detailed information and scheduling to take this exam, go to https://www.nccwebsite.org/Certification/Exam-detail.aspx?eid=1.

To check eligibility for the exam, complete details are in the CORE RNC Examination Registration Catalog which can be downloaded at the site above; as well as a candidate handbook.

Registration Form
Inpatient Obstetric Nursing Certification Preparation Course
January 5 & 6, 2017
Hughes/Mathews Room, CentraCare Health Plaza
St. Cloud, MN

PLEASE PRINT

Name ______________________________________
Organization ________________________________
Title _______________________________________
Home Address _______________________________
City _____________________ State___ Zip _______
Home Phone ________________________________
Work Phone ________________________________
Email ______________________________________

☐ I have previously attended a class/conference at CentraCare Health (external attendees only)

PROGRAM FEE
☐ CCH Employees - $125
☐ Others - $225

METHOD OF PAYMENT
☐ Department # (internal only)
☐ Check enclosed payable to CentraCare Health
☐ Credit Card (Visa, MasterCard, Discover)

Card # ___________________________
Exp. Date ______ /_______ V-Code _______
(3 digit code on back of card)

Registrations cannot be accepted or processed unless accompanied by appropriate tuition payment. Mail registration and payment to: CentraCare Health Education & Professional Development Department, 1406 Sixth Avenue North, St. Cloud, MN 56303.