CentraCare Health
Collaborative Care Institute
Bridging the Gap Between Primary Care and Psychiatry

March 3-5, 2017
Decision Making Capacity • Electroconvulsive Therapy • Delirium
Integrated Care • Management of Pain • QTc • Perinatal Psychiatry
Management of Behavioral Agitation • Neuropsych • Psychopharmacology

Grand View Lodge
Nisswa, Minnesota

CENTRACARE Health
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Target Audience:
This program is designed for primary care physicians, psychiatrists, residents, advanced practice providers, clinic nurses, educational professionals and other mental health and health care professionals.

Credits:
“CentraCare Health is accredited by the Minnesota Medical Association to provide continuing medical education for physicians.”

“CentraCare Health designates this live activity for a maximum of 12.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.”

“Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.”

“This education offering has been designed to meet the Minnesota Board of Nursing continuing education requirements for 15 contact hours. It is the personal responsibility of each participant to determine whether this activity meets the requirements for acceptable continuing education by the licensing organization.”

“St. Cloud Hospital has been approved as a provider by the State of Minnesota Board of Social Work - CE Provider Approval Number CEP-77. Participants will earn 12.50 contact hours for the entire session.”
Faculty & Planning Committee:

**JON BOWAR, MD**
Vice-Chair, St. Cloud Hospital Department of Psychiatry
CentraCare Health/St. Cloud Hospital Behavioral Health

**MELISSA CHAPMAN, PA-C**
Physician Assistant - Psychiatry
CentraCare Health/St. Cloud Hospital Behavioral Health

**RYAN ENGDAHL, PHD, LP**
Coordinator, Integrated Behavioral Health Services
CentraCare Health/St. Cloud Hospital Behavioral Health

**THOMAS HEINRICH, MD**
Professor, Psychiatry and Family Medicine
Medical College of Wisconsin

**DAREN HENDRICKSON, RN-BC, LSW**
Behavioral Access Consultant
CentraCare Health/St. Cloud Hospital Behavioral Health

**LARRY HOOK, MD**
Director, Consultation-Liaison and Emergency Psychiatric Services
CentraCare Health/St. Cloud Hospital Behavioral Health

**ELIZABETH LARUSSO, MD**
Medical Director, Mental Health
Abbott Northwestern Hospital

**MICHAEL MASSEY, DO**
Medical Director, Pain Management
CentraCare Clinic - River Campus

**KRISTIN MCNUTT, PA-C**
Physician Assistant - Psychiatry
CentraCare Health/St. Cloud Hospital Behavioral Health

**JOHN SCHMITZ, MD**
Section Medical Director, Behavioral Health
CentraCare Health/St. Cloud Hospital Behavioral Health

**ELIZABETH SIKES, MD**
Chair, St. Cloud Hospital Department of Psychiatry
CentraCare Health/St. Cloud Hospital Behavioral Health
**Conference:**

Friday - March 3, 2017

7:00-7:50 AM
**BREAKFAST**

8:00-8:15 AM
**WELCOME AND OPENING REMARKS**

8:15-9:30 AM
**DECISIONAL CAPACITY VERSUS COMPETENCY AND THE ETHICAL IMPLICATIONS IN THE MEDICAL SETTING**
Larry Hook, MD • Melissa Chapman, PA-C

**OBJECTIVES:**
At the conclusion of this session, participants should be able to:
1. Compare and contrast the concepts of capacity versus competency.
2. Identify the four criteria of the capacity evaluation.
3. Appreciate ethical considerations related to capacity and competency in the medical setting.

9:30-10:15 AM
**ELECTROCONVULSIVE THERAPY (ECT): THE MYTHS AND REALITIES**
Elizabeth Sikes, MD

**OBJECTIVES:**
At the conclusion of this session, participants should be able to:
1. Name common side effects of ECT.
2. Know the required medical workup to initiate ECT.
3. Know more about the procedure of ECT.

10:15-10:30 AM
**BREAK**
10:30-11:30 AM
THE PREVENTION AND MANAGEMENT OF AN UNDER-RECOGNIZED CONDITION
Thomas Heinrich, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Recognize the adverse consequences of delirium.
2. Identify environmental interventions to prevent delirium.
3. Review pharmacotherapy modalities to prevent and treat delirium.

11:30-12:00 PM
LUNCH (FOR PARTICIPANTS ONLY)

12:00-1:00 PM
CENTRACARE APPROACH: INTEGRATED BEHAVIORAL HEALTH SERVICES
Ryan Engdahl, PhD, LP

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Understand basic tenets of Integrated Behavioral Health and various levels of integration.
2. Discuss how Integrated Behavioral Health efforts may enhance multiple targeted outcomes.
3. Hear an overview of and be able to discuss the lessons learned from our initial Integrated Behavioral Health pilot project.

1:00-1:30 PM
INTEGRATED BEHAVIORAL HEALTH PANEL DISCUSSION
Larry Hook, MD • John Schmitz, MD • Ryan Engdahl, PhD, LP

OBJECTIVES:
At the conclusion of this session, participants will have an opportunity to:
1. Identify opportunities for integration of behavioral health in their practice/health system.
2. Ask questions of the panelists and other conference participants.

1:30-1:45 PM
BREAK
1:45-2:45 PM
MAKE THIS STOP!
Daren Hendrickson, RN-BC, LSW

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Identify in-hospital behaviors as a possible continuum of events and escalation.
2. Define three practical interventions for behavior management.
3. Identify ways to promote a team approach to behavior management.

2:45-3:45 PM
EVALUATION AND MEDICATION OF AGITATED MEDICAL PATIENTS
Elizabeth Sikes, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Feel comfortable with medically agitated patients.
2. Formulate a differential diagnosis of causes of agitation.

Saturday - March 4, 2017

7:00-7:50 AM
BREAKFAST

8:00-8:15 AM
ANNOUNCEMENTS

8:15-9:15 AM
CHASING THE ZEBRA: UNUSUAL NEUROPSYCHIATRIC CONDITIONS
Thomas Heinrich, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Describe the evaluation of a suspected autoimmune encephalitis.
2. Review the treatment of autoimmune encephalitis.
3. Identify the clinical and laboratory features of Hashimoto Encephalopathy.

9:15-10:15 AM
INTEGRATED PAIN MANAGEMENT
Michael Massey, DO

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Understand basic concepts of pain medicine.
2. Understand team models of pain management.
3. Understand role of primary care in an integrated pain program.

10:30-11:30 AM
THE QT INTERVAL: WHAT'S THE BIG DEAL?
Thomas Heinrich, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Review how to measure the QTc interval.
2. Define important risk factors for QT interval prolongation in patient populations.
3. Recognize the effect of medications on the QT interval.

Sunday - March 5, 2017

7:00-7:50 AM
BREAKFAST

8:00-8:15 AM
ANNOUNCEMENTS

8:15-9:45 AM
EVERYTHING YOU NEED TO KNOW ABOUT PERINATAL PSYCHIATRY YOU CAN LEARN FROM A NEW YORKER CARTOON
Elizabeth LaRusso, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Outline the elements of a comprehensive approach to the identification and treatment of women experiencing uncomplicated depression and anxiety during and after pregnancy.
2. Have a targeted risk/benefit discussion with patients and their partners about risks of untreated psychiatric illness vs medication use (SSRIs, SNRIs, benzodiazepines) to women, children, and families.
3. More confidently utilize psychiatric medication in pregnant and lactating women.
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3. More confidently utilize psychiatric medication in pregnant and lactating women.
9:45-10:00 AM
BREAK/CHECK-OUT

10:00-11:30 AM
DIAGNOSTIC DILEMMAS AND TREATMENT OPTIONS IN BIPOLAR DISORDER
Jon Bowar, MD

OBJECTIVES:
At the conclusion of this session, participants should be able to:
1. Understand diagnostic criteria for bipolar disorder.
2. Evaluate differential diagnosis in patients with ‘manic’ symptoms.
3. Understand basic treatment options in bipolar disorder.

11:30-11:35 AM
CLOSING REMARKS

Acknowledgements:
The St. Cloud Hospital would like to acknowledge and thank the following for planning this year’s conference:

   John Schmitz, MD
   Larry Hook, MD
   Elizabeth Sikes, MD
   Melissa Chapman, PA-C
   Kristin McNutt, PA-C

The 2017 CentraCare Health Collaborative Care Institute has been supported in part by an educational grant from the Behavioral Health Greatest Needs Fund through the CentraCare Health Foundation.
Conference: Friday - March 3, 2017
7:00 - 7:50 AM
BREAKFAST

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WELCOME AND OPENING REMARKS

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10:15 - 10:30 AM
BREAK

Registration:
Conference - March 3-5, 2017
Early Bird (on/prior to January 31, 2017)
Registration ............................................ Physicians - $500.00
Non-Physicians & Residents - $350.00

Regular (after January 31, 2017)
Registration ............................................ Physicians - $600.00
Non-Physicians & Residents - $450.00

The registration fee includes: course materials, CME credit, all breaks, breakfast (Friday, Saturday, and Sunday), and lunch (Friday).

Registration Deadline
February 15, 2017

Cancellations
Refunds will be issued prior to February 15, 2017 less a $50.00 processing fee.

Special Accommodations:
Please contact the Medical Staff Development Office if you have special mobility, dietary, vision, hearing, or other needs.

Office: 320-255-5836
Email: stcloudhospitalcme@centracare.com

Lodging:
Grand View Lodge offers a variety of accommodations overlooking Gull Lake. Please plan to stay on-site to take full advantage of networking opportunities with other conference participants and family members.

Special conference rates are available by submitting the Grand View Lodge registration form online at:

https://grandviewlodge.formstack.com/forms/centracare

Questions, call 218-963-8798. For more information visit the Grand View Lodge website at www.grandviewlodge.com

DEADLINE FOR GUARANTEED LODGING IS JANUARY 31, 2017
Grand View Activities:

The Grand View Lodge offers the following:

- Glacial Waters Spa
- Snowshoe and cross country ski rentals
- Ice fishing
- Family Fun Center with Wii gaming stations, X-box Kinnect and a bounce house
- Dog sled rides
- Family sleigh rides
- A golf simulator
- Pond hockey and figure skating
- Broomball
- Indoor pool with water slide and water features
- Guests receive a discount off tubing, skiing and snowboarding rentals at Mount Ski Gull
- Babysitters are available for children under three
Registration Form:

Participant Name: ________________________________________________
Title: □ MD  □ DO  □ PA  □ NP  □ Other: __________________________
Name Badge (First, Last, Title): ______________________________________
Specialty: _______________________________________________________
Office Name: _____________________________________________________
Office Address: ____________________________________________________

Phone: ___________________________  □ Work  □ Cell
Email Address: ____________________________________________________
Will you be staying at the Grand View Lodge? □ Yes □ No

**Early Bird (On/Prior to January 31)**
Physicians ($500) ...............................................................$ ___________
Non-Physicians & Residents ($350) .................................$ ___________

**Regular (After January 31)**
Physicians ($600) ...............................................................$ ___________
Non-Physicians & Residents ($450) .................................$ ___________
**TOTAL REGISTRATION .................... $ __________**

REGISTRATION DEADLINE - FEBRUARY 15, 2017
REFUNDS WILL NOT BE ISSUED AFTER THIS DATE

Payment Options:
□ Check (Payable to St. Cloud Hospital CME Fund)
□ Credit Card
   □ Visa  □ MasterCard  □ Discover  □ American Express
Card Number: ___________________________ CVV Code: ___________
Expiration Date: ____________________
Amount to Charge: _______________________ 
Cardholder’s Name and Billing address: ___________________________
_________________________________________________________________

Mail To:  Medical Staff Development
St. Cloud Hospital
1406 6th Ave. N.
St. Cloud, MN 56303

Fax To:  320-255-5923

Email To:  stcloudhospitalcme@centracare.com

Questions:  320-255-5836 or stcloudhospitalcme@centracare.com