



**Gluten Free Products and Allergens**

	<b>Egg</b>	<b>Milk</b>	<b>Soy</b>	<b>Wheat</b>	<b>Nut</b>	<b>Peanut</b>	<b>Shellfish</b>	<b>Soy Oil or Lecithin*</b>	<b>Other Sources of Gluten**</b>	<b>May Contain Traces of Peanuts and other Nuts***</b>
<b>Complete Products</b>										
Chocolate Beverage										
Chocolate with Fiber Beverage										
Mocha Beverage										
Pineapple-Apricot Beverage										
Strawberry Beverage										
Vanilla Beverage										
Vanilla with Fiber Beverage										
Hot Cocoa Beverage										
Chocolate Pudding										
Lemon with Fiber Pudding									***	
Vanilla Pudding										
Cheddar Broccoli Soup										
Cream of Chicken Soup										
Tomato Basil Soup										
<b>Supplemental Products</b>										
14g Chocolate Fudge Bar										
14g Peanut Butter Bar										
15g Cinnamon										
15g Double Berry										
15g Fudge Graham										
15g Peanut										
15g Chocolate Almond										
15g Caramel Cocoa										
15g Peppermint Cocoa Crunch										
15g Dark Chocolate S'mores										
15g Shortbread Cookie									***	
15g Vanilla Caramel Crunch									***	
15g Orange Crème										
Vegetarian Sloppy Joe										
Vegetarian Chili and Beans										
Barbeque Crunch O's										
Sour Cream & Onion Crunch O's										
Pretzel Twists										
Maple & Brown Sugar Oatmeal										
Oatmeal with Apples & Cinnamon										
Pancakes										

**Always follow the instructions of your physician or health care professional about your specific allergen restrictions.**

\* Soy Lecithin is derived from refined soy-bean oil and processed in a manner that minimizes the content of the allergenic protein portions.

Reference for oil and lecithin information is available: <http://www.soyconnection.com/sites/default/files/Soy-Lecithin-Fact-Sheet.pdf> \*\*Other

Sources of Gluten – this product may contain ingredients including oat, barley or rye