St. Cloud Hospital

Overview
St. Cloud Hospital has a rich tradition of caring for the people of Central Minnesota. Founded by the Sisters of the Order of Saint Benedict in 1886, St. Cloud Hospital has grown from a small community hospital to a comprehensive, high-quality, regional referral center.

- Service area: 12 counties, 685,000 people
- Medical staff: 450 physicians
- Employees: 5,100
- Volunteers: 1,100
- Licensed beds: 489

As the largest health care facility in the region, St. Cloud Hospital offers a full spectrum of services. From state-of-the-art care for heart disease and cancer to preventive health screenings, St. Cloud Hospital has the technology and skilled professionals to meet the health care needs of the region.

Awards & Recognition
St. Cloud Hospital maintains a clear focus on quality. Our skilled professionals strive to deliver outstanding clinical outcomes and a superior patient experience. National and regional recognition for outstanding care and workplace includes:
- Truven Health 100 Top Hospitals (nine-time honoree)
- Truven Health 50 Top Heart Hospitals (nine-time honoree)
- Magnet Award for Excellence in Nursing
- U.S. News & World Report “America’s Best Hospitals” - Orthopedics - Urology
- Among top 5 “Best Places to Work” since 2009 - Minneapolis/St. Paul Business Journal (large employer category)

While national awards affirm our quality, compassionate care remains our hallmark.

Core Values
- Collaboration
- Hospitality
- Respect
- Integrity
- Service
- Trusteeship

Medical Staff Specialties
- Addiction Medicine
- Allergy & Immunology
- Anesthesiology
- Cardiac Surgery
- Cardiology
- Child & Adolescent Psychiatry
- Critical Care Medicine
- Dermatology
- Emergency Medicine
- Endocrinology/Diabetes
- Family Medicine
- Gastroenterology
- Genetics
- Gynecology
- Hematology
- Hospitalists
- Infectious Disease
- Internal Medicine
- Neonatology
- Nephrology
- Neurology
- Neurosurgery
- Obstetrics
- Oncology
- Ophthalmology
- Oral & Maxillofacial Surgery
- Orthopedics
- Otolaryngology
- Pain Management
- Palliative Care
- Pathology
- Pediatric Critical Care
- Pediatric Hospitalists
- Pediatrics
- Perinatology
- Physical Medicine & Rehabilitation
- Plastic & Reconstructive Surgery
- Podiatry
- Psychiatry
- Pulmonary Medicine
- Radiation Oncology
- Radiology
- Rheumatology
- Sleep Medicine
- Surgery
- Urology
- Wound Care & Hyperbaric Medicine
CentraCare Health

St. Cloud Hospital is part of CentraCare Health, one of Minnesota’s major integrated health care systems. In addition to St. Cloud Hospital, CentraCare Health includes:

- CentraCare Clinic – 18 sites
- CentraCare Family Health Center
- CentraCare Health – Long Prairie
- CentraCare Health – Melrose
- CentraCare Health – Monticello
- CentraCare Health – Paynesville
- CentraCare Health – Sauk Centre
- St. Benedict’s Senior Community – two sites
- University of Minnesota/St. Cloud Hospital Family Medicine Residency
- CentraCare Health Foundation
- CentraCare Kidney Program – nine sites
- CentraCare Laboratory Services
- CentraCare Pharmacy – four sites

St. Cloud Hospital and CentraCare Clinic operate many services at CentraCare Health Plaza in northwest St. Cloud. Opened in 2001, CentraCare Health Plaza is a modern outpatient facility offering patients a natural healing environment.

St. Cloud

Located in the heart of Central Minnesota, St. Cloud is a thriving Mississippi River city. A wealth of arts and entertainment opportunities, sporting and cultural events, and dining and shopping options are available to meet nearly every interest.

St. Cloud is the commercial hub for the region. A broad range of businesses and industries, nationally recognized higher education institutions, and an abundance of natural resources all contribute to the area’s economic strength. CentraCare Health is the largest employer in Central Minnesota, and health care is a key component of the regional economy.
Recognized as a Truven Health Top 50 Heart Hospital, CentraCare Heart & Vascular Center at St. Cloud Hospital is the largest, most advanced cardiovascular center in Central Minnesota. The center is dedicated to the prevention, discovery and management of heart disease and sees more than 30,000 patients each year. Highlights include:

- Recognition from Truven Health Analytics, Consumer Reports and other reputable rating organizations
- Full range of services, including diagnostic cardiology, electrophysiology, structural heart disease program/TAVR, vascular care, heart failure management, prevention programs, heart surgery and other procedures
- Outreach services in more than 30 communities delivered by dedicated doctors, nurses and staff
- The latest life-saving technologies 24 hours a day and access to new drugs and therapies through a heart research program

Coborn Cancer Center provides comprehensive care and an extensive range of treatment options to support cancer patients and their families. Our program was the first in the country to join the Mayo Clinic Cancer Care Network. It is designated as a certified comprehensive community cancer program by the American College of Surgeons and is certified by the American College of Radiology. Coborn Cancer Center is committed to providing patients with:

- Exceptional quality outcomes based on adherence to best practice standards
- Multidisciplinary coordination of care and shared decision making
- Access to leading cancer providers, research and clinical trials
- Programming to support the journey from cancer patient to cancer survivor
- Chemotherapy and infusion clinics within one location
- Access to the latest cancer screenings, diagnostic tests, treatments and technologies

Inpatient Oncology Unit
Patients who require a hospital stay as part of their cancer treatment are admitted to the Inpatient Oncology Unit at St. Cloud Hospital. The unit offers a strong patient and family focus and was designed to foster healing. The nursing and physician staff encourage patients and families to be actively involved in every aspect of care.
Our distinguished orthopedic care center offers state-of-the-art technology and facilities, but it’s our caring, skilled professionals who deliver positive patient experiences. Fellowship-trained doctors from St. Cloud Orthopedics, certified nurses and experienced staff offer:

- Joint replacement/revision utilizing the latest technology and techniques
- Sports medicine
- Trauma/fracture care, including two trauma surgeons
- Hand, arm and shoulder care
- Foot and ankle care

Additionally, we offer support services such as a Commission on Accreditation of Rehabilitation Facilities (CARF) accredited rehabilitation unit and specialized imaging services, including musculoskeletal radiology.

Behavioral Health

St. Cloud Hospital Behavioral Health offers a full range of mental health and chemical dependency services, including child, adolescent and adult outpatient treatment, partial hospitalization and inpatient care.

Evaluations, testing, counseling and treatment are provided in various settings:

- Recovery Plus assists clients through the recovery process and shows them the benefits of a chemical-free lifestyle.
- Child and adolescent behavioral health services are provided at unique facilities where youth receive specialized care for mental health and chemical dependency problems in a warm, healing and supportive atmosphere.
- We collaborate with primary care practices to achieve earlier diagnosis and more effective treatment of depression.
Breast Center

St. Cloud Hospital Breast Center offers a full range of services for women’s breast health. Our ACR-accredited center offers digital mammograms, ductograms, ultrasounds, ultrasound-guided biopsies, stereotactic biopsies, pre-surgical localizations, sentinel node biopsies, BSGIs and MRIs. Breast Center staff work with health care providers to deliver timely results and guided support throughout treatment. Our team is committed to quality and takes pride in specialized training, programs and accreditation including:

- Mammography accreditation from the American College of Radiology
- First in Central Minnesota to be accredited in stereotactic biopsy
- Mammography- and radiology-certified technologists

Patients have the convenience of an outpatient surgery center but benefit from being near the full services of St. Cloud Hospital. We provide care at any hour, day or night. Highlights include:

- More than 13,000 surgeries a year, including bariatric, knee, spine, plastic, retina, heart and many other inpatient and outpatient surgeries
- 24/7 coverage by trauma surgeons with surgicalists available during daytime hours to assist with urgent surgical needs
- 24 operating rooms, as well as two endovascular rooms for complex trauma and vascular procedures
- Access to the latest minimally invasive techniques, including the da Vinci robot and image-guided, computer-assisted technology
- High-quality, patient- and family-centered care for patients of all ages

Operating rooms: 24
Surgeons: 120+
Inpatient surgical cases: 9,175
Outpatient surgical cases: 4,678
CentraCare Diabetes Center

CentraCare Diabetes Center is a multidisciplinary specialty clinic offering a full range of diabetes treatment and education services. A team of experts works closely with primary care physicians to help patients incorporate diabetes care into their lifestyle with the goal of improving overall health and minimizing diabetic complications.

CentraCare Digestive Center

CentraCare Digestive Center employs 12 board-certified gastroenterologists and three advanced practice providers who use state-of-the-art tools to diagnose, treat and manage digestive and gastrointestinal disorders. Services include:

- General endoscopic gastrointestinal services
- General digestive system consultations
- Dietary consultations
- Colon cancer screenings
- Motility, diverticular, pancreatic and biliary disorder treatments
- Inflammatory bowel disease (IBD) and irritable bowel syndrome (IBS) treatments
- Swallowing, stomach and esophageal disorder treatments
CentraCare Laboratory Services

CentraCare Laboratory Services provides quality service, expert consultation and comprehensive medical laboratory information to Central Minnesota. The laboratory serves St. Cloud Hospital and also provides outreach services to many area clinics, skilled nursing care and assisted-living facilities, hospitals and physician offices. Services include anatomic pathology, hematology, microbiology and transfusion services.

Emergency Trauma Center

As a Level II Trauma Center, St. Cloud Hospital features the region’s most comprehensive emergency care facility. The ETC is staffed by board-certified emergency medicine physicians and nurses certified in trauma care and advanced life support. The ETC also has access to medical staff support from all essential specialties. The center has 38 private patient rooms, including rooms dedicated to the special needs of children, trauma victims and psychiatric patients. The center also features a Federal Aviation Administration (FAA) approved helipad.

Trauma Services

Designated a Level II Trauma Center by the American College of Surgeons since 1998, St. Cloud Hospital also provides:

- Trauma performance improvement programs
- Injury prevention programs
- Transfer agreements with surrounding facilities
- A registry that provides information to state and national data centers

Additionally, Trauma Services tracks the care of patients from the moment of arrival until discharge. Continuity of care is vital to achieving outstanding patient outcomes.
Intensive Care Unit
The 28-bed Intensive Care Unit provides close monitoring and treatment for critically ill adults. It has received the national Beacon Award Gold Level through the American Association of Critical Care Nurses. Highlights include:

- Evidence-based practice to improve patient outcomes and reduce costs
- Physicians certified in critical care medicine who manage patients within the intensive care setting
- Use of multidisciplinary rounds, which include patient’s families

Surgical Care Unit
The 38-bed Surgical Care Unit 1 and 23-bed Surgical Care Unit 2 provide complete postoperative care, including patient assessment, monitoring and intervention for adult surgical patients. Surgical Care Unit 2 contains eight progressive care beds for patients requiring a higher level of care.

Home Care & Hospice Services
For many patients, comfort or recovery are more quickly achieved while surrounded by family at home. Home Care services include skilled nursing, rehabilitation, palliative care, wound care, home telemonitoring, infusion therapy, pediatric services, on-call nursing and more. Hospice provides comfort, pain control and emotional support through the final stages of life. Grief & Bereavement Services offer support and resources for patient family members as they grieve and mourn the loss of their loved one.

Palliative Care
Palliative care focuses on the physical, emotional and spiritual needs of people with serious illness. Its goal is to reduce suffering, preserve dignity and improve the quality of life for patients and their families. Palliative care can be provided at the same time as other medical treatments during a serious illness. Our Palliative Care team includes a physician, practice nurses, a social worker and chaplains.
St. Cloud Hospital Imaging Services is dedicated to the science of diagnostic imaging. Continuous monitoring of the industry, ongoing investment in state-of-the-art equipment and personnel of unsurpassed ability and training make St. Cloud Hospital the most patient-focused, technologically advanced facility in the region. We partner with Regional Diagnostic Radiology to provide diagnostic, therapeutic and interventional services to patients and physicians throughout Central Minnesota:

- All technologists are registered with the American Registry of Radiologic Technologists (ARRT).
- Sonographers are registered by the American Registry of Diagnostic Medical Sonographers (ARDMS).
- Nuclear medicine technologists are certified through the Nuclear Medicine Technologist Certification Board, and all certifications are by national boards.

The Medicine Care Center includes Medical Unit 1, Medical Unit 2, Medical Progressive Care Unit, Medical and Oncology Unit and Respiratory Care. The center cares for patients with infectious diseases, cancer, pneumonia and flu, as well as respiratory, gastrointestinal, liver, pancreatic, back, renal and endocrine problems. The Medicine Care Center:

- Contains 19 progressive care beds
- Partners with Coborn Cancer Center to provide a better continuum of cancer care
- Leads many statewide quality initiatives, including Transforming Care at the Bedside (TCAB), safe care transitions and reducing patient falls
- Retains dedicated nurses with national certifications and top patient satisfaction scores
St. Cloud Hospital treats all types of strokes, aneurysms and cerebrovascular diseases. Patients may be treated endovascularly, surgically or with a combination of both. Our skilled team offers an integrated approach that improves patient outcomes.

Neurosurgery
- High-volume center with comprehensive neurosurgery services, including interventional neurology, vascular neurosurgery and general neurosurgery
- Advanced services, including microvascular, stereotactic, deep brain stimulation and extracranial/intracranial bypass surgeries
- Fellowship-trained physicians, certified nurses and specially trained support staff
- 24/7 access to neurological, neurosurgical, critical care and endovascular treatment
- National and international recognition
- Neurosurgeons with vascular expertise and experience

Stroke Center
- Established stroke care protocols consistent with national guidelines
- Comprehensive, interdisciplinary, patient- and family-centered stroke care that encompasses public awareness and prevention education, rapid triage, diagnosis, treatment and rehabilitation
- A designated acute care stroke unit that is primary stroke certified by the Joint Commission
- Telestroke services in numerous communities

Spine Center
- Neurosurgical and orthopedic spine care including specialized surgeries for patients with brain, spine and nerve disorders
- Board-certified surgeons with advanced training

Neurology
- Brain, spinal cord, nerve and muscle disorder treatments
- Board-certified neurologists with advanced training in neurological disorders, including dementia, epilepsy, movement disorders, multiple sclerosis, neuromuscular disorders and stroke
- Medical management of seizures and migraine headaches
Sleep Center

St. Cloud Hospital Sleep Center provides sleep disorder testing, diagnosis and treatment for adults and adolescents. As the first accredited sleep center in Central Minnesota, our center features 10 beds and tests adults and adolescents for excessive daytime sleepiness, nocturnal seizures, obstructive sleep apnea, restless legs syndrome, narcolepsy and REM behavior disorders.

Rehabilitation Center

Recovering from an illness or accident can be challenging for patients and their families. In addition to a highly skilled team specializing in adult and pediatric rehabilitation, St. Cloud Hospital employs board-certified physical medicine and rehabilitation physicians to provide advanced care and treatment to patients with high-level needs. The hospital offers Central Minnesota’s largest inpatient rehabilitation unit (20 beds) and Central Minnesota’s first Commission on the Accreditation of Rehabilitation Facilities (CARF) accredited unit. Our specialists help patients experiencing:

- Headaches, chronic pain, fibromyalgia or arthritis
- Women’s health issues, including incontinence, pelvic pain or osteoporosis
- Stroke, spinal cord injury, traumatic brain injury and neurological disorders
- Tremors, weakness, loss of voice control, difficulty swallowing, sensation or motor planning problems
- Challenges involving memory, attention span or problem-solving skills
- Problems with processing information involving space, forms and objects
Center for Advanced Maternal, Fetal & Newborn Care

St. Cloud Hospital provides coordinated care for all types of births. These services are within footsteps of one another:

- Perinatology Clinic – Perinatologist consultation, genetic counseling and advanced testing for high-risk pregnancies
- Family Birthing Center – In-house obstetrician coverage, case management and breastfeeding support for a personalized experience
- Neonatal Intensive Care Unit (NICU) – Central Minnesota’s only Level III NICU, providing care to the tiniest and sickest of babies

Children’s Services

St. Cloud Hospital offers pediatric specialty care to infants, children and teens in Central Minnesota. Highlights include:

- A dedicated pediatric inpatient unit where doctors and nurses take care of children all day, every day
- Central Minnesota’s only pediatric critical care unit
- A team of pediatric specialists, including pediatric hospitalists, social workers, case managers, dietitians, developmental and child life specialists
- A full range of outpatient services, including Pediatric Short Stay & Infusion Unit, Pediatric Specialty Clinics and Cleft & Craniofacial Center
- A highly specialized, yet intimate environment where parents have direct access to doctors and nurses and are encouraged to participate in their child’s care
Additional Services

CentraCare Wound Center
CentraCare Wound Center provides outpatient clinical wound care and hyperbaric medicine. We employ a physician-driven, multidisciplinary approach to aggressively treat problem wounds such as ulcers (arterial, diabetic, venous), non-healing surgical wounds, minor burn wounds, traumatic wounds/crush injuries and more.

Hospitalist Program
The adult hospitalist program at St. Cloud Hospital has grown to more than 30 physicians, plus four pediatric hospitalists. All together these hospital-based physicians consult on cases on most units and provide consistency in care.

Gorecki Guest House
Gorecki Guest House, conveniently located across 6th Avenue from St. Cloud Hospital, provides temporary lodging in a homelike setting for patients and their families receiving medical care in the St. Cloud community. For more information or to make arrangements to stay at the Guest House, call 320-251-2700, ext. 51774.

CentraCare Health Foundation
CentraCare Health Foundation engages the philanthropic community in partnership to improve health and health care. We enable life victories every day. Philanthropy allows us to meet the health care needs and challenges of our community — giving hope and saving lives for generations to come.

Spiritual Care
St. Cloud Hospital Spiritual Care provides spiritual and emotional support to patients and their families. The staff consists of Catholic priests and sisters, Protestant pastors, and lay chaplains who visit patients and respond to requests from patients, nurses, physicians and other staff. Spiritual Care connects patients with pastors/leaders from their church or faith tradition. Additional services include daily Mass, memorial services, end-of-life decision-making, grief support, and volunteer ministries such as Stephen Ministry, Eucharistic Ministry and No One Dies Alone Program. Chaplain interns also provide pastoral care to patients and families as part of our Clinical Pastoral Education Program.