Thanks to all of the Deer Gradegy Staff. Storing thepetal and staff i chapters emegening more staff I don't Knows have not one of the By disrest friend, 513 over this these serve involved in for all that you and for 2 Engine shound on Plonda caleria the 100 but you d confortable boundle 601 need she A CRAA 1 an hear 徐 Thank You made und and themany lif in star has sr a didfe and 414-1 (de わ divit ¥ . E- m Se. de. e. ...... 3/1-1919 Indont 10.00 just give to control of you gave from int. the heart. 政 il and 200 THANK YOU

Sharing stories from the heart

**CENTRACARE** Health System 2011 Annual Report

### **CENTRACARE** Health System

### Mission

CentraCare Health System works to improve the health of every patient, every day.

### Vision

CentraCare Health System will be the leader in Minnesota for quality, safety, service and value.

### **Core Values** Patient Centered Integrity Collaboration Compassion Stewardship

Dear friends:

I love to read cards and letters from patients and their family members. It is heartwarming to read the words of thanks and to know that our dedicated, skilled physicians and staff have made a difference in these people's lives.

As a physician and administrator, I always have enjoyed interacting with patients and their families. That personal connection is an important part of health care.

Our patients and their families are the people who live in our neighborhoods and work in our communities. They come to us in times of crisis and in times of great joy. We treat them with respect. We treat them as individuals.

Our patients — and their husbands and wives, moms and dads, sons and daughters — are human beings with real needs for information and real emotions. When they send us "thank you" cards, their comments verify that our staff has treated them not only with their clinical skills, but with compassion.

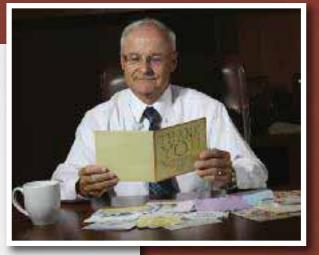
The complimentary cards and letters are treasures. Those that point out flaws are valuable calls to action. They remind us to continually strive to provide the highest quality of care.

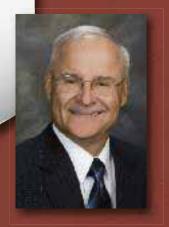
All types of communication from our patients and their families serve as reminders of our mission: CentraCare Health System works to improve the health of every patient, every day.

Sincerely,

Juny Plodson

Terry Pladson, MD, MBA, FACPE President/CEO





Terry Pladson, MD, President CentraCare Health System

Financials

CentraCare Health System Statement of Operations

Fiscal Year Ended 30-Jun-11

### Fiscal Year Ended 30-Jun-10

Revenue	\$843,111,662	\$792,673,672
Expenses	792,850,273	749,549,556
Operating Income (Loss)	\$50,261,389	\$43,124,116
Operating Margin	5.96%	5.44%
Annual Capital Expenditures	\$83,905,566	\$66,165,747

### CentraCare Health System Balance Sheet

	30-Jun-11	30-Jun-10
Current Assets	\$184,597,880.	\$173,198,702
Restricted Investments	460,370,868	408,446,862
Property and Equipment, net	445,714,265	397,573,607
Other Assets	28,981,644	30,527,403
Total Assets	\$1,119,664,657	\$1,009,746,574
Current Liabilities	\$136,278,590	\$127,106,580
Long-Term Debt	396,950,696	405,789,267
Other Liabilities	32,751,133	59,730,362
Net Assets	553,684,238	417,120,365
		中国民间合同特别的合同有效的

**Total Liabilities & Net Assets** 

\$1,119,664,657

\$1,009,746,574

5

Centra Care gives back ...

CentraCare Health System is dedicated to improving the health of people living and working in the communities we serve. To accomplish our goals, we work actively to address vital community health care needs. We continue to focus on providing the best care possible and in reinvesting into the community by offering services that benefit and ensure the good health of the people of Central Minnesota. We also promote wellness by sponsoring programs and events in local communities that focus on healthy eating and exercise.

Each year, numerous departments from CentraCare Health System participate in dozens of health fairs and health care screenings providing information and education that promotes good health. Many employees spend hours speaking about various health care topics.

Employees like Diane Giambruno, a dietitian from the Central Minnesota Heart Center at St. Cloud Hospital, are making a difference in people's lives.



Diane Giambruno shares her heart-healthy knowledge with a heart patient.



A curious attendee tries on a surgical cap and gloves at Camp Bee Well.

### **Camp Bee Well**

In spite of the cool and rainy weather, more than 350 people discovered the keys to wellness at the inaugural Camp Bee Well event at St. Cloud Hospital May 14 through games, activities and demonstrations. Those families in attendance gathered information about summer safety, explored an ambulance and watched performances by the Boys & Girls Clubs of Central Minnesota, Cathedral High School Minnesingers, Zumba instructor Caryn Locke and Ms. Melinda's Dance Studio.

### Women's Health 101, a decade of inspiring women

More than 450 women enjoyed the 10<sup>th</sup> annual Women's Health 101 April 2 at CentraCare Health Plaza. Of the women who attended in the past, 95 percent made changes to improve their own health. Attendees could participate in nearly 20 free screenings and gain valuable health information from more than 40 booths and 15 presentations. Screening results included 187 glucose, cholesterol and HDL tests; 165 stroke assessments; 137 hearing screenings; 33 stroke/carotid artery screenings and 50 vision screenings, among others.

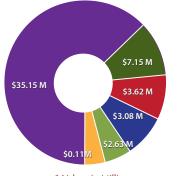
### Large crowd boogies down at Day of Dance

Nearly 600 men, women and children took action for their health at the third annual Day of Dance Feb. 24 — well surpassing last year's attendance of 450. Those in attendance were able to sample heart-healthy food, get health information and learn new moves to a variety of dance styles, including belly dance and the latest dance craze — Zumba. More than 100 people took advantage of the health screenings, including blood pressure checks, BMI and weight measurements.

# Serving our communities

- Medicaid\* & other public programs
- Charity Care\*
- Subsidized Health Services
- Education/Research
- Cash & In-kind
- Other Community Benefit

Current year calculations are based on IRS 990 schedule H instructions



\$ Values in Millions \*Losses Based on Costs Total: \$51.74 million

### Additional Community Benefit\* (in millions)

Cost in excess of Medicare payments	\$38.49
Other care provided without compensation	\$18.34
Discounts offered to uninsured patients	\$ 6.13
Taxes & Fees	\$ 1.51
Total	\$64.47
* (* 1 1 1 0 1 1 1 1	

\* not included on Schedule H



### **Interpreter services**

CentraCare Health System provides interpreter services to many patients with limited English proficiency. This year, we provided interpreters in dozens of different languages for more than 12,500 patient visits.

### **Scholarships**

CentraCare Health System offers thousands of dollars in scholarships to high school seniors who plan to pursue a health care career.

### **Internship programs**

Health care career internship programs are offered to high school juniors and seniors who indicate a strong interest in the health care profession, giving them an opportunity to experience the field firsthand.

### **Free screenings**

St. Benedict's Senior Community - St. Cloud and St. Cloud Hospital Home Care & Hospice hosted their inaugural Memory Screening Day Nov. 16 to provide free, confidential memory screening to people concerned about memory loss. The event also featured booths from area health care providers and non-profits. About 60 people attended the event and 30 people were screened.



### hands that serve, hearts that care

Across CentraCare Health System, 1,693 volunteers served close to 123,000 hours during the past year. It would take more than 65 full-time employees to perform the work of these generous volunteers.



Meet the 'Egg Lady' in Melrose Helen Hinnenkamp from Birch Lake near Melrose fries eggs every Tuesday morning for residents at Pine Villa Care Center in Melrose. "I'm known as the 'Egg Lady' with the red apron," she said. "Each egg is made with love."



### Volunteer enjoys helping at St. Benedict's Senior Community

Josh Godding, 20, helps with special events such as the petting zoo, baking, dances, musical entertainment and much more. Since mid-July 2011, Josh has worked as a resident care assistant and plans to continue that position during college breaks and summers. Attending the University of Minnesota - Morris for biochemistry, Josh plans to pursue a career in the medical field.

### St. Cloud Hospital Junior Volunteer Program turns 50

The Junior Volunteer (Candy Striper) Program was started by Rosalie Timmers June 13, 1961. In the mid-'70s when boys began to join the program, the name Candy Striper was changed to Junior Volunteer. Currently, more than 140 Junior Volunteers, ages 14-18, work in various departments at St. Cloud Hospital.



**Volunteers bring music to Long Prairie** Guitarist, Linda Kielty and pianist, Betty Etzel, along with members of the St. Mary of Mount Caramel Catholic Church in Long Prairie, assist with residents and sing at Mass every Friday at CentraCare Health System - Long Prairie Nursing Home.

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# moving toward our

### **CentraCare named Best Place to Work**

For the third consecutive year, CentraCare Health System has been recognized as the **#1 Best Place to Work in Minnesota**, in the large company category, by the *Minneapolis/St. Paul Business Journal*.

### CentraCare receives Gallup Great Workplace Award

CentraCare Health System (CCHS) is a **winner of the 2011 international Gallup Great Workplace Award.** CCHS is one of this year's 29 award recipients because its employee engagement survey results revealed that it has one of the most productive and engaged workforces in the world. In choosing the winners, workplace experts compare results from millions of work teams in more than 150 countries.

As we move toward achieving our vision of being the leader in Minnesota for quality, safety, service and value, CentraCare Health System is expanding services to a broader geographic region.

Lakeview Medical Clinic in Sauk Centre joined us July 1 and became CentraCare Clinic - Sauk Centre. On July 1, 2012, St. Michael's Hospital and long-term care facility in Sauk Centre will join the CentraCare family as well. We are committed to ensuring the availability of outstanding health care services to residents of rural communities. Our new partnerships in Sauk Centre, and our long-standing clinic, hospital and long-term care operations in Long Prairie and Melrose, give people easy access to family medicine and specialty care.

We also are enhancing patient care by extending our electronic medical record to 15 other health care organizations in the region. Through this network, a physician in St. Cloud, for instance, can readily access critical medical information about a patient transferred here from Wadena, Monticello or Alexandria. Also, physicians in those and other communities can quickly find the patient-specific information that will help them provide the best care possible.



BUSINESS JÖURNAL BEST PLACES

TO<sup>2011</sup>WORK

Another advantage for our patients is that CentraCare and other systems such as Allina Hospitals & Clinics, Hennepin County Medical Center and Sanford Health, share patient health information as needed through a network called Care Everywhere.

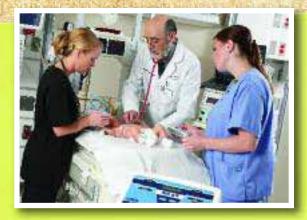
We also have been busy recruiting physicians for CentraCare Clinic and independent groups such as Regional Diagnostic Radiology, St. Cloud Medical Group, St. Cloud Orthopedics and Central Minnesota Neurosciences. We are proud to have played a role in bringing 26 physicians to the local medical community during the past fiscal year.

Whether we are scheduling patients' appointments, conducting laboratory tests, performing surgery or acting in administrative roles, all of us at CentraCare Health System are committed to ensuring exceptional quality care.

## Technology, programs and services provide quality care

Latest robotic system enhances surgical capabilities The Center for Surgical Care at St. Cloud Hospital has enhanced the level of care for surgical patients with the latest in robotic-assisted surgery — the da Vinci Si Surgical System. This is only the second da Vinci Si System in the state and St. Cloud Hospital is one of only a few hospitals in the nation to have multiple da Vinci systems in use.





### St. Cloud Hospital uses body cooling on infant

St. Cloud Hospital's Neonatal Intensive Care Unit (NICU) has, for the first time, successfully cooled an infant to prevent or reduce the severity of brain injury. On March 18, the NICU team used total body cooling therapy on a newborn affected by hypoxic-ischemic encephalopathy, a condition in which an infant's brain is deprived of oxygen during birth. Cooling prevents or reduces the severity of brain injury. Research shows that cooling is safe and may improve survival without disabilities.



### Hospitalist program celebrates 10 years

The CentraCare Clinic Hospitalist program began in July 2001 with six Internal Medicine physicians. Now, just 10 years later, CentraCare Clinic has 24 hospitalists — and the demand keeps growing. From July 1, 2009 to June 30, 2010 the hospitalists

admitted 9,068 patients or roughly 48 percent of adult hospital admissions (excluding OB, Women's Health and Mental Health). Hospitalists provide 24-hour coverage seven days a week to inpatients at St. Cloud Hospital.

### Palliative care program celebrates first year

The physician-led inpatient palliative care program specializes in the symptoms and stress of serious illness, but is different than hospice care. This past year, 410 patients received palliative care, greatly exceeding the goal of 200. Overall, palliative care offers patients support for decision making and comfort related to quality of life during their illness.



Long Prairie, Melrose provide digital mammography Imaging Services at CentraCare Health System - Long Prairie and Melrose upgraded to digital mammography with the installation of the state-of-the art system, Selenia<sup>™</sup>, which provides rapid and accurate images to physicians and patients.

Neurology outreach now available in Long Prairie, Melrose CentraCare Health System - Melrose welcomed board-certified neurologist Anh Nguyen, MD, to its specialty clinic. Board-certified neurologist Shelly Larson-Peters, MD, sees patients at CentraCare Health System - Long Prairie. Both of these visiting specialists are from CentraCare Clinic - River Campus in St. Cloud.

# We're expanding for you!

### St. Cloud Hospital construction continues

Approximately 200 people work on-site each day to complete the 360,000-square-foot tower on St. Cloud Hospital's southeast side. The building is expected to open spring 2012. The \$225-million project will:

- add state-of-the art surgical suites;
- increase the number of private patient rooms;
- create private rooms in the Neonatal Intensive Care Unit; and
- replace the 25-year-old Intensive Care Unit.

The exterior of the new addition will be brick to match the existing structure. When the addition is complete, masons will have laid 625,000 bricks. If these bricks were laid end to end, they would stretch from the hospital to downtown St. Paul — nearly 80 miles.

CentraCare Health Foundation has set a fundraising goal of \$21.7 million to support pieces of the project that wouldn't be possible without the generosity of the community.

### **CentraCare Wound Center opens**

The CentraCare Wound Center, a service of St. Cloud Hospital, opened in November 2010 under the medical direction of Denise Larson, DO, and a panel of five physicians from the community who have undergone special wound care and hyperbaric medicine training.

Since its opening, the Wound Center has conducted 2,317 patient visits and performed 327 hyperbaric oxygen treatments. The average patient satisaction score for the Wound Center is 98 percent.



Photo coutesy of JLG Architects

### Dialysis unit in Alexandria remodels, expands

CentraCare Kidney Program - Alexandria Dialysis finished construction of its newly remodeled and expanded kidney dialysis unit with 13 modern and spacious dialysis stations. New features for patients include heat and massage options on the recliners and flat screen TVs. CentraCare collaborates with Douglas County Hospital to serve patients in the Alexandria region.



Melissa Warner, LPN, provides care to a Wound Center patient

### Thank you, St. Cloud Hospital, for giving me a second chance at life.

### Lynn Matuszak and his wife, Kathy, enjoy time together

Lynn Matuszak is one of few who have survived a ruptured abdominal aortic aneurysm.

In December 2010, the Lake Shore resident awoke with terrible chest pain. While looking for something to relieve the pain, he collapsed and became unresponsive. His wife, Kathy, called 911 and Lynn was taken to St. Joseph's Hospital in Brainerd, then airlifted to St. Cloud Hospital.

"As I drove to St. Cloud, I watched the sun come up and wondered if the Lord had taken him home," Kathy said. "I was afraid to walk into the hospital to hear the news that they might have for me."

Lynn, age 66, was already in surgery by the time Kathy arrived. Not only did Lynn have a ruptured aorta, but he'd also suffered a heart attack. "It was touch and go for a while," said Michael Butts, MD, a physician from St. Cloud Hospital's Emergency Trauma Center. "Most patients don't make it through something like this."

Surgeons performed lifesaving surgery but because of bleeding complications and blood clots in left his leg, Lynn underwent a total of three surgeries in four days. From surgery, Lynn was admitted to the Intensive Care Unit. "After seeing how skilled and knowledgeable the physicians, nurses and staff were, I was so confident that he was in the right place," Kathy said. "I also could tell that they really cared about him — and about me. They always were there to support me, to answer my questions over and over again, to make sure I was comfortable by offering me a pillow or a blanket. They truly cared about us."

The aneurysm hindered blood flow to Lynn's kidneys, so he needed to undergo dialysis while hospitalized. He also worked with physical therapists to help restore his balance and get the strength back in his legs.

After 23 days in the hospital, Lynn was discharged home. Instead of traveling a long distance for dialysis, he was able to receive treatments just down the road at the CentraCare Dialysis Unit in Brainerd. "I will always remember the day they called to tell us he no longer needed dialysis," Kathy said. "It was my bithday, March 29<sup>th</sup>, and the best birthday present ever!"

Collaboration, communication and quick thinking were what impressed Lynn the most about his stay at St. Cloud Hospital. "I've never seen such teamwork and a staff that was as confident as they were during my whole hospital stay," he said. "The nurses were incredible. They made me feel comfortable; I especially appreciated their good humor. I would not have survived without the expertise of all the staff at St. Cloud Hospital."

## They are like family to me

### Health care home model strengthens quality of care

Because of the complexity of his medical conditions, Mike Orth, age 58 of St. Cloud, is part of a health care home.

A health care home is **not** a place to live. It is a partnership between a patient with complex or chronic conditions, the patient's family, provider, care coordinator and other health care professionals. In a health care home, patients are more actively involved in their care, which improves health outcomes and patient safety.

The care coordinator is an important part of health care home. Mike's care coordinator contacts him regularly between appointments to see how he's doing and assists him as needed with scheduling other appointments. Thanks to a \$1.3-million grant from CentraCare Health Foundation, CentraCare now has care coordinators at all primary care clinic sites.

The following CentraCare sites have been certified as health care homes by the Minnesota Department of Health: The Family Medicine, Internal Medicine and Pediatrics clinics at CentraCare Health Plaza; Internal Medicine at River Campus in St. Cloud; as well as these family medicine sites: Heartland (St. Cloud); Becker; Long Prairie, Melrose and St. Joseph.



Michael Orth, center, from St. Cloud, discusses his care plan with some of his health care home team members, Dawn Stevens, RN, coordinator, and Brody Maack, pharmacist at Mid-Minnesota Family Medicine Center.

"They are like family to me and I feel blesed in a lot of different ways," Michael said.

### **Successful outcomes**

During a trial period within the Pediatrics Clinic from January 2006 to July 2008, health care home patient visits to the emergency room were reduced from 18 to 14 percent during the last three months of the trial. There also was a dramatic decrease in absenteeism from either school or work for children and their parents from 67 percent to 14 percent. Preventive care received by these high-needs children increased from 78 to 83 percent between January 2006 and July 2008.

For more information about health care home, visit www.centracare.com.



"Health care home has really changed my practice. It allows me to work closely with patients and families to plan their health care together. In addition, the care cooptinator is an essential part of a health care home." said Marilyn Britso. MD.

### **Dr.** Peitso receives national recognition for work with health care home concept

Marilyn Peitso, MD, board-certified pediatrician with CentraCare Clinic - Women & Children, won the national 2011 Spirit of Women Healthcare Hero award for her pioneering work with the health care home concept on a local, state and national level. The award celebrates women who take action to make their communities healthier, safer and more inspirational places to live.

caring for generations



Mark Larkin

CentraCare Health Foundation is grateful to the 4,406 benefactors who invested \$11.4 million in CentraCare Health System during the past year to improve health and health care in Central Minnesota.

Through our "Caring for Generations" capital campaign, we continue to enhance the quality of life for everyone who lives here. Together, we will ensure that our families, friends and neighbors receive medical care second to none in the Midwest for generations to come.

Sincerely,



Christopher Shorba

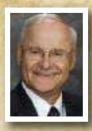
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Mark Larkin, CFRE Executive Director CentraCare Health Foundation

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**Christopher Shorba, CPA** Chair, Board of Directors CentraCare Health Foundation

### **CentraCare Health Foundation Board of Directors - Executive Committee**















Terry Pladson, MD John Schmitz, MD

MD Lore

Loren Viere

ere Stacia Anderson, MD

son, MD Mark Coborn

born Wendy Verkinnes

Brad Hanson

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Foundation 2011

CentraCare Health Foundation		
Summary of Operations	FY 2011	
Revenue & Support (in thousands)		
*Contributions, net	\$9,025	
Investment Income, net	\$4,620	
Special Events	\$1,175	
**Planned Giving Expectations	\$1,231	
Total Revenue	\$16,051	
Expenses (in thousands)		
Grants and Programs	\$3,755	
Special Events	\$408	
Administrative	\$736	
Fund Raising/Capital Campaign	\$955	
Total Expenses	\$5,854	
Net Assets at the end of the year	\$42,547	

\* St. Cloud Hospital and St. Benedict's Senior Community covered a portion of the Foundation's administrative expenses. The number is reflected in the contribution line.

\*\* Some planned gifts are revokable and may not materialize.

# Donors make a meaningful difference



From left: Scott Anderson, vice president of Risk Management & Driver Services; James Anderson, Relationships coordinator; Rollie Anderson, president/CEO; Brent Anderson, vice president of Heavy Haul & Wind Energy Services

# Anderson Family of Companies gives back to the community

"With success comes a willing responsibility to make a meaningful difference in our community and in the lives of our employees and their families." are the words of Rollie Anderson, president and CEO of Anderson Family of Companies.

The Anderson Family of Companies, which includes Anderson Trucking Service, Inc., and St. Cloud Truck Sales, Inc., made a \$1-million gift to St. Cloud Hospital in support of the CentraCare Health Foundation's Caring for Generations Capital Campaign. Their gift will support the hospital's new Intensive Care Unit, which will bear the Anderson name.

"Our companies have been fortunate to successfully operate and grow over the past 56 years," Rollie said. "The St. Cloud community has provided an excellent environment for our companies to flourish. A key part of any community is the quality of health care services available. Well over 100 of our employees and their family members consistently seek treatment at St. Cloud Hospital each year."



"This expansion plans, in a smart way, for the growth we know is going to happen."

### Christopher Shorba

Chris Shorba, a certified public accountant and partner at Kern, DeWenter, Viere, Ltd., is a visionary. Because of his forward-reaching vision, Chris chose to support the capital campaign and expansion project at St. Cloud Hospital. "We can't allow the status quo," Chris said. "I am honored to associate myself with CentraCare and reinvest in the quality of St. Cloud Hospital. This community is going to continue to grow. This expansion plans, in a smart way, for the growth we know is going to happen."

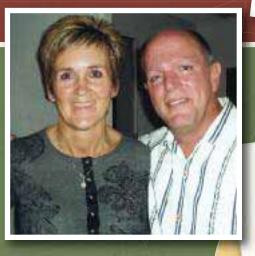
# Douglas J. & Tanya Boser & family

Douglas and Tanya Boser of Boser Construction, Inc., have been active at St. Cloud Hospital through volunteering and philanthropic opportunities for more than a decade. They are proud to build upon their commitment to St. Cloud Hospital and the community it serves by supporting the Neonatal Intensive Care Unit (NICU) through the Caring for Generations Capital Campaign.

"St. Cloud Hospital is a pillar in Central Minnesota and it feels great to be able to support the hospital's ability to care for future generations," Doug said. Both of the Bosers' children, Madeline and Olivia, were born at St. Cloud Hospital. Olivia, now 13, arrived five weeks early. "Newborns are a special gift. It is amazing to be able to contribute to the NICU and promote healthy and vital connections of new parents to their precious babies," Tanya said.



# Andy & Jodi Fritz



Andy and Jodi Fritz of El-Jay Plumbing & Heating, Inc., are proud to be supporters of the Caring for Generations Capital Campaign.

"St. Cloud Hospital is so important to our community. We all know that our health is our wealth — and by having St. Cloud Hospital near us, we have the best right here," Andy said. "It's good to know that quality health care is available for my family, as well as for my employees and their families."

Andy and Jodi chose to support the Central Minnesota Heart Center Family Waiting Lounge in the new addition.

"I wanted people who entered the lounge to know that we are here to support them," Andy said.

Thank you!



# gifts of generosity Mae Ellingson-Skalicky



Art and Barb Grachek

### Clara's House, making a difference in children's lives

Changing children's lives is Mae Ellingson-Skalicky's passion. Mae saw a need for mental health and chemical dependency services for youth in Central Minnesota and decided to make a \$1-million gift to help fund Clara's House. Named after Mae's mother, Clara's House was built in 2004 and provides a warm and caring environment for children and adolescents.

Clara's House is such a success that today a 9,120-square-foot addition is needed to reduce the patient waiting list and enhance therapeutic services. Construction will begin this fall. "This is proof that these services are so desperately needed in our community," Mae said. "We need to do all we can to help our children recover and live happy, productive lives."

Mae made an additional \$1-million gift toward the needed expansion this year. With her gift, CentraCare Health Foundation has raised nearly \$1.9 million of its \$2.2 million goal through private donations. The balance will need to be raised to complete the building.

The new space will allow children to have their own area and age-specific programming. It also will provide enhanced art, yoga, music and pet-therapy programs, which aid in identifying children's issues and teach them how to manage their emotions and thoughts.

### Giving kids the chance they deserve

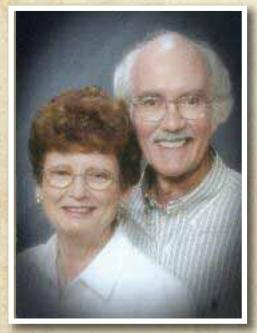
Life has been good for Art and Barb Grachek of St. Cloud, who both retired from St. Cloud State University, so they wanted to share their blessings with the community. "We tried to think of something that would have long-term benefit and help provide for life-altering needs in the community," Art said. "And since kids have been such a big part of our lives and behavioral health is always in need of funding, we decided to give a gift toward the expansion of Clara's House."

"We were so impressed with Clara's House," Barb said. "It's such a unique facility with a warm and caring atmosphere for children and adolescents to go to for help with their mental health and chemical dependency issues. The staff there is highly competent and very professional."

"We feel honored to be a part of this cause and to give kids the chance they deserve in life," Art said.

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# Life is about giving back



Carole & Harold Groustra

### Computer donation provides entertainment for cancer patients

After retirement in 1981, Harold and Carole Groustra of St. Cloud spent most of their time traveling together. In 17 years, they visited more than 20 countries and many parts of the United States.

Unfortunately, all of their traveling came to an abrupt stop in January 2008 when Carole started to experience pain on her right side. A scan identified a spot on her lung and a biopsy confirmed lung, pelvic and brain cancer. Carole began chemotherapy at the Coborn Cancer Center.

"During her treatment, I would tell her jokes to try to keep her spirits up," Harold said, just a few months before he died on Sept. 22, 2011. "I also tried to maintain normalcy by providing as much of her care as I could at home."

After 55 years of marriage, Carole passed away on Sept.16, 2010. In Carole's memory, Harold donated money for laptop computers and comfortable chairs for the chemotherapy rooms at the Coborn Cancer Center.

"Cancer treatment can be tiring and emotional," Harold said. "I hope these computers will give patients something to do to pass the time. After all, I can't be there to tell jokes to everyone."

# They gave so others could benefit

Two generous estate gifts were made by Celestine (Cel) and Mary Lieser, through the CentraCare Health Foundation. One gift was given to the Central Minnesota Heart Center Heart Failure Clinic, the other to St. Benedict's Senior Community (SBSC).

Cel and Mary lived in Sauk Rapids for many years. Cel was an electrician for Cold Spring Electric and later at Electric Motors in St. Cloud. Mary worked for many years at Sauk Rapids City Hall. Mary died in October 2010, Cel in January 2011. "They were good people who lived simple lives," said Cel's brother, Jerome Lieser from Paynesville. "Their generosity reflects the kind of people they were. They gave so others could benefit."

Cel's gift to the Heart Failure Clinic will help sustain it for years to come. Grateful for the care he received when he underwent a valve replacement surgery at the Central Minnesota Heart Center at St. Cloud Hospital, Cel wanted to give back to others with heart disease.

Cel was a resident at SBSC. His gift will support ongoing education for staff and new physical therapy equipment.



Celestine & Mary Lieser

#### CUMULATIVE BENEFACTORS

The persons, foundations and corporations listed here have achieved a lifetime giving level of \$10,000 or more. We truly are grateful to our benefactors and make every effort to list them as they prefer. Please call (320) 240-2810 to correct any errors or discrepancies that appear in the following lists. (Donors listed as of

July 15, 2011)

#### \$2,500,000+

The Coborn Family Benedict F. & Dorothy J. Gorecki St. Cloud Hospital

#### \$1,000,000+

Anderson Family of Companies -Anderson Trucking Service, Inc. and St. Cloud Truck Sales, Inc. Clearway Minnesota Grocers On the Green Ms. Mae Ellingson-Skalicky Bob & Linda Feuling St. Cloud Hospital Auxiliary John & Mary Weitzel

### \$500,000+

Darwin Bonn William E. Clemens Bob & Nancy Ferche Family The Kresge Foundation Otto Bremer Foundation State of Minnesota Gene & Sheelah Windfeldt

#### \$250,000+

Bernick's Blue Cross and Blue Shield of Minnesota

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Norma Doty, St. Cloud Hospital

"I increased my contribution to 90 minutes a pay period because of my niece who was a patient at Clara's House. If it weren't for Clara's House, she wouldn't be where she is today."

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"The money earned in one hour of my time is so little to give but makes such a huge difference. There is so much opportunity to help others in need in our own back yard."

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