Bridging Therapy Services at Clara’s House

**Description:** Clara’s House offers Bridging Therapy Services to children and adolescents who are either on the waitlist or have recently discharged from the partial hospitalization setting. This is a unique opportunity for youth and families to meet with a Clara’s House therapist before starting the program. Children and adolescents who have recently discharged are also able to meet with a Clara’s House therapist for ongoing support if they are unable to see a traditional outpatient therapist within a reasonable amount of time.

**Appointments:** Appointments are available Monday–Friday with the following start times: 9:30 a.m., 1:00 p.m., and 2:00 p.m. Sessions will last anywhere between 45-60 minutes.

**Length of Service:** Bridging Therapy is meant to be a short-term. In most cases, youth and families are able to meet with a Clara’s House therapist for up to three sessions total before starting at Clara’s House or being transferred to a long-term outpatient therapist.

**Location:** Sessions take place at Clara’s House (1564 County Road 134, St. Cloud, MN 56303).

**Fees:** This is a billable service. Medical insurance plans will be billed as a result of utilizing Bridging Therapy Services at Clara’s House.

**To Schedule:**

Please call (320) 229-4950 and ask to speak with Clara’s House front desk staff to schedule. Provide your name and telephone number if leaving a voicemail. Appointments will often be available on a same day or next day basis, but this cannot be guaranteed.