

CENTRACARE HEALTH VOLUNTEER DISCOUNTS

AS OF 02/2024

<u>CATEGORY</u>	<u>Discount Establishment</u>	<u>Discount Details</u>	<u>Address</u>	<u>City</u>	<u>State</u>	<u>Zip</u>	<u>Telephone #</u>
Apartments							
Automotive	AAA	Volunteer ID Badge	3959 2nd St S, Suite 210	St. Cloud	MN	56301	(320)251-6200
	Abra Auto Body & Glass	Volunteer ID Badge	41 W Divison St	Waite Park	MN	56387	(320)253-4166
	Augusta Auto Body	Volunteer ID Badge	24695 County Road 7	St. Cloud	MN	56301	(320)259-5460
	Plaza Tire & Auto	Volunteer ID Badge	501 30th Avenue E	Alexandria	MN	56308	
Banking	Guaranteed Rate - Lending Program	www.rate.com/centracare					
Education	Concordia St. Paul	Contact the Volunteer Office for more information					(320)255-5638
Entertainment	Nickelodeon Universe	See flyer attachment					
	Parkwood Theater (Marcus Theaters)	Purchase tickets from SCH and Plaza Gift Galleries					
	SeaLife MN Aquarium	Shopland Affiliate Store (accessoticketing.com)					
	Valleyfair	See flyer attachment					
	Wisconsin Dells	https://www.passporttosavings.com					
Fitness/Wellness	All-Star Nutrition	Volunteer ID Badge	132 2nd Street South	Waite Park	MN	56387	(320)252-5004
	Anytime Fitness	Volunteer ID Badge	1143 2nd Street South	Waite Park	MN	56387	(320)230-8383
	Burn and Build Fitness	Volunteer ID Badge	1405 Division Street	Waite Park	MN	56378	(320)407-1700
	Burn and Build Fitness	Volunteer ID Badge	305 5th Avenue South	St. Cloud	MN	56301	
	Curves	Volunteer ID Badge	123A 1st Avenue NE	Little Falls	MN	56345	(320)632-6013
	Curves	Volunteer ID Badge	901 MN 29	Alexandria	MN	56308	(320)759-1887
	KPower Yoga	Volunteer ID Badge	809 10th Avenue N	Sartell	MN	56377	(320)774-1828
	Shanti Yoga Center	Volunteer ID Badge	2820 2nd St. S., Suite 150	St. Cloud	MN	56301	(320)309-3820
	Snap Fitness	Volunteer ID Badge	970 MN 23	Paynesville	MN	56362	(320)243-2100
	Snap Fitness	Volunteer ID Badge	300 MN 23	Spicer	MN	56288	
	StaFit	Volunteer ID Badge	805 Co Rd 120	Sartell	MN	56377	(320)287-5575
	Weight Watchers	Contact the Volunteer Office for more information					(320)255-5638
	YMCA of the North	see flyer attachment					
	YMCA	Volunteer ID Badge	2001 Stockinger Drive	St. Cloud	MN	56303	(320)253-2664
Hotels	AmericInn	Volunteer ID Badge	119 LeSauk Drive	Sartell	MN	56377	(320)259-0877
	Country Inn & Suites - East	Volunteer ID Badge	120 Seventh Ave	St. Cloud	MN	56304	
	Country Inn & Suites - West	Volunteer ID Badge	235 Park Ave S	St. Cloud	MN	56301	
Merchandise	Air Max Refrigeration Heating & Air Conditioning	Volunteer ID Badge	1690 Broadway Street W	Cold Spring	MN	56320	(320)252-5602
	Batteries Plus Bulbs (St. Cloud & Sauk Rapids)	Volunteer ID Badge	2710 2nd Street S	St. Cloud	MN	56301	320-240-2332
	CentraCare Computer Discount Plan						ext 54587
	Computer Repair Unlimited	Volunteer ID Badge	24 W Birch St	St Joseph	MN	56374	(320)492-2814
	Costco (National Membership Program)	Contact the Volunteer Office for more information					(320)255-5638
	Endurance Shop	Volunteer ID Badge	423 Washington Street	Brainerd	MN		
	Endurance Shop	Volunteer ID Badge	305 5th Ave S	St. Cloud	MN	56301	(320)252-5262
	Gift Gallery (preferred customer program)						
	Hanger Prosthetics & Orthotics (previously Northgate Comfort Shoes)	Volunteer ID Badge	165 19th Street South, Suite	Sartell	MN	56377	(320)259-5899
	Heartland Security	Volunteer ID Badge	213 8th Avenue NW, Suite 2	Melrose	MN	56352	(888)264-6380
	Hirshfield's Paint	Volunteer ID Badge	117 3rd St N	Waite Park	MN	56387	(320)259-6506
	JFKruse Jewelry	Volunteer ID Badge	110 Waite Avenue South	St. Cloud	MN	56301	320-253-4755
	Life Uniforms	Volunteer ID Badge	101 2nd St S	Waite Park	MN	56387	(320)253-4414
	Maselter Cabinets	Volunteer ID Badge	149 Broadway Street	Rockville	MN	56369	

Medical Alert Services (formerly Link to Life)	Volunteer ID Badge					(320)255-5700
Merry Maids	Volunteer ID Badge	200 Osseo Ave N	St. Cloud	MN	56303	(320)253-6478
Rice Home Medical	Volunteer ID Badge					
Schneider Orthodontics	Volunteer ID Badge	325 19th St S #102	Sartell	MN	56377	(320)251-7100
SB Restoration Services, Inc (formerly Steam Brothers)	Volunteer ID Badge	2003 Julep Rd	St. Cloud	MN	56301	(320)255-1030
Sysco Retail Store (formerly Appert's)	Volunteer ID Badge	900 Hwy 10 S	St. Cloud	MN	56301	(320)251-3200
The Furniture Mart - many locations (Ashley Furnitu	Volunteer ID Badge	60 Waite Ave. South	St. Cloud	MN	56301	

Optical

Billig Opticians	Volunteer ID Badge	20 N 9th Avenue	St. Cloud	MN	56303	(320)253-9920
CentraCare Eye Clinic	Volunteer ID Badge					
Infinite Eye Care of Sauk Rapids	Volunteer ID Badge	210 2nd Ave N	Sauk Rapids	MN	56379	(320)257-4990
Insight Eye Care: Waite Park, Paynesville & Becker locations	Volunteer ID Badge	206 W Division St	Waite Park	MN	56387	(320)253-0365
Russell Eyecare & Associates	Volunteer ID Badge	15 E Minnesota St Ste 107	St Joseph	MN	56374	(320)433-4326
Wimmer Opticians	Volunteer ID Badge	901 W St Germain	St Cloud	MN	56302	(320)252-5404

Restaurants

Blue Line	Volunteer ID Badge	1004 Sunridge Drive	St. Cloud	MN	56301	(320)281-3911
Blue Line	Volunteer ID Badge	1101 2nd Street South	Sartell	MN	56377	
Good Earth Food Coop	Volunteer ID Badge	2010 Veteran's Drive	St. Cloud	MN	56303	(320)253-9290
Green Mill	Volunteer ID Badge	100 4th Ave S	St. Cloud	MN	56301	(320)259-6455
Nautical Bowls (St. Cloud & Waite Park)	Volunteer ID Badge					

MedSpa

Midsota Plastic Surgeons	Volunteer ID Badge					
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MALL OF AMERICA.

EMPLOYEE DISCOUNTS

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ON AN UNLIMITED RIDE WRISTBAND

at Nickelodeon Universe® and more!

*Cannot be combined with any other discounts or combo tickets.

1. Visit nickelodeonuniverse.com
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3. Click the **BUY TICKETS** link.
4. Add items to your cart + enter coupon code at checkout.

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Valleyfair®

CORPORATE MEMBERSHIP 2023



Member Benefits

Indoor pools, gymnasiums, and more than 80 FREE group exercise classes. Discounts on most YMCA programs including sports, day camp, swim lessons, and personal training.

	Monthly Family Plan	Monthly Single Plan
Monthly Y Membership Cost	\$59.99	\$39.99

Membership discounts through CentraCare require at least 12 YMCA visits per month. If you do not meet the monthly visit requirements, you will be responsible for the full cost of the membership for the month.

Total you pay per month with the CentraCare discount	\$44.99	\$24.99
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Alternative Membership Types

The St. Cloud Area Family YMCA also offers memberships for Large Families (6+ members), Seniors (age 62+), and Senior Couples. Visit our website at scymca.org for more information.

For more information, please contact Heather Sabin, Associate Executive Director, at 320-253-2664 or heather.sabin@scymca.org

Corporate Wellness Employee Benefits

Today, many people spend more hours at work than anywhere else. Joining a corporate wellness program is one way to establish a more balanced life. At the Y, you'll find a wide variety of services that promise to engage you and, best of all, they're convenient.

Y BENEFITS & CLASSES

The Y has a plan to help you reach your health and wellness goals. Whether it's working out in the fitness center, swimming laps in the pool or participating in a class, the Y has something for everyone.

FITNESS CENTERS

State-of-the-art fitness centers with a comprehensive range of equipment and free weights, running tracks, and gyms

KIDS STUFF DROP-OFF CHILD CARE

FREE child care with fun, structured activities for up to 2-hours while you work out

PERSONAL TRAINING

Nationally-certified trainers who will personalize your workouts to help you achieve your unique health and wellness goals

GROUP EXERCISE CLASSES

More than 60 FREE group exercise classes, designed to provide a fun and motivating workout. Drop in to check out different classes to find what you like

WHY CHOOSE THE Y?

Because we know that healthy lifestyles are achieved through nurturing spirit, mind, body, well-being and fitness at the Y is so much more than just working out.

Our mission is to help you and your family achieve a balance of spirit, mind and body by encouraging good health, fostering connections with friends and giving back for a stronger community.

START TODAY

Enrollment is easy. Simply visit any of our more than 20 conveniently located YMCA locations and tell our staff you wish to take part in your company's wellness program. That's it!

To find the YMCA closest to you, just go to:
ymcanorth.org/locations

MEMBERSHIP INCLUDES:

- Free 5 day trial pass for you and your family
- \$0 enrollment fee (\$50 savings)
- Full access to more than 20 YMCA of the North convenient locations
- FREE Fitness Assessment
- Dozens of free programs and activities for you and your family
- On site Kids Stuff childcare for children on membership while you work out
- Member discounts on swim lessons, camp, youth sports and summer programs.

\$ 15/ month reimbursement
(upon 6 visits/month. Restrictions apply)