VOLUNTEER YEARBOOK 2017

VOLUNTEERS
giving time touching hearts

Includes St. Cloud Hospital Volunteer Auxiliary Annual Report

CentraCare
St. Cloud Hospital
Volunteer Services

VOLUNTEERS giving time touching hearts

My Fellow Volunteers:

As I look back over my life and the many experiences I've had, the many people I've met and worked with, my several years as a CentraCare volunteer indeed rank among those that have been the most rewarding. Most of us volunteer for multiple reasons: meeting with new and old friends, doing meaningful work, staying busy and helping others probably are among those reasons for many of us. For me, I get the most satisfaction — and yes — even joy from helping others. And we all do help others no matter what we do as a volunteer: greeting visitors as they enter our facilities, replacing magazines in lobbies, cuddling babies, folding blue bags. All of these many things we do ultimately impact the experiences of others around us — patients, visitors, CentraCare employees and even other volunteers.

But as good as we are at helping others, we always can get better. As Dr. Holmen is fond of saying, "Our Best Begins With Me." Another wise man who I met in 2015, Dr. David Hunnicutt, taught **"3 tips on how to be the best helper you can be."**

1. Whenever you begin your volunteer shift, take 30 seconds to remind yourself that you are here to help, even to be a lifeboat for some people.

2. Track down opportunities to help.

3. Touch people's hearts. People don't remember what you've done for them, but rather how you made them feel.

So, as you go through your day as a volunteer, I urge you to remember that you can and do impact the lives of others. You help to make this hospital and these clinics better places.

In addition to the service we give, another of our priorities is to raise money that will benefit the lives of our patients, visitors and employees, primarily through proceeds from Gift Gallery sales. We took a first step late this year toward increasing the amount of funding we can do by opening a significantly expanded Gift Gallery at the CentraCare Health Plaza. If you haven't seen it yet, go take a peek. You'll want to explore the whole shop. Know that while you may enjoy the purchases you make for yourself, friends, or relatives, you also will have a positive impact on the lives of others who are recipients of the funds your purchases generate.

I wish you all a good experience each day you volunteer and urge you to remember that Our Best Begins With Me.

Robert J. Nelson

Bob Nelson
Volunteer Auxiliary Board President
St. Cloud Hospital

Volunteer Office Staff

(left to right)
Melinda Fast, *Administrative Assistant*
Alli Molitor, *Volunteer Program Assistant*
Hannah Stommes, *Volunteer Program Specialist*
Sonny Dickrell, *Volunteer Program Specialist*
Jyl Anderson, *Volunteer Program Specialist*
Megan Richert, *Lead Volunteer Program Specialist*
Janene Riedeman, *Director, Volunteer Services*

Are you interested in serving on the Volunteer Auxiliary Board?

Contact the Volunteer Program for more information at **320-255-5638** or **volunteer@centracare.com** today.

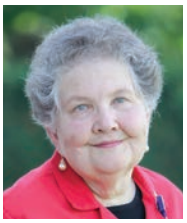
VOLUNTEER AUXILIARY BOARD

Bob Nelson
President

Kathy Schug
Vice President

Linda Hendrickson
Second Vice President

Steve Irlbeck
Treasurer



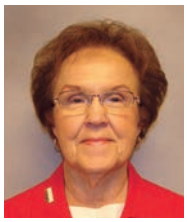
Barb McConnell
Past President

Mary Gruenes
Member at Large

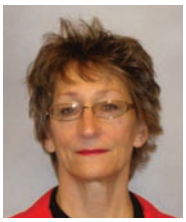
Robin Hasslen
Member at Large

Lynn Imholte
Member at Large

Jerry Ring
Member at Large



Pat Ring
Member at Large



Susan Smith
Member at Large

Virgie Zenner
Member at Large

Kathy Zwilling
Member at Large

JUNIOR VOLUNTEER ADVISORY COUNCIL

Alexandra Lee
President

Mashail Moalim
Vice President

Audrey Nguyen
Secretary/Treasurer

Alexander Anderson
Member at Large

Kailee Kroska
Member at Large

Lilly Xie
Member at Large

Volunteers of the Month

July 2016

Bobbi Bell
Adult Volunteer, St. Cloud Hospital - NODA, Prayer Ministry, Stephen Minister, Healing Touch, Mended Hearts

Peggy Beuning
Adult Volunteer, Other Campus - Coborn Cancer Center - Infusion, HIM, Plaza Greeter

Alexander Krueger
Student Volunteer, College - Plaza Float Pool, Urgency Center, STEP Force - ETC

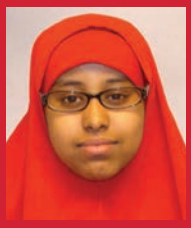
Khadijo Daud
Student Volunteer, High School - Student Hospital Support

August 2016

Carole Lysher
Adult Volunteer, St. Cloud Hospital - Health Care Directives, Patient & Family Care Medicine Care Center

Eileen Larsen
Adult Volunteer, Other Campus - Recovery Plus - Recovery Coach

Emily Erickson
Student Volunteer, College - Clara's House Assistant



Ubah Abdi
Student Volunteer, High School - Student Hospital Support

September 2016

Marlene Dingmann, Ella & Ria
Adult Volunteer, St. Cloud Hospital - Animal-Assisted Therapy

Kathleen Brummer
Adult Volunteer, Other Campus - Hospice, Stephen Minister

Kelsey Carreras
Student Volunteer, College - STEP Force

Brandon Schulze
Student Volunteer, High School - Student Hospital Support

October 2016

Sister Colleen Haggerty
Adult Volunteer, St. Cloud Hospital - Eucharistic Minister, No One Dies Alone

Ann Bemboom
Adult Volunteer, Other Campus - Urgency Center

Leanna Chlan
Student Volunteer, College - STEP Force, STEP Force - ETC

Kayla Nachbar
Student Volunteer, High School - Student Hospital Support

November 2016

Bob Seitz
Adult Volunteer, St. Cloud Hospital - STEP Force

Gary Leither
Adult Volunteer, Other Campus - Recovery Plus - Recovery Coach

Heather Berg
Student Volunteer, College - STEP Force, STEP Force - ETC, Tour Guide

ZamZam Shire
Student Volunteer, High School - Student Hospital Support

December 2016

Minnie Wheat
Adult Volunteer, St. Cloud Hospital - Playologist, NICU Cuddle Time

Alice Petersen
Adult Volunteer, Other Campus - Hospice

Taylor Emly
Student Volunteer, College - STEP Force, Total Joint Therapy Assistant

Caedyn Gertken
Student Volunteer, High School - Student Hospital Support

Volunteers of the Month

January 2017

Robert Czaplicki
Adult Volunteer, St. Cloud Hospital - STEP Force

Vicki Abraham
Adult Volunteer, Other Campus - Recovery Plus - Greeting Cards

Fatuma Odowa
Student Volunteer, College - Urgency Center

Victoria Dorn
Student Volunteer, High School - Student Hospital Support

February 2017

Joan Cahill
Adult Volunteer, St. Cloud Hospital - Eucharistic Minister, No One Dies Alone

Doris Frericks
Adult Volunteer, Other Campus - Hospice

Ross Gunderson
Student Volunteer, College - Clerical Float Pool, STEP Force - ETC, Tour Guide

Morgan Gugger
Student Volunteer, High School - Student Hospital Support, Student Hospital Support Trainer

March 2017

Kathi Seitz
Adult Volunteer, St. Cloud Hospital - Information Desk, STEP Force Dispatch

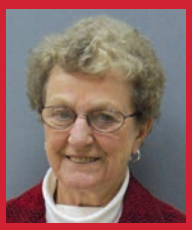
Terry Pladson
Adult Volunteer, Other Campus - Hospice, Project H.E.A.L.

Samuel Ellis
Student Volunteer, College - STEP Force

Kailee Kroska
Student Volunteer, High School - Student Hospital Support, Student Hospital Support Trainer, JV Advisory Council

April 2017

Ben Dockendorf
Adult Volunteer, St. Cloud Hospital - Animal-Assisted Therapy, Eucharistic Minister



Lorrayne Traut
Adult Volunteer, Other Campus - Hospice, Recovery Coach - Recovery Plus

Kholood Abuhadid
Student Volunteer, College - STEP Force, STEP Force-ETC, Patient and Family Care

Isabel Gugger
Student Volunteer, High School - Student Hospital Support, Student Hospital Support Trainer

May 2017

Pat Fitzharris
Adult Volunteer, St. Cloud Hospital - Eucharistic Minister, Sacristan Assistant, Hospice

Adeline Jasken
Adult Volunteer, Other Campus - Clerical Float Pool, Medical Alert Service - Office Support, CentraCare Health Foundation

Emily Mulvey
Student Volunteer, College - STEP Force

Iqra Ahmed
Student Volunteer, High School - Student Hospital Support

June 2017

Betty Weisbrich
Adult Volunteer, St. Cloud Hospital - STEP Force, Greeting Cards, Recovery Plus - Greeting Cards

William Ruede
Adult Volunteer, Other Campus - Endoscopy - Plaza

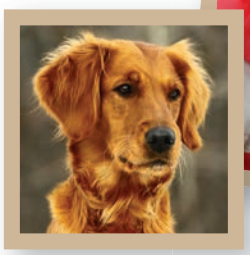
McKenzie Haggerty
Student Volunteer, College - Newborn Nursery, STEP Force - FBC

Elena Drake
Student Volunteer, High School - Student Hospital Support

VOLUNTEER AWARDS

Volunteers of the Year

Congratulations to **Marlene Dingmann and her dogs, Ella and Ria, 2017 Volunteers of the Year**. Marlene and her Golden Retriever companions volunteer with Animal-Assisted Therapy (AAT) at St. Cloud Hospital. Together they have been volunteering for 12 years and have contributed more than 2,500 hours of service. Not only do Marlene, Ella and Ria spread joy and happiness across the hospital campus through countless hugs and pets but Marlene also trains all our new AAT volunteers. Patients, staff and visitors love to see the AAT dogs — they truly touch the hearts of everyone they encounter.



Ria

Marlene and Ella

Student Volunteer of the Year

Kholood Abuhadid, Student Volunteer of the Year, joined the volunteer program in 2011 as a Junior Volunteer and now volunteers as a college student in STEP Force and Patient Family Care. She has served more than 1,500 hours. Kholood's longevity and dedication to St. Cloud Hospital and the volunteer program sets her apart. She is a great leader and role model and brings a positive, upbeat attitude to volunteering. Thank you for all you do, Kholood!

Rosalie Timmers Award and $2,000 Scholarship

Alexandra Lee, winner of the **Rosalie Timmers Award and $2,000 Scholarship,** has served more than 780 hours since 2014. As Junior Volunteer Team Lead and President of the Junior Volunteer Advisory Council, she embodies the true spirit of the Rosalie Timmers award. In her scholarship application, Alexandra wrote that volunteering at St. Cloud Hospital had an influence on both her decision to pursue a career in medicine, as well as the specific specialty she wants to focus on. She graduated from St. John's Prep and now attends the College of St. Benedict with plans to continue with medical school to pursue either obstetrics or neonatal surgery.

Alexandra Lee
(with Rosalie Timmers' daughter Bev Timmers-Lahr, left)

Rosalie Timmers $1,000 Memorial Scholarship

Audrey Nguyen and Mashail Moalim
(with Rosalie Timmers' daughter Bev Timmers-Lahr, center)

Audrey Nguyen has volunteered more than 760 hours in the Junior Volunteer Program since 2013. She graduated from TECH High School and now attends Pennsylvania State University with plans of becoming a doctor.

Mashail Moalim has served more than 880 hours since 2014 in the Junior Volunteer and the Student Serve and Learn Programs. She graduated from Apollo High School this past spring and now attends St. Cloud State University with plans to become a Registered Nurse.

Eileen Warzecha, Hospice volunteer, received the **Volunteer of the Year** award from the **Minnesota Network of Hospice and Palliative Care** on April 4. Eileen has been with our Hospice program for over 14 years and has accumulated more than 6,850 hours serving hospice patients and their families. Eileen is a strong advocate for people using Hospice services knowing how it helps patients and families through very difficult times. Her wisdom, grace and compassion are the heart of our hospice volunteer program.

(left to right) **Janene Riedeman and Duane Rasmusson**

Congratulations to CentraCare Health employees **Duane Rasmusson,** senior vice president of Human Resources, and **Janene Riedeman,** director of Volunteer Services who were honored by **Health Care Auxiliary of Minnesota** with the **Heart of Minnesota Awards** for their leadership and professionalism within their volunteer program.

Duane received the **Outstanding Senior Leadership Award** which demonstrates a cooperative, supportive, enthusiastic and well-defined relationship with the auxiliary or volunteer program. Janene received the **Outstanding Volunteer Resource Professional Award,** which honors a volunteer manager who is supportive, leads with enthusiasm and strives to provide meaningful volunteer services that enhances the patient and work experience.

Kholood Abuhadid

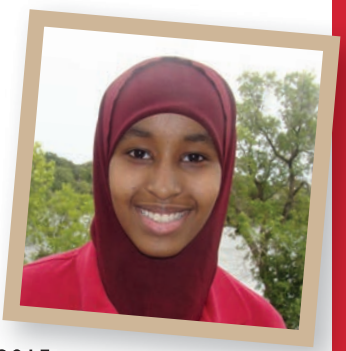
Alexander Krueger

Kayla Thorsten

Marikathryn Wegeleben

Congratulations to this year's **Phil and Evelyn Ruggiero Scholarship** recipients: **Kholood Abuhadid, Alexander Krueger, Kayla Thorsten and Marikathryn Wegeleben.** The Phil and Evelyn Ruggiero Scholarship fund honors current CentraCare Health volunteers who are pursuing a college degree or program certificate with scholarships between $2,000-4,000. Kholood is pursuing a degree in biomedical sciences at St. Cloud State University. Alexander is studying at the University of Winnipeg with plans to become either a physician assistant or medical doctor. Kayla attends the College of St. Benedict where she is pursuing a degree in nursing. Marikathryn is majoring in medical laboratory sciences at St. Cloud State University.

Congratulations to **Mashail Moalim, "Most Dedicated"** Junior Volunteer. This award honors a volunteer who stands out for their outstanding commitment to volunteering. Mashail has dedicated over 880 hours of her time since joining the Volunteer Program in 2014. In 2015, Mashail was honored with the Volunteer of the Month award for her dedication to thoroughly and effectively training new volunteers. One thing that stands out about Mashail is her commitment to getting the job done while maintaining an enthusiastic attitude.



Brandon Schulze, recipient of this year's **"Most Spirited"** volunteer, has dedicated over 190 hours since joining the Volunteer Program in 2015. The "Most Spirited" volunteer award is given to a volunteer who has the ability to light up a room — they always have a positive attitude that seems to be contagious. Brandon is a great representation of CentraCare Health and St. Cloud Hospital and embodies the true spirit of the Junior Volunteer Program.

Behavioral Health

4,075 Hours
45 Volunteers

- Card Group – Recovery Plus
- Clara's House Assistant
- Elder Network
- Health Care Customer Transportation
- Mental Health
- Recovery Coach – Recovery Plus

Cardiac Section

1,619 Hours
22 Volunteers

- Cardiac Rehab
- Cardiac Rehab – Office Assistant
- Dietetics
- Mended Hearts

Emergency Services

1,554 Hours
31 Volunteers

- Emergency Trauma Center
- Emergency Trauma Center Administration
- Emergency Trauma Center Brain Safe Research Study
- STEP Force – Emergency Trauma Center

Family Birthing

2,913 Hours
53 Volunteers

- Big Brother Big Sister Day Camp
- Family Birthing Center
- Family Birthing Center Evening Reception Assistant
- Family Birthing Center Tour Guide
- Newborn Nursery
- NICU Cuddle Time
- NICU Family Support Specialist
- NICU Harpist
- NICU Parent to Parent Support
- OB Clinic Office Assistant
- STEP Force – Family Birthing Center

Family Medicine

1,133 Hours
56 Volunteers

- MyChart Promotions Representative
- Project H.E.A.L.
- Urgency Center

Gift Gallery

8,792 Hours
88 Volunteers

- Gift Gallery – CentraCare Health Plaza
- Gift Gallery – St. Cloud Hospital
- Gift Gallery Buyer

Gorecki Guest House

1,023 Hours
16 Volunteers

- Gorecki Guest House

Health Information Management

629 Hours
5 Volunteers

- Health Information Management – CentraCare Health Plaza

Home Care & Hospice Services

3,472 Hours
61 Volunteers

- Animal-Assisted Therapy
- Healing Touch
- Home Care & Hospice Administration Assistance
- Hospice
- In-Kind Donations

AREAS *of* SERVICE

Hospital Medicine

911 Hours
17 Volunteers

- Health Care Directives
- Nurse Ambassador
- Patient Care Support
- Patient & Family Care

In-Kind Donations

1,047 Hours
34 Volunteers

- Chemo Caps
- Fleece Blankets
- Greeting Cards

Integrative Therapies

1,980 Hours
32 Volunteers

- Animal-Assisted Therapy – St. Cloud Hospital
- Healing Touch
- Massage Therapist

Learning & Professional Development

733 Hours
13 Volunteers

- Education Department
- General Orientation Assistant
- Patient Library

Medical Alert Services

995 Hours
12 Volunteers

- Medical Alert Service – Office Support
- Medical Alert Service – Representative

Medical Specialties

1,267 Hours
7 Volunteers

- Digestive Center Assistance
- Endoscopy – CentraCare Health Plaza
- Endoscopy Waiting Room Family Attendant

Oncology

5,936 Hours
214 Volunteers

- Animal-Assisted Therapy – CentraCare Health Plaza
- Coborn Cancer Center – Dietetics
- Coborn Cancer Center – Farmers Market
- Coborn Cancer Center – Infusion
- Coborn Cancer Center – In-Kind Donations
- Coborn Cancer Center – Musician
- Coborn Cancer Center – Support
- Coborn Cancer Center – Survivorship Team
- Enhancement – Look Good ... Feel Better Program
- Enhancement Program Assistant
- Musician – CentraCare Health Plaza

Orthopedics

1,024 Hours
18 Volunteers

- Bone & Joint Assistant
- Bone & Joint Class Greeter
- Total Joint Therapy Assistant

Patient Access

26,853 Hours
237 Volunteers

- Floral Delivery
- Greeter – CentraCare Health Plaza
- Information Desk
- STEP Force
- STEP Force Dispatch
- STEP Force Support

Pediatrics

890 Hours
28 Volunteers

- Children's Center Playologist
- Playologist – CentraCare Health Plaza
- Playologist & NICU Cuddle Time Float

VOLUNTEERS giving time touching hearts

Pharmacy

868 Hours
11 Volunteers

- Pharmacy – CentraCare Health Plaza

Special Events

1,183 Hours
105 Volunteers

- Benefit Open House
- Blood Drive
- Brat Stand Fundraiser
- Coborn Cancer Center Special Events
- Diabetes Health Fair
- Earth Day BLEND Kids Run
- Emergency Preparedness Events
- Endoscopy Education Night
- Festival of Lights
- Gift of Hope Box Build
- Grief Boxes and Bags
- Health Care Directives – Whitney Senior Center
- Heart Failure Support Group
- Lemonade Arts Fair
- Minnesota Association of Health Care Volunteers
- Nurses Week
- Photo and Video Shoots
- Report to the Community
- Strides for Stroke
- Special Events Team
- Total Joint Reunion
- Tour Guide
- Valentine's Day Floral Delivery
- Wayfinding Assistance
- Weekend Mass Attendant

Spiritual Care

5,231 Hours
69 Volunteers

- Eucharistic Minister
- Hospital Archives
- No One Dies Alone
- Prayer Ministry
- Sacristan Assistant
- Spiritual Care Office
- Stephen Minister

Student Volunteers

9,741 Hours
133 Volunteers

- Junior Volunteer Advisory Council
- Plaza Float Pool
- Student Serve & Learn Program
- Student Hospital Support

Support Services

6,872 Hours
44 Volunteers

- Clerical Float Pool
- Distribution
- Fresh Harvest Café
- Laundry
- Maintenance Data Entry Specialist – CentraCare Health Plaza
- Riverfront Dining

Surgery

924 Hours
14 Volunteers

- Bariatric Center Assistant
- Center for Surgical Care
- Central Processing
- Surgery Family Lounge
- Surgery Supply Assistant

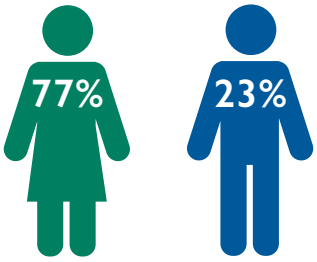
Other Programs

1,283 Hours
48 Volunteers

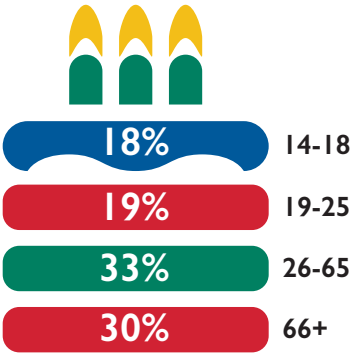
- Business Center – Office Support
- CentraCare Health Foundation
- Home Delivered Meals Assistant
- Marketing Materials
- Rehab Porter
- Second Harvest Partnership – Recovery Plus
- Stroke Support Group Co-Facilitator
- Volunteer Auxiliary Board
- Volunteer Auxiliary Board Assistant

VOLUNTEER PROGRAM SUMMARY

Total number of volunteers who provided service: 1,873



GENDER



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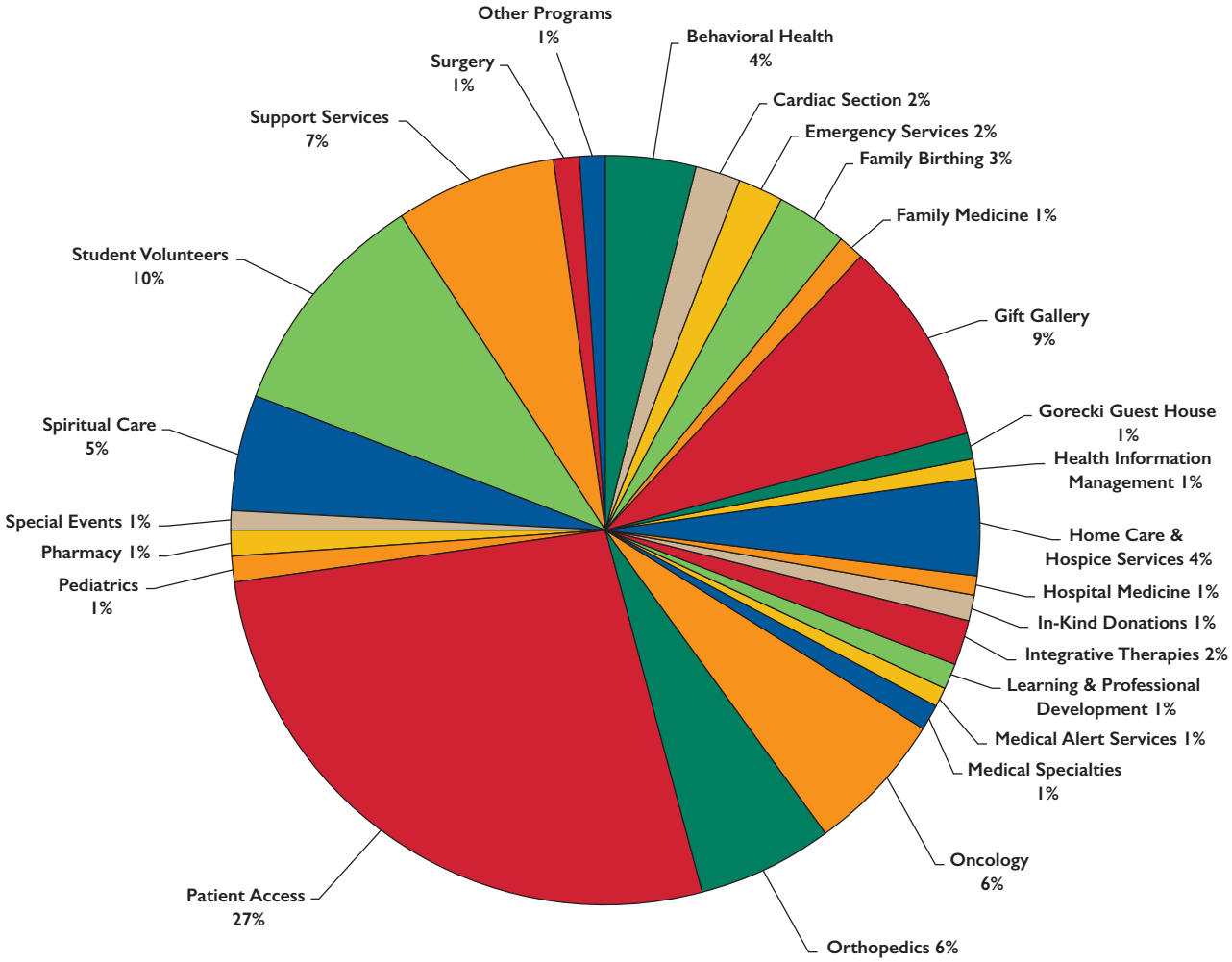
- Total number of volunteer hours served: 95,819
- Value of services*: $2,210,567
- Full-time employee equivalent: 46

Areas of Volunteer Service



* Based on 2016 Independent Sector value of volunteer time

Your donations benefit patients and families

St. Cloud Hospital volunteers oversee various programs that provide resources to make the patient and guest experience more positive. Here are ways you can make a difference:

- **Donate fleece to support LUV Blankets** — The St. Cloud Hospital Volunteer Program needs donations of fleece to make LUV Blankets. These blankets, given to patients of all ages, provide warmth and comfort. Minimum fabric size accepted is 36" x 30." Bright colors and patterns appropriate for a hospital setting are greatly appreciated.

- **Dignity Closet clothing** — The Dignity Closet provides clothing to patients who enter the hospital under difficult circumstances or whose clothing was cut off upon hospital admission. Items needed include new unisex sweatpants and sweatshirts, T-shirts, socks and underwear of all sizes.

- **Chemo caps** — It is amazing how cold and tender our heads get without hair! Coborn Cancer Center is seeking donations of hats — popular with patients — for their softness and warmth. Neutral patterns and embellishments are appreciated. Instructions on how to make them are available in the Volunteer Office.

- **Gorecki Guest House** — Guests are able to enjoy a daily continental style breakfast, including coffee and hot chocolate (individual packets), cereal bars and individual fruit cups. We fill out candy dishes every day and always are in need of individually wrapped candies — chocolate is a favorite! Our guests like to snack on microwave popcorn in the evening. Also needed are dryer sheets and HE powdered detergent to stock the guest laundry rooms. Gorecki Guest House is gratefully accepting gift cards from Target, Sam's Club and Walmart.

- **Cell phones** — If you recently upgraded your cell phone, please consider donating your old one. Volunteers work with local sheriff departments to distribute refurbished phones to those without. The phone will only be used for emergency 911 calls with no monthly service fee. We also accept phone chargers and accessories.

- **Books and magazines** — Magazines and books for both adults and children help pass the time in family lounges. Reading materials for our patient libraries are distributed and managed by volunteers. We accept general interest magazines such as *Good Housekeeping* or *National Geographic* that are up to a few years old and news magazines such as *Time* that are up to two months old.

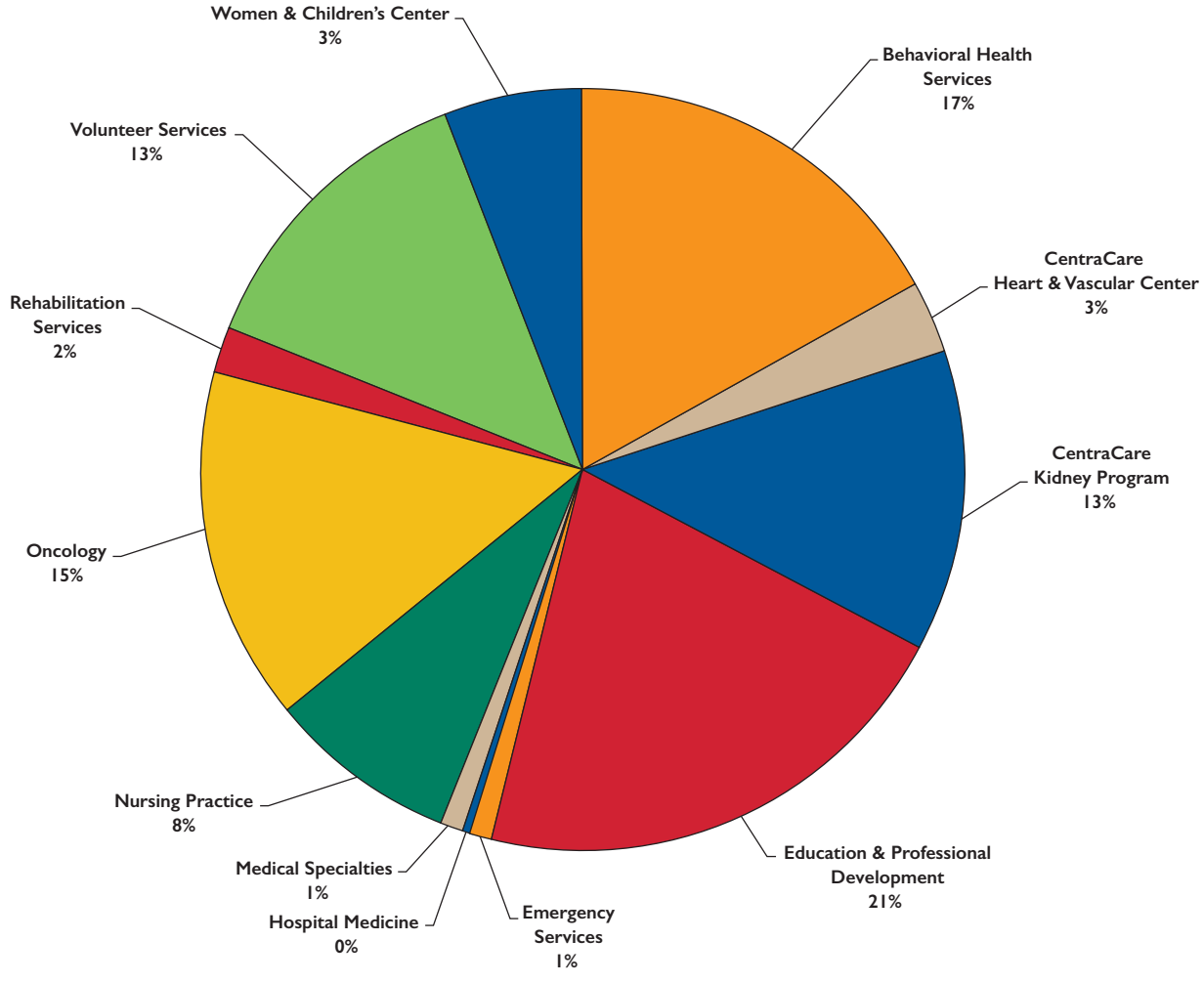
- **Unused airline frequent flyer miles** — Do you have airline frequent flyer miles you are going to lose? Most airlines allow points to be used for magazine subscriptions. Consider using the Health Science Library address, 1406 Sixth Avenue North, St. Cloud, MN 56303. For more information, visit www.magsformiles.com.

SUMMARY *of* OPERATIONS
St. Cloud Hospital Volunteer Auxiliary

Revenue	
Art Commissions	$453
Donations and Gift Gallery Revenue	$106,323
Fundraisers	$12,763
Minnesota Association of Health Care Volunteers	$1,320
Newborn Photos	$1,476
Patron Dues	$5
Rollover	$40,892
Total	**$163,232**

Expenses	
Marketing	$3,199
Minnesota Association of Health Care Volunteers	$2,905
Other	$692
Projects Funded	$61,237
Recognition	$1,028
Rollover Balance	$94,171
Total	**$163,232**

Projects Funded



Behavioral Health Services $10,240

- Adult Mental Health Unit — rowing machine, jigsaw puzzles and boat shoes.
- Clara's House — equipment for the Sensory Processing program. Items to develop anxiety and depression curriculum, teach social skills and facilitate learning and treatment progression. Gaming system and accessories, DVD's, board games, GPS units, outdoor games, and art and craft supplies for Recreation Therapy. Fleece to make tie blankets for the Emergency Trauma Center. Field trips and "Way to Go" incentives for clients who have shown leadership and positive participation. Recovery literature.

CentraCare Heart & Vascular Center $1,561

- Cardiac Rehabilitation — Doppler Ultrasound 5MHZ stethoscope for Ventricular Assist Device patients.
- Cardiovascular Health & Prevention Services — Pleasoning Tasty 2, a low sodium seasoning alternative to salt.

CentraCare Kidney Program $7,800

- CentraCare Kidney — twelve iPads for patient education.
- Kidney Program and Medical Weight Management — enroll three patients in the Medical Weight Management Program to lose the weight needed to pursue kidney transplant.

Education & Professional Development $13,000

- Health Care Scholarships — scholarships for high school students, employees and volunteers.
- Simulation Center — defensive tactics trainer suit, bariatric trainer suit, Gaumard simulated blood concentrate and a heart model.

Emergency Services $750

- Urgency Center — distraction kits for pediatric patients.

Hospital Medicine $228

- Surgical Care Unit 2 — three step stools to assist patients into tall vehicles.

Medical Specialities $500

- Dialysis — peritoneal dialysis patient supplies.

Nursing Practice $5,000

- Integrative Therapies — essential oils used for aromatherapy in the clinic setting. Funding to cover the cost of registration for volunteers to attend Level 1 and 2 Healing Touch classes.

Oncology $9,353

- Coborn Cancer Center — coloring books, patient wellness bags and a Liftmate patient lift.

Rehabilitation Services $1,300

- Outpatient Occupational Therapy — therapeutic listening equipment, weighted blankets/vests and compression vests.

Volunteer Services $7,905

- Gorecki Guest House — throw blankets for guest rooms, hands free headset, four conference room chairs and network cabling.
- Medical Alert Services — installer clipboards and subscriber financial assistance.
- Volunteer Services — equipment and supplies to make recognition buttons, camera, scrub pants for volunteer use.

Women & Children's Center $3,600

- Family Birthing Center — infant swaddlers.
- Women & Children's Center — domestic violence prevention posters.

Total Funding $61,237

Gift Gallery remodels and expands to offer customers an exceptional experience

The newly remodeled and expanded Gift Gallery at CentraCare Health Plaza opened its doors July 17, 2017 with a Grand (Re)Opening event to a steady crowd of shoppers and visitors.

The Gift Gallery, conveniently located near Woodlands entrance, includes merchandise selected for discriminating shoppers with good taste. Whether a patient or employee who works nearby, shoppers can find something for every occasion — from boutique clothing, unique jewelry, children's toys and games, greeting cards, health and beauty items.

The best part? All proceeds go to the St. Cloud Volunteer Auxiliary, which benefit many wonderful programs throughout CentraCare that otherwise would not be possible. In fiscal year 2017, the Auxiliary provided $61,237 in funding to more than 40 projects. Since 1982, the Auxiliary has granted more than $2.67 million to support needed programs and services.

Volunteer Auxiliary Health Care Scholarships

St. Cloud Hospital is dedicated to advancing the education of those pursuing health care careers. The Volunteer Auxiliary generously awarded $10,000 in scholarships to St. Cloud Hospital employees and volunteers.

"The scholarship has helped with expenses during my last year at St. Cloud State University while working on a Medical Laboratory Sciences degree and will provide much needed support while completing an internship at Hennepin County Medical Center this fall. This assistance is greatly appreciated!"

- Marikathryn Wegeleben
  STEP Force volunteer

2017 Scholarship Recipients

Nicole Anderson
Courtney Bevans
Mollie Greener
Jill Libbesmeier
Jamie Maciejewski
Kenzie Olson
Cassondra Opatz
Laura Rydberg
Eleanor Theisen
Marikathryn Wegeleben

Healing Touch aids healing process

Healing Touch is one of several integrative therapies used at St. Cloud Hospital. Healing Touch is a relaxing, nurturing, energy-based therapy that uses gentle touch to influence and support the energy system within and around the body. Safe for all ages, Healing Touch works in harmony with traditional medical care to support the body's natural ability to heal. Provided mainly by volunteers, the grant helped provide tuition assistance to train five additional Healing Touch practitioners.

Coloring books enhance patient experience

Patients experiencing a cancer diagnoses often undergo lengthy chemotherapy or radiation appointments. A coloring journal or kit may be an option for them to help pass the time. The books were made possible through an Auxiliary grant to help enhance the patient experience. Expressive Arts, like coloring, is a healthy alternative for patients who may not feel comfortable in a support group setting, who may not have family present with them during their treatment, yet need an outlet to express feelings and decrease anxiety. Patients have been very appreciative, enjoying their time coloring both at their appointment and at home. One patient said, "I use my coloring kits 2-3 times a week. Very relaxing. This is something I would have never bought for myself to use. Thank you for giving me this tool to relax. I love my kit!"

Bed throws provide warmth, comfort

Guests of the Gorecki Guest House find comfort in the warmth of the staff, other guests and the welcoming décor that makes them feel right at home. And, being located just across the street from St. Cloud Hospital adds convenience. Many who stay at the Gorecki Guest House are patients who have an early morning procedure at St. Cloud Hospital. After the Guest House expanded to 28 rooms and purchased new beds and linens, there wasn't enough money left over to buy new blanket throws as well. Thanks to Auxiliary funding, they were able to buy new throws to give rooms a punch of color at the end of beds and provide guests an extra layer of warmth. The throws are made of durable material, washable and quickly dry.

VOLUNTEER SNAPSHOTS

2016 Volunteer of the Year, Animal-Assisted Therapy Volunteer Team Duane Nieters and his dog, Taco, shown with Dr. Ken Holmen and Craig Broman.

Irene P. and Janene R. on Irene's last day of volunteering.

Volunteers celebrate during the National Volunteer Week lunch April 26, 2017.

Michael T. and Georgia T. with their dog, Takoda, and Laurie T. with her dog, Miles, at the volunteer holiday party.

Ross G. sanitizes a bed in ETC.

St. Cloud Hospital Monday student volunteers take a moment to pose for the camera.

Animal-Assisted Therapy Team Carol P. and her dog, Dance, are regular visitors to the Coborn Cancer Center.

VOLUNTEER SNAPSHOTS

A large group of volunteers celebrate their roles during the National Volunteer Week dinner April 26, 2017.

Ron H. was honored with 34,400 hours at the National Volunteer Week breakfast on April 24, 2017.

St. Cloud Hospital Tuesday student volunteers say "cheese."

STEP Force volunteers Maddie B., Wanda O. and Marvel B. help visitors navigate St. Cloud Hospital.

Ann M., Nancy L. and Mary W. having fun at the volunteer holiday party on Dec. 5, 2017.

Spiritual Care Team offer prayer and support as part of the healing process for patients and their families.

VOLUNTEER SNAPSHOTS

Volunteers Terri O., Makayla B., and Kareem S. received a Ride in Style limo ride from the St. Cloud Area Volunteer Coordinators group during National Volunteer Week April 23-29, 2017. Staff who work with Makayla, Kareem and Terri greeted them.

St. Cloud Hospital Wednesday student volunteers enjoy being a team.

(left to right) Ginny K., Pat L., Marie N., Roger U., Security Officer Pat W., Margaret R. and Ron H. on top of the helipad at St. Cloud Hospital.

Volunteer Auxiliary Board President Bob N. speaks at the National Volunteer Week lunch.

The Thursday student volunteers pause before completing their many tasks at St. Cloud Hospital.

Volunteer holiday party attendees Terry S. and Andy A. pose for a picture.

Dr. Ken Holmen and Craig Broman thank the volunteers for their commitment during the volunteer holiday party.

Simulation Lab Student Serve & Learn Program gives volunteers hands-on experience in patient care.

St. Cloud Hospital Friday student volunteers get ready to make a difference for patients, caregivers, families and staff.

Minnie W. provides cuddle time to newborns.

Volunteer Andrea F. sanitizes blood pressure cuffs in the PACU.

Angie H. stocks beverages in the Fresh Harvest Café.

Animal-Assisted Therapy Teams pose for a photo during the National Volunteer Week dinner.

VOLUNTEER SNAPSHOTS

St. Cloud Hospital Gift Gallery volunteers Patricia L., Doris G. and Sandy M. help shoppers find just the right gift.

Student volunteer, Mitchell S., wipes down exercise equipment at St. Cloud Hospital Cardiac Rehab Gym.

Judy W. is a welcoming and friendly face at the St. Cloud Hospital Information Desk.

STEP Force volunteers Betty S. and Glenice M. are just a phone call away.

Clerical Float Pool volunteer, Chad B., helps wherever he is needed.

Junior Volunteer Crew Andrea F., Katelyn Z., Maddie Z., Hannah K. and Mitchell S. look polished and ready to go in their khakis and red polos.

Noreen P. with Ben the Butler at St. Cloud Hospital Gift Gallery.

35,000 hours
Ron Hemmesch

9,000 hours
Gerry Keymer

8,900 hours
Bev Dornbusch

8,500 hours
Angie Hipp

8,200 hours
Corrine Janochoski

6,800 hours
Terry Sylvester

6,600 hours
Eileen Warzecha

6,300 hours
Myrna Hurttgam

6,200 hours
Andy Anderson

6,000 hours
Shirlee Bauer
Fran Donlin
Morris Freier

5,800 hours
Marty Stock

5,600 hours
Mark Donlin

5,500 hours
Steffi Lang
Warren Opp
Loretta Warzecha

5,400 hours
LaDonna Merritt
John Reinhart

5,300 hours
Mary Pat FitzGerald

5,200 hours
Sandra Lindquist

5,100 hours
Lorraine Rieland

5,000 hours
Evelyn Pflipsen
Mary Weyrens-Tasto

4,900 hours
Shirley Loehr
Jean Woods

4,700 hours
Delma Skaja

4,600 hours
Rosie Woods

4,500 hours
Phil Ruggiero

4,400 hours
Sandi Schulzetenberg

4,300 hours
Paul Gauerke
Jerome Schendzielos

4,100 hours
Millie Morgel

3,900 hours
Terry Gregory
Mary Jane Lauerman
Kathleen Zwilling

3,700 hours
Mary Ann May

3,600 hours
LouAnn Garner

3,400 hours
Robert Nelson
Patricia Salzer
Connie Sanvik

3,300 hours
Robert Diederichs
Lorraine Inderrieden

3,200 hours
Sara Dorn

3,100 hours
Shirley Kern
Michael White

3,000 hours
David Klimek

2,900 hours
Chad Brenden
Art Carlson
Gayle Gilbert
Jerry Ring

2,800 hours
Evelyn Moore
Joan Patton
Patricia Ring

2,700 hours
Linda Kmitch
Kathy Terhaar
Kathy Watkins

2,600 hours
Twila Geiger
Betty Kampa Miller
Joyce Stewart

2,500 hours
Linda Ganshert
Sandra Johnson
Amy Robertson
Marcy Rynestad

2,400 hours
Letti Delk
Marlene Dingmann, Ella & Ria
Doris Grell

2,300 hours
Kathryn Carriar
Thomas Jamison
Dave Simondet

2,200 hours
Kathleen Brummer
Mary Sadlowsky
Dorothy Wilson

2,100 hours
Kendra Flanagan
Thomas Huffman
Margaret White

2,000 hours
Joan Cahill
Magdalene Cigelske
Sue Luedtke
Laura Mumm
Mindy Thomes

1,900 hours
Deborah Jerome
Jo Johnson
Judy Rogers
Bill Ruede
Martha Schelonka
Kathy Schug
Marion Sell

1,800 hours
Patricia Fitzharris
Peggy Janson
Mary Vos

1,700 hours
RoseMary Anderson
Steven Bemis
S. Colleen Haggerty
Barb McConnell
Robert Seitz
Ronald Stewart
Josie Yaroshefski

1,600 hours
Richard Chavez
Mark Happe
Eileen Larsen
Darlene Nastrom
Duane Nieters & Taco
Jim Stang

1,500 hours
Sharon Asselin
JoAnn Bautch
Joanne Elwell
Adeline Jasken
Mary Kay Kerfeld-Bohm
Gary Leither
Nancy Lunde
Jamie McMullen
Mary Ann Tourres

1,400 hours
Kholood Abuhadid
Will Hecht
Wallace Hitchcock
Joanne Keck
Jeanne Molloy
Carol Papermaster, Rafe & Dance
Tina Speaks
Delores Stang
Betty Starr
Judy Walters

1,300 hours
Jane Brown
Martha Bunde
Joyce Fossum
Ronald Frick
Gordon Hurttgam
Steve Irlbeck
Ginny Koshiol
Dianne Mosford
Susan Seep
Virgie Zenner

1,200 hours
Alex Anderson
Chris Gordon
Robin Hasslen
Lynn Imholte
Gerri Jonas
Anne Ramler
Joan Rennie
Sruthi Shankar
Ruth Sundby
Linda Waring

1,100 hours
Peggy Beuning
Lillian Boser
Tracey Boulton
Michele Busch
Robert Czaplicki
Carolyn Garlock
Barbara Grachek
Kari Hartman
Allison Koetz
Wayne Lenzmeier
Rosie Lommel
Mary McMullen
Alan Ruegemer
Helen Sundquist
Christina Tomlinson
Mary Wolters

1,000 hours
Suzanne Butkowski
Karen Ferkinhoff
Jerry Fischer
Linda Hendrickson
Al Klaverkamp
Mary Michaud
Katherine Schulz
Michael Thienes & Takoda
Linda Trenz
Dorain Walters
Brianna Zachman

900 hours
Joseph Bautch
Barb Bestick
Jeffrey Blair
Andrea Brasel
Paul Brixius
Lori Buegler
Mary Carlson
Ray Hommerding
Rosemarie Imgrund
Michael Klein
Jacqueline Maleska
Jason Meemken
Larry Miller
Mary Morton
Kristine Peikert Elliott
Vicki Peterson
Mary Pull
Joan Skroch
Karen Weisbrich
Susan Williams
Bill Zimmerman

800 hours
Dorothy Berg
Joyce Bergh
LuAnne Cedergren
Bill Garner
Art Grachek
Bernie Hennek
Kim Hintermeister
Bebe Huberty
Linda Kappes
Karen Kleinschmidt
Joy Klemish
Caitlyn Kuffel
Mary Labernik
Pat Larson
Barb Marquardt
Mashail Moalim
Sharron Nistler
Lynne O'Neill Willey
Margaret Rice
Clarice Schroeder
Patricia Smiglewski
Thomas Steil
Georgia Thienes & Takoda
John Turner
JoAnn Zezoney

700 hours
Aissatou Bah
Joanne Eveslage
Alan Fredrickson
Mary Kelsey
Thomas Klecker
Alex Lee
Audrey Minh Chau Nguyen
Lynn Parker
Sarah Rapaway
Jill Rooney
Linda Switzer
Duc Tran

600 hours
Susie Albrecht
Jo Anderson
Belinda Angell
Ann Bemboom
Colleen Burton
John Craig
George Doyle
Patricia Feneis
Roman Gertken
Debra Haus & Bailey
Bethany Johnson
Mary Lou Kasella
Pat Kirmeier
Gregory Kuhn
Mary Kuhn
Dwayne Lamprecht
James McMahon
Glenice Mehrwerth

MILESTONES *of* SERVICE

600 hours (continued)
Barb Nierengarten
Mitchell Shimak
John Spanier
Robert Thienes
Roger Upcraft
Jenifer Weyer
Curtis Wunderlich

500 hours
Bill Baker
Shirley Bateman
Bobbi Bell
Paula Burge
Becky Coulter, Rex & Trey
Dakotah Dorholt
Jeanette Eisenschenk
Utku Hasbay
Ligia Hironymus
Kathrin Johansen
Carol Johnson
Shirley Lutgen
Geri Marquardt
Eleanna Melcher
Julene Muyres
Amanda Schiller
Ilene Schmitt
Jean Smith
Ron Spanier
Marilyn Theisen
Kenneth Wendinger
Minnie Wheat
Mike Woods
Bernie Zeroth

400 hours
Linda Baldwin
Bob Braun
Vicki Carlson
Michaela Connolly
Deborah Copa
Raymond Davidson
Meredith DePree
Ben Dockendorf
Jeanne Duininck
Jolene Heath
Sharon Henry
Sylvia Hoihjelle
Geri Hotz
John Hotz
Morgan Kessler
Karen Kierzek
David Kopp
Mary Ley
Amber Linn
Suz Luethmers
Barbara Mahnke
Mark Majerle
Ann Meyer
Michelle Meyer
Felicia Mix
Mary Neuman
Hannah Oehrlein
Alice Petersen
Terence Pladson
Brooke Rasmussen
William Rosendahl
Mary Schmitt
Katie Schmitz
Kathi Seitz
Susan Smith
Autumn Webb
Lilly Xie

300 hours
Vicki Abraham
Muna Aden
Iqra Ahmed
Hosam Alkhatib
Kelly Arnold
Dennis Bauer
Heather Berg
Michael Burzette
Aly Dahlquist
Victoria Dorn
Emily Erickson
Caedyn Gertken
Evan Gertken
Isabel Gugger
Darunee Haley
Jennie Hamre
Betty Harry
Jim Hartung
Richard Heath
Lindsey Hoeschen
Barbara Johnson
Diane Justin
Hannah Klinefelter
Vickie Kopp
Judith Kramer
Kailee Kroska
Joan Lombardi
Hailey Lothert
Allison Mach
Kayla Nachbar
Marion Nistler
Peter Olson
Noreen Plaisance
Rosie Plantenberg
Ulises Ramirez Rojas
Steven Raml
Joann Schmiesing
Stephanie Schmitt
ZamZam Shire
Terry Slingluff
Danelle St Marie
Evan Thomas
Margaret Walsh
Elisabeth Wennblom
Cindy Zieglmeier

200 hours
Fatuma Abdullahi
Loretta Anderson
Cheryl Backes
Lovona Bengtson
Kim Billig
June Bohlig
Kelsey Carreras
Leanna Chlan
Paul Decker
Carla Defrance-Crosby
Elena Drake
Bev Farlow
Kimberly Foster
Joseph Fox
Marie Freed
Emily Frisbie
Kathryn Ganfield
Sandra George
Karleen Gerads
Judy Giffin
Rita Gregory-Huseth
Ross Gunderson
McKenzie Haggerty
Bethany Haus
Linda Hemmesch
Jane Hennen
Sebastian Hernandez
Sharon Hobbs
Mitchell Hurrle
Rose Ann Inderrieden
Ellie Inkster
Tom Jacobs
Charles Kalkman
Keith Kantor
Terry Kantor
Dennis Kelzenberg
Sunghee Kim
Sharon Kimball
Marie Kirchner
Alexander Krueger
Catherine Laubach
John Liveringhouse Jr.
Bonnie Martin
Patricia McLaird
Janine Mettling
Ifrah Moalim
Wanda Orne
Karen Raiche
Caitlin Reker
Ana Rivera
Judy Rotto
Evora Sorokie
Janet Stark
Angela Stevens
Marilyn Sutton
Kayla Thorsten
Joel Vogel
Betty Weisbrich
Diane Winczewski
Betty Wolterman
Cindy Zhang

100 hours
Hibaq Abdi
Khalif Ahmed
Steven Akre
Emma Almanza
Josie Anderson
Lilia Anderson
Phillip Anderson
Vicki Baston
Jaclyn Bautch
Dorothy Bernardy & Charlie
Anne Bezek
Raynard Billig
Megan Bjorklund
Tanya Boser
Marvel Brown
Kevin Carlson
Janine Chaney
Cheryl Colbert
Allie Dolan
Mickayla Dufresne-To
Mikayla Eisenschenk
Taylor Emly
Luanne Engelmeier
Alexia Engels
Laura Evans
Zayda Ewing
Donna Fleagle
Brianna Forrester
Doris Frericks
Alana Friehl
Bruce Ganfield
Sawyer Gapinski
Edith Gerads
Patricia Giesen
Madeline Goetz
Marcia Goss
Allison Gottwalt
Tori Gratke
Mary Gruenes
Marylou Hanson
Heidi Haukos
Madelyn Heck
Jamie Heinen
Kay Heinen
Lucinda Helm
Elizabeth Hennen
Jolie Hinnenkamp
Denae Hlebain
Jacqueline Hoeschen
Linda Hooser
Fowzia Hussein
Eric Inderieden
Jeanine Jensen
Lori Johannes
Christine Jones
Hailey Judovsky
Mary Justin
Jennifer Kalpin
Lauren Kappes
Mykaela Kappes
Carol Kiekow
Davin Kim
Jenna Klein
Corinne Koffi
Callie Kostreba
Sandra Kruse
Julia Kuebelbeck
Alexander Kuehne
Gabrielle Kuehne
Ally Laudenbach
Lauren Lauermann
Deborah Laxson
Danielle Lefebvre
Allyssa Ley
Michael Lieser
Taylor McFarling
Patricia McNary & Diesel
Myra Middendorf
Laura Miller
Najmo Mohamed
Louise Muggli
Emily Mulvey
Roger Neils
Julie Nelson
Marie Neumann
Julia Nyquist
Sharon Pearson
Mary Peckskamp
Elizabeth Plaine
Mesa Potts
Bethany Rahm
Steven Reisdorf
Megan Richert
JoAnne Rothstein
Caitlin Rudd
Maryan Said
Paul Schoenberg
Tyler Schreifels
Sophee Schwanberg
Haley Schwindel
Diana Schwinden
Whitney Shea
Rajvir Sidhu
Rose Siekkinen
Lydia Sipple
Sydney Skjei
Lori Steffen
Alison Swoboda
Laurie Tennessen & Miles
Alexandrea Tobako
Ahmed Tobe
Joshua Tomporowski
Marie Tower
Lorrayne Traut
Thomas Van Heel
Casondra Voigt
Emily Waletzko
Marikathryn Wegeleben
Beverly Winczewski
James Woischke
Abby Wolfe
Ka Zoua Xiong
Ray Zachman
Maddie Zack
Katelyn Zimmer

50 hours
Razeen Ahmad
Sally Allen
Sidney Anderson
Thomas Bevans
Philip Boyle
Christine Coash
Marianna Colucci
Lailah Corrigan
Robert Cox
Andrea Decker
Jolene Demarais
Theron Dohm
Michael Dorle
Alexandru Florea
Jane Foley
Alice Frechette
Jenny Friedmann
Andrea Fromelt
Ann Gallus
Katie Graham
Lori Groinus
Ashley Hackel
Janean Hallstrom
Emily Hartranft
Ifrah Hasan
Diana Heinen

Brandon Higgins
Barbara Hoffmann
Emma Hoheisel
Stacy Hurrle
Ladan Igale
Jenna Jacobs
Olivia Jacobs
Nyamal Jang
Carolynn Jerabek-Kavanagh, Angel & Baron
Carole Justin
Rachel Killinger
Rachel Klosterman
Maren Koester
Lizzy Kolb
Kate Kopeck
Preston Kopel
Patty Larson
Rebekah Leinen
Jes Lemke
Cheyenne Lesniak
Kexin Lin
Georgie Loftis
Kylee Loidolt
Sami Lundgren
Lori Lyback
Raiyan Mahbub
Mary Malikowski
Karen Manly
Brandi McParland
Kimberly McPhee-Lichy
Lee Meyer
Muhammad Shah Miran
Sumayo Mohamud
Brooke Moren
Rebecca Morris
Krista Muzny
Tara Nelsen
Dalton Noll
Janie Novak Day
Fatuma Odowa
Diana Otira
Davis Ouedraogo
Ken Panger
Meeraben Patel
Kim Peterson
Jess Pham
Joy Pham
Alexie Portz
Shashi Prakash
Morgan Puhl
Ana Redding
John Roddick
Hannah Rodness
Maria Roeser
Elizabeth Roles
Tatiana Satchivi
Jamie Scherer
Katrina Schiller
Kylie Schmit
Tricia Schmitz & Coda
Isaac Schneider
Mai Schraut
Paiten Schreiner
Mary Schwagel
Cory Seehusen
Jeeho Sohn
Kathleen Stanger
Ann Starr
Katelyn Tarrolly
Alina Thao
Sally Thayer
Michael Tiede
Russell Tiernan
David Trettel
Theresa Truong
Vanessa Ulrich
Landrie Walz
Raeley Walz
Amal Warsame
Liz Wilson
Alemni Yiran
Daniel Yuan
Areej Zahra
Patrick Zook

0-49 hours

Ayantu Abubaker
Kinzie Agresto
Oluade Ajayi
Mo Alkhatib
Barbara Anderson
Peggy Aschenbrenner
Mary Jo Athman
Lexi Bachman
Jenna Bardson
Siefen Baro
Pete Barrett
Lisa Beek
Renee Bernardy
Dale Beutel
Claire Bliss
Roxanne Botz-Hovet
Angela Boyle
Salli Brown
Roland Brummer
Kayla Burg
Karen Burzette
Caroline Chabot
Tina Chen
Denise Cheney
JoAnn Chevalier
Lauren Chlan
Jacob Christensen
MaryAnn Condon-Axford
Courtney DePaulis
Saharla Diriye
Nikolay Diskant
Adam Donlin
Raegan Ebert
Morgan Eisenschenk
Laurie Ellett
Glenn Evans
Janelle Eveslage
Steven Faber
Jacqueline Frauenholtz
Natalie Frier
Anna Froemming
Bryan Gibbs
Eric Goodew
Susan Goodew
Frank Granberg
Robert Gruber
James Gulbranson
Dominick Gwost
Holly Gwost
Marjorie Haase
Deanna Haeg
Effie Hanson
Mary Hartung
Bishar Hassan
Olivia Hayden
Matt Heinen
Sheila Hellermann
Joyce Hesch
Joseph Hoffman
Tiffany Hoffman
Cassandra Holmquist
Julia Holt
Mary Hughes
Brittney Huisinga
Christine Inkster
Ione Jacobs
Sundos Jama
Megan Johnson
Brenda Klein
Annette Klomp
Chris Kremers
Beth Krueger
Lori Leach
Marissa Leeb
James Leukam
Paulette Levasseur & Tyler
Elizabeth Liberman
Vernon Lindemann
Ouede Louan
Shye Makarrall
Michael Maleska
Lindsey Maloney
Quinlen Marshall
Carole Martin
Tamara Mathies
Meaghan McCown
Lynn Miller
Marian Moening
Yasmin Mohamed
Amina Mohamud
Dan Mondloch
Richard Moore
Leah Mullin
Betty Murphy
Rachel Murphy
Mitchell Muske
Lina Nguessan
Chuck Nielsen
Joshua Nimerfroh
Dennis Norton
Amal Nour
Mark Ochu
Amani Odiel
Anna O'Hagan
Ife Olaoye
Ashley Olson
Marcella Olson
Muhumedsadiq Omar
Diane Opatz
Braniesney Ortiz Camacho
Stephanie Peller
Larry Petersen
Debra Peterson
Morgan Peterson
Natalie Peterson
Sam Peterson
Kathleen Pflueger
Spencer Pierskalla
Sandra Radzak
Asherene Ramdon
Madison Ranallo
Dorothy Randall
Shayla Rausch
Alexis Rice
Denise Rieland
Kathryn Robinson
Carrie Roering
Stephanea Roeser
Anna Roggeman
Ina Ronnebaum
Kimberly Rosha
Laure Rosty
Anastasia Ryan
Melissa Ryan-Wocken
Riley Sanderson
Sarah Schelonka
Emily Schoenberg
Veronica Sinell
Caylee Snodgrass
Kitti Solinger
Kendra Stephanie
Alexandra Stevens
Kayla Stock
Vicki Stommes Faber
Thomas Strating
Patricia Stromseth
Fartun Suldan
Laura Talvitie & Goldie
Ashley Tarrolly
Kathleen Thompson
Rachel Thompson
Jake Toratti
Mamady Traore
Bobbie Trapp
Jada Turner
Chisu Vang
Jenny Vang
Mayuri Vonnegut
Jessica Wahl
Pat Wamsley
JoAnn Weiland
Morgan Weisen
Eileen Windfeldt
Samantha Wolcott
Linda Wolf
Stephanie Wolford
Bonita Zimmer

Retired volunteers 5+ years of active service (50 hours/year)

Bonnie Stachowski
30 years
Mary Jane Lauerman
27 years
Jamie McMullen
27 years
Eileen Steffes
23 years
Mary Pat FitzGerald
22 years
Pat Demarais
20 years
Cynthia Rothstein
20 years
Connie Sanvik
17 years
Eileen Kirchner
16 years
Irene Patenaude
16 years
Janet Schnabel
16 years
Bill Zimmerman
16 years
Mary McMullen
13 years
Rosemary Monk
11 years
Clarice Schroeder
11 years
Gwen Przybilla
10 years
Vera Ranem
10 years
Deb Crennen
9 years
Meredith DePree
9 years
Larry Joy
9 years
Mary Kelsey
8 years
Jennifer Kipka
8 years
Roseann 'Rosie' Lommel
8 years
Jean Imholte
7 years
Alexandra 'Alex' Martin
7 years
George Mathis
7 years
Gerianne 'Mitzi' Rasmussen
7 years
Catherine Matros
6 years
Cheryl Smith
6 years
David Pullis
5 years
Lori Stang
5 years

In Memoriam

Bill Aleshire
Bob Berg
Rex Coulter, AAT dog
Roger Dykhuizen
Barbara Gasperlin
Clinton 'King' Grundman
Bonnie Hunstiger
Gloria Jacobs
Leonore 'Norie' Mahowald
John Massman
Joan Mork
Michelle Neal
Peter Spindler
Donald Tembreull
Louise Theisen
Lillian Tuchek
Beverly Zenzen

THANK YOU
VOLUNTEERS!

For information on how you can make a difference in the lives of patients and families, contact the Volunteer Office.

320-255-5638

VOLUNTEER@CENTRACARE.COM

VOLUNTEERS
giving time
touching hearts