# 2021 Central Minnesota Community Health Survey



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### Acknowledgements

Partnering agencies:







Stearns County



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### **Survey Methodology Overview**

The *Central Minnesota Community Health Survey* of adults was conducted between March and June 2021 in Benton, Sherburne, and Stearns counties.

#### **Survey Instrument**

For the 2021 survey, a number of changes were made to the content of a survey conducted in the region in 2016. Staff from each of the participating public health agencies and from CentraCare Health System selected and developed the questions for the 2016 and 2021 survey instruments, with technical assistance from the Minnesota Department of Health Center for Health Statistics. The 2021 survey was formatted by the survey vendor, Survey Systems, Inc. of Shoreview, MN, as a scannable, self-administered English-language questionnaire.

### Sample

A disproportionate stratified design was employed for the sample. Six sampling strata were defined by countyand ZIP code boundaries. Within each stratum, a two-stage sampling strategy was used for obtaining a probability sample of adults. For the first stage of sampling, a random sample of residential addresses within each stratum was purchased from a national sampling vendor (Marketing Systems Group of Horsham, PA). Address-based sampling was used so that all households would have an equal chance of being sampled for the survey. Marketing Systems Group obtained the list of addresses from the U.S. Postal Service. For the second stage of sampling, the "most recent birthday" method of within-household respondent selection was used to specify one adult from each selected household to complete the survey.

#### **Survey Administration**

An initial survey packet was mailed to 7,268 sampled households that included a cover letter, the survey instrument, and a postage-paid return envelope on April 5 and 6, 2021. About 10 days after the first survey packets were mailed (April 15), a reminder postcard was sent to all sampled households, reminding those who had not yet returned a survey to do so, and thanking those who had already responded. Three weeks after the reminder postcards were mailed (May 6 and 7), another full survey packet was sent to all households that had still not returned the survey. The remaining completed surveys were received over the next four weeks, with the final date for the receipt of surveys being June 18, 2021.

#### **Survey Response**

Reporting area	Number ofaddresses sampled	Number of completed surveys	Response rate
St. Cloud metro (56301, 56303, 56304, 56374, 56377, 56379, and 56387)	2,468	470	19.0%
Stearns County whole	2,760	604	21.9%
Stearns County "rural" (Stearns excluding 56301, 56303, 56374, 56377, and 56387)	1,600	390	24.4%
Benton County whole	2,400	549	22.9%
Benton County "rural" (Benton excluding 56304, 56379 and 56377)	1,600	403	25.2%
Sherburne County whole	2,108	397	18.8%
Three county region	7,268	1550	21.3%

### **Data Entry and Weighting**

The responses from the completed surveys were scanned into an electronic file by Survey Systems, Inc.

To ensure that the survey results are representative of the adult population of each reporting area, the data were weighted when analyzed. The weighting accounts for the sample design by adjusting for the number of adults living in each sampled household and for the disproportionate stratification. The weighting also includes a post-stratification adjustment so that the gender and age distribution of the survey respondents mirrors the gender and age distribution of the adult population of each reporting area according to U.S. Census 2010 estimates.

#### About the Data Tables

For every table in this data book, results are displayed for sub-groups of respondents based on:

- Gender: male and female
- Age: 18-34, 35-44, 45-54, 55-64, 65-74, and 75+
- Highest level of education: high school graduate/GED or less, trade or vocational school/some college/Associate degree, bachelor's degree, and graduate or professional degree
- Poverty status: Less than or equal to 200% of poverty level, and more than 200% of poverty level (example: In 2020, a family of 4 with annual income of \$52,500 = 200% of poverty level)

The columns in each table correspond to the response options respondents were given on the survey; each column indicates the percentage of respondents who gave that response to the question. Some questions apply only to certain types of respondents (due to skip patterns in the survey).

Two different types of tables are included in this report:

- Some tables include all response options for a particular question in one table. Each table contains the St. Cloud level results, as well as gender, age, education, and poverty status. In addition, each table includes "Local Comparisons" as a quick reference to the other geographic area totals for that question.
- Some tables display results for the sub-questions included in a multi-question. These tables only include aggregate data.

Data in each row is rounded to the nearest tenth of a percentage; therefore, some rows may equal 99% rather than 100%.

Data Suppressed (DS): For statistical validity purposes, data is suppressed when the number of respondents to the question is less than 30. At times, only specific breakdowns in the data tables are suppressed if there are less than 30 respondents from a demographic subgroup (Gender, Age groups, Education, and Poverty status). All suppressed data will be indicated on the table with DS. This assures respondents cannot be identified and the survey remains anonymous.

#### Collection of Sex, Gender Identity, and Sexual Orientation

To respect the dignity and diversity of our region's residents, for the first time on the Central Minnesota Community Health Survey, an expanded sex (male, female) question was offered by asking "What best describes your gender identity?" and offered six categories and an open-ended text option, and a separate question regarding sexual orientation was added also with six categories and an open-ended text option.

For the purposes of statistical weighting by sex, the survey responses for gender identity were used. For survey respondents that selected categories of transgender male, transgender female, non-binary, or described their identity via a narrative response, the benefit of giving their survey responses a voice by including them was weighed against the negative consequence of having to impute male or female sex for each to allow statistical weighting, and thereby inclusion of their responses. The decision was made to include the responses for the respondents that selected either transgender male, transgender female, non-binary, or described their identity via a narrative response within the male and female subgroups. We acknowledge that this is an imperfect solution. Measurement in survey research faces increasing statistical and ethical challenges as we move toward a more diverse recognition of sex and gender constructs, with no currently recognized single best solution.<sup>1</sup>

The survey results by gender identity are included in the Sample Characteristics section of this methodology section. These data are available for researchers interested in pursuing further analyses. As survey science evolves to fully embrace the complexities of sex and gender characteristics, our hope is that both ethical and statistical solutions for measurement will be developed and universally applied to advance health equity.

### About the Survey Methods

- This is a mailed survey. According to best practices in survey research (i.e., best response rate for lowest cost), a three-mailing sequence was used for all sampled households, which includes an initial survey packet, a reminder post card, and a final packet.
- The survey was sent to a random sample of households in the three counties. All households had a chance of being sampled.
- The response rates for this survey are within the expected range for surveys using the three-mailing sequence with no incentive offered for participation.
- The survey data are adjusted using design weighting, which is necessary to account for the sample design, and post-stratification weighting, which is a statistical technique commonly used to adjust for nonresponse bias (whereby certain types of people are more or less likely to respond to surveys).
- These methods ultimately produced a final sample that is statistically representative of the adult population.

#### Sample Characteristics

		Unweighted Frequency	Unweighted Percent	Weighte Percen
Region Total	-			
Gender	Male	186	39.7	44.
	Female	281	59.9	53.
	Transgender male	0	0.0	0.
	Transgender female	0	0.0	0.
	Non-binary	2	0.4	1.
	Other gender identity	2	0.1	1.
Sexual	Straight/heterosexual	430	91.7	91.
Orientation	Gay/lesbian	20	4.3	6
	Bisexual	13	2.8	2
	Pansexual	4	0.9	2
	Queer	2	0.4	0
	Asexual	5	1.1	0
	Other sexual orientation	3	0.6	2
Age Group	18-34	53	11.3	42
	35-44	47	10.0	14
	45-54	50	10.7	16
	55-64	94	20.0	12
	65-74	118	25.2	6
	75+	107	22.8	7
Race/Ethnicity	White	435	92.8	92
-	BIMPOC*	34	7.2	7
	Hispanic/Latino/a	3	.7	
	Somali	6	1.4	2
	American Indian/Alaska Native	9	1.9	0
	Asian or Asian American	10	2.1	3
	Black or African American	11	2.3	2
	African Native	3	0.6	0
	Native Hawaiian or Pacific Islander	2	0.4	0
	Other race	9	1.9	4
Education	High school/GED or less	113	24.2	19
	Some college/Trade or vocational	113	24.2	19
	school/Associate degree	168	36.1	32
	Bachelor's degree	113	24.2	34
	Graduate/professional degree	72	15.5	14.

#### Sample Characteristics

		Unweighted Frequency	Unweighted Percent	Weighted Percent
Region Total		·		
Income	\$25,000 or less	87	19.5	14.9
	\$25,501-\$34,500	46	10.3	5.2
	\$34,501-\$43,500	40	9.0	7.9
	\$43,501-\$52,500	50	11.2	10.0
	\$52,501-\$61,500	30	6.7	6.7
	\$61,501-\$70,000	27	6.1	2.9
	\$61,501-\$70,000	38	8.5	7.2
	\$79,001-\$88,000	23	5.2	6.8
	\$88,001-\$100,000	27	6.1	7.1
	More than \$100,000	78	17.5	31.2
Poverty Status	<less 200%<="" td="" than=""><td>121</td><td>27.1</td><td>22.2</td></less>	121	27.1	22.2
	200% or more	325	72.9	77.8

### **General Health and Health Care**

		Poor	Fair	Good	Very good	Excellent
St. Cloud Total	•	0.7%	6.3%	30.4%	53.0%	9.6%
Gender	Male	0.6%	8.0%	31.8%	50.1%	9.5%
	Female	0.7%	4.8%	29.1%	55.7%	9.7%
Age groups	18-34	0.4%	6.1%	17.9%	65.6%	10.0%
	35-44	0.0%	5.4%	37.9%	49.1%	7.5%
	45-54	0.0%	1.2%	34.8%	50.2%	13.8%
	55-64	0.8%	9.5%	44.1%	34.9%	10.8%
	65-74	2.2%	12.0%	39.5%	39.6%	6.7%
	75+	4.0%	11.0%	46.2%	36.7%	2.1%
Education	High school graduate/GED or less	0.9%	21.2%	37.7%	37.4%	2.9%
	Trade/Voc, Associate degree or some college	0.9%	3.6%	31.9%	51.2%	12.4%
	Bachelor's degree	0.6%	0.9%	31.8%	57.4%	9.3%
	Graduate or professional degree	0.0%	4.5%	13.4%	68.8%	13.3%
Poverty status	200% poverty or less	2.2%	18.1%	30.8%	35.3%	13.5%
	Greater than 200% poverty	0.3%	3.1%	31.7%	56.4%	8.4%
Local Comparisons	Region	0.8%	5.5%	31.4%	51.5%	10.8%
	Benton	1.6%	11.2%	37.6%	36.8%	12.7%
	Sherburne	0.7%	5.4%	29.7%	52.8%	11.4%
	Stearns	0.6%	4.0%	30.7%	54.8%	9.9%

1. In general, would you say that your health is excellent, very good, good, fair or poor?

# 2. Have you ever been told by a doctor, nurse, or other health professional that you had any of the following health conditions?

	No	Yes	Yes, during pregnancy
St. Cloud Total			
Diabetes	90.5%	9.1%	0.3%
Pre-diabetes	91.4%	8.3%	0.3%
High blood pressure/hypertension	74.9%	23.7%	1.4%
Pre-hypertension	89.1%	10.3%	0.5%
Depression	70.1%	29.7%	0.2%
Anxiety or panic attacks	71.4%	28.6%	
Memory loss, Alzheimer's disease or another form of dementia	98.1%	1.9%	
Post-traumatic stress disorder (PTSD)	88.5%	11.5%	
Other mental health issues	90.5%	9.5%	
Sleep-related disorders (such as insomnia, restless leg syndrome or sleep apnea)	83.9%	16.1%	
Cancer	93.2%	6.8%	
Heart trouble or angina	95.1%	4.9%	
Stroke or stroke-related health issues	96.5%	3.5%	
High cholesterol or triglycerides	78.6%	21.4%	
Chronic lung disease (including COPD, chronic bronchitis or emphysema)	97.1%	2.9%	
Asthma	90.8%	9.2%	
Arthritis	79.4%	20.6%	
Risk of falling	95.1%	4.9%	
Sexually transmitted diseases/infections (Chlamydia, HIV, etc.)	96.8%	3.2%	

		No	Yes	Yes, during pregnancy
St. Cloud Total		90.5%	9.1%	0.3%
Gender	Male	89.9%	10.1%	0.0%
	Female	91.1%	8.3%	0.6%
Age groups	18-34	95.3%	4.2%	0.6%
	35-44	93.7%	5.8%	0.5%
	45-54	87.1%	12.9%	0.0%
	55-64	83.8%	15.9%	0.3%
	65-74	83.8%	16.2%	0.0%
	75+	82.8%	17.2%	0.0%
Education	High school graduate/GED or less	83.0%	17.0%	0.0%
	Trade/Voc, Associate degree or some college	96.9%	2.0%	1.0%
	Bachelor's degree	88.2%	11.8%	0.0%
	Graduate or professional degree	91.2%	8.8%	0.0%
Poverty 200%	200% poverty or less	89.4%	9.4%	1.1%
	Greater than 200% poverty	91.5%	8.4%	0.1%
Local	Region	90.7%	8.4%	0.9%
Comparisons	Benton	87.6%	11.5%	0.8%
	Sherburne	90.8%	7.2%	1.9%
	Stearns	91.5%	8.2%	0.3%

#### 3. Have you ever been told by a doctor, nurse, or other health professional that you had <u>diabetes</u>?

### 4. Have you ever been told by a doctor, nurse, or other health professional that you had <u>pre-diabetes</u>?

		No	Yes	Yes, during pregnancy
St. Cloud Total		91.4%	8.3%	0.3%
Gender	Male	93.4%	6.6%	0.0%
	Female	89.8%	9.8%	0.5%
Age groups	18-34	99.6%	0.4%	0.0%
	35-44	98.7%	1.3%	0.0%
	45-54	83.3%	15.2%	1.5%
	55-64	84.4%	15.6%	0.0%
	65-74	70.7%	29.3%	0.0%
	75+	81.0%	19.0%	0.0%
Education	High school graduate/GED or less	88.0%	12.0%	0.0%
	Trade/Voc, Associate degree or some college	93.8%	5.5%	0.8%
	Bachelor's degree	93.7%	6.3%	0.0%
	Graduate or professional degree	87.3%	12.7%	0.0%
Poverty 200%	200% poverty or less	92.9%	7.1%	0.0%
	Greater than 200% poverty	91.6%	8.1%	0.4%
Local	Region	91.2%	8.3%	0.6%
Comparisons	Benton	88.8%	10.4%	0.8%
	Sherburne	91.9%	7.5%	0.5%
	Stearns	91.4%	8.1%	0.5%

		No	Yes	Yes, during pregnancy
St. Cloud Total		74.9%	23.7%	1.4%
Gender	Male	74.2%	24.5%	1.3%
	Female	75.5%	23.0%	1.6%
Age groups	18-34	91.1%	7.1%	1.8%
	35-44	86.4%	9.5%	4.1%
	45-54	69.5%	30.5%	0.0%
	55-64	51.5%	48.1%	0.4%
	65-74	40.4%	59.3%	0.3%
	75+	46.0%	54.0%	0.0%
Education	High school graduate/GED or less	62.1%	37.9%	0.0%
	Trade/Voc, Associate degree or some college	78.8%	18.7%	2.4%
	Bachelor's degree	81.5%	18.4%	0.1%
	Graduate or professional degree	69.0%	26.6%	4.4%
Poverty 200%	200% poverty or less	75.1%	23.7%	1.1%
	Greater than 200% poverty	74.6%	23.7%	1.7%
Local Comparisons	Region	76.0%	22.3%	1.6%
Comparisons	Benton	73.8%	24.9%	1.3%
	Sherburne	81.0%	17.7%	1.2%
	Stearns	73.8%	24.2%	1.9%

### 5. Have you ever been told by a doctor, nurse, or other health professional that you had <u>high blood</u> <u>pressure/hypertension?</u>

### 6. Have you ever been told by a doctor, nurse, or other health professional that you had <u>pre-hypertension</u>?

		No	Yes	Yes, during pregnancy
St. Cloud Total		89.1%	10.3%	0.5%
Gender	Male	88.8%	11.2%	0.0%
	Female	89.5%	9.5%	1.0%
Age groups	18-34	88.8%	11.0%	0.2%
	35-44	92.9%	6.1%	1.0%
	45-54	86.8%	13.2%	0.0%
	55-64	89.1%	8.4%	2.5%
	65-74	87.8%	12.2%	0.0%
	75+	90.5%	9.5%	0.0%
Education	High school graduate/GED or less	93.3%	6.7%	0.0%
	Trade/Voc, Associate degree or some college	95.7%	3.1%	1.2%
	Bachelor's degree	81.9%	17.6%	0.4%
	Graduate or professional degree	85.8%	14.2%	0.0%
Poverty 200%	200% poverty or less	91.8%	7.1%	1.1%
	Greater than 200% poverty	87.1%	12.4%	0.4%
Local	Region	91.6%	8.0%	0.4%
Comparisons	Benton	93.3%	6.3%	0.4%
	Sherburne	95.4%	4.5%	0.1%
	Stearns	89.0%	10.4%	0.6%

		No	Yes	Yes, during pregnancy
St. Cloud Total		70.1%	29.7%	0.2%
Gender	Male	72.9%	27.1%	0.0%
	Female	67.8%	31.9%	0.3%
Age groups	18-34	68.1%	31.7%	0.2%
	35-44	54.6%	45.4%	0.0%
	45-54	81.2%	18.8%	0.0%
	55-64	69.8%	30.2%	0.0%
	65-74	75.8%	22.7%	1.5%
	75+	81.7%	18.3%	0.0%
Education	High school graduate/GED or less	62.3%	37.7%	0.0%
	Trade/Voc, Associate degree or some college	64.9%	34.8%	0.2%
	Bachelor's degree	72.5%	27.2%	0.3%
	Graduate or professional degree	85.3%	14.7%	0.0%
Poverty 200%	200% poverty or less	60.4%	39.2%	0.4%
	Greater than 200% poverty	69.7%	30.1%	0.1%
Local	Region	77.4%	22.1%	0.5%
Comparisons	Benton	68.6%	30.8%	0.6%
	Sherburne	82.7%	17.1%	0.2%
	Stearns	76.7%	22.7%	0.6%

### 7. Have you ever been told by a doctor, nurse, or other health professional that you had <u>depression</u>?

		No	Yes
St. Cloud Total		71.4%	28.6%
Gender	Male	73.8%	26.2%
	Female	69.3%	30.7%
Age groups	18-34	64.0%	36.0%
	35-44	64.4%	35.6%
	45-54	81.4%	18.6%
	55-64	74.7%	25.3%
	65-74	79.5%	20.5%
	75+	90.8%	9.2%
Education	High school graduate/GED or less	67.4%	32.6%
	Trade/Voc, Associate degree or some college	68.0%	32.0%
	Bachelor's degree	76.4%	23.6%
	Graduate or professional degree	71.5%	28.5%
Poverty 200%	200% poverty or less	60.6%	39.4%
	Greater than 200% poverty	71.4%	28.6%
Local Comparisons	Region	76.6%	23.4%
	Benton	71.7%	28.3%
	Sherburne	77.9%	22.1%
	Stearns	77.1%	22.9%

8. Have you ever been told by a doctor, nurse, or other health professional that you had <u>anxiety or panic attacks</u>?

		No	Yes
St. Cloud Total		98.1%	1.9%
Gender	Male	97.1%	2.9%
	Female	99.0%	1.0%
Age groups	18-34	100.0%	0.0%
	35-44	98.0%	2.0%
	45-54	95.0%	5.0%
	55-64	98.7%	1.3%
	65-74	98.8%	1.2%
	75+	93.4%	6.6%
Education	High school graduate/GED or less	95.0%	5.0%
	Trade/Voc, Associate degree or some college	99.6%	0.4%
	Bachelor's degree	97.7%	2.3%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	97.5%	2.5%
	Greater than 200% poverty	98.2%	1.8%
Local Comparisons	Region	98.3%	1.7%
	Benton	98.0%	2.0%
	Sherburne	99.0%	1.0%
	Stearns	98.0%	2.0%

# 9. Have you ever been told by a doctor, nurse, or other health professional that you had <u>memory</u> <u>loss, Alzheimer's disease or another form of dementia</u>?

		No	Yes
St. Cloud Total		88.5%	11.5%
Gender	Male	90.6%	9.4%
	Female	86.7%	13.3%
Age groups	18-34	86.0%	14.0%
	35-44	77.2%	22.8%
	45-54	93.1%	6.9%
	55-64	93.9%	6.1%
	65-74	94.7%	5.3%
	75+	98.7%	1.3%
Education	High school graduate/GED or less	82.8%	17.2%
	Trade/Voc, Associate degree or some college	88.7%	11.3%
	Bachelor's degree	89.0%	11.0%
	Graduate or professional degree	93.9%	6.1%
Poverty 200%	200% poverty or less	84.2%	15.8%
	Greater than 200% poverty	89.6%	10.4%
Local Comparisons	Region	92.7%	7.3%
	Benton	88.2%	11.8%
	Sherburne	96.8%	3.2%
	Stearns	91.6%	8.4%

# 10. Have you ever been told by a doctor, nurse, or other health professional that you had <u>post-traumatic stress disorder (PTSD)</u>?

		No	Yes
St. Cloud Total		90.5%	9.5%
Gender	Male	85.9%	14.1%
	Female	94.4%	5.6%
Age groups	18-34	88.8%	11.2%
	35-44	80.7%	19.3%
	45-54	98.8%	1.2%
	55-64	89.8%	10.2%
	65-74	93.8%	6.2%
	75+	97.6%	2.4%
Education	High school graduate/GED or less	82.9%	17.1%
	Trade/Voc, Associate degree or some college	87.8%	12.2%
	Bachelor's degree	95.7%	4.3%
	Graduate or professional degree	94.8%	5.2%
Poverty 200%	200% poverty or less	74.3%	25.7%
	Greater than 200% poverty	94.2%	5.8%
Local Comparisons	Region	93.7%	6.3%
	Benton	88.9%	11.1%
	Sherburne	96.6%	3.4%
	Stearns	93.3%	6.7%

# 11. Have you ever been told by a doctor, nurse, or other health professional that you had <u>other</u> <u>mental health issues</u>?

		No	Yes
St. Cloud Total		83.9%	16.1%
Gender	Male	81.3%	18.7%
	Female	86.2%	13.8%
Age groups	18-34	95.0%	5.0%
	35-44	82.0%	18.0%
	45-54	77.5%	22.5%
	55-64	69.3%	30.7%
	65-74	67.0%	33.0%
	75+	79.9%	20.1%
Education	High school graduate/GED or less	74.1%	25.9%
	Trade/Voc, Associate degree or some college	90.4%	9.6%
	Bachelor's degree	83.4%	16.6%
	Graduate or professional degree	84.1%	15.9%
Poverty 200%	200% poverty or less	78.6%	21.4%
	Greater than 200% poverty	85.4%	14.6%
Local Comparisons	Region	83.3%	16.7%
	Benton	84.4%	15.6%
	Sherburne	82.3%	17.7%
	Stearns	83.6%	16.4%

# 12. Have you ever been told by a doctor, nurse, or other health professional that you had <u>sleep-related disorders (such as insomnia, restless leg syndrome or sleep apnea)</u>?

		No	Yes
St. Cloud Total		93.2%	6.8%
Gender	Male	94.4%	5.6%
	Female	92.2%	7.8%
Age groups	18-34	100.0%	0.0%
	35-44	98.7%	1.3%
	45-54	95.9%	4.1%
	55-64	90.7%	9.3%
	65-74	78.3%	21.7%
	75+	57.4%	42.6%
Education	High school graduate/GED or less	93.6%	6.4%
	Trade/Voc, Associate degree or some college	89.7%	10.3%
	Bachelor's degree	95.7%	4.3%
	Graduate or professional degree	95.4%	4.6%
Poverty 200%	200% poverty or less	93.5%	6.5%
	Greater than 200% poverty	94.9%	5.1%
Local Comparisons	Region	92.4%	7.6%
	Benton	88.7%	11.3%
	Sherburne	92.3%	7.7%
	Stearns	93.4%	6.6%

### 13. Have you ever been told by a doctor, nurse, or other health professional that you had <u>cancer</u>?

		No	Yes
St. Cloud Total		95.1%	4.9%
Gender	Male	92.7%	7.3%
	Female	97.2%	2.8%
Age groups	18-34	100.0%	0.0%
	35-44	100.0%	0.0%
	45-54	94.8%	5.2%
	55-64	92.3%	7.7%
	65-74	80.4%	19.6%
	75+	77.5%	22.5%
Education	High school graduate/GED or less	92.1%	7.9%
	Trade/Voc, Associate degree or some college	95.3%	4.7%
	Bachelor's degree	97.5%	2.5%
	Graduate or professional degree	92.8%	7.2%
Poverty 200%	200% poverty or less	93.3%	6.7%
	Greater than 200% poverty	95.6%	4.4%
Local Comparisons	Region	94.7%	5.3%
	Benton	95.6%	4.4%
	Sherburne	95.2%	4.8%
	Stearns	94.2%	5.8%

### 14. Have you ever been told by a doctor, nurse, or other health professional that you had <u>heart</u> <u>trouble or angina</u>?

		No	Yes
St. Cloud Total		96.5%	3.5%
Gender	Male	97.3%	2.7%
	Female	95.9%	4.1%
Age groups	18-34	97.4%	2.6%
	35-44	100.0%	0.0%
	45-54	95.9%	4.1%
	55-64	99.9%	0.1%
	65-74	87.6%	12.4%
	75+	89.1%	10.9%
Education	High school graduate/GED or less	97.0%	3.0%
	Trade/Voc, Associate degree or some college	95.6%	4.4%
	Bachelor's degree	96.2%	3.8%
	Graduate or professional degree	98.8%	1.2%
Poverty 200%	200% poverty or less	96.0%	4.0%
	Greater than 200% poverty	96.4%	3.6%
Local Comparisons	Region	97.2%	2.8%
	Benton	98.3%	1.7%
	Sherburne	98.8%	1.2%
	Stearns	95.9%	4.1%

### 15. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>stroke or</u> <u>stroke-related health issues</u>?

		No	Yes
St. Cloud Total		78.6%	21.4%
Gender	Male	75.0%	25.0%
	Female	81.7%	18.3%
Age groups	18-34	96.4%	3.6%
	35-44	84.1%	15.9%
	45-54	70.5%	29.5%
	55-64	56.9%	43.1%
	65-74	42.5%	57.5%
	75+	56.4%	43.6%
Education	High school graduate/GED or less	72.6%	27.4%
	Trade/Voc, Associate degree or some college	78.9%	21.1%
	Bachelor's degree	77.4%	22.6%
	Graduate or professional degree	90.6%	9.4%
Poverty 200%	200% poverty or less	78.0%	22.0%
	Greater than 200% poverty	78.4%	21.6%
Local Comparisons	Region	78.2%	21.8%
	Benton	75.3%	24.7%
	Sherburne	82.7%	17.3%
	Stearns	76.4%	23.6%

# 16. Have you ever been told by a doctor, nurse, or other health professional that you had <u>high</u> <u>cholesterol or triglycerides</u>?

		No	Yes
St. Cloud Total		97.1%	2.9%
Gender	Male	97.0%	3.0%
	Female	97.2%	2.8%
Age groups	18-34	99.6%	0.4%
	35-44	100.0%	0.0%
	45-54	99.3%	0.7%
	55-64	88.4%	11.6%
	65-74	92.2%	7.8%
	75+	91.3%	8.7%
Education	High school graduate/GED or less	94.9%	5.1%
	Trade/Voc, Associate degree or some college	98.0%	2.0%
	Bachelor's degree	96.7%	3.3%
	Graduate or professional degree	98.4%	1.6%
Poverty 200%	200% poverty or less	95.5%	4.5%
	Greater than 200% poverty	97.3%	2.7%
Local Comparisons	Region	97.3%	2.7%
	Benton	96.5%	3.5%
	Sherburne	97.8%	2.2%
	Stearns	97.1%	2.9%

### 17. Have you ever been told by a doctor, nurse, or other health professional that you had <u>chronic</u> <u>lung disease (including COPD, chronic bronchitis or emphysema)</u>?

		No	Yes
St. Cloud Total		90.8%	9.2%
Gender	Male	97.5%	2.5%
	Female	85.0%	15.0%
Age groups	18-34	89.3%	10.7%
	35-44	91.8%	8.2%
	45-54	90.8%	9.2%
	55-64	89.3%	10.7%
	65-74	93.1%	6.9%
	75+	97.4%	2.6%
Education	High school graduate/GED or less	90.9%	9.1%
	Trade/Voc, Associate degree or some college	88.8%	11.2%
	Bachelor's degree	91.8%	8.2%
	Graduate or professional degree	92.1%	7.9%
Poverty 200%	200% poverty or less	94.7%	5.3%
	Greater than 200% poverty	90.4%	9.6%
Local Comparisons	Region	88.0%	12.0%
	Benton	85.8%	14.2%
	Sherburne	81.3%	18.7%
	Stearns	92.3%	7.7%

### 18. Have you ever been told by a doctor, nurse, or other health professional that you had <u>asthma</u>?

		No	Yes
St. Cloud Total		79.4%	20.6%
Gender	Male	78.9%	21.1%
	Female	79.8%	20.2%
Age groups	18-34	86.9%	13.1%
	35-44	87.2%	12.8%
	45-54	87.1%	12.9%
	55-64	68.1%	31.9%
	65-74	46.4%	53.6%
	75+	54.3%	45.7%
Education	High school graduate/GED or less	85.1%	14.9%
	Trade/Voc, Associate degree or some college	74.3%	25.7%
	Bachelor's degree	81.0%	19.0%
	Graduate or professional degree	79.6%	20.4%
Poverty 200%	200% poverty or less	79.9%	20.1%
	Greater than 200% poverty	78.3%	21.7%
Local Comparisons	Region	81.4%	18.6%
	Benton	80.8%	19.2%
	Sherburne	86.0%	14.0%
	Stearns	79.0%	21.0%

#### 19. Have you ever been told by a doctor, nurse, or other health professional that you had arthritis?

		No	Yes
St. Cloud Total		95.1%	4.9%
Gender	Male	97.3%	2.7%
	Female	93.2%	6.8%
Age groups	18-34	99.6%	0.4%
	35-44	99.0%	1.0%
	45-54	99.6%	0.4%
	55-64	93.3%	6.7%
	65-74	88.0%	12.0%
	75+	62.5%	37.5%
Education	High school graduate/GED or less	93.4%	6.6%
	Trade/Voc, Associate degree or some college	92.6%	7.4%
	Bachelor's degree	97.5%	2.5%
	Graduate or professional degree	96.7%	3.3%
Poverty 200%	200% poverty or less	93.1%	6.9%
	Greater than 200% poverty	97.2%	2.8%
Local Comparisons	Region	95.2%	4.8%
	Benton	90.6%	9.4%
	Sherburne	96.8%	3.2%
	Stearns	95.6%	4.4%

20. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>risk of falling</u>?

### 21. Have you ever been told by a doctor, nurse, or other health professional that you had a <u>sexually</u> transmitted diseases/infections (Chlamydia, HIV, etc.)?

		No	Yes
St. Cloud Total		96.8%	3.2%
Gender	Male	99.3%	0.7%
	Female	94.6%	5.4%
Age groups	18-34	96.3%	3.7%
	35-44	96.8%	3.2%
	45-54	95.8%	4.2%
	55-64	97.3%	2.7%
	65-74	97.8%	2.2%
	75+	99.9%	0.1%
Education	High school graduate/GED or less	100.0%	0.0%
	Trade/Voc, Associate degree or some college	95.8%	4.2%
	Bachelor's degree	95.8%	4.2%
	Graduate or professional degree	97.0%	3.0%
Poverty 200%	200% poverty or less	97.0%	3.0%
	Greater than 200% poverty	96.4%	3.6%
Local Comparisons	Region	96.6%	3.4%
	Benton	97.8%	2.2%
	Sherburne	96.1%	3.9%
	Stearns	96.7%	3.3%

		No	Yes
St. Cloud Total		7.4%	92.6%
Gender	Male	13.0%	87.0%
	Female	2.5%	97.5%
Age groups	18-34	12.7%	87.3%
	35-44	7.2%	92.8%
	45-54	2.7%	97.3%
	55-64	1.1%	98.9%
	65-74	1.6%	98.4%
	75+	3.6%	96.4%
Education	High school graduate/GED or less	10.3%	89.7%
	Trade/Voc, Associate degree or some college	12.8%	87.2%
	Bachelor's degree	2.0%	98.0%
	Graduate or professional degree	4.3%	95.7%
Poverty 200%	200% poverty or less	17.8%	82.2%
	Greater than 200% poverty	5.1%	94.9%
Local Comparisons	Region	12.9%	87.1%
	Benton	7.0%	93.0%
	Sherburne	16.2%	83.8%
	Stearns	6.6%	93.4%

### 22. Is there a place that you <u>usually</u> go to when you are sick or need medical care?

### 23. Is there a place that you <u>usually</u> go to when you are sick or need medical care? (check one)

	Checked
St. Cloud Total	92.6%
A doctor's office	78.0%
A hospital outpatient clinic	3.8%
Public health	1.1%
A chiropractor's office	1.1%
An urgent care center	6.0%
An emergency room	1.3%
Some other health center	1.0%
Schedule an e-visit	1.1%
Call nurse line	1.2%
Traditional healer	0.0%
Religious healer	0.4%
Google/Internet	0.2%
Trusted family or friends	0.8%
VA Medical Center	0.6%
Some other place	0.0%

### 24. Is there a place that you usually go to when you are sick or need medical care? A doctor's office

		Checked
St. Cloud Total		78.0%
Gender	Male	71.3%
	Female	83.8%
Age groups	18-34	77.0%
	35-44	66.4%
	45-54	78.9%
	55-64	85.2%
	65-74	88.7%
	75+	82.4%
Education	High school graduate/GED or less	63.4%
	Trade/Voc, Associate degree or some college	72.6%
	Bachelor's degree	88.9%
	Graduate or professional degree	83.8%
Poverty 200%	200% poverty or less	53.2%
	Greater than 200% poverty	83.5%
Local Comparisons	Region	77.6%
	Benton	76.2%
	Sherburne	69.6%
	Stearns	82.5%

# 25. Is there a place that you usually go to when you are sick or need medical care? A hospital outpatient clinic

		Checked
St. Cloud Total		3.8%
Gender	Male	5.0%
	Female	2.7%
Age groups	18-34	0.0%
	35-44	6.1%
	45-54	11.7%
	55-64	1.8%
	65-74	4.1%
	75+	5.9%
Education	High school graduate/GED or less	2.7%
	Trade/Voc, Associate degree or some college	3.5%
	Bachelor's degree	2.6%
	Graduate or professional degree	8.6%
Poverty 200%	200% poverty or less	2.8%
	Greater than 200% poverty	3.3%
Local Comparisons	Region	3.5%
	Benton	2.5%
	Sherburne	3.5%
	Stearns	3.9%

		Checked
St. Cloud Total		1.1%
Gender	Male	0.0%
	Female	2.0%
Age groups	18-34	2.6%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%
Education	High school graduate/GED or less	5.7%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	5.4%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.5%
	Benton	0.0%
	Sherburne	0.0%
	Stearns	0.9%

### 26. Is there a place that you usually go to when you are sick or need medical care? Public health

### 27. Is there a place that you usually go to when you are sick or need medical care? A chiropractor's office

		Checked
St. Cloud Total		1.1%
Gender	Male	0.0%
	Female	2.1%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	5.8%
	65-74	0.8%
	75+	4.5%
Education	High school graduate/GED or less	1.2%
	Trade/Voc, Associate degree or some college	1.3%
	Bachelor's degree	1.3%
	Graduate or professional degree	0.4%
Poverty 200%	200% poverty or less	2.1%
	Greater than 200% poverty	0.7%
Local Comparisons	Region	3.0%
	Benton	1.8%
	Sherburne	4.6%
	Stearns	2.4%

# 28. Is there a place that you usually go to when you are sick or need medical care? An urgent care center

		Checked
St. Cloud Total		6.0%
Gender	Male	6.5%
	Female	5.7%
Age groups	18-34	5.7%
	35-44	16.5%
	45-54	2.3%
	55-64	2.1%
	65-74	1.8%
	75+	6.7%
Education	High school graduate/GED or less	10.7%
	Trade/Voc, Associate degree or some college	6.2%
	Bachelor's degree	5.6%
	Graduate or professional degree	0.8%
Poverty 200%	200% poverty or less	15.7%
	Greater than 200% poverty	4.0%
Local Comparisons	Region	3.9%
	Benton	8.8%
	Sherburne	3.2%
	Stearns	3.1%

#### 29. Is there a place that you usually go to when you are sick or need medical care? An emergency room

	-	Checked
St. Cloud Total		1.3%
Gender	Male	0.8%
	Female	1.8%
Age groups	18-34	0.8%
	35-44	0.0%
	45-54	2.9%
	55-64	1.2%
	65-74	0.7%
	75+	4.3%
Education	High school graduate/GED or less	3.5%
	Trade/Voc, Associate degree or some college	0.6%
	Bachelor's degree	0.8%
	Graduate or professional degree	1.4%
Poverty 200%	200% poverty or less	3.6%
	Greater than 200% poverty	0.7%
Local Comparisons	Region	1.5%
	Benton	2.3%
	Sherburne	1.1%
	Stearns	1.5%

30. Is there a place that you usually go to when you are sick or need medical care?
Some other health center

		Checked
St. Cloud Total		1.0%
Gender	Male	1.5%
	Female	0.6%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	3.1%
	55-64	2.9%
	65-74	1.8%
	75+	0.0%
Education	High school graduate/GED or less	2.9%
	Trade/Voc, Associate degree or some college	1.2%
	Bachelor's degree	0.3%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.4%
	Greater than 200% poverty	1.0%
Local Comparisons	Region	0.7%
	Benton	1.8%
	Sherburne	0.6%
	Stearns	0.5%

#### 31. Is there a place that you usually go to when you are sick or need medical care? Schedule an e-visit

	-	Checked
St. Cloud Total		1.1%
Gender	Male	1.6%
	Female	0.7%
Age groups	18-34	1.6%
	35-44	1.0%
	45-54	1.1%
	55-64	0.0%
	65-74	0.0%
	75+	1.5%
Education	High school graduate/GED or less	0.8%
	Trade/Voc, Associate degree or some college	2.5%
	Bachelor's degree	0.5%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.9%
	Greater than 200% poverty	0.8%
Local Comparisons	Region	0.9%
	Benton	1.0%
	Sherburne	2.2%
	Stearns	0.2%

#### 32. Is there a place that you usually go to when you are sick or need medical care? Call Nurse line

		Checked
St. Cloud Total		1.2%
Gender	Male	0.0%
	Female	2.2%
Age groups	18-34	0.0%
	35-44	2.7%
	45-54	0.8%
	55-64	2.9%
	65-74	1.5%
	75+	2.7%
Education	High school graduate/GED or less	0.8%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	1.5%
	Graduate or professional degree	3.5%
Poverty 200%	200% poverty or less	2.7%
	Greater than 200% poverty	0.9%
Local Comparisons	Region	0.7%
	Benton	1.7%
	Sherburne	0.1%
	Stearns	0.8%

#### 33. Is there a place that you usually go to when you are sick or need medical care? Traditional healer

		Checked
St. Cloud Total		0.0%
Gender	Male	0.0%
	Female	0.1%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.3%
	65-74	0.0%
	75+	0.0%
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.1%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.2%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.0%
	Benton	0.3%
	Sherburne	0.0%
	Stearns	0.0%

### 34. Is there a place that you usually go to when you are sick or need medical care? Religious healer

		Checked
St. Cloud Total		0.4%
Gender	Male	1.0%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	1.7%
	55-64	1.3%
	65-74	0.0%
	75+	0.0%
Education	High school graduate/GED or less	2.3%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.2%
Local Comparisons	Region	0.2%
	Benton	0.1%
	Sherburne	0.0%
	Stearns	0.4%

### 35. Is there a place that you usually go to when you are sick or need medical care? Google/Internet

		Checked
St. Cloud Total		0.2%
Gender	Male	0.5%
	Female	0.0%
Age groups	18-34	0.5%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.0%
	75+	0.0%
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.6%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.3%
Local Comparisons	Region	0.8%
	Benton	0.5%
	Sherburne	1.8%
	Stearns	0.3%

### 36. Is there a place that you usually go to when you are sick or need medical care? Trusted family or friends

		Checked
St. Cloud Total		0.8%
Gender	Male	1.0%
	Female	0.6%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	1.7%
	55-64	3.9%
	65-74	0.2%
	75+	0.0%
Education	High school graduate/GED or less	2.5%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.9%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	2.3%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.5%
	Benton	1.2%
	Sherburne	0.1%
	Stearns	0.7%

#### 37. Is there a place that you usually go to when you are sick or need medical care? VA Medical Center

		Checked
St. Cloud Total		0.6%
Gender	Male	1.3%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	1.4%
	65-74	4.5%
	75+	1.7%
Education	High school graduate/GED or less	1.3%
	Trade/Voc, Associate degree or some college	0.6%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.6%
Local Comparisons	Region	0.8%
	Benton	1.0%
	Sherburne	0.7%
	Stearns	0.8%

		Checked
St. Cloud Total		0.0%
Gender	Male	0.0%
	Female	0.1%
Age groups	18-34	0.0%
	35-44	0.0%
	45-54	0.0%
	55-64	0.3%
	65-74	0.0%
	75+	0.0%
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.1%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	0.2%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.1%
	Benton	0.2%
	Sherburne	0.0%
	Stearns	0.1%

### 38. Is there a place that you usually go to when you are sick or need medical care? Some other place

39. About how long has it been since you last visited a doctor or other health care professional for a routine check-up?

	Checked
St. Cloud Total	
Within the past year	76.3%
Within the past 2 years	10.4%
Within the past 5 years	5.3%
5 of more years ago	7.7%
Never	0.3%

# 40. About how long has it been since you last visited a doctor or other health care professional for a routine check-up? Within the past year

		Checked
St. Cloud Total		76.3%
Gender	Male	64.1%
	Female	87.1%
Age groups	18-34	67.5%
	35-44	69.5%
	45-54	84.5%
	55-64	83.4%
	65-74	88.0%
	75+	98.0%
Education	High school graduate/GED or less	75.1%
	Trade/Voc, Associate degree or some college	75.8%
	Bachelor's degree	70.3%
	Graduate or professional degree	92.6%
Poverty 200%	200% poverty or less	65.7%
	Greater than 200% poverty	80.5%
Local Comparisons	Region	68.6%
	Benton	78.0%
	Sherburne	55.8%
	Stearns	73.4%

#### 41. About how long has it been since you last visited a doctor or other health care professional for a routine check-up? Within the past 2 years

		Checked
St. Cloud Total		10.4%
Gender	Male	11.9%
	Female	9.2%
Age groups	18-34	14.5%
	35-44	9.4%
	45-54	8.9%
	55-64	7.1%
	65-74	6.6%
	75+	2.0%
Education	High school graduate/GED or less	3.3%
	Trade/Voc, Associate degree or some college	11.4%
	Bachelor's degree	17.4%
	Graduate or professional degree	1.7%
Poverty 200%	200% poverty or less	4.7%
	Greater than 200% poverty	13.1%
Local Comparisons	Region	16.0%
	Benton	8.7%
	Sherburne	20.8%
	Stearns	15.2%

#### 42. About how long has it been since you last visited a doctor or other health care professional for a routine check-up? Within the past 5 years

		Checked
St. Cloud Total		5.3%
Gender	Male	8.9%
	Female	2.1%
Age groups	18-34	4.6%
	35-44	15.6%
	45-54	3.6%
	55-64	3.1%
	65-74	3.0%
	75+	0.0%
Education	High school graduate/GED or less	7.4%
	Trade/Voc, Associate degree or some college	8.4%
	Bachelor's degree	1.6%
	Graduate or professional degree	4.1%
Poverty 200%	200% poverty or less	13.9%
	Greater than 200% poverty	3.5%
Local Comparisons	Region	8.2%
	Benton	4.2%
	Sherburne	16.4%
	Stearns	4.5%

#### 43. About how long has it been since you last visited a doctor or other health care professional for a routine check-up? 5 or more years ago

		Checked
St. Cloud Total		7.7%
Gender	Male	14.6%
	Female	1.6%
Age groups	18-34	13.5%
	35-44	4.4%
	45-54	3.1%
	55-64	6.4%
	65-74	0.9%
	75+	0.0%
Education	High school graduate/GED or less	14.2%
	Trade/Voc, Associate degree or some college	3.8%
	Bachelor's degree	10.6%
	Graduate or professional degree	1.3%
Poverty 200%	200% poverty or less	14.8%
	Greater than 200% poverty	2.8%
Local Comparisons	Region	6.1%
	Benton	8.6%
	Sherburne	6.4%
	Stearns	5.4%

#### 44. About how long has it been since you last visited a doctor or other health care professional for a routine check-up? Never

		Checked
St. Cloud Total		0.3%
Gender	Male	0.5%
	Female	0.0%
Age groups	18-34	0.0%
	35-44	1.1%
	45-54	0.0%
	55-64	0.0%
	65-74	1.5%
	75+	0.0%
Education	High school graduate/GED or less	0.0%
	Trade/Voc, Associate degree or some college	0.7%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.3%
Poverty 200%	200% poverty or less	1.0%
	Greater than 200% poverty	0.1%
Local Comparisons	Region	1.1%
	Benton	0.6%
	Sherburne	0.5%
	Stearns	1.6%

		Yes	No
St. Cloud Total		31.8%	68.2%
Gender	Male	34.6%	65.4%
	Female	29.4%	70.6%
Age groups	18-34	38.9%	61.1%
	35-44	40.7%	59.3%
	45-54	24.5%	75.5%
	55-64	26.3%	73.7%
	65-74	24.2%	75.8%
	75+	6.7%	93.3%
Education	High school graduate/GED or less	37.2%	62.8%
	Trade/Voc, Associate degree or some college	36.1%	63.9%
	Bachelor's degree	28.1%	71.9%
	Graduate or professional degree	25.6%	74.4%
Poverty 200%	200% poverty or less	38.9%	61.1%
	Greater than 200% poverty	32.8%	67.2%
Local Comparisons	Region	26.2%	73.8%
	Benton	24.9%	75.1%
	Sherburne	25.6%	74.4%
	Stearns	26.9%	73.1%

# 45. During the past 12 months, was there a time when you thought you needed medical care but did not get it or delayed getting it?

#### 46. Why did you not get or delay getting the medical care you thought you needed?

	Checked
St. Cloud Total	
The care I needed cost too much	39.2%
My co-pay was too expensive	4.6%
My deductible was too expensive	27.4%
My insurance did not cover it	8.2%
I did not have insurance	7.8%
I could not get an appointment	7.6%
I had transportation problems	1.1%
I did not think it was serious enough	34.4%
I was too nervous or afraid	4.0%
I don't trust the health care system	1.2%
The clinic cancelled my appointment due to COVID-19	8.5%
I cancelled my appointment due to COVID-19	11.7%
I did not have access to telehealth or a virtual visit	0.9%
Other reason	6.1%

### 47. Why did you not get or delay getting the medical care you thought you needed? The care I needed cost too much

		Checked
St. Cloud Total		39.2%
Gender	Male	49.4%
	Female	28.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	46.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	38.6%
	Greater than 200% poverty	38.9%
Local Comparisons	Region	37.7%
	Benton	35.7%
	Sherburne	46.1%
	Stearns	33.6%

#### 48. Why did you not get or delay getting the medical care you thought you needed? My co-pay was too expensive

		Checked
St. Cloud Total		4.6%
Gender	Male	0.3%
	Female	9.0%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	11.4%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	3.7%
	Greater than 200% poverty	4.9%
Local Comparisons	Region	8.6%
	Benton	2.3%
	Sherburne	16.6%
	Stearns	5.8%

#### 49. Why did you not get or delay getting the medical care you thought you needed? My deductible was too expensive

		Checked
St. Cloud Total		27.4%
Gender	Male	33.2%
	Female	21.4%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	20.5%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	4.7%
	Greater than 200% poverty	33.6%
Local Comparisons	Region	31.8%
	Benton	12.5%
	Sherburne	45.9%
	Stearns	28.7%

# 50. Why did you not get or delay getting the medical care you thought you needed? My insurance did not cover it

		Checked
St. Cloud Total		8.2%
Gender	Male	7.6%
	Female	8.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	6.1%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	6.9%
	Greater than 200% poverty	7.5%
Local Comparisons	Region	19.3%
	Benton	9.5%
	Sherburne	42.9%
	Stearns	8.7%

#### 51. Why did you not get or delay getting the medical care you thought you needed? I did not have insurance

		Checked
St. Cloud Total		7.8%
Gender	Male	12.6%
	Female	2.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.9%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	29.1%
	Greater than 200% poverty	1.4%
Local Comparisons	Region	13.0%
	Benton	28.7%
	Sherburne	29.6%
	Stearns	0.3%

## 52. Why did you not get or delay getting the medical care you thought you needed? I could not get an appointment

		Checked
St. Cloud Total		7.6%
Gender	Male	3.8%
	Female	11.5%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.4%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	5.6%
	Greater than 200% poverty	8.3%
Local Comparisons	Region	8.2%
	Benton	7.3%
	Sherburne	5.8%
	Stearns	9.7%

#### 53. Why did you not get or delay getting the medical care you thought you needed? I had transportation problems

		Checked
St. Cloud Total		1.1%
Gender	Male	0.5%
	Female	1.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.7%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	4.3%
	Greater than 200% poverty	0.2%
Local Comparisons	Region	1.2%
	Benton	2.9%
	Sherburne	0.9%
	Stearns	0.9%

### 54. Why did you not get or delay getting the medical care you thought you needed? I did not think it was serious enough

		Checked
St. Cloud Total		34.4%
Gender	Male	27.7%
	Female	41.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	40.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	42.4%
	Greater than 200% poverty	32.6%
Local Comparisons	Region	35.8%
	Benton	41.7%
	Sherburne	29.6%
	Stearns	37.7%

#### 55. Why did you not get or delay getting the medical care you thought you needed? I was too nervous or afraid

		Checked
St. Cloud Total		4.0%
Gender	Male	3.4%
	Female	4.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	5.2%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	9.3%
	Greater than 200% poverty	2.5%
Local Comparisons	Region	3.3%
	Benton	6.5%
	Sherburne	4.9%
	Stearns	1.7%

### 56. Why did you not get or delay getting the medical care you thought you needed? I don't trust the health care system

		Checked
St. Cloud Total		1.2%
Gender	Male	0.0%
	Female	2.5%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	3.4%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	5.2%
	Greater than 200% poverty	0.1%
Local Comparisons	Region	4.9%
	Benton	6.1%
	Sherburne	9.5%
	Stearns	2.1%

### 57. Why did you not get or delay getting the medical care you thought you needed? The clinic cancelled my appointment due to COVID-19

		Checked
St. Cloud Total		8.5%
Gender	Male	0.0%
	Female	17.1%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.2%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	0.3%
	Greater than 200% poverty	10.7%
Local Comparisons	Region	10.2%
	Benton	3.8%
	Sherburne	10.9%
	Stearns	11.3%

DS: Data suppressed due to < 30 responses

### 58. Why did you not get or delay getting the medical care you thought you needed? I cancelled my appointment due to COVID-19

		Checked
St. Cloud Total		11.7%
Gender	Male	3.3%
	Female	20.4%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	14.9%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	4.3%
	Greater than 200% poverty	13.9%
Local Comparisons	Region	13.7%
	Benton	9.6%
	Sherburne	13.1%
	Stearns	15.1%

#### 59. Why did you not get or delay getting the medical care you thought you needed? I did not have access to telehealth or a virtual visit

		Checked
St. Cloud Total		0.9%
Gender	Male	0.0%
	Female	1.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	1.1%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	0.3%
	Greater than 200% poverty	1.1%
Local Comparisons	Region	2.2%
	Benton	1.0%
	Sherburne	0.0%
	Stearns	3.7%

#### 60. Why did you not get or delay getting the medical care you thought you needed? Other reason

		Checked
St. Cloud Total		6.1%
Gender	Male	0.7%
	Female	11.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	4.5%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	2.3%
	Greater than 200% poverty	7.3%
Local Comparisons	Region	5.8%
	Benton	4.1%
	Sherburne	1.9%
	Stearns	8.3%

		Yes	No
St. Cloud Total		25.0%	75.0%
Gender	Male	24.1%	75.9%
	Female	25.8%	74.2%
Age groups	18-34	26.3%	73.7%
	35-44	27.2%	72.8%
	45-54	31.8%	68.2%
	55-64	17.2%	82.8%
	65-74	22.0%	78.0%
	75+	12.0%	88.0%
Education	High school graduate/GED or less	41.0%	59.0%
	Trade/Voc, Associate degree or some college	23.7%	76.3%
	Bachelor's degree	21.4%	78.6%
	Graduate or professional degree	16.9%	83.1%
Poverty 200%	200% poverty or less	55.3%	44.7%
	Greater than 200% poverty	17.7%	82.3%
Local Comparisons	Region	28.0%	72.0%
	Benton	31.1%	68.9%
	Sherburne	39.7%	60.3%
	Stearns	20.6%	79.4%

# 61. During the past 12 months, was there a time when you thought you needed dental care but did not get it or delayed getting it?

## 62. Why did you not get or delay getting the dental care you thought you needed? (mark all that apply)

	Checked
St. Cloud Total	
The care I needed cost too much	42.6%
My co-pay was too expensive	6.5%
My deductible was too expensive	4.6%
My insurance did not cover it	14.9%
I did not have insurance	17.2%
The dentist would not accept my insurance	4.4%
I could not get an appointment	2.8%
I had transportation problems	0.2%
I did not think it was serious enough	4.8%
I was too nervous or afraid	8.4%
I don't trust the health care system	0.4%
The office cancelled my appointment due to COVID-19	10.1%
I cancelled my appointment due to COVID-19	20.3%
I did not have access to telehealth or a virtual visit	0.1%
Other reason	2.4%

### 63. Why did you not get or delay getting the dental care you thought you needed? The care I needed cost too much

		Checked
St. Cloud Total		42.6%
Gender	Male	55.7%
	Female	32.1%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	59.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	53.4%
	Greater than 200% poverty	27.2%
Local Comparisons	Region	41.4%
	Benton	57.9%
	Sherburne	44.6%
	Stearns	31.6%

#### 64. Why did you not get or delay getting the dental care you thought you needed? My co-pay was too expensive

		Checked
St. Cloud Total		6.5%
Gender	Male	5.8%
	Female	7.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	17.8%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	3.8%
	Greater than 200% poverty	6.0%
Local Comparisons	Region	6.5%
	Benton	12.3%
	Sherburne	5.0%
	Stearns	5.9%

#### 65. Why did you not get or delay getting the dental care you thought you needed? My deductible was too expensive

		Checked
St. Cloud Total		4.6%
Gender	Male	7.9%
	Female	2.0%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	3.5%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	3.1%
	Greater than 200% poverty	6.5%
Local Comparisons	Region	6.4%
	Benton	4.1%
	Sherburne	7.0%
	Stearns	6.5%

#### 66. Why did you not get or delay getting the dental care you thought you needed? My insurance did not cover it

		Checked
St. Cloud Total		14.9%
Gender	Male	17.4%
	Female	12.9%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	20.6%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	14.7%
	Greater than 200% poverty	15.8%
Local Comparisons	Region	18.2%
	Benton	12.9%
	Sherburne	21.9%
	Stearns	16.7%

### 67. Why did you not get or delay getting the dental care you thought you needed? I did not have insurance

		Checked
St. Cloud Total		17.2%
Gender	Male	33.6%
	Female	4.1%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	9.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	26.2%
	Greater than 200% poverty	12.1%
Local Comparisons	Region	20.8%
	Benton	37.1%
	Sherburne	27.1%
	Stearns	7.6%

#### 68. Why did you not get or delay getting the dental care you thought you needed? My dentist would not accept my insurance

		Checked
St. Cloud Total		4.4%
Gender	Male	3.2%
	Female	5.5%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.8%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	5.0%
	Greater than 200% poverty	4.5%
Local Comparisons	Region	5.3%
	Benton	0.8%
	Sherburne	7.8%
	Stearns	4.3%

## 69. Why did you not get or delay getting the dental care you thought you needed? I could not get an appointment

		Checked
St. Cloud Total		2.8%
Gender	Male	0.0%
	Female	5.0%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	3.4%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	6.4%
	Greater than 200% poverty	0.2%
Local Comparisons	Region	7.3%
	Benton	7.3%
	Sherburne	12.0%
	Stearns	2.1%

# 70. Why did you not get or delay getting the dental care you thought you needed? I had transportation problems

		Checked
St. Cloud Total		0.2%
Gender	Male	0.0%
	Female	0.3%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.3%
Local Comparisons	Region	0.4%
	Benton	1.3%
	Sherburne	0.0%
	Stearns	0.5%

## 71. Why did you not get or delay getting the dental care you thought you needed? I did not think it was serious enough

		Checked
St. Cloud Total		4.8%
Gender	Male	1.3%
	Female	7.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.3%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	2.5%
	Greater than 200% poverty	7.4%
Local Comparisons	Region	17.4%
	Benton	12.2%
	Sherburne	29.3%
	Stearns	6.5%

### 72. Why did you not get or delay getting the dental care you thought you needed? I was too nervous or afraid

		Checked
St. Cloud Total		8.4%
Gender	Male	4.6%
	Female	11.3%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	7.5%
	Greater than 200% poverty	10.2%
Local Comparisons	Region	11.1%
	Benton	18.6%
	Sherburne	12.2%
	Stearns	6.9%

## 73. Why did you not get or delay getting the dental care you thought you needed? I don't trust the health care system

		Checked
St. Cloud Total		0.4%
Gender	Male	0.2%
	Female	0.6%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	1.1%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	0.9%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.8%
	Benton	0.7%
	Sherburne	1.6%
	Stearns	0.0%

#### 74. Why did you not get or delay getting the dental care you thought you needed? The clinic cancelled my appointment due to COVID-19

		Checked
St. Cloud Total		10.1%
Gender	Male	8.1%
	Female	11.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	10.7%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	2.8%
	Greater than 200% poverty	16.5%
Local Comparisons	Region	10.0%
	Benton	5.1%
	Sherburne	4.8%
	Stearns	17.6%

## 75. Why did you not get or delay getting the dental care you thought you needed? I cancelled my appointment due to COVID-19

		Checked
St. Cloud Total		20.3%
Gender	Male	15.8%
	Female	23.9%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	7.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	14.6%
	Greater than 200% poverty	27.5%
Local Comparisons	Region	15.4%
	Benton	8.8%
	Sherburne	12.5%
	Stearns	21.1%

#### 76. Why did you not get or delay getting the dental care you thought you needed? I did not have access to telehealth or a virtual visit

		Checked
St. Cloud Total		0.1%
Gender	Male	0.0%
	Female	0.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	0.0%
	Greater than 200% poverty	0.2%
Local Comparisons	Region	0.7%
	Benton	0.3%
	Sherburne	0.0%
	Stearns	1.6%

### 77. Why did you not get or delay getting the dental care you thought you needed? Other reason

		Checked
St. Cloud Total		2.4%
Gender	Male	1.5%
	Female	3.1%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	2.4%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	1.6%
	Greater than 200% poverty	3.4%
Local Comparisons	Region	5.3%
	Benton	2.9%
	Sherburne	6.7%
	Stearns	4.8%

78. During the past 12 months, was there a time when you wanted to talk with or seek help from a
health professional about mental health issues such as stress, depression, excess worrying,
troubling thoughts or emotional problems, but did not or delayed talking with someone?

		Yes	No
St. Cloud Total		18.8%	81.2%
Gender	Male	18.7%	81.3%
	Female	18.9%	81.1%
Age groups	18-34	18.9%	81.1%
	35-44	45.0%	55.0%
	45-54	13.1%	86.9%
	55-64	13.0%	87.0%
	65-74	8.1%	91.9%
	75+	2.4%	97.6%
Education	High school graduate/GED or less	27.0%	73.0%
	Trade/Voc, Associate degree or some college	16.9%	83.1%
	Bachelor's degree	20.3%	79.7%
	Graduate or professional degree	9.3%	90.7%
Poverty 200%	200% poverty or less	25.5%	74.5%
	Greater than 200% poverty	18.7%	81.3%
Local Comparisons	Region	14.5%	85.5%
	Benton	20.0%	80.0%
	Sherburne	15.0%	85.0%
	Stearns	12.9%	87.1%

## 79. Why did you not get or delay getting the mental health care you thought you needed? (Mark all that apply)

	Checked
St. Cloud Total	
The care I needed cost too much	23.3%
My co-pay was too expensive	7.4%
My deductible was too expensive	12.0%
My insurance did not cover it	6.7%
I did not have insurance	13.4%
I could not get an appointment	11.6%
I had transportation problems	0.9%
I did not think it was serious enough	26.8%
I was too nervous or afraid	35.3%
I was afraid someone I know would see me	6.8%
I don't trust the health care system	1.8%
The office cancelled my appointment due to COVID-19	0.6%
I cancelled my appointment due to COVID-19	1.7%
I did not have access to telehealth or a virtual visit	0.2%
Other reason	20.7%

80. Why did you not get or delay getting the mental health care you thought you needed?	
The care I needed cost too much	

		Checked
St. Cloud Total		23.3%
Gender	Male	DS
	Female	6.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	16.8%
Local Comparisons	Region	30.0%
	Benton	35.5%
	Sherburne	51.6%
	Stearns	13.4%

#### 81. Why did you not get or delay getting the mental health care you thought you needed? My co-pay was too expensive

		Checked
St. Cloud Total		7.4%
Gender	Male	DS
	Female	13.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	9.0%
Local Comparisons	Region	14.2%
	Benton	0.7%
	Sherburne	25.7%
	Stearns	11.9%

		Checked
St. Cloud Total		12.0%
Gender	Male	DS
	Female	14.4%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	15.8%
Local Comparisons	Region	21.1%
	Benton	6.2%
	Sherburne	32.2%

Stearns

#### 82. Why did you not get or delay getting the mental health care you thought you needed? My deductible was too expensive

19.6%

#### 83. Why did you not get or delay getting the mental health care you thought you needed? My insurance did not cover it

		Checked
St. Cloud Total		6.7%
Gender	Male	DS
	Female	12.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	4.4%
Local Comparisons	Region	9.5%
	Benton	8.0%
	Sherburne	13.4%
	Stearns	7.5%

### 84. Why did you not get or delay getting the mental health care you thought you needed? I did not have insurance

		Checked
St. Cloud Total		13.4%
Gender	Male	DS
	Female	5.1%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	3.7%
Local Comparisons	Region	12.5%
	Benton	32.3%
	Sherburne	14.5%
	Stearns	3.4%

		Checked
St. Cloud Total		11.6%
Gender	Male	DS
	Female	11.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	11.8%
Local Comparisons	Region	13.6%
	Benton	14.3%
	Sherburne	20.9%
	Stearns	8.5%

## 85. Why did you not get or delay getting the mental health care you thought you needed? I could not get an appointment

#### 86. Why did you not get or delay getting the mental health care you thought you needed? I had transportation problems

		Checked
St. Cloud Total		0.9%
Gender	Male	DS
	Female	0.0%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.6%
	Benton	2.4%
	Sherburne	0.0%
	Stearns	0.3%

		Checked
St. Cloud Total		26.8%
Gender	Male	DS
	Female	38.2%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	28.3%
Local Comparisons	Region	29.2%
	Benton	23.2%
	Sherburne	28.3%
	Stearns	32.0%

#### 87. Why did you not get or delay getting the mental health care you thought you needed? I did not think it was serious enough

### 88. Why did you not get or delay getting the mental health care you thought you needed? I was too nervous or afraid

		Checked
St. Cloud Total		35.3%
Gender	Male	DS
	Female	26.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	25.4%
Local Comparisons	Region	29.1%
	Benton	61.6%
	Sherburne	16.4%
	Stearns	24.9%

### 89. Why did you not get or delay getting the mental health care you thought you needed? I was afraid someone I know would see me

		Checked
St. Cloud Total		6.8%
Gender	Male	DS
	Female	4.6%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	4.4%
Local Comparisons	Region	4.8%
	Benton	14.4%
	Sherburne	0.0%
	Stearns	4.2%

## 90. Why did you not get or delay getting the mental health care you thought you needed? I don't trust the health care system

		Checked
St. Cloud Total		1.8%
Gender	Male	DS
	Female	0.5%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.1%
Local Comparisons	Region	7.5%
	Benton	2.6%
	Sherburne	10.8%
	Stearns	7.2%

## 91. Why did you not get or delay getting the mental health care you thought you needed? The clinic cancelled my appointment due to COVID-19

		Checked
St. Cloud Total		0.6%
Gender	Male	DS
	Female	0.7%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.5%
Local Comparisons	Region	0.4%
	Benton	0.3%
	Sherburne	0.7%
	Stearns	0.3%

## 92. Why did you not get or delay getting the mental health care you thought you needed? I cancelled my appointment due to COVID-19

	Checked
	1.7%
Male	DS
Female	1.9%
18-34	DS
35-44	DS
45-54	DS
55-64	DS
65-74	DS
75+	DS
High school graduate/GED or less	DS
Trade/Voc, Associate degree or some college	DS
Bachelor's degree	DS
Graduate or professional degree	DS
200% poverty or less	DS
Greater than 200% poverty	0.0%
Region	1.6%
Benton	4.3%
Sherburne	0.0%
Stearns	1.6%
	Female18-3435-4445-5455-6465-7475+High school graduate/GED or lessTrade/Voc, Associate degree or some collegeBachelor's degreeGraduate or professional degree200% poverty or lessGreater than 200% povertyRegionBentonSherburne

### 93. Why did you not get or delay getting the mental health care you thought you needed? I did not have access to telehealth or a virtual visit

		Checked
St. Cloud Total		0.2%
Gender	Male	DS
	Female	0.0%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	DS
	Trade/Voc, Associate degree or some college	DS
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.5%
	Benton	0.4%
	Sherburne	0.0%
	Stearns	0.8%

Other reason		
		Checked
St. Cloud Total		20.7%
Gender	Male	DS
	Female	18.4%
Age groups	18-34	DS
	35-44	DS

### 94. Why did you not get or delay getting the mental health care you thought you needed? Other reason

High school graduate/GED or less

Graduate or professional degree

Trade/Voc, Associate degree or some college

45-54

55-64

65-74

Region Benton

Sherburne

Stearns

Bachelor's degree

200% poverty or less

Greater than 200% poverty

75+

Education

Poverty 200%

Local Comparisons

DS

DS

DS

DS

DS

DS

DS

DS

DS

22.8%

20.0%

12.0%

18.0% 24.5%

		0				
		days	1-9 days	10-19 days	20-29 days	All 30 days
St. Cloud Total		39.8%	39.6%	13.4%	5.3%	1.9%
Gender	Male	52.7%	22.3%	17.7%	5.0%	2.3%
	Female	28.1%	55.3%	9.5%	5.6%	1.6%
Age groups	18-34	35.0%	44.5%	18.8%	1.3%	0.4%
	35-44	28.4%	34.7%	14.0%	13.4%	9.4%
	45-54	37.2%	40.6%	8.7%	11.8%	1.6%
	55-64	49.5%	36.7%	8.3%	4.4%	1.0%
	65-74	59.0%	35.2%	4.7%	0.8%	0.3%
	75+	68.3%	22.6%	5.7%	3.4%	0.0%
Education	High school graduate/GED or less	53.0%	22.7%	16.2%	5.4%	2.7%
	Trade/Voc, Associate degree or some college	28.4%	41.1%	21.3%	6.1%	3.1%
	Bachelor's degree	40.6%	46.8%	8.5%	2.9%	1.3%
	Graduate or professional degree	43.4%	41.6%	5.2%	9.8%	0.0%
Poverty 200%	200% poverty or less Greater than 200%	56.4%	25.3%	15.2%	0.4%	2.6%
	poverty	33.1%	44.3%	14.0%	6.7%	1.9%
Local	Decier	40.40/	27.0%	0.40/	2.40/	0.40/
Comparisons	Region	49.4%	37.0%	8.1%	3.4%	2.1%
-	Benton	41.3%	38.3%	11.4%	5.8%	3.2%
	Sherburne	55.0%	36.0%	4.8%	1.7%	2.4%
	Stearns	48.1%	37.3%	9.2%	3.8%	1.6%

95. During the past 30 days, about how many days have you felt sad, blue, or depressed?

		No prescriptions	Had prescriptions and filled them all	Had prescriptions and did not fill at least one
St. Cloud Total		38.5%	59.0%	2.5%
Gender	Male	38.9%	58.6%	2.5%
	Female	38.1%	59.3%	2.6%
Age groups	18-34	41.7%	57.4%	0.8%
	35-44	40.7%	47.2%	12.2%
	45-54	53.7%	46.3%	0.0%
	55-64	28.1%	67.9%	4.0%
	65-74	13.7%	85.4%	0.9%
	75+	17.7%	82.1%	0.2%
Education	High school graduate/GED or less	28.5%	68.9%	2.6%
	Trade/Voc, Associate degree or some college	39.1%	56.6%	4.3%
	Bachelor's degree	36.8%	62.3%	0.9%
	Graduate or professional degree	51.1%	46.1%	2.8%
Poverty 200%	200% poverty or less Greater than 200%	33.0%	62.9%	4.1%
	poverty	36.4%	61.2%	2.4%
Local	Region	45.2%	52.5%	2.2%
Comparisons	Benton	33.5%	61.8%	4.7%
	Sherburne	52.1%	47.1%	0.8%
	Stearns	44.2%	53.4%	2.5%

#### 96. Which statement best describes the medications prescribed for you in the past 6 months?

#### 97. Why did you not fill at least one prescription? (mark all that apply)

	Checked
St. Cloud Total	DS
The medication I needed cost too much	DS
My co-pay was too expensive	DS
My deductible was too expensive	DS
My insurance did not cover it	DS
I did not have insurance	DS
I do not like taking medications	DS
I did not like the side effects	DS
I had transportation problems	DS
Pharmacy services are not available in my community	DS
Other reason	DS

#### 98. Current insurance status

		Currently uninsured	Currently insured
St. Cloud Total		1.0%	99.0%
Gender	Male	1.3%	98.7%
	Female	0.7%	99.3%
Age groups	18-34	1.4%	98.6%
	35-44	0.0%	100.0%
	45-54	1.1%	98.9%
	55-64	1.7%	98.3%
	65-74	0.0%	100.0%
	75+	0.0%	100.0%
Education	High school graduate/GED or less	2.2%	97.8%
	Trade/Voc, Associate degree or some college	1.7%	98.3%
	Bachelor's degree	0.0%	100.0%
	Graduate or professional degree	0.0%	100.0%
Poverty 200%	200% poverty or less	0.0%	100.0%
	Greater than 200% poverty	1.4%	98.6%
Local Comparisons	Region	1.2%	98.8%
	Benton	0.5%	99.5%
	Sherburne	2.8%	97.2%
	Stearns	0.5%	99.5%

# 99. A serving of fruit is a medium-sized fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
St. Cloud Total		26.7%	52.7%	14.7%	5.9%
Gender	Male	26.2%	52.8%	11.3%	9.7%
	Female	27.2%	52.6%	17.6%	2.5%
Age groups	18-34	23.4%	57.4%	10.3%	8.9%
	35-44	35.9%	38.9%	16.4%	8.8%
	45-54	33.9%	48.5%	16.0%	1.7%
	55-64	25.5%	55.0%	17.4%	2.2%
	65-74	26.8%	54.0%	18.5%	0.8%
	75+	14.6%	55.4%	26.0%	3.9%
Education	High school graduate/GED or less	27.0%	51.4%	20.1%	1.5%
	Trade/Voc, Associate degree or some college	27.7%	53.8%	18.4%	0.2%
	Bachelor's degree	23.5%	54.1%	12.5%	9.9%
	Graduate or professional degree	28.8%	50.8%	4.9%	15.5%
Poverty 200%	200% poverty or less Greater than 200%	23.0%	58.0%	18.7%	0.3%
	poverty	29.1%	50.8%	12.4%	7.7%
Local Comparisons	Region	23.2%	57.3%	15.6%	4.0%
	Benton	22.0%	52.1%	24.5%	1.3%
	Sherburne	20.4%	65.0%	11.6%	3.0%
	Stearns	25.1%	54.2%	15.5%	5.2%

		0 servings	1-2 servings	3-4 servings	5 or more servings
St. Cloud Total		70.7%	24.5%	3.7%	1.1%
Gender	Male	63.4%	28.9%	5.9%	1.7%
	Female	77.0%	20.5%	1.8%	0.7%
Age groups	18-34	71.2%	26.2%	2.2%	0.4%
	35-44	71.0%	17.7%	8.8%	2.5%
	45-54	74.3%	15.4%	8.6%	1.7%
	55-64	69.9%	27.2%	0.3%	2.6%
	65-74	68.1%	31.1%	0.6%	0.2%
	75+	62.1%	36.9%	1.1%	0.0%
Education	High school graduate/GED or less	67.0%	25.8%	3.3%	4.0%
	Trade/Voc, Associate degree or some college	71.8%	26.8%	1.4%	0.0%
	Bachelor's degree	63.9%	28.9%	6.1%	1.1%
	Graduate or professional degree	87.9%	8.0%	4.1%	0.0%
Poverty 200%	200% poverty or less	65.6%	23.7%	7.4%	3.3%
	Greater than 200% poverty	72.9%	24.9%	2.0%	0.3%
Local	Region	71.1%	23.7%	4.2%	1.0%
Comparisons	Benton	71.6%	23.5%	2.5%	2.3%
	Sherburne	71.4%	20.6%	6.9%	1.1%
	Stearns	70.7%	25.4%	3.2%	0.6%

# 100. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have yesterday?

# 101. A serving of vegetables-not including french fries- is one cup of salad greens or half cup of vegetables. How many servings did you have yesterday?

		0 servings	1-2 servings	3-4 servings	5 or more servings
St. Cloud Total		14.2%	57.5%	19.7%	8.6%
Gender	Male	18.6%	53.3%	13.3%	14.8%
	Female	10.3%	61.1%	25.3%	3.2%
Age groups	18-34	10.6%	55.9%	20.8%	12.7%
	35-44	17.9%	52.2%	20.0%	9.9%
	45-54	23.2%	56.4%	14.2%	6.2%
	55-64	14.8%	53.3%	29.4%	2.5%
	65-74	6.8%	76.9%	12.8%	3.5%
	75+	13.6%	67.7%	15.7%	2.9%
Education	High school graduate/GED or less	23.5%	65.4%	10.7%	0.4%
	Trade/Voc, Associate degree or some college	13.3%	61.7%	24.3%	0.6%
	Bachelor's degree	13.1%	50.5%	17.3%	19.1%
	Graduate or professional degree	4.4%	54.6%	28.5%	12.5%
Poverty 200%	200% poverty or less Greater than 200%	24.0%	54.8%	19.3%	1.9%
	poverty	12.7%	58.9%	20.8%	7.6%
Local Comparisons	Region	12.6%	54.4%	24.6%	8.4%
	Benton	16.2%	60.2%	20.1%	3.4%
	Sherburne	10.0%	52.3%	28.0%	9.7%
	Stearns	13.1%	54.1%	23.8%	9.0%

		0 servings	1-2 servings	3-4 servings	5 or more servings
St. Cloud Total		2.9%	29.2%	26.4%	41.6%
Gender	Male	4.7%	21.2%	30.0%	44.1%
	Female	1.3%	36.1%	23.3%	39.3%
Age groups	18-34	0.0%	22.7%	31.8%	45.5%
	35-44	6.2%	32.1%	27.2%	34.5%
	45-54	3.2%	44.7%	13.1%	39.0%
	55-64	8.7%	24.8%	24.1%	42.5%
	65-74	1.8%	35.4%	29.6%	33.2%
	75+	3.8%	27.6%	24.9%	43.7%
Education	High school graduate/GED or less	4.3%	31.4%	43.2%	21.1%
	Trade/Voc, Associate degree or some college	3.5%	28.7%	36.5%	31.3%
	Bachelor's degree	1.7%	27.6%	10.8%	59.9%
	Graduate or professional degree	0.1%	30.1%	19.7%	50.1%
Poverty 200%	200% poverty or less Greater than 200%	5.6%	23.4%	40.1%	30.9%
	poverty	2.3%	33.1%	24.2%	40.4%
Local Comparisons	Region	4.3%	25.3%	29.0%	41.5%
	Benton	3.5%	27.6%	32.9%	36.0%
	Sherburne	3.9%	25.5%	30.8%	39.7%
	Stearns	4.8%	24.5%	26.9%	43.8%

#### 102. How many servings of fruits and vegetables did you have yesterday?

### 103. How often did you drink the following beverages in the past week?

	Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
St. Cloud Total							
Fruit drinks (such as Snapple, flavored teas, Capri Sun or Kool- Aid)	73.1%	6.7%	16.3%	1.4%	1.1%	1.4%	0.1%
Sports drinks (such as Gatorade or Powerade); these drinks usually do not have caffeine	82.7%	9.9%	4.6%	0.3%	0.7%	1.9%	DS
Regular soda or pop (include all kinds such as Coke, Pepsi, 7- Up, Sprite or root beer)	46.7%	12.7%	19.6%	4.6%	7.6%	6.8%	2.1%
Energy drinks (such as Rockstar, Red Bull, Monster or Full Throttle); these drinks usually have caffeine	86.8%	5.0%	5.0%	3.1%	0.1%	0.1%	DS

### 104. How often did you drink fruit drinks in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
St. Cloud Tota	1	73.1%	6.7%	16.3%	1.4%	1.1%	1.4%	0.1%
Gender	Male	72.9%	5.0%	18.1%	2.5%	0.4%	1.1%	0.0%
	Female	73.2%	8.0%	14.8%	0.5%	1.7%	1.7%	0.1%
Age groups	18-34	67.6%	7.1%	24.1%	0.2%	0.0%	1.0%	0.0%
	35-44	72.3%	10.0%	12.6%	5.1%	0.0%	0.0%	0.0%
	45-54	76.5%	5.1%	7.5%	1.1%	4.5%	5.3%	0.0%
	55-64	85.8%	5.3%	6.8%	1.1%	0.6%	0.2%	0.1%
	65-74	86.1%	1.8%	7.2%	1.7%	1.7%	0.9%	0.6%
	75+	65.3%	7.9%	22.8%	2.2%	1.8%	0.0%	0.0%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	51.4% 75.3%	11.8% 6.2%	31.1% 15.2%	4.2% 1.7%	1.5% 0.0%	0.0% 1.6%	0.0% 0.1%
	Bachelor's degree Graduate or professional	77.8%	3.9%	15.8%	0.2%	2.3%	0.0%	0.0%
Dovortv	degree	84.0%	7.7%	1.7%	0.1%	0.0%	6.2%	0.3%
Poverty 200%	200% poverty or less Greater than 200%	57.4%	7.0%	30.2%	4.7%	0.7%	0.0%	0.0%
	poverty	77.1%	7.2%	11.8%	0.6%	1.3%	2.0%	0.1%
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Local Comparisons	Region	75.1%	9.1%	11.1%	2.7%	0.7%	1.0%	0.2%
2011201130113	Benton	65.6%	9.4%	21.7%	1.7%	0.8%	0.4%	0.4%
	Sherburne	71.6%	13.6%	6.8%	6.2%	0.4%	1.3%	0.2%
	Stearns	79.7%	6.5%	10.7%	0.9%	0.9%	1.0%	0.3%

### 105. How often did you drink sports drinks in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
St. Cloud Tota	l	82.7%	9.9%	4.6%	0.3%	0.7%	1.9%	0.0%
Gender	Male	78.4%	13.6%	2.6%	0.0%	1.4%	4.1%	0.0%
	Female	86.3%	6.7%	6.3%	0.5%	0.1%	0.0%	0.0%
Age groups	18-34	87.0%	6.6%	5.4%	0.0%	1.0%	0.0%	0.0%
	35-44	62.6%	22.6%	10.7%	0.0%	0.0%	4.1%	0.0%
	45-54	82.5%	10.1%	0.4%	0.0%	0.4%	6.5%	0.0%
	55-64	81.6%	12.6%	2.7%	1.8%	1.4%	0.0%	0.0%
	65-74	92.5%	1.4%	4.0%	1.1%	0.5%	0.6%	0.0%
	75+	89.7%	7.2%	1.0%	0.1%	0.1%	1.9%	0.0%
Education	High school graduate/GED or less	64.8%	17.3%	8.4%	0.0%	1.1%	8.4%	0.0%
	Trade/Voc, Associate degree or some college	81.1%	9.6%	6.6%	0.2%	1.5%	1.0%	0.0%
	Bachelor's degree	89.0%	7.7%	2.6%	0.7%	0.0%	0.0%	0.0%
	Graduate or professional degree	93.2%	6.7%	0.0%	0.0%	0.0%	0.0%	0.0%
Poverty 200%	200% poverty or less Greater than 200%	67.6%	19.8%	9.5%	0.1%	0.1%	2.9%	0.0%
	poverty	87.1%	6.9%	2.9%	0.4%	0.9%	1.8%	0.0%
Local Comparisons	Region	81.2%	8.4%	5.0%	3.1%	1.4%	0.9%	0.1%
0011120115	Benton	73.1%	15.3%	6.0%	2.3%	0.4%	2.8%	0.1%
	Sherburne	79.3%	6.1%	5.6%	7.8%	0.8%	0.4%	0.0%
	Stearns	84.4%	7.8%	4.4%	0.7%	1.9%	0.6%	0.2%

### 106. How often did you drink regular soda/pop in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
St. Cloud Tota	1	46.7%	12.7%	19.6%	4.6%	7.6%	6.8%	2.1%
Gender	Male	42.9%	10.7%	19.7%	2.2%	8.6%	12.0%	3.9%
	Female	50.0%	14.5%	19.5%	6.7%	6.7%	2.1%	0.6%
Age groups	18-34	43.0%	7.1%	24.7%	6.6%	5.6%	9.8%	3.3%
	35-44	44.6%	18.3%	21.1%	3.0%	6.4%	5.6%	1.1%
	45-54	48.7%	18.9%	16.7%	0.9%	13.9%	0.5%	0.4%
	55-64	48.9%	18.2%	9.4%	5.9%	7.3%	9.9%	0.3%
	65-74	51.5%	10.9%	19.3%	4.3%	5.1%	4.4%	4.5%
	75+	58.1%	12.3%	12.1%	2.4%	9.1%	3.5%	2.5%
Education	High school graduate/GED or less	36.0%	9.5%	23.1%	3.0%	16.9%	3.0%	8.4%
	Trade/Voc, Associate degree or some college	49.1%	9.0%	10.8%	6.4%	8.5%	15.1%	1.0%
	Bachelor's degree	45.1%	15.2%	30.0%	2.2%	4.0%	3.1%	0.4%
	Graduate or professional degree	56.7%	19.6%	11.5%	7.9%	3.0%	1.4%	0.0%
Poverty 200%	200% poverty or less Greater than 200%	38.9%	8.6%	27.5%	3.8%	11.3%	1.3%	8.6%
	poverty	45.7%	13.4%	19.0%	5.3%	7.3%	9.0%	0.3%
Local Comparisons	Region	44.8%	14.8%	18.8%	6.3%	8.1%	5.5%	1.7%
0011120113	Benton	46.8%	12.2%	22.3%	4.4%	7.3%	6.4%	0.6%
	Sherburne	44.6%	15.1%	17.4%	10.3%	8.8%	2.2%	1.6%
	Stearns	44.5%	15.3%	18.7%	4.4%	8.0%	7.2%	2.0%

### 107. How often did you drink energy drinks in the past week?

		Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per day
St. Cloud Tota	I	86.8%	5.0%	5.0%	3.1%	0.1%	0.1%	0.0%
Gender	Male	76.6%	8.1%	9.1%	5.9%	0.0%	0.3%	0.0%
	Female	95.4%	2.3%	1.4%	0.7%	0.2%	0.0%	0.0%
Age groups	18-34	77.7%	7.0%	9.0%	6.3%	0.0%	0.0%	0.0%
	35-44	85.4%	5.1%	6.8%	2.7%	0.0%	0.0%	0.0%
	45-54	96.6%	2.7%	0.8%	0.0%	0.0%	0.0%	0.0%
	55-64	92.4%	6.5%	0.0%	0.0%	0.0%	1.1%	0.0%
	65-74	98.5%	0.0%	0.0%	0.0%	1.5%	0.0%	0.0%
	75+	100.0%	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Education	High school graduate/GED or less	83.2%	3.7%	13.1%	0.0%	0.0%	0.0%	0.0%
	Trade/Voc, Associate degree or some college	81.5%	2.9%	5.7%	9.5%	0.0%	0.4%	0.0%
	Bachelor's degree	88.2%	9.8%	1.7%	0.0%	0.3%	0.0%	0.0%
	Graduate or professional degree	99.1%	0.0%	0.9%	0.0%	0.0%	0.0%	0.0%
Poverty	200% poverty or less	84.1%	2.9%	13.0%	0.0%	0.0%	0.0%	0.0%
200%	Greater than 200% poverty	86.0%	6.1%	3.2%	4.3%	0.1%	0.2%	0.0%
Local	Region	84.5%	4.8%	6.3%	2.5%	1.2%	0.6%	0.0%
Comparisons	Benton	87.7%	3.1%	7.5%	0.2%	0.6%	1.0%	0.0%
	Sherburne	74.9%	7.1%	11.8%	2.2%	2.8%	1.2%	0.0%
	Stearns	89.3%	4.0%	2.9%	3.2%	0.5%	0.1%	0.1%

		Yes	No
St. Cloud Total		5.9%	94.1%
Gender	Male	6.2%	93.8%
	Female	5.7%	94.3%
Age groups	18-34	8.5%	91.5%
	35-44	5.4%	94.6%
	45-54	0.9%	99.1%
	55-64	5.0%	95.0%
	65-74	7.1%	92.9%
	75+	3.5%	96.5%
Education	High school graduate/GED or less	13.7%	86.3%
	Trade/Voc, Associate degree or some college	7.2%	92.8%
	Bachelor's degree	3.0%	97.0%
	Graduate or professional degree	0.0%	100.0%
Poverty 200%	200% poverty or less	18.5%	81.5%
	Greater than 200% poverty	3.0%	97.0%
Local Comparisons	Region	6.4%	93.6%
	Benton	11.4%	88.6%
	Sherburne	8.1%	91.9%
	Stearns	4.1%	95.9%

108. During the past 12 months, have you used a community food shelf program or a community food box program?

### 109. How often do you or others in your household buy or get food from the following places?

	Never or less than 1 time per month	About 1 time per month	About 2 or 3 times per month	About 1 time per week	2 or more times per week
St. Cloud Total					
Supermarket or large grocery store	2.0%	5.4%	23.4%	48.2%	21.0%
Small grocery store	38.0%	21.6%	14.5%	24.5%	1.5%
Convenience store or gas station	45.1%	23.0%	18.2%	7.2%	6.5%
Food shelf, food pantry or community food box program	96.4%	2.7%	0.3%	0.7%	0.0%
Some other place	92.6%	2.2%	2.8%	2.3%	0.2%

# 110. How often do you or others in your household buy or get food from a <u>supermarket or large</u> <u>grocery store</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
St. Cloud Tota	l	2.0%	5.4%	23.4%	48.2%	21.0%
Gender	Male	1.2%	4.9%	18.7%	52.5%	22.7%
	Female	2.7%	5.8%	27.5%	44.4%	19.6%
Age groups	18-34	0.0%	3.1%	27.0%	50.1%	19.7%
	35-44	0.0%	0.6%	27.0%	44.9%	27.4%
	45-54	1.7%	8.4%	16.0%	45.9%	28.0%
	55-64	0.6%	8.7%	19.4%	52.6%	18.7%
	65-74	3.8%	8.3%	19.7%	50.9%	17.2%
	75+	18.1%	12.0%	22.7%	38.9%	8.3%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	2.6% 4.6%	4.6% 10.5%	31.0% 24.6%	50.3% 42.6%	11.5% 17.7%
	C C					
	Bachelor's degree	0.0%	2.5%	25.3%	43.2%	29.0%
	Graduate or professional degree	0.3%	2.2%	7.3%	69.7%	20.6%
Poverty 200%	200% poverty or less Greater than 200%	1.4%	3.2%	33.0%	45.4%	16.9%
	poverty	0.2%	6.5%	18.1%	51.9%	23.3%
Local	Region	1.6%	7.1%	29.0%	43.2%	19.1%
Comparisons	Benton	4.7%	5.4%	23.6%	47.3%	18.9%
	Sherburne	0.6%	7.8%	31.6%	38.1%	21.9%
	Stearns	1.4%	7.0%	29.0%	45.0%	17.5%

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
St. Cloud Tota	ıl	38.0%	21.6%	14.5%	24.5%	1.5%
Gender	Male	43.9%	16.8%	17.0%	21.8%	0.5%
	Female	33.0%	25.6%	12.4%	26.7%	2.4%
Age groups	18-34	38.7%	21.0%	11.3%	27.7%	1.3%
	35-44	29.4%	23.3%	26.3%	18.6%	2.4%
	45-54	38.6%	18.4%	12.2%	29.4%	1.4%
	55-64	30.8%	20.5%	20.9%	25.9%	1.9%
	65-74	47.5%	22.8%	7.1%	21.1%	1.5%
	75+	56.2%	30.8%	8.4%	4.6%	0.0%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	46.3% 34.4%	21.6% 25.9%	5.4% 14.3%	25.7% 23.9%	1.0% 1.5%
	Bachelor's degree Graduate or professional	40.1% 32.6%	13.2% 29.7%	21.3% 11.7%	23.5% 24.9%	2.0%
Poverty 200%	degree 200% poverty or less Greater than	51.5%	16.6%	6.8%	21.1%	3.9%
	200% poverty	35.2%	22.8%	13.4%	27.6%	1.0%
Local	Pagion	34.8%	21.3%	16.3%	23.0%	4.6%
Comparisons	Region					
	Benton	44.0%	19.1%	12.3%	20.2%	4.4%
	Sherburne	37.8%	22.4%	14.7%	17.9%	7.2%
	Stearns	30.7%	21.3%	18.1%	26.7%	3.2%

111. How often do you or others in your household buy or get food from a small grocery store?

112. How often do you or others in your household buy or get food from a <u>convenience store or gas</u> <u>station</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
St. Cloud Tota	l	45.1%	23.0%	18.2%	7.2%	6.5%
Gender	Male	41.3%	35.6%	12.8%	3.7%	6.5%
	Female	48.2%	12.7%	22.7%	10.0%	6.4%
Age groups	18-34	46.7%	28.9%	17.0%	6.3%	1.1%
	35-44	50.1%	11.6%	15.6%	3.4%	19.3%
	45-54	31.7%	22.3%	19.8%	12.7%	13.6%
	55-64	51.0%	18.7%	17.3%	9.6%	3.4%
	65-74	48.6%	22.7%	19.0%	8.2%	1.5%
	75+	42.8%	23.8%	28.9%	2.4%	2.1%
Education	High school graduate/GED or less	35.7%	28.9%	22.2%	3.3%	9.9%
	Trade/Voc, Associate degree or some college	52.6%	14.4%	21.3%	6.7%	5.0%
	Bachelor's degree	30.2%	35.8%	20.4%	9.2%	4.4%
	Graduate or professional degree	72.9%	5.2%	3.1%	8.4%	10.4%
Poverty 200%	200% poverty or less Greater than 200%	37.3%	26.6%	19.1%	4.6%	12.3%
	poverty	50.9%	19.9%	16.4%	8.7%	4.1%
Local Comparisons	Region	49.7%	20.3%	14.6%	8.4%	7.0%
	Benton	39.7%	18.8%	29.3%	5.9%	6.4%
	Sherburne	52.6%	19.5%	11.6%	11.6%	4.7%
	Stearns	50.7%	21.1%	12.3%	7.3%	8.5%

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
St. Cloud Tota	I	96.4%	2.7%	0.3%	0.7%	0.0%
Gender	Male	97.3%	1.2%	0.0%	1.4%	0.1%
	Female	95.6%	3.8%	0.6%	0.0%	0.0%
Age groups	18-34	95.7%	3.6%	0.7%	0.0%	0.0%
	35-44	93.5%	2.4%	0.0%	4.1%	0.0%
	45-54	99.2%	0.8%	0.0%	0.0%	0.0%
	55-64	97.8%	1.6%	0.4%	0.0%	0.2%
	65-74	93.4%	6.6%	0.0%	0.0%	0.0%
	75+	99.8%	0.2%	0.0%	0.0%	0.0%
Education	High school graduate/GED or less	92.6%	3.9%	0.0%	3.6%	0.0%
	Trade/Voc, Associate degree or some college	93.9%	5.8%	0.3%	0.0%	0.1%
	Bachelor's degree	99.0%	0.3%	0.7%	0.0%	0.0%
	Graduate or professional degree	100.0%	0.0%	0.0%	0.0%	0.0%
Poverty	200% poverty or less	89.4%	5.8%	1.6%	3.2%	0.1%
200%	Greater than 200% poverty	98.0%	2.0%	0.0%	0.0%	0.0%
Local	Region	95.4%	3.7%	0.3%	0.4%	0.1%
Comparisons	Benton	96.6%	2.5%	0.9%	0.0%	0.0%
	Sherburne	92.9%	6.2%	0.6%	0.2%	0.0%
	Stearns	96.5%	2.7%	0.0%	0.7%	0.0%

#### 113. How often do you or others in your household buy or get food from a <u>food shelf or food pantry</u>?

		Never/Less than once per month	Once per month	2-3 times per month	Once per week	2+ times per week
St. Cloud Tota	I	92.6%	2.2%	2.8%	2.3%	0.2%
Gender	Male	94.8%	4.0%	1.1%	0.0%	0.1%
	Female	91.1%	0.9%	4.0%	3.8%	0.2%
Age groups	18-34	96.5%	0.0%	0.7%	2.8%	0.0%
	35-44	DS	DS	DS	DS	DS
	45-54	99.3%	0.7%	0.0%	0.0%	0.0%
	55-64	86.0%	4.0%	6.8%	2.9%	0.3%
	65-74	88.6%	3.8%	6.4%	0.0%	1.2%
	75+	94.1%	5.1%	0.0%	0.0%	0.8%
Education	High school graduate/GED or less	85.4%	9.3%	5.3%	0.0%	0.0%
	Trade/Voc, Associate degree or some college	89.2%	2.3%	3.1%	5.1%	0.2%
	Bachelor's degree	95.3%	0.0%	2.8%	1.8%	0.0%
	Graduate or professional degree	99.4%	0.1%	0.0%	0.0%	0.5%
Poverty 200%	200% poverty or less Greater than 200%	75.0%	11.0%	11.2%	1.8%	1.0%
	poverty	96.0%	0.4%	1.1%	2.5%	0.0%
Local Comparisons	Benton	92.5%	2.9%	2.2%	1.4%	0.9%
	Sherburne	90.5%	3.4%	4.8%	1.1%	0.2%
	Stearns	94.9%	1.9%	2.1%	0.1%	1.0%
	St. Cloud	91.7%	3.3%	1.6%	2.3%	1.1%

#### 114. How often do you or others in your household buy or get food from <u>some other place</u>?

		Often	Sometimes	Rarely	Never
St. Cloud Total		1.4%	7.1%	10.3%	81.2%
Gender	Male	0.1%	8.6%	9.4%	81.9%
	Female	2.5%	5.8%	11.2%	80.5%
Age groups	18-34	1.0%	9.4%	14.5%	75.1%
	35-44	4.7%	7.1%	11.2%	77.0%
	45-54	0.0%	3.3%	2.2%	94.5%
	55-64	1.8%	10.3%	9.6%	78.3%
	65-74	1.3%	4.2%	4.2%	90.2%
	75+	0.0%	0.1%	10.5%	89.5%
Education	High school graduate/GED or less	1.6%	24.0%	9.5%	65.0%
	Trade/Voc, Associate degree or some college	2.8%	7.5%	17.6%	72.1%
	Bachelor's degree	0.6%	0.4%	7.0%	92.0%
	Graduate or professional degree	0.0%	0.0%	3.6%	96.4%
Poverty 200%	200% poverty or less	2.7%	25.5%	18.5%	53.3%
	Greater than 200% poverty	1.2%	2.5%	8.6%	87.7%
Local Comparisons	Region	0.9%	5.3%	11.0%	82.7%
	Benton	1.5%	9.5%	7.5%	81.6%
	Sherburne	0.6%	4.4%	15.4%	79.5%
	Stearns	0.9%	4.7%	9.5%	84.8%

# 115. During the past 12 months, how often did you worry that your food would run out before you had money to buy more?

		Yes	No
St. Cloud Total		80.0%	20.0%
Gender	Male	76.0%	24.0%
	Female	83.4%	16.6%
Age groups	18-34	77.8%	22.2%
	35-44	85.1%	14.9%
	45-54	89.6%	10.4%
	55-64	75.0%	25.0%
	65-74	74.9%	25.1%
	75+	73.4%	26.6%
Education	High school graduate/GED or less	60.5%	39.5%
	Trade/Voc, Associate degree or some college	72.5%	27.5%
	Bachelor's degree	93.6%	6.4%
	Graduate or professional degree	89.1%	10.9%
Poverty 200%	200% poverty or less	62.2%	37.8%
	Greater than 200% poverty	84.8%	15.2%
Local Comparisons	Region	84.8%	15.2%
	Benton	70.2%	29.8%
	Sherburne	90.3%	9.7%
	Stearns	85.8%	14.2%

116. During the past 30 days, other than your regular job, did you participate in any physical activity or exercises such as running, calisthenics, golf, gardening or walking for exercise?

		0 days	1-4 days	5-7 days
St. Cloud Total		9.6%	60.6%	29.8%
Gender	Male	9.0%	58.8%	32.2%
	Female	10.1%	62.2%	27.7%
Age groups	18-34	4.4%	64.1%	31.5%
	35-44	1.0%	61.8%	37.2%
	45-54	16.4%	59.0%	24.6%
	55-64	13.1%	64.9%	22.1%
	65-74	18.8%	44.9%	36.3%
	75+	25.8%	49.6%	24.6%
Education	High school graduate/GED or less	6.8%	75.8%	17.4%
	Trade/Voc, Associate degree or some college	12.3%	64.1%	23.6%
	Bachelor's degree	8.2%	60.5%	31.3%
	Graduate or professional degree	11.0%	32.6%	56.4%
Poverty 200%	200% poverty or less	9.6%	68.4%	22.0%
	Greater than 200% poverty	9.0%	60.1%	30.9%
Local	Region	11.1%	60.2%	28.7%
Comparisons	Benton	11.6%	67.9%	20.5%
	Sherburne	10.9%	58.0%	31.0%
	Stearns	11.0%	59.4%	29.5%

117. During an average week, other than your regular job, on how many days do you get at least 30 minutes of moderate physical activity? (Moderate activities cause only light sweating and a small increase in breathing or heart rate.)

		0 days	1-2 days	3-7 days
St. Cloud Total		39.3%	36.6%	24.1%
Gender	Male	29.0%	40.1%	30.9%
	Female	48.1%	33.7%	18.3%
Age groups	18-34	42.2%	34.8%	23.1%
	35-44	21.6%	44.9%	33.5%
	45-54	33.9%	49.2%	17.0%
	55-64	49.9%	28.6%	21.5%
	65-74	36.5%	42.2%	21.3%
	75+	53.8%	12.0%	34.2%
Education	High school graduate/GED or less	46.4%	42.2%	11.4%
	Trade/Voc, Associate degree or some college	34.6%	37.3%	28.1%
	Bachelor's degree	30.4%	40.0%	29.7%
	Graduate or professional degree	58.7%	21.6%	19.7%
Poverty 200%	200% poverty or less	53.2%	30.6%	16.2%
	Greater than 200% poverty	37.2%	39.6%	23.2%
Local	Region	34.1%	36.4%	29.5%
Comparisons	Benton	41.2%	39.1%	19.7%
	Sherburne	28.2%	36.1%	35.7%
	Stearns	35.5%	35.8%	28.7%

# 118. During an average week, other than your regular job, on how many days do you get at least 20 minutes of vigorous physical activity? (Vigorous activities cause heavy sweating and a large increase in breathing and heart rate.)

# 119. Meets physical activity guideline (moderate activity for 30 minutes for 5+ days per week or vigorous activity for 20 minutes for 3+ days per week or both)

		Does not meet guideline	Meets guideline
St. Cloud Total		62.5%	37.5%
Gender	Male	60.7%	39.3%
	Female	64.1%	35.9%
Age groups	18-34	65.4%	34.6%
	35-44	47.3%	52.7%
	45-54	70.2%	29.8%
	55-64	68.7%	31.3%
	65-74	55.6%	44.4%
	75+	54.7%	45.3%
Education	High school graduate/GED or less	79.3%	20.7%
	Trade/Voc, Associate degree or some college	65.5%	34.5%
	Bachelor's degree	61.2%	38.8%
	Graduate or professional degree	36.4%	63.6%
Poverty 200%	200% poverty or less	75.1%	24.9%
	Greater than 200% poverty	61.1%	38.9%
Local Comparisons	Region	60.5%	39.5%
	Benton	69.0%	31.0%
	Sherburne	55.9%	44.1%
	Stearns	60.9%	39.1%

# 120. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

	Not a problem	A small problem	A big problem
St. Cloud Total			
Lack of programs or facilities	80.1%	19.0%	0.9%
Public facilities (schools, sports fields, etc.) are not open or available at the times I want to use them	80.4%	13.9%	5.6%
Distance I have to travel to a fitness or community center, parks or walking trails	81.9%	12.1%	6.0%
No safe place to be physically active	85.7%	8.2%	6.0%
Not having sidewalks or walking paths/trails	78.1%	16.6%	5.3%
Poor maintenance of sidewalks or walking paths/trails	84.0%	11.3%	4.7%
Other reason	78.7%	5.2%	16.1%

# 121. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Lack of programs or facilities

		Not a problem	A small problem	A big problem
St. Cloud Total		80.1%	19.0%	0.9%
Gender	Male	76.2%	23.1%	0.7%
	Female	83.5%	15.3%	1.1%
Age groups	18-34	77.4%	22.2%	0.4%
	35-44	86.3%	13.7%	0.0%
	45-54	76.7%	23.3%	0.0%
	55-64	79.7%	16.8%	3.5%
	65-74	84.6%	13.2%	2.1%
	75+	88.3%	9.1%	2.6%
Education	High school graduate/GED or less	73.7%	24.8%	1.5%
	Trade/Voc, Associate degree or some college	77.8%	21.0%	1.2%
	Bachelor's degree	83.4%	16.0%	0.6%
	Graduate or professional degree	85.0%	14.6%	0.4%
Poverty 200%	200% poverty or less	60.8%	37.7%	1.5%
	Greater than 200% poverty	85.1%	14.2%	0.8%
Local	Region	78.9%	18.8%	2.2%
Comparisons	Benton	77.7%	19.6%	2.7%
	Sherburne	78.8%	18.1%	3.1%
	Stearns	79.4%	19.0%	1.6%

# 122. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

Public facilities are not open or available the times I want to use them

		Not a problem	A small problem	A big problem
St. Cloud Total		80.4%	13.9%	5.6%
Gender	Male	80.4%	9.9%	9.7%
	Female	80.5%	17.5%	2.0%
Age groups	18-34	81.4%	8.7%	9.8%
	35-44	84.7%	14.0%	1.3%
	45-54	71.7%	27.0%	1.3%
	55-64	76.8%	18.7%	4.5%
	65-74	85.6%	11.3%	3.1%
	75+	90.3%	6.7%	3.0%
Education	High school graduate/GED or less	81.7%	14.9%	3.5%
	Trade/Voc, Associate degree or some college	72.7%	12.2%	15.0%
	Bachelor's degree	81.0%	18.5%	0.6%
	Graduate or professional degree	93.2%	6.1%	0.7%
Poverty 200%	200% poverty or less	72.5%	16.9%	10.7%
	Greater than 200% poverty	82.3%	12.9%	4.8%
Local	Region	79.1%	14.5%	6.5%
Comparisons	Benton	79.7%	15.3%	5.0%
	Sherburne	77.9%	15.0%	7.1%
	Stearns	79.6%	14.0%	6.5%

# 123. How much of a problem are the following factors for you in terms of preventing you from being more physically active?

Distance I have to travel to a fitness or community center, parks or walking trails

		Not a problem	A small problem	A big problem
St. Cloud Total		81.9%	12.1%	6.0%
Gender	Male	73.2%	15.8%	10.9%
	Female	89.5%	8.8%	1.7%
Age groups	18-34	76.9%	12.3%	10.9%
	35-44	82.7%	17.3%	0.0%
	45-54	89.7%	9.4%	0.8%
	55-64	79.3%	15.9%	4.8%
	65-74	90.0%	6.1%	3.9%
	75+	87.6%	6.2%	6.1%
Education	High school graduate/GED or less	80.1%	6.4%	13.5%
	Trade/Voc, Associate degree or some college	83.3%	6.3%	10.5%
	Bachelor's degree	75.1%	24.9%	0.0%
	Graduate or professional degree	95.8%	2.4%	1.7%
Poverty 200%	200% poverty or less	76.7%	11.4%	11.9%
	Greater than 200% poverty	81.8%	13.0%	5.1%
Local	Region	78.6%	13.5%	7.9%
Comparisons	Benton	76.1%	12.4%	11.5%
	Sherburne	75.8%	13.2%	11.0%
	Stearns	80.8%	14.0%	5.2%

# 124. How much of a problem are the following factors for you in terms of preventing you from being more physically active? No safe place to be physically active

		Not a problem	A small problem	A big problem
St. Cloud Total		85.7%	8.2%	6.0%
Gender	Male	81.1%	8.2%	10.7%
	Female	89.9%	8.3%	1.8%
Age groups	18-34	78.4%	9.9%	11.7%
	35-44	93.3%	6.7%	0.0%
	45-54	94.1%	5.0%	0.9%
	55-64	85.1%	11.3%	3.6%
	65-74	90.7%	4.4%	4.9%
	75+	91.9%	6.9%	1.1%
Education	High school graduate/GED or less	81.9%	5.6%	12.5%
	Trade/Voc, Associate degree or some college	80.9%	8.5%	10.6%
	Bachelor's degree	86.6%	12.6%	0.9%
	Graduate or professional degree	97.6%	1.0%	1.4%
Poverty 200%	200% poverty or less	74.7%	10.4%	14.9%
	Greater than 200% poverty	87.6%	8.3%	4.2%
Local	Region	88.6%	7.9%	3.5%
Comparisons	Benton	82.9%	7.6%	9.5%
	Sherburne	89.9%	9.9%	0.2%
	Stearns	89.3%	6.9%	3.9%

# 125. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Not having sidewalks or walking paths/trails

		Not a problem	A small problem	A big problem
St. Cloud Total		78.1%	16.6%	5.3%
Gender	Male	72.3%	21.4%	6.3%
	Female	83.2%	12.4%	4.5%
Age groups	18-34	66.8%	22.7%	10.5%
	35-44	84.4%	14.9%	0.7%
	45-54	90.6%	7.5%	2.0%
	55-64	82.0%	16.8%	1.2%
	65-74	81.4%	15.6%	3.0%
	75+	93.4%	5.7%	0.9%
Education	High school graduate/GED or less	75.2%	20.7%	4.1%
	Trade/Voc, Associate degree or some college	71.8%	23.9%	4.3%
	Bachelor's degree	81.1%	10.3%	8.5%
	Graduate or professional degree	87.6%	10.9%	1.4%
Poverty 200%	200% poverty or less	75.5%	20.1%	4.4%
	Greater than 200% poverty	77.0%	16.9%	6.0%
Local	Region	77.4%	15.2%	7.4%
Comparisons	Benton	76.8%	16.7%	6.5%
	Sherburne	76.2%	14.4%	9.4%
	Stearns	78.2%	15.2%	6.6%

### 126. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Poor maintenance of sidewalks or walking paths/trails

		Not a problem	A small problem	A big problem
St. Cloud Total		84.0%	11.3%	4.7%
Gender	Male	82.1%	12.3%	5.6%
	Female	85.7%	10.4%	3.8%
Age groups	18-34	80.7%	11.2%	8.0%
	35-44	85.5%	14.5%	0.0%
	45-54	89.7%	6.3%	4.0%
	55-64	83.9%	14.4%	1.7%
	65-74	83.7%	13.9%	2.4%
	75+	88.0%	9.6%	2.4%
Education	High school graduate/GED or less	78.9%	5.6%	15.5%
	Trade/Voc, Associate degree or some college	85.8%	9.8%	4.4%
	Bachelor's degree	85.2%	14.2%	0.6%
	Graduate or professional degree	82.8%	15.2%	1.9%
Poverty 200%	200% poverty or less	79.9%	6.1%	14.0%
	Greater than 200% poverty	83.8%	13.5%	2.7%
Local	Region	84.0%	10.9%	5.1%
Comparisons	Benton	81.2%	9.4%	9.4%
	Sherburne	78.6%	14.5%	6.8%
	Stearns	87.7%	9.3%	3.0%

# 127. How much of a problem are the following factors for you in terms of preventing you from being more physically active? Other reasons

		Not a problem	A small problem	A big problem
St. Cloud Total		78.7%	5.2%	16.1%
Gender	Male	78.2%	8.8%	13.0%
	Female	79.1%	2.2%	18.7%
Age groups	18-34	80.7%	6.8%	12.5%
	35-44	DS	DS	DS
	45-54	DS	DS	DS
	55-64	71.8%	1.4%	26.7%
	65-74	71.5%	2.9%	25.5%
	75+	76.0%	0.1%	23.9%
Education	High school graduate/GED or less	71.4%	13.2%	15.4%
	Trade/Voc, Associate degree or some college	70.6%	5.2%	24.2%
	Bachelor's degree	83.9%	3.4%	12.7%
	Graduate or professional degree	87.9%	0.0%	12.1%
Poverty 200%	200% poverty or less	57.0%	21.2%	21.9%
_	Greater than 200% poverty	81.1%	0.9%	17.9%
Local	Region	74.2%	4.8%	21.0%
Comparisons	Benton	80.9%	3.1%	16.0%
	Sherburne	65.0%	3.8%	31.2%
	Stearns	77.7%	6.1%	16.3%

### 128. How often do you feel safe in your community?

		Often	Sometimes	Rarely	Never
St. Cloud Total		80.4%	10.5%	7.3%	1.7%
Gender	Male	75.6%	11.0%	13.0%	0.3%
	Female	84.6%	10.1%	2.3%	2.9%
Age groups	18-34	73.5%	10.0%	13.6%	3.0%
	35-44	85.3%	12.7%	2.0%	0.0%
	45-54	85.5%	9.1%	5.4%	0.0%
	55-64	80.0%	16.2%	1.8%	2.0%
	65-74	92.2%	5.9%	1.5%	0.3%
	75+	89.1%	7.4%	1.0%	2.5%
Education	High school graduate/GED or less	71.2%	21.0%	1.5%	6.3%
	Trade/Voc, Associate degree or some college	71.3%	14.1%	13.6%	1.0%
	Bachelor's degree	88.4%	3.3%	7.8%	0.5%
	Graduate or professional degree	93.4%	6.6%	0.0%	0.0%
Poverty 200%	200% poverty or less Greater than 200%	69.4%	20.8%	2.0%	7.8%
	poverty	81.5%	8.6%	9.7%	0.2%
Local Comparisons	Region	87.8%	7.3%	3.8%	1.1%
	Benton	82.8%	14.8%	1.1%	1.3%
	Sherburne	93.7%	5.1%	1.1%	0.1%
	Stearns	85.8%	6.5%	6.0%	1.7%

		Very safe	Fairly safe	Not very safe	Not at all safe
St. Cloud Total		74.1%	20.3%	4.2%	1.4%
Gender	Male	76.1%	16.3%	5.6%	2.0%
	Female	72.3%	23.9%	3.0%	0.8%
Age groups	18-34	74.9%	15.4%	8.8%	0.9%
	35-44	64.3%	29.4%	2.1%	4.2%
	45-54	83.2%	16.1%	0.3%	0.4%
	55-64	68.6%	28.4%	0.7%	2.3%
	65-74	75.2%	24.0%	0.2%	0.6%
	75+	75.7%	24.2%	0.1%	0.0%
Education	High school graduate/GED or less	57.7%	29.5%	12.1%	0.8%
	Trade/Voc, Associate degree or some college	75.4%	22.4%	1.4%	0.7%
	Bachelor's degree	83.7%	14.6%	0.5%	1.2%
	Graduate or professional degree	73.5%	13.8%	8.6%	4.0%
Poverty 200%	200% poverty or less Greater than 200%	55.1%	29.7%	12.4%	2.8%
	poverty	78.3%	18.2%	2.3%	1.1%
Local Comparisons	Region	75.9%	20.7%	2.5%	0.9%
	Benton	71.7%	18.9%	8.3%	1.1%
	Sherburne	72.6%	25.4%	1.2%	0.8%
	Stearns	78.7%	18.5%	1.7%	1.0%

# 129. If you were to experience or witness a crime or harassment in your community, how safe would you feel calling the police or sheriff for help?

### 130. During the past 12 months, have you <u>applied for a job</u>? If yes, have you felt you were discriminated against when you <u>applied for a job</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		17.5%	13.8%
Gender	Male	21.3%	DS
	Female	14.5%	7.1%
Age groups	18-34	24.0%	DS
	35-44	15.7%	DS
	45-54	22.7%	DS
	55-64	10.5%	DS
	65-74	2.6%	DS
	75+	0.0%	DS
Education	High school graduate/GED or less	28.8%	DS
	Trade/Voc, Associate degree or some college	14.4%	DS
	Bachelor's degree	17.2%	DS
	Graduate or professional degree	11.5%	DS
Poverty 200%	200% poverty or less	31.9%	DS
	Greater than 200% poverty	14.0%	22.7%
Local	Region	15.0%	14.7%
Comparisons	Benton	14.2%	8.7%
	Sherburne	16.7%	19.2%
	Stearns	14.3%	13.5%

#### 131. During the past 12 months, have you <u>worked at a job</u>? If yes, have you felt you were discriminated against when you <u>worked at a job</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		65.3%	8.8%
Gender	Male	65.6%	11.0%
	Female	65.0%	7.0%
Age groups	18-34	73.3%	11.9%
	35-44	79.8%	7.3%
	45-54	85.4%	3.5%
	55-64	59.9%	11.0%
	65-74	16.3%	DS
	75+	2.3%	DS
Education	High school graduate/GED or less	57.8%	28.1%
	Trade/Voc, Associate degree or some college	69.6%	10.7%
	Bachelor's degree	73.3%	2.7%
	Graduate or professional degree	48.4%	DS
Poverty 200%	200% poverty or less	58.6%	19.6%
	Greater than 200% poverty	67.2%	6.8%
Local	Region	63.9%	7.7%
Comparisons	Benton	60.7%	15.8%
	Sherburne	65.9%	7.0%
	Stearns	63.6%	5.8%

#### 132. During the past 12 months, have you <u>received medical care</u>? If yes, have you felt you were discriminated against when you <u>received medical care</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		61.3%	4.9%
Gender	Male	49.5%	8.7%
	Female	71.0%	2.6%
Age groups	18-34	55.3%	9.5%
	35-44	76.1%	1.3%
	45-54	70.9%	1.0%
	55-64	50.2%	8.3%
	65-74	60.4%	0.8%
	75+	62.0%	0.9%
Education	High school graduate/GED or less	51.0%	24.8%
	Trade/Voc, Associate degree or some college	66.2%	1.2%
	Bachelor's degree	63.8%	2.2%
	Graduate or professional degree	58.5%	0.4%
Poverty 200%	200% poverty or less	64.2%	19.1%
	Greater than 200% poverty	61.7%	1.2%
Local	Region	55.7%	4.0%
Comparisons	Benton	64.5%	11.2%
	Sherburne	52.4%	3.5%
	Stearns	55.1%	2.1%

#### 133. During the past 12 months, have you <u>looked for a different house or apartment</u>? If yes, have you felt you were discriminated against when you <u>looked for a different house or</u> <u>apartment</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		10.8%	22.3%
Gender	Male	7.7%	DS
	Female	13.4%	5.7%
Age groups	18-34	19.8%	DS
	35-44	11.1%	DS
	45-54	0.4%	DS
	55-64	3.4%	DS
	65-74	6.2%	DS
	75+	1.9%	DS
Education	High school graduate/GED or less	17.6%	DS
	Trade/Voc, Associate degree or some college	8.8%	DS
	Bachelor's degree	12.1%	DS
	Graduate or professional degree	4.4%	DS
Poverty 200%	200% poverty or less	23.4%	DS
	Greater than 200% poverty	7.9%	DS
Local	Region	10.8%	9.6%
Comparisons	Benton	15.0%	DS
	Sherburne	13.6%	DS
	Stearns	7.9%	1.2%

134. During the past 12 months, have you <u>applied for a credit card, bank loan or a mortgage</u>? If yes, have you felt you were discriminated against when you <u>applied for a credit card, bank loan or</u> <u>a mortgage</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		27.6%	4.2%
Gender	Male	24.6%	DS
	Female	29.9%	7.1%
Age groups	18-34	32.0%	DS
	35-44	43.7%	DS
	45-54	32.3%	DS
	55-64	6.8%	DS
	65-74	13.2%	DS
	75+	10.9%	DS
Education	High school graduate/GED or less	41.4%	DS
	Trade/Voc, Associate degree or some college	24.1%	DS
	Bachelor's degree	25.1%	DS
	Graduate or professional degree	25.5%	DS
Poverty 200%	200% poverty or less	29.2%	DS
	Greater than 200% poverty	28.1%	2.8%
Local	Region	30.1%	2.3%
Comparisons	Benton	29.5%	DS
	Sherburne	38.7%	DS
	Stearns	25.2%	1.9%

#### 135. During the past 12 months, have you <u>shopped at a store or eaten at a restaurant</u>? If yes, have you felt you were discriminated against when you <u>shopped at a store or eaten at a</u> <u>restaurant</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		79.4%	3.6%
Gender	Male	76.9%	7.3%
	Female	81.5%	0.6%
Age groups	18-34	84.3%	6.4%
	35-44	90.3%	0.0%
	45-54	94.3%	1.9%
	55-64	61.4%	5.4%
	65-74	63.9%	0.0%
	75+	45.0%	0.0%
Education	High school graduate/GED or less	68.6%	18.0%
	Trade/Voc, Associate degree or some college	80.7%	0.4%
	Bachelor's degree	86.5%	1.6%
	Graduate or professional degree	74.8%	0.0%
Poverty 200%	200% poverty or less	75.7%	14.1%
	Greater than 200% poverty	81.4%	0.6%
Local Comparisons	Region	78.2%	3.2%
	Benton	74.0%	8.9%
	Sherburne	81.0%	3.7%
	Stearns	77.7%	1.3%

136. During the past 12 months, have you <u>applied for social services or public assistance</u>? If yes, have you felt you were discriminated against when you <u>applied for social services or public</u> <u>assistance</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		5.3%	DS
Gender	Male	5.9%	DS
	Female	4.9%	DS
Age groups	18-34	9.2%	DS
	35-44	3.6%	DS
	45-54	1.8%	DS
	55-64	3.6%	DS
	65-74	4.2%	DS
	75+	0.1%	DS
Education	High school graduate/GED or less	18.6%	DS
	Trade/Voc, Associate degree or some college	4.7%	DS
	Bachelor's degree	1.4%	DS
	Graduate or professional degree	0.5%	DS
Poverty 200%	200% poverty or less	17.6%	DS
	Greater than 200% poverty	2.2%	DS
Local	Region	4.4%	DS
Comparisons	Benton	10.3%	DS
	Sherburne	3.6%	DS
	Stearns	3.2%	DS

#### 137. During the past 12 months, have you <u>dealt with the police</u>? If yes, have you felt you were discriminated against when you <u>dealt with the police</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		16.1%	18.1%
Gender	Male	16.9%	DS
	Female	15.4%	4.5%
Age groups	18-34	11.6%	DS
	35-44	32.0%	DS
	45-54	17.6%	DS
	55-64	17.2%	DS
	65-74	11.1%	DS
	75+	7.5%	DS
Education	High school graduate/GED or less	16.3%	DS
	Trade/Voc, Associate degree or some college	14.0%	DS
	Bachelor's degree	19.9%	DS
	Graduate or professional degree	10.3%	DS
Poverty 200%	200% poverty or less	23.6%	DS
	Greater than 200% poverty	15.4%	5.9%
Local	Region	16.7%	9.4%
Comparisons	Benton	18.6%	40.6%
	Sherburne	22.7%	5.4%
	Stearns	12.6%	1.1%

#### 138. During the past 12 months, have you <u>appeared in court</u>? If yes, have you felt you were discriminated against when you <u>appeared in court</u>?

		Experienced the situation	Experienced discrimination
St. Cloud Total		3.1%	18.7%
Gender	Male	3.2%	DS
	Female	3.0%	DS
Age groups	18-34	1.6%	DS
	35-44	15.9%	DS
	45-54	0.0%	DS
	55-64	0.2%	DS
	65-74	0.2%	DS
	75+	0.0%	DS
Education	High school graduate/GED or less	1.5%	DS
	Trade/Voc, Associate degree or some college	4.0%	DS
	Bachelor's degree	2.8%	DS
	Graduate or professional degree	4.0%	DS
Poverty 200%	200% poverty or less	3.2%	DS
	Greater than 200% poverty	3.4%	DS
Local	Region	1.8%	DS
Comparisons	Benton	1.5%	DS
	Sherburne	0.8%	DS
	Stearns	2.5%	DS

#### 139. Experienced discrimination during any of the following situations: applying for a job, working at a job, receiving medical care, looking for a different house or apartment, applying for a credit card, bank loan or a mortgage, shopping at a store or eating at a restaurant, applying for social services or public assistance, dealing with the police

		Experienced discrimination	Did not experience discrimination
St. Cloud Total		18.7%	81.3%
Gender	Male	20.1%	79.9%
	Female	17.4%	82.6%
Age groups	18-34	18.5%	81.5%
	35-44	23.3%	76.7%
	45-54	17.8%	82.2%
	55-64	29.3%	70.7%
	65-74	8.3%	91.7%
	75+	5.4%	94.6%
Education	High school graduate/GED or less	35.9%	64.1%
	Trade/Voc, Associate degree or some college	24.5%	75.5%
	Bachelor's degree	10.3%	89.7%
	Graduate or professional degree	5.4%	94.6%
Poverty 200%	200% poverty or less	31.0%	69.0%
	Greater than 200% poverty	15.6%	84.4%
Local	Region	37.1%	62.9%
Comparisons	Benton	22.5%	77.5%
	Sherburne	13.5%	86.5%
	Stearns	13.9%	86.1%

# 140. If you felt discriminated against in any of the above situations, what was the reason(s)? (mark all that apply)

	Checked
St. Cloud Total	
I did not experience any discrimination	81.3%
Race, color, ethnicity or country of origin	4.7%
Age	7.3%
Gender	3.9%
Sexual orientation	2.6%
Gender identity	2.6%
Disability	7.3%
Religion	1.0%
Being overweight or obese	3.1%
Other	6.4%

		Checked
St. Cloud Total		4.7%
Gender	Male	4.5%
	Female	4.8%
Age groups	18-34	5.1%
	35-44	12.7%
	45-54	1.6%
	55-64	1.4%
	65-74	3.7%
	75+	0.1%
Education	High school graduate/GED or less	14.2%
	Trade/Voc, Associate degree or some college	3.4%
	Bachelor's degree	2.9%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	12.8%
	Greater than 200% poverty	2.4%
Local Comparisons	Region	3.1%
	Benton	3.7%
	Sherburne	6.3%
	Stearns	3.2%

# 141. If you felt discriminated against in any of the above situations, what was the reason(s)? Race, color, ethnicity or country of origin

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142. If you felt discriminated against in any of the above situations, what was the reason(s)?
Age

		Checked
St. Cloud Total		7.3%
Gender	Male	11.0%
	Female	3.8%
Age groups	18-34	6.4%
	35-44	1.0%
	45-54	12.9%
	55-64	14.1%
	65-74	4.2%
	75+	2.8%
Education	High school graduate/GED or less	18.5%
	Trade/Voc, Associate degree or some college	6.0%
	Bachelor's degree	5.2%
	Graduate or professional degree	1.3%
Poverty 200%	200% poverty or less	14.2%
	Greater than 200% poverty	5.7%
Local Comparisons	Region	3.9%
	Benton	12.9%
	Sherburne	4.2%
	Stearns	3.9%

		Checked
St. Cloud Total		3.9%
Gender	Male	6.1%
	Female	2.0%
Age groups	18-34	6.4%
	35-44	1.0%
	45-54	4.1%
	55-64	0.0%
	65-74	3.0%
	75+	0.0%
Education	High school graduate/GED or less	15.8%
	Trade/Voc, Associate degree or some college	1.6%
	Bachelor's degree	1.6%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	13.2%
	Greater than 200% poverty	0.6%
Local Comparisons	Region	2.9%
	Benton	11.2%
	Sherburne	5.2%
	Stearns	1.2%

143. If you felt discriminated against in any of the above situations, what was the reason(s)? Gender

		Checked
St. Cloud Total		2.6%
Gender	Male	5.2%
	Female	0.2%
Age groups	18-34	5.5%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.9%
	75+	0.0%
Education	High school graduate/GED or less	13.7%
	Trade/Voc, Associate degree or some college	0.3%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.1%
Poverty 200%	200% poverty or less	10.9%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	1.3%
	Benton	7.7%
	Sherburne	0.9%
	Stearns	0.7%

### 144. If you felt discriminated against in any of the above situations, what was the reason(s)? Sexual orientation

		Checked
St. Cloud Total		2.6%
Gender	Male	5.2%
	Female	0.2%
Age groups	18-34	5.5%
	35-44	0.0%
	45-54	0.0%
	55-64	0.0%
	65-74	0.9%
	75+	0.0%
Education	High school graduate/GED or less	13.7%
	Trade/Voc, Associate degree or some college	0.4%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	10.9%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	0.9%
	Benton	7.8%
	Sherburne	0.2%
	Stearns	0.0%

### 145. If you felt discriminated against in any of the above situations, what was the reason(s)? Gender identity

		Checked
St. Cloud Total		7.3%
Gender	Male	10.4%
	Female	4.6%
Age groups	18-34	9.2%
	35-44	6.2%
	45-54	4.1%
	55-64	11.9%
	65-74	1.7%
	75+	2.7%
Education	High school graduate/GED or less	22.0%
	Trade/Voc, Associate degree or some college	7.9%
	Bachelor's degree	1.9%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	17.5%
	Greater than 200% poverty	4.1%
Local Comparisons	Region	3.0%
	Benton	11.6%
	Sherburne	0.8%
	Stearns	4.0%

# 146. If you felt discriminated against in any of the above situations, what was the reason(s)? Disability

		Checked
St. Cloud Total		1.0%
Gender	Male	0.9%
	Female	1.0%
Age groups	18-34	0.0%
	35-44	5.0%
	45-54	0.0%
	55-64	1.2%
	65-74	0.8%
	75+	2.4%
Education	High school graduate/GED or less	1.7%
	Trade/Voc, Associate degree or some college	1.7%
	Bachelor's degree	0.4%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	3.6%
	Greater than 200% poverty	0.2%
Local Comparisons	Region	0.5%
	Benton	1.5%
	Sherburne	0.2%
	Stearns	0.8%

147. If you felt discriminated against in any of the above situations, what was the reason(s)? Religion

		Checked
St. Cloud Total		3.1%
Gender	Male	5.2%
	Female	1.2%
Age groups	18-34	6.2%
	35-44	1.0%
	45-54	0.0%
	55-64	0.6%
	65-74	1.2%
	75+	0.0%
Education	High school graduate/GED or less	14.4%
	Trade/Voc, Associate degree or some college	0.3%
	Bachelor's degree	1.2%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	12.8%
	Greater than 200% poverty	0.1%
Local Comparisons	Region	1.8%
	Benton	9.3%
	Sherburne	2.8%
	Stearns	0.5%

# 148. If you felt discriminated against in any of the above situations, what was the reason(s)? Being overweight or obese

		Checked
St. Cloud Total		6.4%
Gender	Male	2.0%
	Female	10.4%
Age groups	18-34	8.1%
	35-44	13.7%
	45-54	0.0%
	55-64	7.0%
	65-74	1.7%
	75+	0.2%
Education	High school graduate/GED or less	3.4%
	Trade/Voc, Associate degree or some college	11.9%
	Bachelor's degree	4.1%
	Graduate or professional degree	4.1%
Poverty 200%	200% poverty or less	3.7%
	Greater than 200% poverty	8.2%
Local Comparisons	Region	3.2%
	Benton	6.5%
	Sherburne	2.2%
	Stearns	5.0%

149. If you felt discriminated against in any of the above situations, what was the reason(s)? Other

#### 150. Do you use any of the following products?

	Current user
St. Cloud Total	
Cigarettes	8.8%
Cigars, cigarillos or little cigars	1.8%
Pipe	1.2%
Snuff, snus or chewing tobacco	3.5%
E-cigarettes or vaping devices to smoke nicotine products	2.8%
A hookah water pipe	0.2%
Any other type of tobacco product	3.9%

#### 151. Cigarette smoking status

		Current smoker	Former smoker	Never smoked
St. Cloud Total		8.8%	18.8%	72.4%
Gender	Male	9.5%	21.8%	68.7%
	Female	8.2%	16.1%	75.7%
Age groups	18-34	1.8%	11.8%	86.4%
	35-44	20.4%	22.7%	56.9%
	45-54	19.2%	10.5%	70.3%
	55-64	11.5%	29.2%	59.3%
	65-74	6.0%	33.0%	60.9%
	75+	1.6%	39.1%	59.3%
Education	High school graduate/GED or less	17.6%	16.6%	65.8%
	Trade/Voc, Associate degree or some college	10.0%	23.0%	66.9%
	Bachelor's degree	6.7%	14.0%	79.3%
	Graduate or professional degree	0.0%	22.0%	78.0%
Poverty 200%	200% poverty or less	10.7%	21.9%	67.4%
	Greater than 200% poverty	9.2%	18.3%	72.6%
Local	Region	9.6%	20.4%	70.0%
Comparisons	Benton	9.4%	19.9%	70.7%
	Sherburne	11.6%	23.6%	64.7%
	Stearns	8.6%	18.7%	72.7%

		Yes
St. Cloud Total		41.2%
Gender	Male	38.5%
	Female	43.8%
Age groups	18-34	DS
	35-44	DS
	45-54	DS
	55-64	DS
	65-74	DS
	75+	DS
Education	High school graduate/GED or less	16.8%
	Trade/Voc, Associate degree or some college	57.5%
	Bachelor's degree	DS
	Graduate or professional degree	DS
Poverty 200%	200% poverty or less	DS
	Greater than 200% poverty	49.1%
Local Comparisons	Region	54.1%
	Benton	31.6%
	Sherburne	73.9%
	Stearns	45.6%

#### 152. Quit cigarette smoking for one day or more during the past 12 months, among current smokers

#### 153. Cigar smoking status

		Non- smoker	Current smoker
St. Cloud Total		98.2%	1.8%
Gender	Male	97.1%	2.9%
	Female	99.2%	0.8%
Age groups	18-34	100.0%	0.0%
	35-44	97.9%	2.1%
	45-54	97.1%	2.9%
	55-64	93.3%	6.7%
	65-74	97.6%	2.4%
	75+	99.2%	0.8%
Education	High school graduate/GED or less	95.6%	4.4%
	Trade/Voc, Associate degree or some college	98.1%	1.9%
	Bachelor's degree	99.4%	0.6%
	Graduate or professional degree	98.9%	1.1%
Poverty 200%	200% poverty or less	94.6%	5.4%
	Greater than 200% poverty	99.0%	1.0%
Local Comparisons	Region	96.2%	3.8%
	Benton	98.6%	1.4%
	Sherburne	95.3%	4.7%
	Stearns	96.2%	3.8%

#### 154. Pipe smoking status

		Non- smoker	Current smoker
St. Cloud Total		98.8%	1.2%
Gender	Male	98.6%	1.4%
	Female	98.9%	1.1%
Age groups	18-34	97.6%	2.4%
	35-44	98.9%	1.1%
	45-54	100.0%	0.0%
	55-64	100.0%	0.0%
	65-74	98.8%	1.2%
	75+	100.0%	0.0%
Education	High school graduate/GED or less	99.5%	0.5%
	Trade/Voc, Associate degree or some college	98.2%	1.8%
	Bachelor's degree	98.4%	1.6%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	99.2%	0.8%
	Greater than 200% poverty	98.5%	1.5%
Local Comparisons	Region	97.5%	2.5%
	Benton	100.0%	0.0%
	Sherburne	93.6%	6.4%
	Stearns	99.1%	0.9%

#### 155. Smokeless tobacco use status (snuff, snus or chewing tobacco)

		Non-user	Current user
St. Cloud Total		96.5%	3.5%
Gender	Male	92.6%	7.4%
	Female	100.0%	0.0%
Age groups	18-34	93.5%	6.5%
	35-44	100.0%	0.0%
	45-54	96.5%	3.5%
	55-64	98.3%	1.7%
	65-74	100.0%	0.0%
	75+	99.9%	0.1%
Education	High school graduate/GED or less	95.6%	4.4%
	Trade/Voc, Associate degree or some college	91.6%	8.4%
	Bachelor's degree	100.0%	0.0%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	100.0%	0.0%
	Greater than 200% poverty	95.1%	4.9%
Local Comparisons	Region	94.5%	5.5%
	Benton	98.1%	1.9%
	Sherburne	90.7%	9.3%
	Stearns	95.7%	4.3%

		Non- smoker	Current smoker
St. Cloud Total		97.2%	2.8%
Gender	Male	98.8%	1.2%
	Female	95.7%	4.3%
Age groups	18-34	98.4%	1.6%
	35-44	93.0%	7.0%
	45-54	94.7%	5.3%
	55-64	98.0%	2.0%
	65-74	100.0%	0.0%
	75+	100.0%	0.0%
Education	High school graduate/GED or less	96.7%	3.3%
	Trade/Voc, Associate degree or some college	96.4%	3.6%
	Bachelor's degree	96.9%	3.1%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	98.1%	1.9%
	Greater than 200% poverty	96.7%	3.3%
Local Comparisons	Region	95.5%	4.5%
	Benton	97.9%	2.1%
	Sherburne	92.1%	7.9%
	Stearns	96.8%	3.2%

#### 156. E-cigarette use status (e-cigarettes or vaping devices to smoke nicotine products)

#### 157. Hookah use status

		Non-user	Current user
St. Cloud Total		99.8%	0.2%
Gender	Male	100.0%	0.0%
	Female	99.6%	0.4%
Age groups	18-34	100.0%	0.0%
	35-44	98.6%	1.4%
	45-54	100.0%	0.0%
	55-64	100.0%	0.0%
	65-74	100.0%	0.0%
	75+	100.0%	0.0%
Education	High school graduate/GED or less	99.0%	1.0%
	Trade/Voc, Associate degree or some college	100.0%	0.0%
	Bachelor's degree	100.0%	0.0%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	99.0%	1.0%
	Greater than 200% poverty	100.0%	0.0%
Local Comparisons	Region	99.8%	0.2%
	Benton	99.4%	0.6%
	Sherburne	99.7%	0.3%
	Stearns	100.0%	0.0%

#### 158. Other tobacco use

		Non-user	Current user
St. Cloud Total		96.1%	3.9%
Gender	Male	97.1%	2.9%
	Female	95.1%	4.9%
Age groups	18-34	98.6%	1.4%
	35-44	91.8%	8.2%
	45-54	90.3%	9.7%
	55-64	97.9%	2.1%
	65-74	96.9%	3.1%
	75+	99.2%	0.8%
Education	High school graduate/GED or less	95.6%	4.4%
	Trade/Voc, Associate degree or some college	92.2%	7.8%
	Bachelor's degree	98.3%	1.7%
	Graduate or professional degree	100.0%	0.0%
Poverty 200%	200% poverty or less	97.4%	2.6%
	Greater than 200% poverty	95.2%	4.8%
Local Comparisons	Region	95.7%	4.3%
	Benton	95.8%	4.2%
	Sherburne	93.0%	7.0%
	Stearns	97.2%	2.8%

#### 159. Any tobacco use (including e-cigarettes)

		Non-user	Current user
St. Cloud Total		86.2%	13.8%
Gender	Male	82.2%	17.8%
	Female	89.7%	10.3%
Age groups	18-34	90.7%	9.3%
	35-44	78.6%	21.4%
	45-54	73.1%	26.9%
	55-64	86.5%	13.5%
	65-74	92.6%	7.4%
	75+	98.3%	1.7%
Education	High school graduate/GED or less	77.5%	22.5%
	Trade/Voc, Associate degree or some college	79.5%	20.5%
	Bachelor's degree	91.7%	8.3%
	Graduate or professional degree	99.0%	1.0%
Poverty 200%	200% poverty or less	85.8%	14.2%
	Greater than 200% poverty	84.9%	15.1%
Local Comparisons	Region	81.4%	18.6%
	Benton	87.6%	12.4%
	Sherburne	74.8%	25.2%
	Stearns	83.5%	16.5%

#### 160. How often do you feel lonely or isolated from those around you?

		Always	Often	Sometimes	Rarely	Never
St. Cloud Tota	I	4.6%	8.1%	23.0%	30.2%	34.0%
Gender	Male	5.9%	10.0%	18.9%	22.9%	42.3%
	Female	3.5%	6.3%	26.7%	36.7%	26.8%
Age groups	18-34	9.3%	12.2%	17.5%	38.6%	22.4%
	35-44	1.4%	11.4%	28.6%	29.5%	29.2%
	45-54	1.6%	1.3%	38.1%	19.7%	39.3%
	55-64	1.9%	6.7%	23.2%	17.8%	50.4%
	65-74	0.3%	1.5%	17.1%	31.9%	49.2%
	75+	0.0%	1.9%	14.8%	27.7%	55.6%
Education	High school graduate/GED or less	2.6%	17.2%	16.6%	26.9%	36.6%
	Trade/Voc, Associate degree or some college	10.6%	10.6%	22.3%	29.8%	26.7%
	Bachelor's degree	2.2%	2.5%	29.4%	35.0%	30.9%
	Graduate or professional degree	0.0%	3.9%	19.0%	25.6%	51.5%
Poverty 200%	200% poverty or less Greater than 200%	2.0%	21.7%	20.3%	27.5%	28.6%
	poverty	5.9%	5.0%	24.1%	34.1%	30.9%
Local Comparisons	Region	2.8%	5.5%	20.9%	31.6%	39.3%
	Benton	1.8%	12.1%	20.1%	27.9%	38.2%
	Sherburne	1.5%	2.6%	23.9%	33.4%	38.6%
	Stearns	3.7%	5.4%	19.4%	31.5%	40.0%

#### 161. Have you ever considered attempting suicide? (mark ALL that apply)

	Checked
St. Cloud Total	
No	80.7%
Yes, during the last 6 months	3.9%
Yes, during the last year	5.0%
Yes, more than a year ago	15.7%

### 162. Have you ever considered attempting suicide? No

		Checked
St. Cloud Total		80.7%
Gender	Male	80.1%
	Female	81.2%
Age groups	18-34	76.4%
	35-44	77.4%
	45-54	79.6%
	55-64	86.2%
	65-74	92.0%
	75+	93.9%
Education	High school graduate/GED or less	68.8%
	Trade/Voc, Associate degree or some college	80.4%
	Bachelor's degree	81.6%
	Graduate or professional degree	94.3%
Poverty 200%	200% poverty or less	70.5%
	Greater than 200% poverty	81.6%
Local Comparisons	Region	84.7%
	Benton	78.7%
	Sherburne	84.0%
	Stearns	86.6%

#### 163. Have you ever considered attempting suicide? Yes, during the last 6 months

		Checked
St. Cloud Total		3.9%
Gender	Male	6.3%
	Female	1.9%
Age groups	18-34	5.6%
	35-44	0.0%
	45-54	5.6%
	55-64	4.5%
	65-74	0.9%
	75+	0.2%
Education	High school graduate/GED or less	11.5%
	Trade/Voc, Associate degree or some college	2.0%
	Bachelor's degree	2.5%
	Graduate or professional degree	1.7%
Poverty 200%	200% poverty or less	12.1%
	Greater than 200% poverty	2.1%
Local Comparisons	Region	2.7%
	Benton	8.1%
	Sherburne	2.0%
	Stearns	1.7%

#### 164. Have you ever considered attempting suicide? Yes, during the last year

		Checked
St. Cloud Total		5.0%
Gender	Male	6.8%
	Female	3.4%
Age groups	18-34	5.7%
	35-44	1.0%
	45-54	12.6%
	55-64	2.1%
	65-74	0.6%
	75+	0.0%
Education	High school graduate/GED or less	14.5%
	Trade/Voc, Associate degree or some college	2.9%
	Bachelor's degree	3.5%
	Graduate or professional degree	0.5%
Poverty 200%	200% poverty or less	10.2%
	Greater than 200% poverty	4.0%
Local Comparisons	Region	3.0%
	Benton	8.4%
	Sherburne	1.4%
	Stearns	2.4%

#### 165. Have you ever considered attempting suicide? Yes, more than a year ago

		Checked
St. Cloud Total		15.7%
Gender	Male	18.4%
	Female	13.3%
Age groups	18-34	20.1%
	35-44	21.6%
	45-54	13.4%
	55-64	9.3%
	65-74	6.8%
	75+	3.3%
Education	High school graduate/GED or less	26.8%
	Trade/Voc, Associate degree or some college	15.7%
	Bachelor's degree	14.7%
	Graduate or professional degree	3.7%
Poverty 200%	200% poverty or less	25.9%
	Greater than 200% poverty	14.5%
Local Comparisons	Region	11.9%
	Benton	15.1%
	Sherburne	13.1%
	Stearns	10.3%

#### 166. Have you experienced any losses related to the COVID-19 pandemic? (mark ALL that apply)

	Checked
St. Cloud Total	
None	24.7%
Job (layoff, furlough, hours reduction)	16.0%
Income	14.0%
Housing	2.1%
Health Insurance	1.7%
Transportation	4.9%
Child care	5.9%
Regular school	26.7%
routine	
Social connectedness	53.8%
Social support	16.5%
Sense of wellness	22.5%
Recreation or	51.0%
entertainment	
Exercise opportunities	35.1%
Death of a family member or friend	15.5%
Other	1.2%

167 Have you experienced any	y losses related to the COVID-19	nandemic?
Tor. Have you experienced an	y 103365 related to the COVID-13	

		No losses due to COVID	Any losses due to COVID
St. Cloud Total		24.7%	75.3%
Gender	Male	29.4%	70.6%
	Female	20.6%	79.4%
Age groups	18-34	15.8%	84.2%
	35-44	24.2%	75.8%
	45-54	22.2%	77.8%
	55-64	32.7%	67.3%
	65-74	36.5%	63.5%
	75+	57.2%	42.8%
Education	High school graduate/GED or less	44.0%	56.0%
	Trade/Voc, Associate degree or some college	21.6%	78.4%
	Bachelor's degree	18.6%	81.4%
	Graduate or professional degree	18.3%	81.7%
Poverty 200%	200% poverty or less	28.0%	72.0%
	Greater than 200% poverty	17.7%	82.3%
Local Comparisons	Region	27.3%	72.7%
	Benton	27.3%	72.7%
	Sherburne	25.5%	74.5%
	Stearns	28.3%	71.7%

### 168. Have you experienced any losses related to the COVID-19 pandemic? Job (lay off, furlough, hours reduction)

		Checked
St. Cloud Total		16.0%
Gender	Male	10.7%
	Female	20.6%
Age groups	18-34	20.7%
	35-44	12.8%
	45-54	16.7%
	55-64	17.2%
	65-74	6.4%
	75+	0.0%
Education	High school graduate/GED or less	20.8%
	Trade/Voc, Associate degree or some college	20.1%
	Bachelor's degree	15.1%
	Graduate or professional degree	3.1%
Poverty 200%	200% poverty or less	22.3%
	Greater than 200% poverty	14.9%
Local Comparisons	Region	18.5%
	Benton	21.8%
	Sherburne	26.7%
	Stearns	13.0%

169. Have you experienced any losses related to the COVID-19 pandemic?
Income

		Checked
St. Cloud Total		14.0%
Gender	Male	14.2%
	Female	13.8%
Age groups	18-34	9.3%
	35-44	22.0%
	45-54	26.8%
	55-64	16.8%
	65-74	2.6%
	75+	1.1%
Education	High school graduate/GED or less	18.6%
	Trade/Voc, Associate degree or some college	10.9%
	Bachelor's degree	15.4%
	Graduate or professional degree	12.0%
Poverty 200%	200% poverty or less	18.9%
	Greater than 200% poverty	12.3%
Local Comparisons	Region	18.1%
	Benton	20.5%
	Sherburne	26.6%
	Stearns	12.8%

170. Have you experienced any losses related to the COVID-19 pandemic?	
Housing	

		Checked
St. Cloud Total		2.1%
Gender	Male	4.1%
	Female	0.3%
Age groups	18-34	4.3%
	35-44	1.0%
	45-54	0.4%
	55-64	0.0%
	65-74	0.6%
	75+	0.0%
Education	High school graduate/GED or less	11.0%
	Trade/Voc, Associate degree or some college	0.0%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	10.1%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	1.4%
	Benton	7.5%
	Sherburne	0.9%
	Stearns	0.0%

## 171. Have you experienced any losses related to the COVID-19 pandemic? Health insurance

		Checked
St. Cloud Total		1.7%
Gender	Male	1.7%
	Female	1.8%
Age groups	18-34	2.1%
	35-44	0.0%
	45-54	3.4%
	55-64	1.7%
	65-74	0.6%
	75+	0.0%
Education	High school graduate/GED or less	4.9%
	Trade/Voc, Associate degree or some college	0.5%
	Bachelor's degree	1.8%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.2%
	Greater than 200% poverty	2.1%
Local Comparisons	Region	4.5%
	Benton	3.5%
	Sherburne	11.3%
	Stearns	0.9%

# 172. Have you experienced any losses related to the COVID-19 pandemic? Transportation

		Checked
St. Cloud Total		4.9%
Gender	Male	7.9%
	Female	2.2%
Age groups	18-34	8.1%
	35-44	2.0%
	45-54	5.3%
	55-64	1.1%
	65-74	1.9%
	75+	0.3%
Education	High school graduate/GED or less	16.9%
	Trade/Voc, Associate degree or some college	1.7%
	Bachelor's degree	2.9%
	Graduate or professional degree	1.2%
Poverty 200%	200% poverty or less	18.2%
	Greater than 200% poverty	1.6%
Local Comparisons	Region	2.5%
	Benton	7.7%
	Sherburne	0.3%
	Stearns	2.4%

## 173. Have you experienced any losses related to the COVID-19 pandemic? Child care

		Checked
St. Cloud Total		5.9%
Gender	Male	3.3%
	Female	8.1%
Age groups	18-34	6.8%
	35-44	20.4%
	45-54	0.0%
	55-64	0.0%
	65-74	0.6%
	75+	0.0%
Education	High school graduate/GED or less	0.2%
	Trade/Voc, Associate degree or some college	9.2%
	Bachelor's degree	8.4%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	6.3%
	Greater than 200% poverty	6.4%
Local Comparisons	Region	7.2%
	Benton	4.4%
	Sherburne	10.6%
	Stearns	6.1%

### 174. Have you experienced any losses related to the COVID-19 pandemic? Regular school routine

		Checked
St. Cloud Total		26.7%
Gender	Male	24.3%
	Female	28.7%
Age groups	18-34	29.9%
	35-44	52.8%
	45-54	29.4%
	55-64	10.9%
	65-74	2.2%
	75+	0.1%
Education	High school graduate/GED or less	24.5%
	Trade/Voc, Associate degree or some college	28.7%
	Bachelor's degree	24.9%
	Graduate or professional degree	30.0%
Poverty 200%	200% poverty or less	36.5%
	Greater than 200% poverty	25.7%
Local Comparisons	Region	25.8%
	Benton	30.2%
	Sherburne	25.3%
	Stearns	24.8%

### 175. Have you experienced any losses related to the COVID-19 pandemic? Social connectedness

		Checked
St. Cloud Total		53.8%
Gender	Male	54.0%
	Female	53.7%
Age groups	18-34	61.8%
	35-44	54.6%
	45-54	51.5%
	55-64	47.3%
	65-74	47.5%
	75+	29.1%
Education	High school graduate/GED or less	35.9%
	Trade/Voc, Associate degree or some college	49.3%
	Bachelor's degree	69.4%
	Graduate or professional degree	52.6%
Poverty 200%	200% poverty or less	59.8%
	Greater than 200% poverty	58.0%
Local Comparisons	Region	49.9%
	Benton	47.5%
	Sherburne	49.1%
	Stearns	51.1%

176. Have you experienced any losses related to the COVID-19 pandemic?
Social support

		Checked
St. Cloud Total		16.5%
Gender	Male	9.6%
	Female	22.6%
Age groups	18-34	16.7%
	35-44	34.9%
	45-54	5.1%
	55-64	15.7%
	65-74	11.0%
	75+	12.1%
Education	High school graduate/GED or less	18.1%
	Trade/Voc, Associate degree or some college	17.0%
	Bachelor's degree	18.3%
	Graduate or professional degree	9.7%
Poverty 200%	200% poverty or less	29.6%
	Greater than 200% poverty	14.5%
Local Comparisons	Region	15.3%
	Benton	17.5%
	Sherburne	16.4%
	Stearns	14.0%

177. Have you experienced any losses related to the COVID-19 pandemic?
Sense of wellness

		Checked
St. Cloud Total		22.5%
Gender	Male	19.2%
	Female	25.3%
Age groups	18-34	19.5%
	35-44	32.2%
	45-54	35.6%
	55-64	18.2%
	65-74	15.1%
	75+	4.5%
Education	High school graduate/GED or less	18.5%
	Trade/Voc, Associate degree or some college	23.6%
	Bachelor's degree	24.1%
	Graduate or professional degree	22.1%
Poverty 200%	200% poverty or less	26.8%
	Greater than 200% poverty	23.2%
Local Comparisons	Region	20.7%
	Benton	19.7%
	Sherburne	25.4%
	Stearns	18.3%

178. Have you experienced any losses related to the COVID-19 pandemic?
Recreation or entertainment

		Checked
St. Cloud Total		51.0%
Gender	Male	50.6%
	Female	51.4%
Age groups	18-34	55.7%
	35-44	56.2%
	45-54	56.4%
	55-64	47.8%
	65-74	39.7%
	75+	18.1%
Education	High school graduate/GED or less	24.7%
	Trade/Voc, Associate degree or some college	50.8%
	Bachelor's degree	66.4%
	Graduate or professional degree	51.8%
Poverty 200%	200% poverty or less	46.0%
	Greater than 200% poverty	58.1%
Local Comparisons	Region	49.5%
	Benton	45.9%
	Sherburne	48.2%
	Stearns	51.2%

179. Have you experienced any losses related to the COVID-19 pandemic?
Exercise opportunities

		Checked
St. Cloud Total		35.1%
Gender	Male	41.5%
	Female	29.5%
Age groups	18-34	43.0%
	35-44	49.1%
	45-54	35.9%
	55-64	14.2%
	65-74	24.2%
	75+	6.6%
Education	High school graduate/GED or less	28.6%
	Trade/Voc, Associate degree or some college	38.6%
	Bachelor's degree	35.5%
	Graduate or professional degree	36.2%
Poverty 200%	200% poverty or less	36.7%
	Greater than 200% poverty	36.7%
Local Comparisons	Region	28.5%
	Benton	25.7%
	Sherburne	28.5%
	Stearns	29.3%

180. Have you experienced any losses related to the COVID-19 pandemic?
Death of a family member or friend

		Checked
St. Cloud Total		15.5%
Gender	Male	9.7%
	Female	20.6%
Age groups	18-34	18.7%
	35-44	9.8%
	45-54	8.6%
	55-64	16.6%
	65-74	17.6%
	75+	20.1%
Education	High school graduate/GED or less	16.3%
	Trade/Voc, Associate degree or some college	21.3%
	Bachelor's degree	12.4%
	Graduate or professional degree	8.7%
Poverty 200%	200% poverty or less	21.6%
	Greater than 200% poverty	15.2%
Local Comparisons	Region	16.0%
	Benton	23.6%
	Sherburne	14.5%
	Stearns	14.9%

### 181. Have you experienced any losses related to the COVID-19 pandemic? Other

		Checked
St. Cloud Total		1.2%
Gender	Male	0.8%
	Female	1.6%
Age groups	18-34	0.8%
	35-44	1.3%
	45-54	0.3%
	55-64	3.5%
	65-74	3.0%
	75+	0.2%
Education	High school graduate/GED or less	0.2%
	Trade/Voc, Associate degree or some college	0.9%
	Bachelor's degree	2.5%
	Graduate or professional degree	0.3%
Poverty 200%	200% poverty or less	2.0%
	Greater than 200% poverty	1.1%
Local Comparisons	Region	2.1%
	Benton	2.9%
	Sherburne	2.8%
	Stearns	1.4%

### 182. Where do you usually get health, wellness, and medical information? (Please mark UP TO 3 sources)

	Checked
St. Cloud Total	
E-mail alert or e-newsletter	20.4%
Newspaper (print or online)	13.2%
Brochure, newsletter, magazine or other print material	10.6%
Text message	3.0%
Social media such as Facebook or Twitter	15.8%
Websites or internet	54.7%
Phone apps	2.9%
	8.7%
Nurse or other health professional at a church, synagogue, mosque, etc.	
Television	15.5%
Radio	8.6%
Medical professionals	67.5%
Pharmacy	18.1%
Community Health Worker	1.6%
Family and Friends	35.7%
Health fairs or other health-related community events	0.9%
Other	2.0%

		Checked
St. Cloud Total		20.4%
Gender	Male	22.8%
	Female	18.4%
Age groups	18-34	23.3%
	35-44	15.9%
	45-54	22.6%
	55-64	20.9%
	65-74	19.2%
	75+	8.1%
Education	High school graduate/GED or less	29.1%
	Trade/Voc, Associate degree or some college	26.3%
	Bachelor's degree	14.7%
	Graduate or professional degree	11.0%
Poverty 200%	200% poverty or less	20.5%
	Greater than 200% poverty	21.4%
Local Comparisons	Region	17.3%
	Benton	18.5%
	Sherburne	17.5%
	Stearns	16.9%

## 183. Where do you usually get health, wellness, and medical information? E-mail alert or e-newsletter

### 184. Where do you usually get health, wellness, and medical information? Newspaper (print or online)

		Checked
St. Cloud Total		13.2%
Gender	Male	11.8%
	Female	14.5%
Age groups	18-34	14.8%
	35-44	2.9%
	45-54	13.7%
	55-64	8.5%
	65-74	24.8%
	75+	20.3%
Education	High school graduate/GED or less	10.5%
	Trade/Voc, Associate degree or some college	16.2%
	Bachelor's degree	14.4%
	Graduate or professional degree	7.3%
Poverty 200%	200% poverty or less	12.8%
	Greater than 200% poverty	13.4%
Local Comparisons	Region	14.9%
	Benton	14.6%
	Sherburne	17.7%
	Stearns	13.3%

### 185. Where do you usually get health, wellness, and medical information? Brochure, newsletter, magazine or other print material

		Checked
St. Cloud Total		10.6%
Gender	Male	9.9%
	Female	11.2%
Age groups	18-34	9.2%
	35-44	1.1%
	45-54	13.9%
	55-64	14.1%
	65-74	12.8%
	75+	20.7%
Education	High school graduate/GED or less	5.0%
	Trade/Voc, Associate degree or some college	10.5%
	Bachelor's degree	13.3%
	Graduate or professional degree	12.1%
Poverty 200%	200% poverty or less	6.4%
	Greater than 200% poverty	12.5%
Local Comparisons	Region	9.2%
	Benton	8.1%
	Sherburne	8.5%
	Stearns	9.8%

		Checked
St. Cloud Total		3.0%
Gender	Male	2.7%
	Female	3.3%
Age groups	18-34	2.2%
	35-44	1.7%
	45-54	0.0%
	55-64	8.3%
	65-74	9.8%
	75+	1.9%
Education	High school graduate/GED or less	8.2%
	Trade/Voc, Associate degree or some college	3.6%
	Bachelor's degree	0.9%
	Graduate or professional degree	0.0%
Poverty 200%	200% poverty or less	1.3%
	Greater than 200% poverty	3.7%
Local Comparisons	Region	2.8%
	Benton	5.8%
	Sherburne	8.5%
	Stearns	2.4%

### 186. Where do you usually get health, wellness, and medical information? Text message

### 187. Where do you usually get health, wellness, and medical information? Social media such as Facebook or Twitter

		Checked
St. Cloud Total		15.8%
Gender	Male	17.4%
	Female	14.4%
Age groups	18-34	24.2%
	35-44	16.7%
	45-54	12.0%
	55-64	3.1%
	65-74	9.4%
	75+	2.4%
Education	High school graduate/GED or less	25.9%
	Trade/Voc, Associate degree or some college	10.9%
	Bachelor's degree	17.0%
	Graduate or professional degree	10.3%
Poverty 200%	200% poverty or less	19.4%
	Greater than 200% poverty	12.7%
Local Comparisons	Region	16.3%
	Benton	15.5%
	Sherburne	14.5%
	Stearns	17.5%

		Checked
St. Cloud Total		54.7%
Gender	Male	58.4%
	Female	51.5%
Age groups	18-34	59.1%
	35-44	60.0%
	45-54	68.7%
	55-64	44.9%
	65-74	50.2%
	75+	8.1%
Education	High school graduate/GED or less	44.1%
	Trade/Voc, Associate degree or some college	42.6%
	Bachelor's degree	70.7%
	Graduate or professional degree	57.0%
Poverty 200%	200% poverty or less	40.8%
	Greater than 200% poverty	57.3%
Local Comparisons	Region	55.4%
	Benton	50.6%
	Sherburne	67.4%
	Stearns	49.7%

### 188. Where do you usually get health, wellness, and medical information? Websites or internet

		Checked
St. Cloud Total		2.9%
Gender	Male	1.6%
	Female	4.0%
Age groups	18-34	4.0%
	35-44	4.2%
	45-54	0.0%
	55-64	2.9%
	65-74	4.1%
	75+	0.0%
Education	High school graduate/GED or less	3.1%
	Trade/Voc, Associate degree or some college	6.0%
	Bachelor's degree	1.0%
	Graduate or professional degree	0.7%
Poverty 200%	200% poverty or less	4.0%
	Greater than 200% poverty	2.3%
Local Comparisons	Region	4.3%
	Benton	3.4%
	Sherburne	5.8%
	Stearns	3.7%

### 189. Where do you usually get health, wellness, and medical information? Phone apps

		Checked
St. Cloud Total		8.7%
Gender	Male	11.2%
	Female	6.6%
Age groups	18-34	10.7%
	35-44	6.2%
	45-54	5.7%
	55-64	10.4%
	65-74	6.2%
	75+	8.4%
Education	High school graduate/GED or less	7.6%
	Trade/Voc, Associate degree or some college	5.8%
	Bachelor's degree	14.9%
	Graduate or professional degree	1.9%
Poverty 200%	200% poverty or less	5.1%
	Greater than 200% poverty	10.0%
Local Comparisons	Region	7.5%
	Benton	7.0%
	Sherburne	6.0%
	Stearns	8.6%

#### 190. Where do you usually get health, wellness, and medical information? Nurse or other health professional at a church, synagogue, mosque, etc.

		Checked
St. Cloud Total		15.5%
Gender	Male	13.8%
	Female	16.9%
Age groups	18-34	10.4%
	35-44	10.4%
	45-54	17.5%
	55-64	20.3%
	65-74	30.9%
	75+	26.7%
Education	High school graduate/GED or less	26.0%
	Trade/Voc, Associate degree or some college	13.9%
	Bachelor's degree	10.4%
	Graduate or professional degree	14.8%
Poverty 200%	200% poverty or less	12.2%
	Greater than 200% poverty	16.7%
Local Comparisons	Region	18.9%
	Benton	22.6%
	Sherburne	21.8%
	Stearns	16.2%

## 191. Where do you usually get health, wellness, and medical information? Television

		Checked
St. Cloud Total		8.6%
Gender	Male	10.7%
	Female	6.8%
Age groups	18-34	9.3%
	35-44	11.2%
	45-54	9.6%
	55-64	5.1%
	65-74	7.9%
	75+	4.5%
Education	High school graduate/GED or less	9.1%
	Trade/Voc, Associate degree or some college	5.5%
	Bachelor's degree	11.6%
	Graduate or professional degree	7.8%
Poverty 200%	200% poverty or less	1.6%
	Greater than 200% poverty	11.1%
Local Comparisons	Region	10.3%
	Benton	9.5%
	Sherburne	12.7%
	Stearns	9.2%

192. Where do you usually get health, wellness, and medical information? Radio

		Checked
St. Cloud Total		67.5%
Gender	Male	60.6%
	Female	73.4%
Age groups	18-34	66.8%
	35-44	75.5%
	45-54	52.1%
	55-64	78.2%
	65-74	65.2%
	75+	76.1%
Education	High school graduate/GED or less	49.8%
	Trade/Voc, Associate degree or some college	62.0%
	Bachelor's degree	74.1%
	Graduate or professional degree	86.1%
Poverty 200%	200% poverty or less	55.6%
	Greater than 200% poverty	74.1%
Local Comparisons	Region	66.0%
	Benton	59.0%
	Sherburne	65.5%
	Stearns	68.3%

### 193. Where do you usually get health, wellness, and medical information? Medical professionals

### 194. Where do you usually get health, wellness, and medical information? Pharmacy

		Checked
St. Cloud Total		18.1%
Gender	Male	16.6%
	Female	19.4%
Age groups	18-34	6.4%
	35-44	27.8%
	45-54	15.5%
	55-64	24.4%
	65-74	25.4%
	75+	53.1%
Education	High school graduate/GED or less	23.8%
	Trade/Voc, Associate degree or some college	17.1%
	Bachelor's degree	16.9%
	Graduate or professional degree	16.4%
Poverty 200%	200% poverty or less	20.4%
	Greater than 200% poverty	16.5%
Local Comparisons	Region	16.7%
	Benton	19.8%
	Sherburne	12.3%
	Stearns	18.4%

		Checked
St. Cloud Total		1.6%
Gender	Male	0.4%
	Female	2.6%
Age groups	18-34	2.7%
	35-44	0.0%
	45-54	0.0%
	55-64	2.2%
	65-74	0.0%
	75+	2.7%
Education	High school graduate/GED or less	6.7%
	Trade/Voc, Associate degree or some college	0.7%
	Bachelor's degree	0.0%
	Graduate or professional degree	0.4%
Poverty 200%	200% poverty or less	7.9%
	Greater than 200% poverty	0.0%
Local Comparisons	Region	1.3%
	Benton	1.1%
	Sherburne	1.0%
	Stearns	1.5%

## 195. Where do you usually get health, wellness, and medical information? Community Health Worker

		Checked
St. Cloud Total		35.7%
Gender	Male	29.5%
	Female	41.0%
Age groups	18-34	48.8%
	35-44	41.0%
	45-54	22.5%
	55-64	19.5%
	65-74	16.6%
	75+	27.3%
Education	High school graduate/GED or less	19.8%
	Trade/Voc, Associate degree or some college	34.5%
	Bachelor's degree	44.6%
	Graduate or professional degree	39.2%
Poverty 200%	200% poverty or less	30.3%
	Greater than 200% poverty	36.9%
Local Comparisons	Region	32.7%
	Benton	30.1%
	Sherburne	33.3%
	Stearns	33.0%

## 196. Where do you usually get health, wellness, and medical information? Family or friends

#### 197. Where do you usually get health, wellness, and medical information? Health fairs or other health-related community events

		Checked
St. Cloud Total		0.9%
Gender	Male	1.3%
	Female	0.6%
Age groups	18-34	0.0%
	35-44	4.2%
	45-54	0.0%
	55-64	1.6%
	65-74	1.7%
	75+	0.1%
Education	High school graduate/GED or less	0.3%
	Trade/Voc, Associate degree or some college	0.5%
	Bachelor's degree	1.7%
	Graduate or professional degree	0.7%
Poverty 200%	200% poverty or less	0.9%
	Greater than 200% poverty	1.0%
Local Comparisons	Region	1.8%
	Benton	1.4%
	Sherburne	1.9%
	Stearns	1.8%

198. Where do you usually get health, wellness, and medical information?
Other

	-	Checked
St. Cloud Total		2.0%
Gender	Male	2.8%
	Female	1.3%
Age groups	18-34	0.0%
	35-44	4.2%
	45-54	2.2%
	55-64	5.7%
	65-74	1.4%
	75+	2.7%
Education	High school graduate/GED or less	0.9%
	Trade/Voc, Associate degree or some college	2.2%
	Bachelor's degree	0.9%
	Graduate or professional degree	5.7%
Poverty 200%	200% poverty or less	0.5%
	Greater than 200% poverty	2.5%
Local Comparisons	Region	2.9%
	Benton	3.2%
	Sherburne	4.4%
	Stearns	2.0%

#### 199. Weight status according to BMI

		Not overweight	Overweight but not obese	Obese
St. Cloud Total		32.5%	41.3%	26.2%
Gender	Male	26.1%	51.9%	22.0%
	Female	38.1%	31.9%	30.0%
Age groups	18-34	35.8%	40.9%	23.3%
	35-44	33.6%	42.6%	23.8%
	45-54	27.9%	47.3%	24.9%
	55-64	17.2%	43.7%	39.0%
	65-74	34.1%	35.1%	30.8%
	75+	45.9%	28.7%	25.4%
Education	High school graduate/GED or less	26.0%	52.3%	21.8%
	Trade/Voc, Associate degree or some college	30.4%	39.8%	29.9%
	Bachelor's degree	34.2%	33.6%	32.2%
	Graduate or professional degree	42.4%	48.8%	8.8%
Poverty 200%	200% poverty or less	35.2%	35.5%	29.3%
	Greater than 200% poverty	32.8%	43.8%	23.4%
Local	Region	29.5%	40.9%	29.6%
Comparisons	Benton	29.5%	36.4%	34.1%
	Sherburne	23.9%	43.4%	32.6%
	Stearns	32.7%	40.7%	26.6%

### **Community Concerns**

200. In your opinion, how much of a problem is each of these issues in your county?

	No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Total					
A. Issues for Families					
Families experiencing financial stress	6.6%	9.6%	47.9%	29.0%	6.9%
Parents with inadequate or poor parenting skills	5.90%	13.20%	34.40%	35.50%	11.00%
Childhood trauma	8.7%	20.2%	35.1%	19.7%	16.3%
Bullying	5.9%	19.3%	35.9%	25.1%	13.9%
Abuse and neglect of children	7.0%	21.1%	38.7%	15.5%	17.8%
Abuse and neglect of vulnerable adults	7.7%	25.8%	30.5%	14.6%	21.3%
B. Social Experience					
Racism	15.3%	24.5%	31.0%	26.1%	3.1%
White privilege (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)	24.8%	24.0%	19.4%	24.8%	7.0%
Police brutality	48.6%	23.9%	14.2%	6.4%	7.0%
C. Discrimination					
Discrimination based on race, color, ethnicity or country of origin	18.3%	27.8%	21.2%	25.7%	7.0%
Discrimination based on age	33.4%	39.6%	13.6%	3.3%	10.0%
Discrimination based on gender	34.1%	29.7%	16.2%	9.8%	10.3%
Discrimination based on sexual orientation	22.9%	28.0%	21.3%	14.7%	13.1%
Discrimination based on gender identity	23.3%	26.7%	17.7%	18.3%	14.1%
Discrimination based on disability	29.3%	29.1%	20.8%	8.2%	12.6%
Discrimination based on religion	27.8%	29.1%	18.5%	13.6%	11.0%
Discrimination based on being overweight or obese	29.4%	33.5%	20.0%	5.9%	11.2%
Discrimination based on something else	43.5%	4.6%	4.2%	3.2%	44.5%
D. Tobacco and Other Drug Use					
Smoking or other tobacco use	10.6%	22.2%	36.4%	18.4%	12.5%
Use of e-cigarettes/vaping for nicotine products	11.5%	18.5%	32.7%	22.6%	14.6%
Abuse of prescription drugs	9.6%	15.4%	34.7%	24.2%	16.2%

Illegal drug use among youth	6.5%	14.3%	35.5%	30.3%	13.4%
Illegal drug use among adults	8.6%	14.2%	33.3%	30.5%	13.3%
E. Mental Health					
Depression among youth	5.0%	13.5%	31.9%	36.3%	13.3%
Depression among adults	4.7%	15.0%	37.8%	31.1%	11.4%
Suicide among youth	10.5%	19.5%	26.3%	28.0%	15.7%
Suicide among adults	9.7%	24.4%	27.3%	23.1%	15.5%
Other mental health issues, such as anxiety or panic attacks, memory loss, Alzheimer's or another form of dementia, etc.	6.9%	16.1%	33.9%	35.7%	7.4%
Difficulty obtaining mental health services for youth	12.4%	19.2%	20.4%	35.6%	12.3%
Difficulty obtaining mental health services for adults	10.9%	20.2%	22.2%	35.5%	11.3%

## 201. In your opinion, how much of a problem is <u>families experiencing financial stress</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	6.6%	9.6%	47.9%	29.0%	6.9%
Gender	Male	12.3%	11.3%	46.1%	28.0%	2.2%
	Female	1.5%	8.1%	49.5%	29.8%	11.1%
Age groups	18-34	3.7%	4.4%	55.2%	32.3%	4.3%
	35-44	8.2%	8.9%	50.8%	32.1%	0.0%
	45-54	6.3%	23.1%	42.2%	22.7%	5.7%
	55-64	9.8%	10.6%	48.8%	25.8%	5.1%
	65-74	10.0%	11.4%	37.0%	27.8%	13.8%
	75+	11.9%	5.8%	22.1%	24.9%	35.4%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	18.9% 3.6%	14.0% 11.3%	41.7% 51.2%	17.5% 25.2%	7.9% 8.8%
	Bachelor's degree Graduate or professional	4.2%	7.8%	42.0%	39.6%	6.5%
Poverty	degree	0.8%	4.9%	64.5%	27.0%	2.8%
200%	200% poverty or less Greater than 200% poverty	12.0% 4.7%	4.7% 10.7%	53.5% 49.5%	24.3% 28.9%	5.4% 6.1%
		4.7 /0	10.770	49.370	20.970	0.170
Local	Region	7.4%	19.0%	43.9%	20.4%	9.3%
Comparisons	Benton	4.7%	18.7%	42.9%	23.4%	10.3%
	Sherburne	5.4%	25.7%	41.7%	17.0%	10.2%
	Stearns	9.4%	15.2%	45.3%	21.6%	8.5%

## 202. In your opinion, how much of a problem is <u>parents with inadequate or poor parenting skills</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Total		5.9%	13.2%	34.4%	35.5%	11.0%
Gender	Male	8.5%	11.6%	30.8%	42.3%	6.8%
	Female	3.6%	14.6%	37.7%	29.3%	14.8%
Age groups	18-34	2.6%	5.7%	35.5%	43.1%	13.1%
	35-44	8.8%	16.1%	36.0%	35.0%	4.1%
	45-54	3.3%	25.6%	34.8%	27.7%	8.6%
	55-64	12.5%	19.4%	36.0%	28.1%	4.0%
	65-74	7.6%	18.8%	28.5%	36.7%	8.3%
	75+	11.9%	4.6%	27.3%	23.4%	32.9%
Education	High school graduate/GED or less Trade/Voc, Associate	15.8%	17.1%	29.9%	25.7%	11.6%
	degree or some college	5.5%	8.6%	36.3%	40.2%	9.3%
	Bachelor's degree Graduate or	2.3%	15.5%	37.4%	39.2%	5.6%
	professional degree	0.9%	13.6%	30.2%	28.4%	27.0%
Poverty 200%	200% poverty or less Greater than 200%	11.4%	14.6%	35.7%	28.5%	9.8%
	poverty	4.0%	13.1%	37.7%	34.7%	10.5%
Local	Region	8.8%	19.8%	33.8%	25.2%	12.4%
Comparisons	Benton	7.7%	21.4%	31.6%	30.0%	9.3%
	Sherburne	9.3%	22.2%	36.5%	18.2%	13.7%
	Stearns	8.8%	17.9%	32.9%	27.9%	12.5%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	8.7%	20.2%	35.1%	19.7%	16.3%
Gender	Male	10.8%	21.7%	34.8%	21.7%	11.0%
	Female	6.7%	18.9%	35.4%	17.9%	21.1%
Age groups	18-34	5.0%	16.6%	32.7%	28.2%	17.5%
	35-44	13.6%	11.3%	53.2%	15.8%	6.1%
	45-54	3.3%	31.1%	37.5%	13.7%	14.4%
	55-64	16.5%	27.0%	34.7%	13.1%	8.7%
	65-74	14.5%	24.3%	22.3%	17.3%	21.5%
	75+	13.2%	17.2%	18.7%	6.7%	44.2%
Education	High school graduate/GED or less	27.3%	9.9%	20.1%	21.2%	21.5%
	Trade/Voc, Associate degree or some college	6.3%	13.8%	38.9%	23.2%	17.8%
	Bachelor's degree Graduate or professional	3.4%	33.3%	37.4%	16.5%	9.4%
	degree	1.4%	16.7%	41.1%	18.2%	22.5%
Poverty	200% poverty or less	15.8%	14.0%	26.4%	22.3%	21.5%
200%	Greater than 200% poverty	6.7%	22.9%	39.7%	16.8%	14.0%
Local Comparisons	Region	15.4%	26.4%	29.5%	12.9%	15.8%
Comparisons	Benton	14.8%	24.9%	24.1%	20.2%	16.1%
	Sherburne	19.7%	31.0%	27.8%	8.0%	13.5%
	Stearns	13.1%	24.1%	31.9%	13.8%	17.1%

#### 203. In your opinion, how much of a problem is childhood trauma in your county?

204. In your opinion, how much of a problem is <u>bullying</u> in your county?	204. In your opinion	, how much of a	problem is	bullying in your	<sup>r</sup> county?
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		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	5.9%	19.3%	35.9%	25.1%	13.9%
Gender	Male	7.8%	22.4%	35.7%	20.0%	14.1%
	Female	4.2%	16.6%	36.1%	29.5%	13.7%
Age groups	18-34	2.6%	21.7%	28.5%	32.4%	14.8%
	35-44	5.7%	17.7%	43.5%	22.4%	10.7%
	45-54	2.9%	16.4%	55.3%	17.5%	8.0%
	55-64	15.7%	23.3%	35.0%	19.7%	6.3%
	65-74	10.1%	16.2%	30.2%	24.4%	19.2%
	75+	11.5%	12.0%	23.4%	15.9%	37.2%
Education	High school graduate/GED or less	19.3%	7.1%	25.2%	17.7%	30.7%
	Trade/Voc, Associate degree or some college	5.8%	14.9%	37.9%	30.3%	11.2%
	Bachelor's degree Graduate or professional	0.6%	23.0%	38.8%	29.3%	8.2%
	degree	0.8%	35.1%	38.3%	12.9%	12.9%
Poverty 200%	200% poverty or less Greater than 200%	12.8%	15.7%	33.2%	12.6%	25.7%
	poverty	3.8%	22.4%	37.9%	26.3%	9.6%
Local	Region	9.2%	23.2%	33.3%	19.9%	14.4%
Comparisons	Benton	9.3%	17.5%	32.2%	23.1%	18.0%
	Sherburne	10.0%	22.9%	34.6%	15.1%	17.4%
	Stearns	8.7%	24.9%	32.8%	21.9%	11.8%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	7.0%	21.1%	38.7%	15.5%	17.8%
Gender	Male	7.9%	25.2%	38.1%	15.4%	13.5%
	Female	6.1%	17.4%	39.2%	15.6%	21.6%
Age groups	18-34	2.6%	15.3%	44.5%	14.5%	23.0%
	35-44	6.2%	24.0%	36.3%	20.6%	13.0%
	45-54	7.2%	31.4%	39.0%	11.3%	11.0%
	55-64	15.6%	26.2%	32.5%	19.6%	6.2%
	65-74	13.2%	20.1%	32.8%	17.8%	16.1%
	75+	11.3%	14.6%	26.1%	11.7%	36.3%
Education	High school graduate/GED or less	19.2%	14.8%	23.3%	15.3%	27.5%
	Trade/Voc, Associate degree or some college	6.4%	13.6%	47.3%	16.3%	16.4%
	Bachelor's degree Graduate or professional	2.8%	37.6%	32.2%	17.5%	9.8%
	degree	0.8%	6.5%	55.5%	9.9%	27.4%
Poverty 200%	200% poverty or less Greater than 200%	13.4%	6.9%	41.3%	14.7%	23.8%
	poverty	5.0%	26.1%	40.7%	12.9%	15.4%
Local	Region	13.8%	27.0%	30.3%	11.9%	17.0%
Comparisons	Benton	11.1%	28.8%	25.2%	15.3%	19.6%
	Sherburne	19.1%	27.7%	26.4%	10.2%	16.6%
	Stearns	11.4%	26.1%	33.9%	12.0%	16.6%

#### 205. In your opinion, how much of a problem is abuse or neglect of children in your county?

# 206. In your opinion, how much of a problem is <u>abuse and neglect of vulnerable adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	7.7%	25.8%	30.5%	14.6%	21.3%
Gender	Male	8.9%	30.1%	28.8%	17.6%	14.5%
	Female	6.6%	22.0%	32.0%	11.9%	27.4%
Age groups	18-34	2.6%	18.5%	39.5%	16.7%	22.7%
	35-44	9.6%	30.2%	25.4%	17.4%	17.3%
	45-54	8.0%	37.9%	20.3%	6.9%	26.9%
	55-64	16.7%	29.6%	26.8%	19.2%	7.7%
	65-74	14.0%	31.4%	28.7%	11.7%	14.2%
	75+	10.4%	18.5%	22.2%	10.5%	38.4%
Education	High school graduate/GED or less Trade/Voc, Associate	17.0%	22.2%	14.7%	28.7%	17.5%
	degree or some college	6.9%	24.3%	35.4%	11.7%	21.6%
	Bachelor's degree Graduate or professional	5.7%	34.0%	30.3%	14.8%	15.2%
	degree	0.8%	14.0%	40.6%	3.9%	40.7%
Poverty 200%	200% poverty or less	11.9%	16.8%	27.0%	23.1%	21.1%
200%	Greater than 200% poverty	6.4%	28.5%	34.6%	9.5%	21.1%
Local Comparisons	Region	15.5%	29.4%	24.2%	10.4%	20.5%
0011120115	Benton	12.2%	28.8%	22.7%	16.8%	19.6%
	Sherburne	22.4%	28.3%	22.0%	7.9%	19.4%
	Stearns	12.4%	30.1%	25.8%	10.2%	21.5%

#### 207. In your opinion, how much of a problem is <u>racism</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	15.3%	24.5%	31.0%	26.1%	3.1%
Gender	Male	18.0%	31.2%	29.5%	20.6%	0.7%
	Female	13.0%	18.7%	32.3%	30.8%	5.1%
Age groups	18-34	13.3%	26.7%	33.8%	26.2%	0.0%
	35-44	13.1%	11.1%	36.0%	39.8%	0.0%
	45-54	10.9%	36.1%	26.4%	21.3%	5.4%
	55-64	20.7%	21.2%	33.1%	21.0%	4.1%
	65-74	16.8%	25.0%	31.2%	18.5%	8.5%
	75+	31.6%	16.3%	11.6%	25.5%	15.1%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	23.3% 26.7%	16.6% 21.6%	37.2% 30.9%	16.6% 16.8%	6.4% 4.0%
	Bachelor's degree Graduate or professional degree	4.2% 5.6%	27.5% 34.6%	32.0% 21.2%	35.5% 36.3%	0.8% 2.3%
Poverty	200% poverty or less	23.0%	13.7%	39.3%	20.8%	3.2%
200%	Greater than 200% poverty	11.7%	27.7%	30.9%	26.6%	3.0%
Local Comparisons	Region	21.7%	24.5%	26.8%	20.6%	6.4%
00111701130113	Benton	21.7%	23.6%	29.1%	19.7%	5.9%
	Sherburne	21.6%	19.6%	28.4%	21.6%	8.8%
	Stearns	21.6%	27.5%	25.4%	20.3%	5.2%

208. In your opinion, how much of a problem is <u>white privilege</u> in your county? (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	24.8%	24.0%	19.4%	24.8%	7.0%
Gender	Male	33.3%	24.8%	13.2%	23.6%	5.1%
	Female	17.0%	23.2%	25.1%	25.9%	8.7%
Age groups	18-34	24.1%	21.4%	15.3%	34.8%	4.4%
	35-44	25.0%	22.3%	24.7%	28.0%	0.0%
	45-54	26.0%	31.9%	24.0%	11.2%	7.0%
	55-64	28.9%	32.9%	22.4%	11.2%	4.5%
	65-74	22.0%	23.2%	22.6%	22.3%	9.9%
	75+	21.3%	9.5%	14.1%	17.8%	37.3%
Education	High school graduate/GED or less Trade/Voc, Associate	25.7%	23.5%	15.7%	18.6%	16.5%
	degree or some college	40.0%	15.4%	24.2%	9.7%	10.8%
	Bachelor's degree Graduate or professional	18.0%	27.4%	15.5%	38.6%	0.5%
	degree	5.4%	34.7%	23.6%	33.8%	2.5%
Poverty 200%	200% poverty or less	27.5%	17.7%	18.5%	24.9%	11.4%
20070	Greater than 200% poverty	23.5%	26.6%	21.8%	23.6%	4.4%
Local Comparisons	Region	32.7%	21.3%	17.9%	19.0%	9.1%
	Benton	30.2%	20.6%	12.1%	26.0%	11.1%
	Sherburne	31.2%	19.3%	21.7%	17.8%	10.0%
	Stearns	34.3%	22.6%	17.3%	17.8%	8.0%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	1	48.6%	23.9%	14.2%	6.4%	7.0%
Gender	Male	65.7%	17.4%	11.0%	3.6%	2.3%
	Female	33.2%	29.7%	17.0%	8.9%	11.2%
Age groups	18-34	52.0%	17.4%	18.9%	9.2%	2.6%
	35-44	49.6%	17.5%	22.5%	9.6%	0.8%
	45-54	50.4%	36.8%	1.8%	0.4%	10.5%
	55-64	46.9%	34.5%	9.9%	3.1%	5.6%
	65-74	41.0%	29.9%	10.1%	6.3%	12.7%
	75+	33.4%	18.6%	11.9%	4.4%	31.7%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	53.6% 50.3%	28.3% 22.9%	4.9% 12.6%	3.3% 4.6%	9.9% 9.7%
	Bachelor's degree Graduate or professional degree	46.8% 42.9%	20.8% 28.9%	21.4% 11.7%	6.3% 13.1%	4.7% 3.4%
Poverty	200% poverty or less	47.3%	28.6%	8.9%	7.7%	7.4%
200%	Greater than 200% poverty	45.9%	25.0%	17.0%	6.5%	5.6%
	· · ·					
Local	Region	50.9%	21.1%	12.9%	5.4%	9.7%
Comparisons	Benton	48.7%	25.0%	10.7%	3.9%	11.7%
	Sherburne	44.2%	20.3%	16.1%	7.5%	11.9%
	Stearns	55.4%	20.6%	11.7%	4.5%	7.8%

#### 209. In your opinion, how much of a problem is <u>police brutality</u> in your county?

# 210. In your opinion, how much of a problem is <u>discrimination based on race, color, ethnicity or</u> <u>country of origin</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	18.3%	27.8%	21.2%	25.7%	7.0%
Gender	Male	21.0%	33.6%	23.7%	18.2%	3.5%
	Female	15.9%	22.6%	19.1%	32.3%	10.1%
Age groups	18-34	19.2%	30.2%	16.8%	31.2%	2.6%
	35-44	14.0%	21.0%	31.1%	29.8%	4.1%
	45-54	18.4%	29.6%	21.9%	21.4%	8.7%
	55-64	20.0%	30.2%	29.5%	16.0%	4.3%
	65-74	19.1%	30.1%	22.9%	17.8%	10.0%
	75+	17.6%	17.1%	9.9%	19.0%	36.4%
Education	High school graduate/GED or less	29.2%	19.1%	20.7%	19.8%	11.2%
	Trade/Voc, Associate degree or some college	24.5%	27.6%	21.9%	15.6%	10.3%
	Bachelor's degree Graduate or professional	8.7%	31.5%	26.8%	30.3%	2.8%
	degree	12.0%	30.2%	8.1%	45.2%	4.5%
Poverty	200% poverty or less	28.6%	21.0%	13.0%	31.0%	6.4%
200%	Greater than 200% poverty	15.2%	31.0%	25.8%	23.2%	4.9%
Local	Region	25.0%	27.2%	18.8%	19.7%	9.3%
Comparisons	Benton	22.3%	27.1%	16.9%	22.0%	11.7%
	Sherburne	23.1%	29.0%	16.3%	19.5%	12.1%
	Stearns	26.8%	26.1%	20.8%	19.2%	7.0%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	33.4%	39.6%	13.6%	3.3%	10.0%
Gender	Male	36.3%	48.2%	8.7%	1.7%	5.1%
	Female	30.9%	31.8%	18.1%	4.8%	14.5%
Age groups	18-34	38.9%	43.3%	8.4%	3.7%	5.7%
	35-44	34.2%	28.4%	23.4%	0.0%	14.0%
	45-54	27.4%	49.4%	10.6%	3.8%	8.9%
	55-64	32.0%	39.1%	16.7%	5.3%	6.8%
	65-74	23.0%	38.1%	22.7%	4.6%	11.7%
	75+	27.2%	20.6%	17.0%	1.9%	33.3%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	36.3% 35.2%	35.4% 32.5%	14.8% 10.5%	2.0% 6.3%	11.5% 15.6%
	Bachelor's degree Graduate or professional degree	27.2% 39.9%	53.9% 27.7%	11.6% 22.9%	2.1% 1.4%	5.1% 8.1%
Poverty	200% poverty or less	31.6%	42.3%	15.5%	4.5%	6.2%
200%	Greater than 200% poverty	31.5%	41.4%	14.4%	3.3%	9.4%
Local Comparisons	Region	37.4%	36.4%	10.9%	3.8%	11.5%
oompansons	Benton	29.9%	35.4%	16.4%	2.8%	15.5%
	Sherburne	37.0%	37.0%	8.0%	4.5%	13.5%
	Stearns	39.5%	36.4%	11.1%	3.6%	9.4%

#### 211. In your opinion, how much of a problem is <u>discrimination based on age</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	34.1%	29.7%	16.2%	9.8%	10.3%
Gender	Male	41.4%	35.1%	6.4%	10.0%	7.2%
	Female	27.4%	24.8%	25.1%	9.6%	13.1%
Age groups	18-34	40.2%	24.7%	19.7%	12.4%	3.0%
	35-44	32.3%	25.8%	20.8%	6.9%	14.1%
	45-54	33.2%	38.8%	8.6%	7.0%	12.4%
	55-64	28.3%	41.8%	10.5%	12.4%	7.0%
	65-74	23.9%	36.5%	17.9%	6.7%	15.0%
	75+	24.1%	18.4%	12.1%	5.5%	39.9%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	34.2% 41.4%	31.6% 26.3%	12.2% 12.6%	9.3% 7.1%	12.7% 12.7%
	Bachelor's degree Graduate or professional	29.4%	29.0%	19.7%	14.6%	7.2%
Deverter	degree	28.2%	36.3%	20.7%	5.0%	9.8%
Poverty 200%	200% poverty or less	31.2%	39.9%	11.6%	9.5%	7.8%
	Greater than 200% poverty	35.1%	29.3%	19.2%	7.1%	9.3%
Local						
Comparisons	Region	36.2%	30.4%	15.0%	6.9%	11.5%
•	Benton	25.1%	34.5%	15.7%	8.6%	16.1%
	Sherburne	30.4%	33.7%	17.1%	5.5%	13.4%
	Stearns	42.5%	27.4%	13.7%	7.3%	9.1%

#### 212. In your opinion, how much of a problem is discrimination based on gender in your county?

# 213. In your opinion, how much of a problem is <u>discrimination based on sexual orientation</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	22.9%	28.0%	21.3%	14.7%	13.1%
Gender	Male	29.8%	38.7%	12.5%	11.1%	7.9%
	Female	16.5%	18.2%	29.5%	18.0%	17.8%
Age groups	18-34	18.1%	33.7%	23.0%	17.2%	8.0%
	35-44	27.5%	20.5%	22.8%	19.3%	10.0%
	45-54	30.4%	17.2%	27.0%	9.7%	15.7%
	55-64	24.2%	37.4%	15.2%	13.8%	9.4%
	65-74	20.2%	34.7%	12.5%	12.9%	19.7%
	75+	23.0%	13.7%	14.3%	7.1%	42.0%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	34.3% 23.9%	20.2% 35.2%	21.0% 18.5%	10.7% 8.9%	13.9% 13.6%
	Bachelor's degree Graduate or professional degree	19.3% 13.9%	31.5% 13.4%	23.1% 24.6%	16.8% 28.1%	9.4%
Poverty		24.7%	25.6%	24.0 %	13.1%	7.9%
200%	200% poverty or less Greater than 200% poverty	24.7%	23.0% 31.4%	28.8%	13.1%	13.2%
Local	Region	31.4%	26.0%	18.4%	10.9%	13.4%
Comparisons	Benton	24.4%	24.6%	21.2%	13.5%	16.3%
	Sherburne	32.2%	27.6%	17.8%	8.5%	14.0%
	Stearns	32.7%	25.4%	18.0%	11.6%	12.3%

214. In your opinion, how much of a problem is <u>discrimination based on gender identity</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	23.3%	26.7%	17.7%	18.3%	14.1%
Gender	Male	30.3%	36.2%	9.9%	15.0%	8.6%
	Female	16.9%	18.1%	24.7%	21.2%	19.1%
Age groups	18-34	18.1%	32.1%	14.7%	25.6%	9.5%
	35-44	27.5%	23.1%	21.4%	18.0%	10.0%
	45-54	25.2%	20.4%	20.8%	10.8%	22.7%
	55-64	30.8%	27.2%	18.0%	15.7%	8.3%
	65-74	23.2%	27.9%	22.3%	7.6%	19.0%
	75+	26.8%	15.7%	14.3%	8.2%	35.0%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	32.9% 23.7%	19.1% 35.1%	13.9% 16.2%	21.7% 9.2%	12.5% 15.8%
	Bachelor's degree Graduate or professional degree	20.7 % 21.3% 14.0%	28.6%	17.2% 27.1%	21.6% 26.6%	11.3% 19.6%
Poverty	200% poverty or less	26.7%	25.1%	19.5%	20.0%	7.0%
200%	Greater than 200% poverty	20.7 %	29.8%	19.0%	15.6%	14.4%
Local Comparisons	Region	31.0%	26.9%	15.2%	12.9%	14.1%
0011120115	Benton	23.5%	24.7%	14.4%	21.9%	15.5%
	Sherburne	30.3%	31.6%	13.9%	9.5%	14.7%
	Stearns	33.4%	24.7%	16.1%	12.4%	13.3%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	29.3%	29.1%	20.8%	8.2%	12.6%
Gender	Male	40.5%	29.0%	16.5%	5.7%	8.3%
	Female	19.0%	29.3%	24.6%	10.5%	16.6%
Age groups	18-34	31.6%	27.9%	26.0%	9.8%	4.7%
	35-44	30.7%	21.1%	17.6%	9.9%	20.6%
	45-54	22.1%	39.7%	15.0%	1.4%	21.7%
	55-64	32.5%	30.2%	19.7%	13.9%	3.8%
	65-74	27.1%	34.8%	16.9%	8.5%	12.6%
	75+	26.9%	19.1%	16.7%	1.9%	35.3%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	29.5% 34.7%	29.2% 29.1%	15.4% 15.0%	15.2% 7.0%	10.7% 14.1%
	Bachelor's degree Graduate or professional	22.9% 30.0%	31.8% 23.8%	23.8% 33.2%	7.4% 4.7%	14.2% 8.3%
Poverty	degree				21.4%	
200%	200% poverty or less Greater than 200% poverty	25.1% 27.3%	27.2% 30.9%	19.7% 23.2%	21.4% 5.6%	6.7% 13.0%
Local	Region	36.0%	28.4%	16.4%	6.1%	13.1%
Comparisons	Benton	26.8%	29.7%	17.9%	11.6%	14.0%
	Sherburne	35.8%	28.4%	16.2%	6.0%	13.7%
	Stearns	38.6%	28.1%	16.2%	4.7%	12.5%

#### 215. In your opinion, how much of a problem is <u>discrimination based on disability</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	27.8%	29.1%	18.5%	13.6%	11.0%
Gender	Male	33.0%	35.9%	10.4%	13.3%	7.3%
	Female	23.1%	22.8%	25.9%	13.9%	14.3%
Age groups	18-34	23.8%	35.8%	15.4%	22.1%	3.0%
	35-44	23.7%	13.6%	35.6%	17.2%	10.0%
	45-54	37.8%	26.0%	13.2%	0.3%	22.8%
	55-64	34.7%	28.5%	20.8%	9.3%	6.6%
	65-74	31.1%	34.8%	14.1%	5.6%	14.3%
	75+	20.2%	24.9%	15.2%	4.0%	35.7%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	33.6% 31.6%	26.1% 31.0%	12.6% 13.5%	16.1% 10.3%	11.5% 13.7%
	Bachelor's degree Graduate or professional degree	19.6% 29.8%	35.6% 14.2%	18.5% 37.0%	15.2% 14.5%	11.2% 4.5%
Poverty	200% poverty or less	32.1%	22.8%	16.6%	22.2%	6.3%
200%	Greater than 200% poverty	25.6%	33.8%	21.1%	9.0%	10.4%
Local Comparisons	Region	38.0%	27.6%	12.5%	9.8%	12.1%
Comparisons	Benton	30.2%	29.6%	8.8%	15.6%	15.7%
	Sherburne	41.0%	28.8%	7.0%	9.1%	14.1%
	Stearns	38.3%	26.3%	16.6%	8.7%	10.0%

#### 216. In your opinion, how much of a problem is discrimination based on religion in your county?

## 217. In your opinion, how much of a problem is <u>discrimination based on being overweight or obese</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	29.4%	33.5%	20.0%	5.9%	11.2%
Gender	Male	40.7%	34.7%	15.0%	3.5%	6.1%
	Female	19.2%	32.4%	24.5%	8.1%	15.8%
Age groups	18-34	34.2%	34.5%	20.8%	5.9%	4.6%
	35-44	32.8%	31.2%	15.7%	3.8%	16.4%
	45-54	23.8%	31.3%	21.7%	8.8%	14.5%
	55-64	26.3%	38.9%	22.3%	6.1%	6.4%
	65-74	23.0%	39.1%	20.8%	4.4%	12.7%
	75+	20.1%	22.8%	14.8%	4.4%	37.9%
Education	High school graduate/GED or less Trade/Voc, Associate	36.7%	19.8%	24.7%	7.6%	11.3%
	degree or some college	32.8%	33.3%	9.5%	8.7%	15.7%
	Bachelor's degree Graduate or professional	21.9%	47.9%	18.8%	3.4%	8.0%
	degree	29.8%	16.3%	41.0%	3.9%	9.0%
Poverty 200%	200% poverty or less	25.0%	29.1%	31.4%	7.1%	7.4%
20070	Greater than 200% poverty	27.5%	37.9%	18.0%	5.6%	10.9%
Local	Denien	25.0%	22.20/	4.4.40/	4.00/	44.00/
Comparisons	Region	35.9%	33.3%	14.4%	4.6%	11.8%
-	Benton	29.1%	31.3%	17.9%	9.3%	12.4%
	Sherburne	35.9%	36.4%	11.0%	3.6%	13.0%
	Stearns	37.6%	32.1%	15.5%	3.9%	11.0%

# 218. In your opinion, how much of a problem is <u>discrimination based on something else</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	43.5%	4.6%	4.2%	3.2%	44.5%
Gender	Male	53.4%	8.4%	5.1%	2.2%	31.0%
	Female	36.1%	1.8%	3.4%	3.9%	54.7%
Age groups	18-34	41.2%	0.7%	2.1%	2.7%	53.3%
	35-44	DS	DS	DS	DS	DS
	45-54	40.0%	8.5%	5.4%	1.1%	45.0%
	55-64	54.0%	7.4%	12.8%	5.7%	20.1%
	65-74	48.0%	7.4%	2.3%	6.5%	35.8%
	75+	27.7%	0.2%	6.0%	2.7%	63.4%
Education	High school graduate/GED or less	44.1%	11.1%	5.7%	5.9%	33.3%
	Trade/Voc, Associate degree or some college	39.0%	7.8%	3.8%	3.4%	46.0%
	Bachelor's degree Graduate or professional	45.1%	0.2%	0.2%	2.2%	52.3%
	degree	45.3%	0.0%	10.8%	1.6%	42.2%
Poverty 200%	200% poverty or less	32.8%	8.8%	1.8%	9.3%	47.3%
200%	Greater than 200% poverty	49.1%	4.3%	5.5%	1.6%	39.4%
Local Comparisons	Region	48.1%	7.0%	3.3%	5.9%	35.6%
Comparisons	Benton	41.6%	7.5%	3.2%	4.8%	42.9%
	Sherburne	44.1%	10.7%	2.5%	12.1%	30.6%
	Stearns	52.5%	4.6%	3.9%	2.3%	36.7%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	10.6%	22.2%	36.4%	18.4%	12.5%
Gender	Male	13.9%	25.6%	36.2%	15.0%	9.3%
	Female	7.6%	19.0%	36.5%	21.5%	15.3%
Age groups	18-34	5.3%	14.8%	41.4%	27.3%	11.2%
	35-44	8.8%	36.6%	35.8%	7.1%	11.7%
	45-54	10.5%	27.9%	37.8%	16.7%	7.1%
	55-64	24.9%	20.0%	29.2%	14.9%	11.0%
	65-74	13.3%	32.4%	31.2%	14.0%	9.0%
	75+	17.5%	16.0%	22.2%	4.9%	39.4%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	17.6% 10.5%	15.9% 22.0%	29.9% 32.7%	13.8% 19.4%	22.8% 15.4%
	Bachelor's degree Graduate or professional degree	9.7% 2.0%	32.5% 7.0%	35.5% 54.7%	16.8% 26.7%	5.5% 9.6%
Poverty	200% poverty or less	14.3%	10.0%	37.1%	19.3%	19.3%
200%	Greater than 200% poverty	9.9%	26.5%	39.7%	15.1%	8.8%
Local Composicono	Region	16.9%	29.0%	30.6%	12.3%	11.2%
Comparisons	Benton	15.6%	29.0%	30.7%	11.5%	13.2%
	Sherburne	14.8%	39.6%	28.2%	8.8%	8.6%
	Stearns	18.4%	23.0%	32.0%	14.5%	12.1%

#### 219. In your opinion, how much of a problem is <u>smoking or other tobacco use</u> in your county?

## 220. In your opinion, how much of a problem is the <u>use of e-cigarettes/vaping for nicotine products</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	11.5%	18.5%	32.7%	22.6%	14.6%
Gender	Male	15.3%	24.3%	30.1%	21.4%	9.0%
	Female	8.1%	13.4%	35.1%	23.7%	19.7%
Age groups	18-34	5.3%	16.2%	33.8%	26.8%	17.8%
	35-44	10.1%	29.0%	33.1%	16.1%	11.7%
	45-54	13.5%	19.5%	36.9%	24.6%	5.5%
	55-64	25.7%	13.0%	25.8%	25.2%	10.3%
	65-74	18.9%	24.2%	32.0%	16.8%	8.1%
	75+	14.2%	12.9%	28.4%	7.5%	36.9%
Education	High school graduate/GED or less Trade/Voc, Associate	21.5%	8.0%	36.3%	11.8%	22.5%
	degree or some college	11.6%	25.5%	23.8%	24.8%	14.2%
	Bachelor's degree Graduate or professional	9.2%	21.3%	36.1%	26.7%	6.7%
	degree	2.0%	10.2%	40.1%	23.0%	24.7%
Poverty 200%	200% poverty or less	14.7%	7.7%	32.1%	26.1%	19.3%
	Greater than 200% poverty	11.0%	21.9%	36.4%	18.9%	11.8%
Local	Denien	40.5%	04.00/	20.40/	40.00/	11.00/
Comparisons	Region	18.5%	21.0%	30.1%	16.2%	14.2%
	Benton	18.9%	22.6%	31.3%	14.2%	12.9%
	Sherburne	19.8%	20.8%	32.9%	13.3%	13.2%
	Stearns	17.6%	20.6%	28.2%	18.4%	15.1%

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota		9.6%	15.4%	34.7%	24.2%	16.2%
Gender	Male	11.0%	22.0%	36.4%	16.7%	13.9%
	Female	8.2%	9.5%	33.1%	30.9%	18.3%
Age groups	18-34	2.1%	14.8%	37.2%	30.6%	15.3%
	35-44	11.9%	13.4%	41.3%	15.5%	17.9%
	45-54	10.2%	22.7%	31.1%	21.7%	14.2%
	55-64	24.7%	13.1%	28.3%	24.5%	9.3%
	65-74	17.8%	15.1%	39.1%	18.9%	9.1%
	75+	13.2%	9.7%	22.0%	14.3%	40.8%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	20.9% 8.6%	8.0% 10.6%	24.5% 39.1%	9.3% 30.5%	37.3% 11.2%
	Bachelor's degree Graduate or professional	6.7%	28.3%	35.0%	18.3%	11.7%
Deverter	degree	2.0%	5.3%	37.7%	44.3%	10.8%
Poverty 200%	200% poverty or less	12.6%	7.4%	25.8%	23.0%	31.2%
	Greater than 200% poverty	9.1%	18.7%	39.2%	21.9%	11.1%
Local						
Comparisons	Region	15.4%	18.3%	30.7%	18.8%	16.8%
•	Benton	16.2%	19.8%	30.1%	12.9%	21.1%
	Sherburne	13.1%	16.1%	34.1%	18.3%	18.4%
	Stearns	16.5%	19.2%	28.9%	20.7%	14.7%

#### 221. In your opinion, how much of a problem is the abuse of prescription drugs in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	6.5%	14.3%	35.5%	30.3%	13.4%
Gender	Male	6.6%	17.8%	35.2%	28.7%	11.7%
	Female	6.4%	11.1%	35.8%	31.8%	14.9%
Age groups	18-34	2.1%	11.6%	44.0%	32.0%	10.5%
	35-44	7.4%	11.3%	35.1%	30.7%	15.6%
	45-54	1.9%	21.9%	30.8%	31.4%	14.0%
	55-64	19.8%	17.8%	20.8%	34.0%	7.6%
	65-74	16.2%	18.6%	30.6%	19.8%	14.8%
	75+	9.6%	7.7%	28.7%	21.6%	32.4%
Education	High school graduate/GED or less Trade/Voc, Associate	15.5%	13.0%	17.6%	31.1%	22.9%
	degree or some college	7.8%	8.4%	36.3%	36.0%	11.5%
	Bachelor's degree Graduate or professional	1.5%	23.7%	38.7%	26.7%	9.5%
	degree	2.0%	6.8%	51.1%	26.7%	13.5%
Poverty 200%	200% poverty or less Greater than 200%	11.7%	4.8%	33.5%	30.2%	19.8%
	poverty	5.2%	18.4%	38.5%	28.1%	9.8%
Local Comparisons	Region	13.3%	19.0%	32.0%	21.3%	14.3%
Compansons	Benton	12.8%	24.2%	27.3%	23.0%	12.8%
	Sherburne	16.5%	21.6%	28.7%	15.6%	17.5%
	Stearns	11.7%	16.1%	35.2%	24.1%	12.9%

#### 222. In your opinion, how much of a problem is <u>illegal drug use among youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	8.6%	14.2%	33.3%	30.5%	13.3%
Gender	Male	9.9%	18.6%	31.9%	28.0%	11.6%
	Female	7.6%	10.3%	34.5%	32.7%	14.9%
Age groups	18-34	6.2%	15.6%	32.0%	35.7%	10.5%
	35-44	10.2%	8.6%	32.4%	33.0%	15.8%
	45-54	1.9%	14.4%	42.2%	27.5%	14.0%
	55-64	19.4%	17.4%	31.2%	25.6%	6.4%
	65-74	16.4%	12.7%	34.4%	21.7%	14.8%
	75+	9.6%	12.9%	23.9%	19.9%	33.7%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	15.6% 12.9%	8.8% 6.7%	22.5% 33.9%	30.1% 35.6%	23.1% 11.0%
	Bachelor's degree Graduate or professional	3.0%	28.0% 5.5%	34.8% 43.5%	24.4% 35.5%	9.8% 13.5%
Poverty	degree					
200%	200% poverty or less Greater than 200% poverty	18.9% 6.2%	6.9% 17.7%	18.5% 39.4%	34.3% 27.0%	21.4% 9.8%
Local Comparisons	Region	14.2%	17.9%	32.5%	21.1%	14.3%
00111201130113	Benton	13.0%	21.2%	31.5%	22.1%	12.2%
	Sherburne	16.1%	16.2%	34.2%	15.5%	18.0%
	Stearns	13.4%	17.8%	31.8%	24.1%	12.9%

#### 223. In your opinion, how much of a problem is <u>illegal drug use in adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I .	5.0%	13.5%	31.9%	36.3%	13.3%
Gender	Male	5.9%	21.5%	33.2%	28.7%	10.6%
	Female	4.2%	6.3%	30.8%	43.1%	15.6%
Age groups	18-34	1.5%	4.1%	38.3%	44.4%	11.6%
	35-44	5.4%	22.1%	28.5%	29.2%	14.8%
	45-54	0.4%	18.6%	29.2%	42.0%	9.7%
	55-64	15.3%	25.3%	23.6%	32.3%	3.5%
	65-74	12.7%	21.8%	32.4%	19.8%	13.3%
	75+	10.6%	10.0%	22.3%	12.2%	44.8%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	11.3% 5.7%	11.1% 13.9%	24.3% 33.2%	25.9% 37.7%	27.3% 9.5%
	Bachelor's degree Graduate or professional	1.4%	19.2%	39.2%	38.3%	2.0%
Poverty	degree	2.0%	2.7%	22.9%	43.0%	29.4%
200%	200% poverty or less	6.6%	7.5%	31.9%	32.9%	21.1%
	Greater than 200% poverty	4.8%	16.4%	29.9%	39.5%	9.4%
Local	Region	8.2%	17.9%	30.5%	29.6%	13.8%
Comparisons	Benton	10.3%	21.4%	26.0%	30.7%	11.5%
	Sherburne	5.3%	16.9%	33.1%	31.2%	13.4%
	Stearns	9.2%	17.6%	30.1%	28.4%	14.7%

#### 224. In your opinion, how much of a problem is <u>depression among youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	4.7%	15.0%	37.8%	31.1%	11.4%
Gender	Male	5.5%	23.2%	39.5%	24.1%	7.7%
	Female	4.0%	7.6%	36.3%	37.4%	14.7%
Age groups	18-34	1.5%	10.6%	41.0%	38.9%	8.0%
	35-44	4.8%	10.9%	44.9%	24.6%	14.8%
	45-54	0.0%	25.5%	35.5%	29.7%	9.3%
	55-64	16.5%	15.6%	33.4%	31.0%	3.5%
	65-74	10.8%	23.4%	32.7%	22.1%	11.0%
	75+	8.5%	14.4%	23.4%	11.0%	42.8%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	9.6% 4.6%	10.9% 14.6%	36.2% 33.2%	24.7% 38.1%	18.6% 9.4%
	Bachelor's degree Graduate or professional degree	2.4% 2.0%	23.2% 2.2%	46.9% 28.6%	26.0% 37.2%	1.5% 30.1%
Poverty	200% poverty or less	5.0%	5.9%	41.8%	34.7%	12.7%
200%	Greater than 200% poverty	4.8%	18.9%	35.0%	31.8%	9.5%
Local Comparisons	Region	8.1%	18.5%	35.7%	25.1%	12.7%
00111201130113	Benton	9.8%	19.9%	30.0%	30.2%	10.2%
	Sherburne	5.7%	16.8%	38.4%	26.0%	13.2%
	Stearns	9.0%	19.1%	35.6%	23.3%	13.1%

#### 225. In your opinion, how much of a problem is <u>depression among adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	10.5%	19.5%	26.3%	28.0%	15.7%
Gender	Male	16.2%	26.2%	20.1%	23.4%	14.1%
	Female	5.3%	13.6%	31.9%	32.1%	17.1%
Age groups	18-34	8.5%	12.8%	28.1%	34.2%	16.4%
	35-44	12.8%	14.5%	30.4%	21.3%	21.0%
	45-54	4.3%	30.3%	28.5%	25.1%	11.9%
	55-64	20.5%	30.2%	19.0%	25.8%	4.5%
	65-74	16.8%	33.4%	16.5%	16.0%	17.4%
	75+	8.6%	12.3%	24.1%	28.0%	27.0%
Education	High school graduate/GED or less Trade/Voc, Associate	16.3%	15.0%	24.3%	12.6%	31.9%
	degree or some college	7.7%	23.7%	11.8%	46.3%	10.6%
	Bachelor's degree Graduate or professional	12.6%	20.6%	36.3%	25.1%	5.4%
	degree	2.0%	14.8%	37.4%	16.6%	29.1%
Poverty 200%	200% poverty or less	8.8%	17.1%	31.3%	12.4%	30.4%
20070	Greater than 200% poverty	7.8%	20.8%	27.2%	32.2%	12.0%
Local Comparisons	Region	13.8%	22.9%	24.9%	22.3%	16.1%
	Benton	14.2%	25.3%	26.1%	21.7%	12.6%
	Sherburne	9.3%	23.0%	28.5%	22.5%	16.7%
	Stearns	16.3%	22.2%	22.6%	22.2%	16.7%

#### 226. In your opinion, how much of a problem is suicide among youth in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	9.7%	24.4%	27.3%	23.1%	15.5%
Gender	Male	14.4%	33.7%	21.2%	16.8%	13.8%
	Female	5.4%	15.7%	32.8%	28.9%	17.1%
Age groups	18-34	8.5%	19.3%	25.5%	30.4%	16.4%
	35-44	8.8%	18.7%	34.2%	17.1%	21.2%
	45-54	4.3%	34.2%	31.7%	17.9%	11.9%
	55-64	19.2%	30.8%	22.5%	22.9%	4.5%
	65-74	14.8%	33.5%	21.8%	14.0%	16.0%
	75+	10.6%	22.0%	26.2%	12.8%	28.4%
Education	High school graduate/GED or less	13.3%	19.8%	25.2%	10.6%	31.1%
	Trade/Voc, Associate degree or some college	7.5%	26.1%	12.3%	43.4%	10.7%
	Bachelor's degree Graduate or professional	12.3%	29.8%	37.6%	15.0%	5.3%
	degree	2.0%	14.9%	37.0%	17.3%	28.8%
Poverty 200%	200% poverty or less	8.1%	19.7%	29.9%	12.6%	29.8%
20078	Greater than 200% poverty	6.8%	26.4%	27.0%	28.1%	11.7%
Local Comparisons	Region	13.8%	26.2%	28.5%	15.5%	16.1%
0011120113	Benton	14.7%	27.6%	27.8%	17.1%	12.8%
	Sherburne	10.2%	25.2%	37.4%	9.1%	18.1%
	Stearns	15.5%	26.5%	23.6%	18.7%	15.8%

#### 227. In your opinion, how much of a problem is suicide among adults in your county?

### 228. In your opinion, how much of a problem are <u>other mental health issues, such as anxiety or panic</u> <u>attacks, memory loss, Alzheimer's or another form of dementia, etc.</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	6.9%	16.1%	33.9%	35.7%	7.4%
Gender	Male	7.1%	25.3%	35.3%	25.8%	6.5%
	Female	6.7%	7.8%	32.6%	44.6%	8.3%
Age groups	18-34	2.0%	16.2%	35.6%	42.6%	3.6%
	35-44	6.1%	7.6%	43.4%	28.1%	14.8%
	45-54	0.0%	26.9%	22.9%	42.2%	7.9%
	55-64	19.2%	10.6%	35.0%	30.1%	5.0%
	65-74	13.0%	18.8%	37.5%	20.4%	10.2%
	75+	26.1%	13.6%	25.2%	19.9%	15.2%
Education	High school graduate/GED or less Trade/Voc, Associate degree or some college	12.6% 9.0%	7.0% 17.7%	34.5% 34.2%	28.3% 34.5%	17.7% 4.6%
	Bachelor's degree Graduate or professional degree	3.2% 2.0%	21.3% 12.4%	33.3% 33.5%	39.8% 39.5%	2.4% 12.6%
Poverty	200% poverty or less	7.7%	13.8%	23.4%	41.9%	13.2%
200%	Greater than 200% poverty	5.2%	16.8%	39.6%	32.2%	6.2%
Local Comparisons	Region	9.2%	19.7%	31.7%	28.2%	11.2%
2211241120110	Benton	13.9%	17.2%	32.8%	27.7%	8.5%
	Sherburne	7.4%	22.3%	28.7%	25.9%	15.7%
	Stearns	9.0%	18.9%	33.0%	29.7%	9.3%

# 229. In your opinion, how much of a problem is <u>difficulty obtaining mental health services for youth</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	12.4%	19.2%	20.4%	35.6%	12.3%
Gender	Male	20.4%	29.3%	13.1%	26.6%	10.6%
	Female	5.2%	10.1%	27.0%	43.9%	13.9%
Age groups	18-34	11.7%	17.2%	14.3%	54.2%	2.7%
	35-44	10.6%	14.6%	38.5%	21.6%	14.8%
	45-54	6.4%	35.6%	12.2%	31.1%	14.7%
	55-64	23.8%	15.5%	36.9%	18.4%	5.4%
	65-74	14.7%	20.4%	17.8%	20.7%	26.3%
	75+	12.5%	7.4%	12.8%	11.2%	56.1%
Education	High school graduate/GED or less Trade/Voc, Associate	26.3%	10.7%	18.4%	21.5%	23.1%
	degree or some college	7.1%	21.5%	20.9%	38.3%	12.2%
	Bachelor's degree Graduate or professional	13.3%	24.0%	22.0%	35.6%	5.2%
	degree	2.0%	14.9%	18.8%	49.3%	15.0%
Poverty 200%	200% poverty or less	17.3%	10.8%	20.7%	33.9%	17.3%
200 /0	Greater than 200% poverty	8.2%	22.1%	22.1%	38.5%	9.1%
Local Comparisons	Region	16.2%	21.6%	21.1%	27.0%	14.1%
oompanoono	Benton	15.4%	17.5%	21.5%	30.5%	15.1%
	Sherburne	15.8%	21.8%	23.8%	25.0%	13.5%
	Stearns	16.6%	22.6%	19.4%	27.3%	14.2%

### 230. In your opinion, how much of a problem is <u>difficulty obtaining mental health services for adults</u> in your county?

		No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
St. Cloud Tota	I	10.9%	20.2%	22.2%	35.5%	11.3%
Gender	Male	17.2%	29.3%	17.4%	26.9%	9.3%
	Female	5.2%	12.0%	26.4%	43.2%	13.2%
Age groups	18-34	11.2%	17.2%	16.6%	52.3%	2.7%
	35-44	6.4%	21.1%	32.0%	25.7%	14.8%
	45-54	2.5%	35.6%	17.8%	31.1%	13.0%
	55-64	23.8%	12.8%	39.0%	19.8%	4.6%
	65-74	13.7%	24.3%	23.6%	20.3%	18.1%
	75+	12.5%	8.1%	14.7%	9.4%	55.3%
Education	High school graduate/GED or less Trade/Voc, Associate	23.2%	10.5%	20.4%	24.3%	21.5%
	degree or some college	6.4%	21.5%	23.7%	37.8%	10.6%
	Bachelor's degree Graduate or professional	11.2%	26.0%	23.5%	34.2%	5.1%
	degree	2.0%	15.5%	18.7%	48.9%	14.9%
Poverty 200%	200% poverty or less	17.3%	11.9%	21.7%	32.5%	16.6%
20070	Greater than 200% poverty	6.1%	22.9%	23.7%	38.6%	8.7%
Local Comparisons	Region	15.7%	22.0%	22.3%	26.6%	13.5%
•	Benton	15.1%	17.7%	23.2%	29.0%	15.0%
	Sherburne	15.6%	21.8%	25.3%	23.7%	13.6%
	Stearns	15.9%	23.2%	20.2%	27.6%	13.1%

### Appendices

Central Minnesota Community Health Survey Tool

### CENTRAL MINNESOTA COMMUNITY HEALTH SURVEY

	SURV	YEY INSTRUCTIONS
Orrect marks	💰 🐹 💿 Incorrect marks	<ul> <li>Please use #2 pencil or blue or black pen to complete this survey.</li> <li>Do not use red pencil or ink.</li> <li>Do not use X's or check marks to indicate your responses.</li> <li>Fill response ovals completely with heavy, dark marks.</li> </ul>

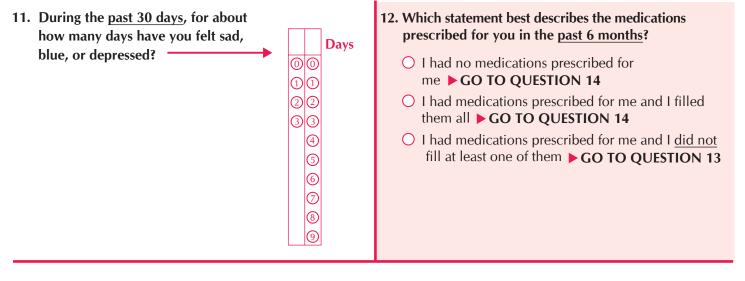
**INSTRUCTION:** Please give this survey to the adult (age 18 or over) in the household who has most recently had a birthday.

	GENE	RAL HEALTH AN	ND HEALTH	CARE		
1. In general,	vould you say that you	health is:				
O Excelle	nt O Very goo	d 🔿 Good	○ Fair	O Poor		
2. Have you ev	<u>er</u> been told by a docto that you had any of the	or, nurse or other heal	th care	No	Yes	Yes, but only related to pregnancy
a. Diabetes				0	0	0
b. Pre-diabe	tes			0	0	0
c. High blo	d pressure/hypertension	า		0	0	0
d. Pre-hyper	tension			0	0	0
e. Depressio	n			0	0	0
f. Anxiety c	r panic attacks			0	0	
g. Memory	oss, Alzheimer's diseas	e or another form of de	ementia	0	0	
h. Post-traur	natic stress disorder (PT	SD)		$\bigcirc$	0	
i. Other me	ntal health issues			0	0	
j. Sleep-rela	ted disorders (such as in	nsomnia, restless leg sy	ndrome or sleep	apnea) 🔿	0	
k. Cancer				0	0	
	ıble or angina			$\bigcirc$	0	
	stroke-related health iss	ues		0	0	
-	esterol or triglycerides			$\bigcirc$	0	
	ung disease (including C	OPD, chronic bronchit	is or emphysema)	0	0	
p. Asthma				0	0	
q. Arthritis				0	0	
r. Risk of fa	•			0	0	
s. Sexually	ransmitted diseases/infe	ctions (Chlamydia, HI	√, etc.)	0	0	
(Mark only ( O I do no O A doct O A hosp O Public O A chire	t have a place I usually or's office ital outpatient clinic		al care cy room nealth center e-visit ine	Care? CReligious I CGoogle/Int Trusted far Some othe	ernet nily or	

DO NOT WRITE IN THIS BOX

4. About how long has it been since	you last visited a doctor or other h	ealth care professional for a routine check-up?
<ul><li>Within the past year</li><li>Within the past 2 years</li></ul>	<ul><li>Within the past 5 years</li><li>5 or more years ago</li></ul>	O Never
getting it?		needed <u>medical care</u> but did not get it or delayed
$\bigcirc$ Yes $\bigcirc$ No $\blacktriangleright$ IF NO, GO	O TO QUESTION 7	
6. Why did you not get or delay gett (Mark ALL that apply)	ting the <u>medical care</u> you thought y	/ou needed?
<ul> <li>The care I needed cost too mu</li> <li>My co-pay was too expensive</li> <li>My deductible was too expension</li> <li>My insurance did not cover it</li> <li>I did not have insurance</li> <li>I could not get an appointment</li> <li>I had transportation problems</li> </ul>	sive O I was too nerv O I don't trust th O The clinic can O I cancelled my O I did not have	it was serious enough ous or afraid e health care system celled my appointment due to COVID-19 / appointment due to COVID-19 access to telehealth or a virtual visit
7. During the <u>past 12 months</u> , was the getting it?	here a time when you thought you	needed <u>dental care</u> but did not get it or delayed
O Yes O No ► IF NO, G	O TO QUESTION 9	
8. Why did you not get or delay gett (Mark ALL that apply)	ting the <u>dental care</u> you thought yo	u needed?
<ul> <li>The care I needed cost too mu</li> <li>My co-pay was too expensive</li> <li>My deductible was too expensive</li> <li>My insurance did not cover it</li> <li>I did not have insurance</li> <li>The dentist would not accept m</li> <li>I could not get an appointment</li> <li>I had transportation problems</li> </ul>	sive O I was too nerv O I don't trust th O The office can O I cancelled my O I did not have O Other reason	it was serious enough ous or afraid e health care system celled my appointment due to COVID-19 / appointment due to COVID-19 access to telehealth or a virtual visit
· · · · · · · · · · · · · · · · · · ·	stress, depression, excess worrying, t	alk with or seek help from a health professional troubling thoughts or emotional problems, but did
○ Yes ○ No ► IF NO, G	O TO QUESTION 11	
<b>10. Why did you not get or delay gett</b> (Mark ALL that apply)	ting the <u>mental health care</u> you tho	ught you needed?
<ul> <li>The care I needed cost too mu</li> <li>My co-pay was too expensive</li> <li>My deductible was too expension</li> <li>My insurance did not cover it</li> <li>I did not have insurance</li> <li>I could not get an appointment</li> <li>I had transportation problems</li> </ul>	<ul> <li>I was afraid so</li> <li>I don't trust th</li> <li>The office can</li> <li>I cancelled my</li> </ul>	ous or afraid meone I know would see me e health care system celled my appointment due to COVID-19 / appointment due to COVID-19 access to telehealth or a virtual visit

 $\bigcirc$  I did not think it was serious enough



#### 13. Why did you not fill at least one prescription?

(Mark ALL that apply)

- O The medication I needed cost too much
- O My co-pay was too expensive
- O My deductible was too expensive
- O My insurance did not cover it
- I did not have insurance

- I do not like taking medications
- I did not like the side effects
- O I had transportation problems
- O Pharmacy services are not available in my community
- Other reason \_\_\_\_

#### 14. Which of the following types of health insurance do you have?

(Please mark yes or no for each.)	Yes	No
a. Health insurance or coverage through your employer or your spouse/partner, parent, or		
someone else's employer	$\bigcirc$	$\bigcirc$
b. Health insurance or coverage bought directly by you or your family	0	0
c. Indian or Tribal Health Service	0	$\bigcirc$
d. Medicare or Medicare Supplement (such as Part D)	0	0
e. Medicaid, Medical Assistance (MA), or Prepaid Medical Assistance Program (PMAP)	$\bigcirc$	$\bigcirc$
f. MinnesotaCare	0	0
g. Health Insurance through MnSure	$\bigcirc$	$\bigcirc$
h. CHAMPUS, TRICARE, or Veteran's benefits	0	0
i. Other health insurance or coverage (please specify)	_ O	$\bigcirc$
j. I don't have health insurance	0	0

### 15. A serving of fruit is a medium-sized fruit or a half cup chopped, cut, or canned fruit. How many servings of fruit did you have <u>yesterday</u>?

 Number of Servings:

 (0) (1) (2) (3) (4) (5) (6) (7) (8) (9) (0) (1) (1) or more

#### 16. A serving of 100% fruit juice is 6 ounces. How many servings of fruit juice did you have <u>yesterday</u>?

### Number of Servings: 0 1 2 3 4 5 6 7 8 9 10 11 12 or more

17. A serving of vegetables-not including french fries- is one cup of salad greens or a half cup of vegetables. How many servings of vegetables did you have <u>yesterday</u>?

 Number of Servings:

 (0) (1) (2) (3) (4) (5) (6) (7) (8) (9) (10) (10) (10) or more

	ow often did you drink the llowing beverages in the <u>ast week</u> ?	Never or less than 1 time per week	1 time per week	2-4 times per week	5-6 times per week	1 time per day	2-3 times per day	4 or more times per da
	drinks (such as Snapple, flavored teas, Sun or Kool-Aid)	0	0	0	0	0	0	0
	s drinks (such as Gatorade or Powerade); drinks usually do <u>not</u> have caffeine	0	0	0	0	0	0	0
-	lar soda or pop (include all kinds such as , Pepsi, 7-Up, Sprite or root beer)	0	0	0	0	0	0	0
	gy drinks (such as Rockstar, Red Bull, Monste II Throttle); these drinks usually have caffeine		0	0	0	0	0	0
CO	uring the <u>past 12 months</u> , have you used o mmunity food box program? O Yes O No	a communi	ity food sh	elf program	or a			
bu	ow often do you or others in your househ y or get food from the following places?			Never or less than 1 time per month	About 1 time per month	About 2 or 3 times per month	About 1 time per week	2 or more times per wee
	Supermarket or large grocery store			0	0	0	0	0
h	. Small grocery store			$\bigcirc$	0	0	0	0
c.	. Convenience store or gas station			0	0	0	0	0
c. d.	<ul> <li>Convenience store or gas station</li> <li>Food shelf, food pantry or community for</li> <li>Some other place:</li></ul>	ood box pro	ogram	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
с. d. e. <b>21. D</b> u	<ul> <li>Food shelf, food pantry or community for</li> <li>Some other place:</li></ul>			0 0	0	0	0	0
c. d. e. 21. Du ha	. Food shelf, food pantry or community fo . Some other place: uring the <u>past 12 months</u> , how often did y d money to buy more?	you worry	that your f	0 0	0	0	0	0
c. d. e. 21. Du hau O	<ul> <li>Food shelf, food pantry or community for some other place:</li> <li>uring the past 12 months, how often did y and money to buy more?</li> <li>Often O Sometimes O Ra</li> </ul>	you worry arely ( egular job, a	that your f	ood would	orun out be	o o fore you	0	0
c. d. e. 21. Du ha O 22. Du exe	<ul> <li>Food shelf, food pantry or community for some other place:</li> <li>uring the past 12 months, how often did y and money to buy more?</li> <li>Often O Sometimes O Ra</li> </ul>	you worry arely ( egular job, a	that your f	ood would	orun out be	o o fore you	0	0
C. d. e. 21. Du had 0 22. Du exc 23. Du mo	<ul> <li>Food shelf, food pantry or community for some other place:</li> <li>uring the past 12 months, how often did y and money to buy more?</li> <li>Often O Sometimes O Ra</li> <li>uring the past 30 days, other than your recercises such as running, calisthenics, golf</li> </ul>	you worry arely ( egular job, f, gardening egular job,	that your f Never did you pa g or walkin	ood would rticipate in 19 for exerc	o you get a	o ofore you cal activity of at least 30 n	or ninutes of	
c. d. e. 21. Du had 0 22. Du exc 23. Du mo he	<ul> <li>Food shelf, food pantry or community for some other place:</li> <li>uring the past 12 months, how often did y and money to buy more?</li> <li>Often O Sometimes O Ra</li> <li>Often O Sometimes O Ra</li> <li>uring the past 30 days, other than your recreases such as running, calisthenics, golf</li> <li>Yes O No</li> <li>uring an average week, other than your recreaser to a calister of the post activity? (Moderate activity and the past rate.)</li> </ul>	you worry arely ( egular job, f, gardening egular job, ivities cause	that your f Never did you pa g or walkin on how m e only light	ood would rticipate in 19 for exerc	o you get a nd a small	o ofore you cal activity of at least 30 n increase in	or ninutes of	
c. d. e. 21. Du hau 0 22. Du exu 23. <u>Du</u> ma he 0 24. <u>Du</u> vig	<ul> <li>Food shelf, food pantry or community for some other place:</li> <li>uring the past 12 months, how often did y and money to buy more?</li> <li>Often O Sometimes O Ra</li> <li>Often O Sometimes O Ra</li> <li>uring the past 30 days, other than your recreases such as running, calisthenics, golf</li> <li>Yes O No</li> <li>uring an average week, other than your recreaser to a calister of the post activity? (Moderate activity and the past rate.)</li> </ul>	you worry arely ( egular job, f, gardening egular job, ivities cause 3 days ( regular job,	that your f Never did you pa g or walkin on how m e only light 4 days , on how m	ood would ood would rticipate in ag for exerc any days do t sweating a 0 5 days any days do	o you get a nd a small	Cal activity of the fore you of the fore as the fore you of th	or breathing days	e g or

25.	How much of a problem are the fo terms of preventing you from being	<b>5</b>		Not a problem	A small problem	A big problem
a.	Lack of programs or facilities			0	0	0
b	Public facilities (schools, sports fiel the times I want to use them	ds, etc.) are not open or available at		0	0	0
C.	Distance I have to travel to a fitnes: walking trails	s or community center, parks or		$\circ$	$\bigcirc$	0
ام	-			0	0	-
	No safe place to be physically active Not having sidewalks or walking p			0	0	0
	Poor maintenance of sidewalks or			0	0	0
	Other reason (please specify):			0	0	0
5.	Other reason (prease speeny).			. ()	0	0
26.	How often do you feel safe in your	community?				
	<ul> <li>Often</li> <li>Sometimes</li> <li>26a. Why do you feel this way?</li> </ul>	O Rarely O Never				
27.	If you were to experience or witney you feel calling the police or sherif	ss a crime or harassment in your com f for help?	munity,	how safe v	vould	
	O Very safe O Fairly safe	O Not very safe O Not at	all safe			
28.	During the past 12 months, have ye following situations? If yes, have ye	• •		erienced		riminated
	against during the situation?		the	situation	ag	ainst
a.	Applied for a job?		ONo	OYes→	ONo	<b>O</b> Yes
b	. Worked at a job?		<mark>O</mark> No	OYes→	O No	<b>O</b> Yes
С.	Received medical care?		ONo	OYes→	O No	⊖ Yes
d	. Looked for a different house or apa	irtment?	<mark>O</mark> No	OYes→	O No	<b>O</b> Yes
e.	Applied for a credit card, bank loar	n or a mortgage?	ONo	OYes→	O No	⊖ Yes
f.	Shopped at a store or eaten at a res	taurant?	<mark>O</mark> No	OYes→	O No	<b>○</b> Yes
g.	Applied for social services or publi	c assistance?	O No	OYes→	O No	⊖ Yes
h	. Dealt with the police?		<mark>O</mark> No	OYes→	O No	<b>○</b> Yes
i.	Appeared in court?		O No	OYes→	ONo	⊖ Yes
29.	If you felt discriminated against in (Mark ALL that apply) O I did not experience any discrim O Race, color, ethnicity or country O Age O Gender O Sexual orientation		ght or ol			
30	<ul><li>Gender identity</li><li>Have you smoked at least</li></ul>	31. Do you now smoke cigarettes		32 Duri	ng the past	ŀ
30.	100 cigarettes in your entire         life? (100 cigarettes =         5 packs)         ○ Yes         ○ No ► GO TO QUESTION 33	<ul> <li>by you now smoke cigarettes every day, some days or not at all?</li> <li>Every day</li> <li>Some days</li> <li>Not at all &gt; GO TO QUESTIC</li> </ul>	ON 33	<u>12 m</u> you s for o	nonths, hav stopped sm one day or use you we uit? (es	re noking longer

5

	Circum signallas en little signa			Some days	
	a. Cigars, cigarillos or little cigars		0	0	
	<ul><li>b. Pipes</li><li>c. Snuff, snus or chewing tobacco</li></ul>		0	0	
	d. E-cigarettes or vaping devices to smoke nico	tino producto		0	
	include marijuana or THC products)	tine products		0	
	e. A hookah water pipe		0	0	
	f. Any other type of tobacco product		0	0	
	, , <b>,</b>				
	How often do you feel lonely or isolated from those around you?		Have you ever considered a uicide? (Mark ALL that app		
(	Always O Rarely		) No		
	Often Over		Yes, during the last 6 mo	onths	
	Sometimes		Yes, during the last year		
			Yes, more than a year ag	0	
	Income Housing	-	l support of wellness pation or entertainment		
() () ()	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> </ul>	<ul><li>Recre</li><li>Exerc</li><li>Death</li></ul>			
(( (( () 37. )	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources)	<ul><li>Recre</li><li>Exerc</li><li>Death</li><li>Other</li></ul>	e of wellness nation or entertainment ise opportunities n of family member or friend :		
(( (( () 37. ) ()	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> </ul>	<ul><li>Recre</li><li>Exerc</li><li>Death</li><li>Other</li></ul>	e of wellness bation or entertainment ise opportunities in of family member or friend r: <b>rmation?</b> O Television		
37. V ((	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> <li>Newspaper (print or online)</li> </ul>	<ul> <li>Recre</li> <li>Exerc</li> <li>Death</li> <li>Other</li> </ul> medical information	e of wellness nation or entertainment ise opportunities of family member or friend r: <b>mation?</b> O Television O Radio		
37. V (( (( () () () ()	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> <li>Newspaper (print or online)</li> <li>Brochure, newsletter, magazine or other print</li> </ul>	<ul> <li>Recre</li> <li>Exerc</li> <li>Death</li> <li>Other</li> </ul> medical information	e of wellness sation or entertainment ise opportunities n of family member or friend :: <b>rmation?</b> O Television O Radio O Medical professiona		
37. 1 (( () () () () () () () () () () () ()	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> <li>Newspaper (print or online)</li> </ul>	<ul> <li>Recre</li> <li>Exerc</li> <li>Death</li> <li>Other</li> </ul> medical information	e of wellness mation or entertainment ise opportunities of family member or friend r: mation? O Television O Radio O Medical professiona O Pharmacy	als	
37. V (( (( () () () () () () () () () () ()	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> <li>Newspaper (print or online)</li> <li>Brochure, newsletter, magazine or other print</li> <li>Text message</li> </ul>	<ul> <li>Recre</li> <li>Exerc</li> <li>Death</li> <li>Other</li> </ul> medical information	e of wellness mation or entertainment ise opportunities of family member or friend remation? O Television O Radio O Medical professiona O Pharmacy O Community Health	als	
37. V (( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( ( (	<ul> <li>Housing</li> <li>Health Insurance</li> <li>Transportation</li> <li>Child care</li> <li>Regular school routine</li> </ul> Where do you usually get health, wellness, and (Please mark UP TO 3 sources) <ul> <li>E-mail alert or e-newsletter</li> <li>Newspaper (print or online)</li> <li>Brochure, newsletter, magazine or other print</li> <li>Text message</li> <li>Social media such as Facebook or Twitter</li> </ul>	<ul> <li>Recre</li> <li>Exerc</li> <li>Death</li> <li>Other</li> </ul> medical information	e of wellness mation or entertainment ise opportunities of family member or friend r: mation? O Television O Radio O Medical professiona O Pharmacy	als Worker	

### COMMUNITY CONCERNS

38. In <u>your opinion</u> , how much of a problem is each of these issues <u>in your county</u> ?	No Problem	Minor Problem	Moderate Problem	Serious Problem	No Opinion
A. ISSUES FOR FAMILIES					
1. Families experiencing financial stress	0	0	0	0	0
2. Parents with inadequate or poor parenting skills	0	0	0	0	0
3. Childhood trauma	0	0	0	0	0
4. Bullying	0	0	0	0	0
5. Abuse and neglect of children	0	0	0	0	0
6. Abuse and neglect of vulnerable adults	0	0	0	0	0
B. SOCIAL EXPERIENCE					
1. Racism	0	0	0	0	0
2. White privilege (inherent advantages possessed by a white person on the basis of their race in a society characterized by racial inequality and injustice)	$\sim$	$\sim$	$\sim$	$\sim$	$\sim$
	0	0	0	0	0
3. Police brutality	0	0	0	0	0
C. DISCRIMINATION					
1. Discrimination based on race, color, ethnicity or					
country of origin	0	0	0	0	0
2. Discrimination based on age	Õ	Õ	Õ	Õ	Õ
3. Discrimination based on gender	0	Õ	Õ	Õ	Õ
4. Discrimination based on sexual orientation	Õ	Õ	Õ	Õ	Õ
5. Discrimination based on gender identity	0	Õ	Õ	Õ	Õ
6. Discrimination based on disability	Õ	Õ	Õ	Õ	Õ
7. Discrimination based on religion	0	Õ	Õ	0	Õ
8. Discrimination based on being overweight or obese	Õ	Õ	Õ	Õ	0
9. Discrimination based on something else Please specify:	0	0	0	0	0
D. TOBACCO AND OTHER DRUG USE	0	$\bigcirc$	0	0	$\bigcirc$
<ol> <li>Smoking or other tobacco use</li> <li>Use of e-cigarettes/vaping for nicotine products</li> </ol>	0	0	0	0	0
	0	0	0	0	0
<ol> <li>Abuse of prescription drugs</li> <li>Illegal drug use among youth</li> </ol>	0	0	0	0	0
	0	0	0	0	0
5. Illegal drug use among adults	0	0	0	0	0
E. MENTAL HEALTH					
1. Depression among youth	0	0	0	0	0
2. Depression among adults	0	0	0	0	0
3. Suicide among youth	0	0	0	0	0
4. Suicide among adults	0	0	0	0	0
5. Other mental health issues, such as anxiety or panic					
attacks, memory loss, Alzheimer's or another form of			6		
dementia, etc.	0	0	0	0	0
6. Difficulty obtaining mental health services for youth	0	0	0	0	0
7. Difficulty obtaining mental health services for adults	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0

	υτ γου				
9. What best describes your gender identity? (Mark AL					
O Male O Female O Transgender Male	○ Transgender Female ○ Non-Binary				
O Please describe:					
<b>10. What best describes your sexual orientation?</b> (Mark	ALL that apply)				
O Straight/Heterosexual O Gay/Lesbian	O Bisexual O Pansexual O Queer				
O Asexual O Please describe:					
1. Your age group:					
0 18-24 0 35-44 0 55-64	○ 75 or older				
O 25-34 O 45-54 O 65-74					
2. How many adults (including you) and children	46. Which of the following best describe you?				
live in your household?	(Mark ALL that apply)				
Number of adults age 18 or older (including you):	O American Indian or Alaska Native				
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ ① ⑫ or more	Asian or Asian American				
Number of children under age 18:	O Black or African American				
0 1 2 3 4 5 6 7 8 9 10 11 12 or more	African Native				
	Native Hawaiian or Pacific Islander				
	○ White				
<b>13.</b> About how tall are <b>44.</b> About how much	Other:				
you without shoes? do you weigh					
without shoes?	47. Your education level:				
Feet Inches	<ul> <li>Did not complete 8th grade</li> </ul>				
Image: Optimized state   Image: Optimized state     Image:	<ul> <li>Did not complete high school</li> </ul>				
	<ul> <li>High school diploma/GED</li> </ul>				
	Trade/Vocational school				
3 3 2 2 2	Some college				
4 4 333	<ul> <li>Associate degree</li> </ul>				
	<ul> <li>Bachelor's degree</li> </ul>				
	<ul> <li>Graduate/Professional degree</li> </ul>				
8 777	48. What was your household's total income				
9 88	from all earners and all sources in 2020?				
	\$25,000 or less				
	\$25,501 - \$34,500				
	\$34,501 - \$43,500				
	\$43,501 - \$52,500				
15. Are you a member of either of the following	○ \$52,501 - \$61,500				
ethnic or cultural groups?	\$61,501 - \$70,000				
Yes No	\$70,001 - \$79,000				
a. Hispanic or Latino/Latina	\$79,001 - \$88,000				
b. Somali O O	\$88,001 - \$100,000				
	More than \$100,000				

### Thank you for your participation!