

# Purpose Brainstorming Worksheet

This brainstorming worksheet is geared for adults.

## What Are Your Greatest Strengths

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Talents That Make You Special

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Obstacles You've Overcome

Things that are harder for you than for others

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Things You Have Done For Others

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Strengths Others See In You

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Hobbies – Things You LOVE To Do

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Someone Who Inspires You

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Clubs & Groups You Belong To

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_