

Help people with cancer

Thoughtful little gifts make all the difference in the world to help lift patients' spirits including:

- **Punch Cards to Coborn Healing Center**, for patients with a financial need. Card are used for acupuncture, music therapy, art therapy, classes, workshops and more
- **Activities**
 - Sudoku, crosswords, word finds, journals with pens
 - Coloring books with colored pencils
 - Reading materials, magazines, books or deck of playing cards
 - Travel sewing kits
 - New board games or puzzles
- Individually wrapped:
 - Healthy snacks — granola bars, dried fruit and nut mix, rice cakes, pudding, sugar-free candy
 - Hard candies such as lemon drops, caramels, etc.
 - Mild flavored chewing gum
 - Throat lozenges, sugar-free, lemon flavored
 - Water bottles
- Angel pins or palm crosses
- Cards with messages of hope and inspiration
- File organizer
- Seatbelt cushion
- Sleep mask or ear plugs
- Soft socks or slippers with grippers
- Tote bag or backpack
- Travel pillow
- Unscented moisturizing skin care products such as lotion, soap and lip balm
- Unscented wet wipes or hand sanitizer
- Hand crafted items for adults
 - Blankets
 - Seat cushions
 - Head coverings (hats, turbans, scarves)
 - Knitted Knockers
 - Pillows

These are given freely to patients.

Donations should be:

- New — never worn
- Clean — free of pet hair, perfume, odors and smoke. Wash your hands regularly while making them.
- Comfortable -- Soft yarn or fabric is best — cotton, acrylic, silk, fleece or a blend is best. A tighter stitch without gaps or large hole is best to cover the scalp. Lightweight for summer and thicker for winter. Neutral colors are popular. Do not use wool or alpaca as it can irritate the scalp.
- Individually in plastic storage bags

Please do NOT include:

- Business cards
- Advertisements or solicitations
- Scented lotions, lip balms or sanitizers
- Used items

Thank you for your generosity!

Your donation will directly benefit people in our care.

If you have questions or want to schedule your donation drop-off, please call 320-229-5100 or email dahlina@centracare.com.

If you would like to donate cash, memorials or host a charitable partner event, please call 320-654-3687 or email carol.thelen@centracare.com.