



PATIENT EDUCATION

Preparation Instructions: Patency Capsule Study

It is very important to follow all the instructions to prepare for your patency capsule study. Your small intestine must be empty.

Preparations for your patency capsule study

- You are not sedated so you will be able to drive yourself home.

Medication reminders

Some of the medicines you take may need to be stopped or adjusted temporarily before your patency capsule study.

- **Insulin and diabetes medications**
 - Please call the provider that monitors your glucose levels. Your medications may need to be adjusted due to the diet restrictions required for the patency capsule study. Do not stop these medications without the consent of your provider.

One (1) day before your patency capsule study

- Stop smoking for 24 hours prior to the capsule study.
- At 1:00 p.m., start a clear liquid diet.
- A clear liquid diet includes:
 - Water, black coffee, or tea (no milk or cream), clear broth or bouillon, Gatorade, carbonated or non-carbonated soft drinks (Coke, Sprite), strained fruit juices without pulp (apple, white grape, white cranberry), Jell-O, and popsicles. **Remember, NO RED OR PURPLE LIQUIDS.**
- At 10 p.m., stop drinking clear liquids and water. You may take necessary medications with a sip of water only.

The day of your patency capsule study:

- Do not wear jewelry. Please leave valuable objects at home or with family members.
- Dress comfortably.
- You may take necessary medications with a sip of water before 6 a.m. only.
- Do not take any medications after 6 a.m. on the morning of your capsule study.
- Do not eat or drink prior to your patency capsule study.

After your patency capsule study

- Two hours after your capsule study has started, you can drink clear liquids and take medications. You may not eat food.
- Four hours after your capsule study has started, you can eat a light meal.
- Check your stool that day to look for the capsule. It is disposable and should be flushed with the stool if you see it. You do NOT need to save the capsule.

The day after your patency capsule study

- Please return the following day (about 30 hours after swallowing the capsule) to have an x-ray to see if the capsule is gone or not, as it may pass with your stool without you seeing it.
- If the capsule is still there, it will dissolve on its own.

Notes / Other instructions: