



**PATIENT
EDUCATION**

Preparation Instructions: Manometry Study

Preparations for the manometry study

- You are not sedated so you will be able to drive yourself home.
- Please allow at least one hour for the test.
- If you have any questions regarding these preparation instructions, please call us at 320-229-4916.

Medication information

Some of the medicines you take may need to be stopped or adjusted temporarily before your manometry study.

- **Insulin or diabetic medications:**
 - Please call the provider that monitors your glucose levels. Your medications may need to be adjusted due to the diet restrictions required with this manometry study. Do not stop these medications without the consent of your provider.
 - Please bring your glucometer with to the manometry study.

Two (2) days before your manometry study

- If you take a medication called Reglan or Metoclopramide this will need to be stopped two days or 48 hours prior to the manometry study.

The day of your manometry study

- Remember you cannot have anything to eat or drink 4 hours before your test.
- Remember you cannot smoke 4 hours prior to the test.
- Do not wear jewelry. Please leave valuable objects at home or with family members.
- Dress comfortably.

After the manometry study

- As soon as the manometry study is finished you will be able to either go home or return to work.
- You may resume your usual diet, medications, and activities following the manometry study.