Preparing for Your Patency Capsule Study

Patient Name: ________________________________________________________________
Test Date: ___________________ Arrival Time: _________________________________

Procedure Location:

☐ CentraCare Plaza – Digestive Center: 320-229-4933

Parking: Park in the Woodlands parking lot. The Digestive Center is located on the 2nd floor.
Registration: Please come to the front desk of the Digestive Center to get registered for your test.

Before Your Patency Capsule Study:
• Check with your insurance carrier about coverage for the test. The phone number is on the back of your insurance card.

Preparations for Patency Capsule Study:
• You are not sedated so you will be able to drive yourself home.

Medication Information:
• Some medications you take may need to be stopped or adjusted before your 24-hour pH study. You must call the doctor who ordered the following medicines before your 24-hour pH study.
  o Insulin or diabetic medications. Please call the doctor that monitors these medications. Your insulin dosage may need to be adjusted due to the diet restrictions. Please bring your glucometer with to the test.

One Day Before Your Patency Capsule Study:
• Stop smoking for 24 hours prior to the capsule study.
• At 1 p.m., start a clear liquid diet.
• At 10 p.m., stop drinking clear liquids and water. You may take necessary medications with a sip of water only.

The Day of Your Patency Capsule Study:
• Do not wear jewelry. Please leave valuable objects at home or with family members.
• Dress comfortably.
• You may take necessary medications with a sip of water before 6 a.m. only.
• Do not take any medications after 6 a.m. on the morning of your capsule study.
• Do not eat or drink prior to your patency capsule study.

After the Patency Capsule Study:

• Two hours after your capsule study has started: You can drink clear liquids and take medications. You may not eat food.
• Four hours after your capsule study has started: You can eat a light meal.
• Check your stool that day to look for the capsule. It is disposable and should be flushed with the stool if you see it. You do NOT need to save the capsule.

The Day After Your Patency Capsule:

• Please return the following day (about 30 hours after swallowing the capsule) to have an X-ray to see if the capsule is gone or not, as it may pass with your stool without you seeing it.
• If the capsule is still there, it will dissolve on its own.

If you have ANY questions regarding these instructions, please call us at 320-229-4916, Monday through Friday between 8 a.m. and 4:30 p.m. If you are unable to keep your appointment, we request you provide a 24-hour notice, please call 320-229-4933.