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**CENTRA CARE Health**

1406 Sixth Avenue North | St. Cloud, MN 56303-1901

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## Advanced Cardiovascular Life Support (ACLS)

**American Heart Association**

**2019 Initial/Renewal  
Course Schedule**

**CENTRA CARE Health**

[www.centracare.com](http://www.centracare.com)

### Purpose

Upon completion of this class, participants will be able to manage cardio respiratory emergencies by using the systematic ACLS guidelines of the American Heart Association (AHA). This includes: how to evaluate and manage a sudden adult respiratory arrest, VF/VT arrest, asystole, pulseless electrical activity, bradycardias, stable and unstable tachycardias, acute coronary syndromes and acute stroke.

### Target Audience

The ACLS Course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. This includes personnel in emergency response, emergency medicine, intensive care, and critical care units such as physicians, nurses, and paramedics, as well as others who need an ACLS course completion card for job or other requirements.

### Additional Information

- Daycare is not provided. Please make necessary arrangements.
- Tuition includes contact hour certificate and program materials.
- It is difficult to maintain room temperature for the comfort of all. Please dress in layers.
- Disclosure Policy: It is the policy of CentraCare Health Education & Professional Development Department to provide balance, independence, objectivity and scientific rigor in all its sponsored educational activities. All faculty participating in sponsored programs are expected to disclose to the program audience any real or apparent conflict(s) of interest related to the content of their presentation.
- In accordance with the Americans with Disabilities Act Amendment Act of 2008, please advise the CentraCare Health Education & Professional Development Department at (320) 255-5642 when registering if you have any disability that requires special materials and/or services so that appropriate personnel can be advised.
- For more information, or if you have special needs or communication requirements, please contact CentraCare Health Education & Professional Development Department at (320) 255-5642 or email [cch.education@centracare.com](mailto:cch.education@centracare.com).

### Location

This program will be held at the following CentraCare Health locations:

**Windfeldt Room, CentraCare Health Plaza,** 1900 CentraCare Circle, St. Cloud, MN 56303. Please park in the Prairie East or Prairie West parking lots and enter the building through the Prairie East or Prairie West Entrances. The conference room is located in the Education Center on the Lower Level (LL).

**Long Prairie Education Classroom,** 20 Ninth Street Southeast, Long Prairie, MN 56347. Enter front doors of west campus, proceed down hallway and the LP Education Classroom will be at the end of the hallway.

**Little Birch Room, CentraCare Health - Melrose,** 525 Main Street West, Melrose, MN 56352. Enter the building through the clinic entrance. Use the stairs or elevator to reach the 2nd floor. The conference room is to the left.

**Hospital Board Room, CentraCare Health - Monticello,** 1013 Hart Boulevard, Monticello, MN 55362. Enter the building through the Emergency Room Entrance. You will take the elevators located in the lobby down to B level. (Push the B button not BR). Walking straight ahead, there is a down sloping ramp to your left. Follow the ramp to Hospital Board room which will be on your right hand side (the first room in the hallway).

**Blakely Room, CentraCare Health - Paynesville,** 200 West First Street, Paynesville, MN 56362. Park in the ER/Hospital lot or on First Street. Enter Door #19 to Blakely Room—Blakely is inside on left.

**Alex Moore Room, CentraCare Health - Sauk Centre,** 425 Elm Street North, Sauk Centre, MN 56378. Enter the building through the Hospital/Emergency entrance and take the elevator to the Lower Level. Take a left out of the elevator and another quick left. Go down the hall, Alex Moore is the first room on the right.

## Advanced Cardiovascular Life Support (ACLS)

### Initial Course

CCH Employees: \$150\* | Others: \$230

### Renewal Course

CCH Employees: \$110\* | Others: \$170

\*Registration fee waived for CCH employees if course is required for position.

*Registration is limited and taken on a first-come, first-served basis.*

### Sponsored by:

CentraCare Health Education & Professional Development Department

## Initial Course

Through didactic instruction and active participation in simulated cases, the student will enhance their skills in the recognition and intervention of cardiopulmonary arrest, immediate post arrest, acute dysrhythmia, stroke, and acute coronary syndromes.

The following knowledge and skills are REQUIRED for successful completion of the initial course:

- AHA BLS Provider skills
- Working knowledge of EKG rhythms
- Basic ACLS drug and pharmacology knowledge
- Practical application of ACLS rhythms & drugs

## Renewal Course

The renewal course is designed for individuals who have taken the ACLS Initial course previously and incorporate ACLS algorithms and ideology in their everyday work practice. Those who do not work in environments with daily use of ACLS algorithms are encouraged to take the initial course as a refresher. Course participants must have excellent working knowledge of EKG rhythms and ACLS pharmacology.

## Contact Hours

Participants will earn 8 contact hours [Initial].  
Participants will earn 4 contact hours [Renewal].

This continuing education activity is approved by the American Heart Association, a CSCBEMS accredited organization CECBEMS Provider number: AMHA0013

## Objectives

*Following the program, the participant will be able to:*

- Recognize and initiate early management of pre-arrest conditions that may result in cardiac arrest or complicate resuscitation outcome.
- Demonstrate proficiency in providing BLS care, including chest compressions and integration of AED use.
- Manage cardiac arrest until return of spontaneous circulation, termination of resuscitation or transfer of care.
- Identify and treat ischemic chest pain and expedite the care of patients with acute coronary syndromes.
- Recognize other life-threatening clinical situations and provide effective initial care and transfer to reduce disability and death.
- Demonstrate effective communication as a member/lead of a resuscitation team and recognize the impact of team-dynamics on overall team performance.

## Initial Course Schedule

Tuesday, January 15, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, February 12, 2019 8:00AM—9:00PM  
CentraCare Monticello, Hospital Board Room

Thursday, February 21, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Monday, April 8, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, May 16, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, June 18, 2019 12:30PM—11:59PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, August 15, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Wednesday, September 18, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, October 15, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, November 11, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, December 19, 2019 8:00AM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

## Renewal Course Schedule

Thursday, January 10, 2019 8:00AM—4:30PM  
CentraCare Monticello, Hospital Board Room

Wednesday, January 30, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Monday, February 11, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, March 21, 2019 12:00PM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, April 16, 2019 8:00AM—4:30PM  
CentraCare Sauk Centre, Alex Moore Room

Tuesday, April 30, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, May 9, 2019 8:00AM—4:30PM  
CentraCare Paynesville, Blakely Room

Tuesday, May 21, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Wednesday, June 12, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Wednesday, June 26, 2019 8:00AM—4:30PM  
CentraCare Long Prairie, Education Classroom

Thursday, July 11, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, July 18, 2019 8:00AM—4:30PM  
CentraCare Melrose, Little Birch Room

Tuesday, August 6, 2019 8:00AM—4:30PM  
CentraCare Monticello, Hospital Board Room

Thursday, August 22, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Tuesday, September 10, 2019 8:00AM—4:30PM  
CentraCare Sauk Centre, Alex Moore Room

Tuesday, September 24, 2019 12:00PM—9:00PM  
CentraCare Health Plaza, Windfeldt Room

Thursday, October 10, 2019 8:00AM—4:30PM  
CentraCare Paynesville, Blakely Room

Wednesday, October 30, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

Wednesday, November 20, 2019 8:00AM—4:30PM  
CentraCare Long Prairie, Education Classroom

Monday, December 16, 2019 8:00AM—4:30PM  
CentraCare Health Plaza, Windfeldt Room

## Registration Form

### Advanced Cardiovascular Life Support (ACLS)

#### PLEASE PRINT

Name \_\_\_\_\_

Organization \_\_\_\_\_

Title \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email \_\_\_\_\_

I have previously attended a class/conference at CentraCare Health (external attendees only)

#### Initial Course: CCH Employees \$150 | Others \$230

<input type="checkbox"/> Jan. 15, 2019 8:00am-9:00pm	<input type="checkbox"/> Feb. 21, 2019 8:00am-9:00pm
<input type="checkbox"/> Apr. 08, 2019 8:00am-9:00pm	<input type="checkbox"/> May 16, 2019 8:00am-9:00pm
<input type="checkbox"/> June 18, 2019 12:30pm-11:59pm	<input type="checkbox"/> Aug. 15, 2019 8:00am-9:00pm
<input type="checkbox"/> Sept. 12, 2019 8:00am-9:00pm	<input type="checkbox"/> Sept. 21, 2019 8:00am-9:00pm
<input type="checkbox"/> Oct. 15, 2019 8:00am-9:00pm	<input type="checkbox"/> Nov. 11, 2019 8:00am-9:00pm
<input type="checkbox"/> Dec. 19, 2019 8:00am-9:00pm	

#### Renewal Course: CCH Employees \$110 | Others \$170

<input type="checkbox"/> Jan. 10, 2019 8:00am-4:30pm	<input type="checkbox"/> Jan. 30, 2019 8:00am-4:30pm
<input type="checkbox"/> Feb. 11, 2019 8:00am-4:30pm	<input type="checkbox"/> Mar. 21, 2019 12:00pm-9:00pm
<input type="checkbox"/> Apr. 16, 2019 8:00am-4:30pm	<input type="checkbox"/> Apr. 30, 2019 8:00am-4:30pm
<input type="checkbox"/> May 09, 2019 8:00am-4:30pm	<input type="checkbox"/> May 21, 2019 8:00am-4:30pm
<input type="checkbox"/> Jun. 12, 2019 8:00am-4:30pm	<input type="checkbox"/> Jun. 26, 2019 8:00am-4:30pm
<input type="checkbox"/> Jul. 11, 2019 8:00am-4:30pm	<input type="checkbox"/> Jul. 18, 2019 8:00am-4:30pm
<input type="checkbox"/> Aug. 06, 2019 8:00am-4:30pm	<input type="checkbox"/> Aug. 22, 2019 8:00am-4:30pm
<input type="checkbox"/> Sept. 10, 2019 8:00am-4:30pm	<input type="checkbox"/> Sept. 24, 2019 12:00pm-9:00pm
<input type="checkbox"/> Oct. 10, 2019 8:00am-4:30pm	<input type="checkbox"/> Oct. 30, 2019 8:00am-4:30pm
<input type="checkbox"/> Nov. 20, 2019 8:00am-4:30pm	<input type="checkbox"/> Dec. 16, 2019 8:00am-4:30pm

\*Registration fee waived for CCH Employees if course is required for position

#### METHOD OF PAYMENT

Check enclosed payable to CentraCare Health

Credit Card (Visa, MasterCard, Discover)

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ / \_\_\_\_\_ V-Code \_\_\_\_\_

(3 digit code on back of card)

Registrations cannot be accepted or processed unless accompanied by appropriate tuition payment. Mail registration and payment to:  
CentraCare Health Education & Professional Development Department, 1406 Sixth Avenue North, St. Cloud, MN 56303.