



## A pandemic happy ending

Read this great [“homecoming” story](#) that shares the importance of family – especially during a pandemic-- and highlights the great care provided by CentraCare.

We want to recognize Anne Laraway’s parents (**Steve and Peggy Laraway**) as generous, long-term supporters of the Foundation. Their names are on a donor plaque

outside one of the birthing suites thanks to their generous gift. Steve currently is the Chair for CentraCare’s Board of Directors and serves on the Foundation board, and Peggy worked as a registered nurse in St. Cloud Hospital’s Birthing Center for many years. We are grateful to them for sharing their gifts with our community and for Anne Laraway and her husband, Nate, for sharing their story.

## Join us virtually for an Introduction to Estate Planning

Because of your generous support of our Foundation, we invite you to attend this virtual introduction to Estate Planning which we offer as a **complimentary service** to our donors.

If you are already enrolled or have completed your estate planning with Paul Grassmann, please encourage others to attend this one-hour virtual seminar to introduce them to the process. Or, if it’s been a while since you completed the process and would like to review and/or update your plan, contact [Allison](#) to set up a meeting with Paul.

**RSVP by Sept. 4 to Allison** to let her know your choice of the noon or 7 p.m. session on Sept. 9. After registering, you will receive a link to the Webex meeting via email. See below for more information.

Register now!

### Are you planning for your family's future?

#### Important questions to consider:

- How can my estate plan foster my values to my future heirs?
- Are there ways to avoid unnecessary taxes on my assets?
- How might changes in the law affect my current estate plan?
- Can I leave money otherwise going to the government to a local charity?
- How do I know if I need to update my current estate plan?

#### Join us for a VIRTUAL introduction to estate planning seminar by Thompson & Associates

An up-to-date estate plan promises you the peace of mind that comes from knowing you’ve done your best to care for your family after you’re gone. Learn how to protect your assets from undue taxation or a lengthy probate process in the event of your death. It’s never too soon to create (or update) a simple will or a more detailed plan for loved ones.

**RSVP by Sept. 4 to Allison at (320) 240-2810 or Allison.Theisen@centracare.com**

After registering, you will receive a meeting notification with the link to this virtual seminar. You are encouraged to listen to this session with your spouse, if applicable.

#### INTRODUCTION TO ESTATE PLANNING

When: **Wednesday, September 9, 2020**

Time: **12-1 pm or 7-8 pm**

Via: **Webex**

CentraCare Foundation covers the cost of the estate planning services provided by Thompson & Associates as a gift to our donors.

To learn more about this complimentary estate planning, visit [www.centracare.com/foundation/estate-planning/](#)

\*Thompson & Associates is a nationally recognized charitable estate planning firm.

## Community offers generous support during pandemic

Thanks to the generous community response and matching gifts from several local businesses and individuals, **more than \$260,000** has been raised to date for the COVID-19 Response Fund.

We are so grateful for our community partners who helped to support the safety of our staff and patients during this challenging time. CentraCare received an abundance of donated items from N95/R95 masks, medical gloves and gowns to food, beverages and meals for our staff. We also greatly appreciate those who sewed and donated homemade supplies including more than 10,000 masks, surgical caps and ear protectors. The generosity of our community members, business partners and volunteers is an inspiration that highlights how we are all connected in the fight against COVID-19.

We also extend our gratitude to these businesses and individuals who contributed a total of \$95,000 in matching gifts: **Marco; SEI; the Weber Family Fund; the William & Karen Young fund; Don Helgeson & Sue Shepard; John & Mary Weitzel; Al & Yvonne Kremers; Felling Trailers; Judge Elizabeth Hayden & Judge Charles Flinn, Jr.; Lee W. & Jan Hanson; Roger & Betty Duinink; and Central McGowan – Francis Family.**

Here’s how some of these gifts to the COVID-19 Response Fund have been used to date:

**1,000 +**  
reusable face masks sent to our high-risk patients.

**5,500 +**  
meals donated to frontline workers.

**10,000 +**  
prepaid cell phone minutes for patients in need to contact care team.

**400 +**  
iPads and cases purchased for more than 30 CentraCare sites.

**100 +**  
Childbirth Education courses free online for those with financial hardships.

**300-500**  
rural physicians weekly MN COVID-19 update phone conferences.

## CentraCare employees give generously

Even during a pandemic, our employees continue to give back! Thank you to the 1,300+ CentraCare [employees](#) who participated in our 2020 Employee Campaign raising **more than \$615,000!**

Since 1998, CentraCare employees have contributed more than \$11 million to enhance the wonderful care they provide to those we serve every day.



### EMPLOYEE CAMPAIGN 2020

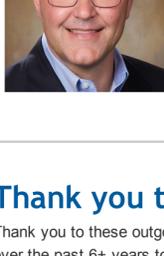
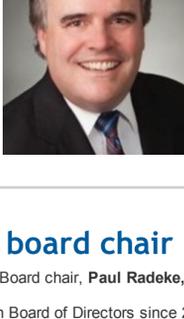
Partners in Caring

## Welcome to our new board members

We are proud to introduce our new CentraCare Foundation board members who started their board service July 1. These community volunteers provide guidance and oversight to our Foundation.

Welcome to **Tamara Congdon, MD**, Medical Director, St. Benedict’s Community; **Jan Dingmann**, Chair, CentraCare Paynesville Regional Development Committee; and **Mark Raitor**, Chair, CentraCare Sauk Centre Regional Development Committee.

We are grateful to these community volunteers for their service and commitment to our Foundation.



## Introducing our new board chair

We want to recognize our new Foundation Board chair, **Paul Radeke, CFP, AIF**.

Paul has been a member of the Foundation Board of Directors since 2016. He is a member of the Foundation’s Finance, Nominating and Executive Committees and will serve as board chair July 2020 through June 2022. Paul is a Shareholder/Market Relationship Manager at BerganKDV.

We look forward to his leadership and experience over the next two years.

## Thank you to our outgoing board members

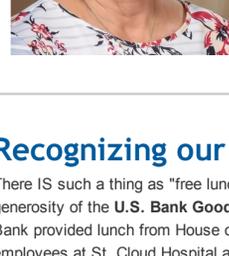
Thank you to these outgoing board members who have generously shared their time, talent, and treasure over the past 6+ years to serve CentraCare Foundation.

**Nancy Anderson** has served on the CentraCare Sauk Centre Regional Development Committee since 2014, serving as chair from 2018-2020, and has served on the Foundation Board from 2018-2020.

**Dave Smith, MD**, Sartell Pediatrics, served on the BLEND Steering Committee from 2007-2018, the Executive Committee of the Board from 2014-2020, the Foundation Board from 2014-2020, and has served as Board Chair from 2019-2020.

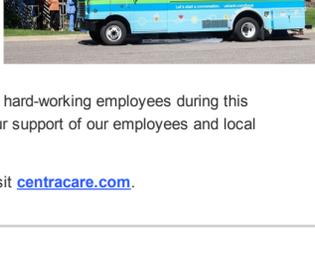
**Deb Vogt** has served on the CentraCare Paynesville Regional Development Committee since 2014, serving as chair from 2014-2020, and has served on the Foundation Board from 2014-2020.

We are grateful to these community volunteers for their service and commitment to our Foundation.



## Recognizing our caregivers

There is such a thing as “free lunch” thanks to the generosity of the **U.S. Bank Good Truck**. Recently, U.S. Bank provided lunch from House of Pizza for 440 employees at St. Cloud Hospital and 200 employees at St. Benedict’s Community. In addition, 150 employees at the CentraCare Plaza received flower bouquets from Southway Floral thanks to U.S. Bank.



We are so grateful for the community support recognizing our hard-working employees during this challenging time - and always! Thank you, **U.S. Bank**, for your support of our employees and local businesses!

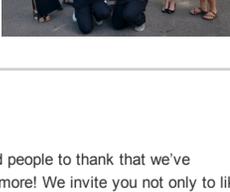
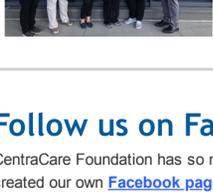
To learn how you can support our employees and patients, visit [centracare.com](#).



## A summer treat can't be beat

Thank you to the **American Dairy Association** and **Vita Plus** for the dairy treats provided to our medical teams in Sauk Centre, Long Prairie, Melrose and Paynesville. Vita Plus partnered with regional dairy producers and Ellsworth Cooperative Creamery to provide this snack.

We truly appreciate the generous support of our health care workers!



## Follow us on Facebook

CentraCare Foundation has so many stories to share, updates to give and people to thank that we’ve created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.

Contact us at 320-240-2810 or [Foundation@CentraCare.com](#)

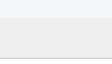
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