



JULY 2022



Brad Konkler
Vice President
CentraCare Foundation

The power of personal connections

Dear Friends,

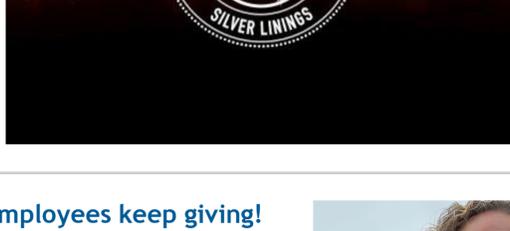
As the summer season unfolds, it has been fantastic to spend time out "in the field" connecting with many of our CentraCare Foundation friends and meeting new ones. In the wake of the pandemic, it is so refreshing to forgo the online world and engage face-to-face with those in our Central, Western, and Southwest regions. During these travels, I am reminded of the power and importance of personal connections through the stories shared. What draws me to the field of community philanthropy is just that – community.

The heart of CentraCare's purpose is to listen, guide and heal. Our entire Foundation staff also places a high value on taking the time with you to listen and learn. These one-on-one or small group visits are key to strengthening our philanthropic work and learning the unique elements and needs of each community we serve. Through listening, receiving your feedback, and connecting the specific needs of each community to our health system, we can best match your interests in making a difference at CentraCare albeit volunteering, participation, or giving. It is impossible to experience any CentraCare program or facility and not see the power and impact of community philanthropy. For this we are grateful.

Wishing you a pleasant July,
Brad

The story behind this year's Holly Ball theme...

With Holly Ball just five months away, we are excited to share the story behind this year's theme from our 2022 Holly Ball Chair, Patty Gaetz. Mark your calendar for Dec. 3 and we hope to see you there!



Our employees keep giving!

Thank you to the 1,560+ employees who contributed to our annual Employee Campaign raising more than \$734,500 for a variety of funds. This year's primary fundraising focus was the Reach Out & Read program which provides age-appropriate books for children ages 6 months to 5-years-old at well child visits.

Since 1998, CentraCare employees have contributed more than \$12 million to provide an exceptional experience for our patients, residents and the community through additional programs and services. We are grateful for their continued generous support!



Golf scrambles bring in the green for local initiatives

On June 10, 76 golfers participated in the 18th annual CentraCare Foundation Golf Scramble at Koronis Hills Golf Course in Paynesville raising \$28,800. These funds will provide two college scholarships for local high school seniors who are pursuing health care careers as well as enhancements to the CentraCare – Paynesville hospital.

On June 21, 76 golfers participated in the 22nd annual CentraCare Foundation Golf Scramble at Greystone Golf Club in Sauk Centre raising \$37,400 for CentraCare – Sauk Centre Care Center enhancements.

"Thanks to the overwhelming support we receive from our generous sponsors, golfers and volunteers each year, these events continue to be successful," stated Brad Konkler, Vice President, CentraCare Foundation.

There's still one more! Join your friends and neighbors at the Long Prairie golf scramble on July 19. [Click here](#) for details and to register.



Paynesville golfers



Sauk Centre golfers



Breaking ground for Paynesville Hospital expansion

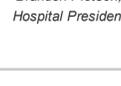
On June 24, about 70 people attended the official groundbreaking for the CentraCare – Paynesville Hospital. This expansion will include 30,000 square feet of new construction and 5,200 square feet of renovated space. Construction is expected to be completed in 2024.

This expansion will include:

- New main hospital entrance with covered canopy drop-off, spacious lobby, and private waiting area
- New inpatient hospital wing, with traditional, acuity adaptable and universal patient rooms (used for procedures and surgical recovery) along with labor and delivery rooms, inpatient rehabilitation therapy and a family waiting area
- New Emergency Department with trauma, procedure, and behavioral health spaces
- Re-located helipad for retention of Life Link transfers
- New conference spaces for employee and public meetings
- Covered, drop-off canopy to the clinic entrance, along with updated interior design and furnishings



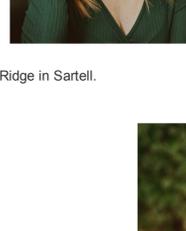
New main entrance design



Brandon Pietsch,
Hospital President



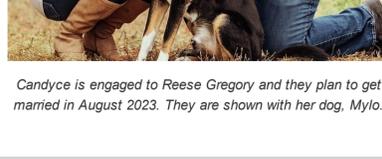
New hospital wing design



Welcome Candyce Thompson

We are pleased to announce the addition of **Candyce Thompson** as our new Event Manager, replacing Beth Cummings. Candyce is originally from Sauk Rapids and has a bachelor's degree in Sports, Entertainment and Event Management from Johnson & Wales University in Charlotte, NC. She has been involved with our Holly Ball Creative Team for the last six years, as well as a number of other Central Minnesota organizations over the past few years.

Candyce comes with nine years of professional event planning experience from organizations like the Mall of America, The Fillmore Charlotte and, most recently, Director of Sales & Marketing at Blackberry Ridge in Sartell.



Candyce is engaged to Reese Gregory and they plan to get married in August 2023. They are shown with her dog, Mylo.

Thank you for your service to our Foundation board

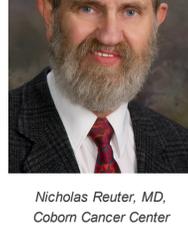
We extend our appreciation to these three volunteers who have generously shared their time, talent and treasure over the past 6-8 years serving on our board of directors. We are grateful for their service and commitment to our Foundation.



Janet Handrigan, MD,
CentraCare Family Medicine
Served 2014-2022



Paul Radeke, Partner & Wealth
Advisor, Bergan KDV Wealth
Management
Served 2016-2022
Board chair 2020-2022



Nicholas Reuter, MD,
Coborn Cancer Center
Served 2016-2022

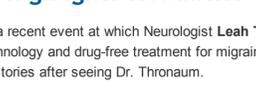
"Better Together" event promotes health, happiness

More than 1,500 people attended the "Better Together: A Day of Wellness" on May 15 at the Big Lake Football Stadium. This free event was planned in collaboration with the Bounce Back Project, Becker, Big Lake, and Monticello schools and funded by donations to CentraCare Foundation.

If you missed it or wish to experience it again, check out this [highlight video](#) to see all the fun things that happened that day! You will notice lots of smiles, movement and fun had by all who attended.

The Bounce Back Project impacts the lives of individuals, communities, and organizations by promoting health through happiness. Event attendees received a book on gratitude or kindness along with a bag to gather fun resiliency tools at the make and take stations and community organization booths. The energizing duo called Koo Koo Kanga Roo provided dancing, laughter, and silly songs to enjoy. Food trucks lined the parking lot to fulfill their food cravings.

This wonderful event brought happiness to all generations, and we are grateful for all who made it possible!

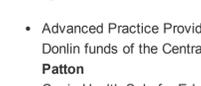


"Doc is in" event highlights Headache Care

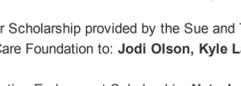
CentraCare Foundation hosted a recent event at which Neurologist **Leah Thronaum, D.O.**, shared information about the latest technology and drug-free treatment for migraine headaches. Two patients also shared their personal success stories after seeing Dr. Thronaum.

She also talked about "Mommy and Me" boxes for parents suffering from migraines. These boxes provide quiet activities for children to do while mom may be recovering from a migraine.

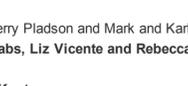
[Learn more](#) about the Headache Center and read other patient stories.



Dr. Leah Thronaum with
patients Mary Gilles and Leigh
Yanish



Dr. Thronaum talked about
neuromodulators and other drug-free
treatment for headaches



CentraCare Neurosciences
Headache Center team

Congratulations to these scholarship winners!

- Advanced Practice Provider Scholarship provided by the Sue and Terry Pladson and Mark and Karla Donlin funds of the CentraCare Foundation to: **Jodi Olson, Kyle Laabs, Liz Vicente and Rebecca Patton**
- Carris Health Schafer Education Endowment Scholarship: **Natasha Knutson**
- Carris Health Foundation - Redwood Scholarship: **Ella Fuhr** (photo below)
- CentraCare Foundation Long Prairie Scholarship: **Katrina Buntjer** (photo below)
- Linda A. Chmielewski Nursing Scholarship: **Jodi Olson and Amber Juetten** (photo below)
- Rosalie Timmers Memorial Scholarship for St. Cloud Hospital Junior Volunteers provided by the family of Rosalie Timmers to **Diana Ostein and Dakota Payne**
- St. Cloud Hospital School of Nursing Alumni Association: **Sadi Stoffers, Emma Dehne and Myckenzie Cremers**
- William J. Held, M.D., Memorial Scholarship: **Patricia Greteman** (photo below)
- Regional Diagnostic Radiology scholarships: **Rachel Berger and Chloe Hennen** (photo below)



Ella Fuhr
Redwood scholarship



Jodi Olson and Amber Juetten
Linda A. Chmielewski Nursing Scholarship



Katrina Buntjer
Long Prairie scholarship



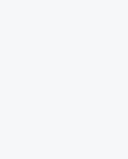
Dr. Craig Meiers, Regional Diagnostic Radiology, with
scholarship recipients Rachel Berger and Chloe
Hennen.



Catherin Held, her daughter Ann and
scholarship recipient, Patricia Greteman

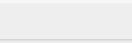
Follow us on Facebook

CentraCare Foundation has so many stories to share and people to thank that we've created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.



Contact us at 320-240-2810 or Foundation@CentraCare.com

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