



Linda and Bob Feuling

Condolences to the Feuling family

We extend our sympathy to the Feuling family and their friends on the loss of Bob Feuling. We are grateful to Bob and his wife, Linda, for their leadership and generous spirit that made a lasting impact on our community.

In 2009, the Feulings made a \$1-million pledge to support the St. Cloud Hospital Women & Children's Center construction project and here's the why behind the gift as they shared at that time:

"We have six children, nine grandchildren, and one great-grandchild, many family members, over 100 employees and thousands of customers, friends and neighbors — all who at sometime in their lives will need the services at St. Cloud Hospital. We want the best services available to our community for generations to come."

As the Feuling family has continued to grow, so has the number of families who have experienced their generous support over the last 13 years in the Feuling Family Birth Center. Thank you.

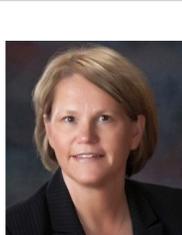
Donor support provides respite rooms for staff to relax and unwind

Thanks to the generous community support, more than 20 respite rooms have been set up for use throughout CentraCare for our hardworking health care workers.

These rooms include a massage chair, CD player and relaxation CDs, salt lamp, plants and signs showing other online app resources for movement and mindfulness.

Employees are encouraged to take their well-deserved breaks to unwind and de-stress in these relaxing rooms.

Thank you to **Don Helgeson & Sue Shepard; Granite City Motor Car/Steve & Robyn Bright; INH Properties/Mike & Renée Stoebe** and other community donors for their thoughtful support.



Meet our new Director of Development

We are pleased to announce that Senior Development Officer **Carol Thelen, MA, CFRE**, has transitioned to the position of Director of Development – Major & Planned Gifts. As an experienced major gift fundraiser, Carol is data driven and relationship focused. In addition, her leadership and coaching experience will be advantageous in this new director level position.

In her new role, Carol will provide a higher level of leadership and support for our Development Officers in the areas of major gifts, planned gifts and donor stewardship. This Director of Development role is key to the continued growth and success of the Foundation as we expand our reach to Willmar, Redwood Falls and beyond.

Please join us in congratulating Carol in her new role!

Donors' generosity provides scholarship opportunities

CentraCare seeks to advance the quality of health care for future generations by providing a variety of scholarship opportunities for Central Minnesota students. Available scholarships include the Advanced Practice Provider Scholarship.

Four successful recipients will be awarded a \$1,500 scholarship provided by the **Sue and Terry Pladson and Mark and Karla Donlin Funds** of the CentraCare Foundation. To be eligible for consideration, an applicant must:

- Be employed or previously employed at a CentraCare entity (includes hospitals and clinics).
- Be enrolled in a Nurse Practitioner, Physician Assistant or CRNA Advanced Practice Program.
- Demonstrate qualifications through references, work experience, and professional medical goals and achievements.

To review available scholarships and begin the application process, visit our [website](#).



CentraCare Earth Day Run returns to downtown St. Cloud

Look ahead to an active spring with time in the great outdoors for the CentraCare Earth Day Run on April 15-16. Events include a half marathon, relay, 5K, kids 1K, health expo and post-race parties with live music.

Register at runearthday.com. Race is owned and produced by Active Central MN. CentraCare is the title sponsor.

Free colon cancer screening kit offered in March

Colon and rectal cancer are a leading cause of cancer death for men and women despite being one of the most preventable forms of cancer. Regular screening should start at age 45 or sooner with family history of cancer or other risk factors.

During Colon Cancer Awareness month in March, people age 45 or older can receive a free immunochemical fecal occult blood test (iFOBT) Take-Home Colon Screening kit. Kits are limited and you must be present to pick up your kit. The iFOBT screening does not replace a colonoscopy, which is the best method to detect colorectal cancer. To schedule your colonoscopy, contact your primary care provider.

To receive a free kit, print and complete the [consent form](#) and drop it off at one of [four locations](#). For more information, call 320-229-5199, ext. 70857.



Get to know us: Beth Cummings

Beth Cummings joined CentraCare Foundation in October 2017 as Event Coordinator. In this role, she plans CentraCare Foundation fundraising and non-fundraising events. She also leads the donor recognition efforts, including donor walls and plaques.

The things she enjoys most about her job is sharing stories of how CentraCare has helped patients and their families. These stories share how donor support makes a difference in the work we do and how it impacts our neighbors in Central Minnesota. Beth also enjoys working with volunteers.

"Each year, we have hundreds of volunteers who help with Holly Ball. I truly know the event would not be as impactful, amazing and fun if it weren't for our wonderful volunteers. I have met so many people and am always amazed at their generosity and heart. It inspires me," said Beth.

Beth was born in Minneapolis, but she was raised in Iowa after her dad moved their family to pursue his childhood dream of owning a lumber yard in the area where he grew up.

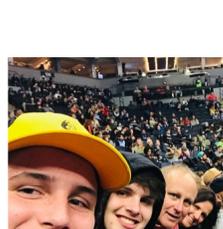
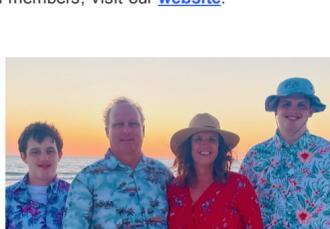
After graduating from the University of Iowa with a degree in Journalism and Mass Communication, Beth moved back to Minneapolis where she met her husband, Michael. They moved to Mexico to work with American teens at a residential treatment facility. Since moving back to the United States in 2002, they have lived in Virginia, Alabama, Indiana and Iowa before moving to Sartell 11 years ago. Michael is a Senior Development Officer at St. John's University. They have two sons – Dylan, who is a Freshman at St. John's University and Connor, who is in 10th Grade at Sartell High School.

The family enjoys attending sporting events, traveling, spending time at their cabin in Wisconsin, and visiting extended family in Minnesota and Iowa.

Prior to working for CentraCare Foundation, Beth was the Communications and Public Relations Manager at Catholic Charities. She has held many positions in her career, but discovered that working in communications, marketing and events for nonprofits is her passion.

"I find it not only professionally rewarding, but personally rewarding as well. I'm inspired by stories of hope and generosity and Central Minnesota has so many amazing people who inspire me every day," added Beth.

For a full list of Foundation team members, visit our [website](#).

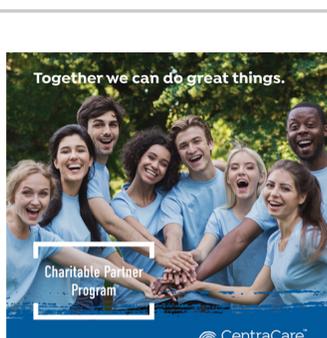


Are you interested in hosting a fundraising event?

As the charitable, tax-exempt organization for CentraCare, CentraCare Foundation has created policies and procedures designed to guide in planning fund-raising events and activities that benefit CentraCare.

If you are interested in hosting a fundraising event for a CentraCare program, visit our [website](#) or call 320-240-2810 to learn more.

We are so grateful for our community partners who make a difference for our patients through their efforts.



Follow us on Facebook

CentraCare Foundation has so many stories to share and people to thank that we've created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.

