



Breaking ground on senior care facility in Sauk Centre

CentraCare - Sauk Centre hosted a ceremonial groundbreaking on Oct. 13 for its new \$14-million [senior living campus](#) with an anticipated completion in Spring/Summer 2023.

The transformation includes:

- An addition of 29 private, long-term care suites and three double suites .
- Remodeling of current living spaces to reflect updated lifestyle standards and amenities.
- A town center to create a friendly, inviting space for social, recreational and wellness activities.
- Reconstruction of parking lots and care center drop-off access.

A \$5-million [capital campaign](#) is underway to provide enhancements and programming to the project that would not otherwise be possible.

Thank you to [First State Bank of Sauk Centre](#) who will match any new gifts received by Dec. 31 up to \$100,000 for CentraCare – Sauk Centre’s Care Center Capital Campaign.

We are so grateful for their generosity and invite the community to support these efforts.

Double your impact and [make a gift](#) today.



Through Dec. 31, any new gift to CentraCare Foundation will **double** thanks to a \$100,000 matching gift from




Dr. Hans Engman's Passion for Diabetes Care never retires

After more than 20 years of retirement, Hans Engman, MD, still has incredible passion for diabetes care.

We visited with Dr. Engman recently to share an update on the Hans Engman Diabetes Fund, established in 1999, and shared how it is still making a difference for patients with diabetes and prediabetes.

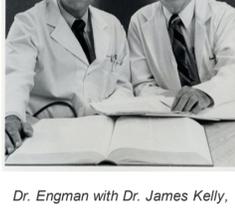
Since the Diabetes Center opened in 1998, CentraCare has seen a dramatic increase in diabetes cases and an increase in the number of patients diagnosed with pre-diabetes. For example, in 2020, 2,354 patients were seen for diabetes self-management compared to 499 patients in 2010.

A 2016 study published in the Journal of the American Medical Association revealed that 12-14 percent of U.S. adults had diagnosed diabetes and almost 40 percent have prediabetes.

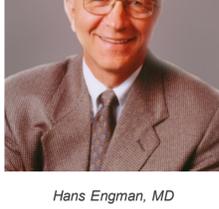
Donations to the Hans Engman Diabetes Fund continue to cover some of the Center’s unreimbursed costs associated with education for staff, patients with diabetes, and those diagnosed with pre-diabetes.

Dr. Engman reminisced about the challenges in helping patients understand the seriousness of the disease, the long-term impact and importance of engaging them in their own care. [\(Click to read more\)](#)

Support Diabetes Fund (select "Diabetes" in drop-down menu)



Dr. Engman with Dr. James Kelly, founder of St. Cloud Clinic of Internal Medicine



Hans Engman, MD



Sharon and Hans Engman, MD, by Silver Bay where Hans went to high school.

Help us lift up the community

Our year-end Community Campaign supports CentraCare’s current and future needs in mental health care, including suicide prevention education and community awareness.

And thanks to [Marco](#), our \$100,000 matching gift sponsor, any new gifts received by Dec. 31 will **DOUBLE!**

Please consider a gift to help us provide mental health care and support as we emerge from the shadow of this pandemic. [Give now.](#)

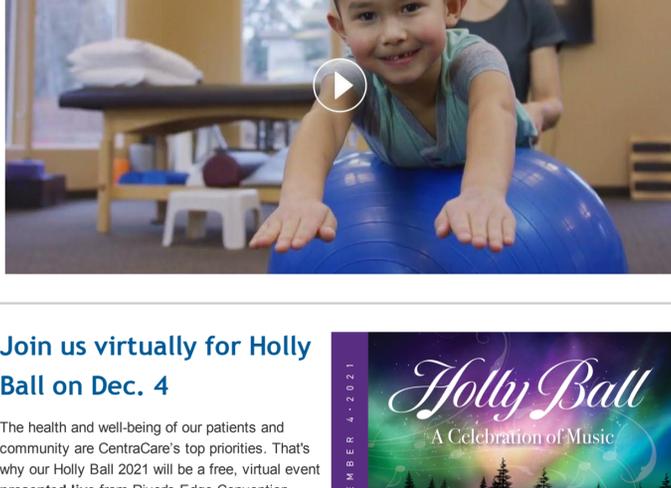
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Thank you to our Harvest Celebration sponsors

Thanks to our generous sponsors, our virtual 10th annual Harvest Celebration was a great success!

Watch this video to see all of our wonderful sponsors and how much was raised for our Pediatric Rehab patients in Melrose!



Join us virtually for Holly Ball on Dec. 4

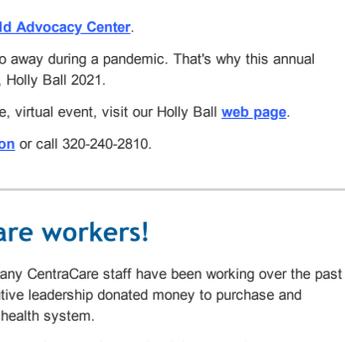
The health and well-being of our patients and community are CentraCare’s top priorities. That’s why our Holly Ball 2021 will be a free, virtual event **presented live** from River’s Edge Convention Center.

We invite you to [join us online](#) for this important fundraiser which benefits [CentraCare Hospice](#), [Coborn Cancer Center](#) and Central Minnesota [Child Advocacy Center](#).

"As we know, the needs for these patients do not go away during a pandemic. That's why this annual fundraiser is so important," said Jodi Erkens, Chair, Holly Ball 2021.

For more event information or to register for this free, virtual event, visit our Holly Ball [web page](#).

If you have questions, email [CentraCare Foundation](#) or call 320-240-2810.



Thank you to our health care workers!

In recognition of the hard work and long hours so many CentraCare staff have been working over the past few months, CentraCare board members and executive leadership donated money to purchase and distribute meals to various departments across the health system.

Below are just a few photos of some of the deserving employees who received these meals.



Memorial event recognizes staff loss and hard work

A COVID-19 Memorial and recognition meal was provided for staff at St. Benedict’s Community.

A few staff shared their personal stories of loss and others added loved one’s names to the memorial tree outside of the chapel.

We are grateful to the community donors whose gifts provided this meal for the staff.



We love our charitable community partners!

- **St. Cloud Cathedral High School Volleyball team** annual Dig Pink event raised more than \$8,500 for cancer patients in the past seven years. The team’s captains presented this year’s check for \$600.
- **Gary’s Players Golf Tournament** at Blackberry Ridge raised more than \$13,000 from this year’s event to support **Coborn Cancer Center**. This second annual event was in memory of Gary Primus, an avid golfer who died from cancer in 2019. Gary’s mom, sibling, children and granddaughter presented the check.
- **South Isle Campground** is in their third year of supporting cancer patients with a check for \$7,239! Wally and Sue Heise are the original owners of the campground which now is run by their two children. The Heise family continues to support the Coborn Healing Center because their family and others they know have been affected by cancer.

Thank you all for making a BIG difference for patients with cancer!

[Click here](#) to learn more about our Charitable Partner Program.



Anonymous donors fund Muslim prayer room

Thanks to anonymous donors, we are happy to announce the addition of a new Muslim Prayer Room which will open Nov. 15 on B level of St. Cloud Hospital.

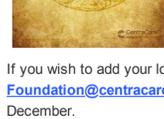
The prayer room will accommodate Wudu Area and Juma prayer and is available to all staff, visitors and patients. The room will be open from 11 a.m. to 10 p.m. daily.



Book of Life embodies spirit of loved ones

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"What we once enjoyed and deeply loved we can never lose, for all that we love deeply becomes part of us."

This quote from Helen Keller has great meaning to many of us after losing a loved one. That is why [CentraCare Hospice](#) offers an opportunity to embody the spirit of your loved one by including his or her name in our Book of Life.

If you wish to add your loved one’s name to our Book of Life, you can email the name to [Foundation@centracare.com](#) by Nov. 18. We plan to have our 2021 Book of Life online by early December.

Or, please consider submitting your loved one’s name along with a gift to benefit our Hospice Program. All gifts received will **DOUBLE** thanks to a \$100,000 matching gift from [Marco](#).

Thanks to the generous community support, our compassionate Hospice team cared for more than 1,900 patients in their homes this past year. These professionals provide emotional, spiritual and physical support for terminally ill patients and their families.

Because many Hospice services are not covered by insurance, your gift will help to enhance the care provided to patients and give families hope for the future.

Submit name & gift now

Follow us on Facebook

CentraCare Foundation has so many stories to share and people to thank that we’ve created our own [Facebook page](#) where you can find all these things and more! We invite you not only to like our page, but to take it a step further — invite your friends to the page to engage and interact with the posts on Facebook. And give feedback on how we can share the great things CentraCare Foundation is doing for our community, our patients and their families thanks to the generous support of our employees and the community.

