



Diabetic Management Service

Managing diabetes can be overwhelming. With age comes an increased risk for specific complications and unique challenges that require attention. There is no cure for diabetes but you can prevent or delay serious complications with the right care. We are here to help.

CentraCare – St. Benedict's Community Home Care strives to improve the health and quality of life for our residents with diabetes.

Related Conditions

- Hyper/hypoglycemia
- Heart disease
- Circulation problems, especially in feet
- Wounds and sores

Services Offered

- Insulin administration
- Blood sugar testing
- Meal plan (low sodium)
- Exercise sessions
- Wound care
- Registered nurse case management
- Foot health and care
- Therapeutic spa tub

Make feeling good your top priority.

Our goal is to help you keep your blood sugar level in the target range. Careful monitoring can show how your diet, activity and medications affect your glucose.

Blood pressure and cholesterol are other numbers to watch. Like diabetes, high blood pressure can damage your blood vessels. And, when cholesterol levels are elevated, risk of stroke or heart attack can rise.



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